

# Antimicrobials are medicines that are used to treat or prevent infections.

*The more we use them, the more we encourage Antimicrobial Resistance which can then cause serious infections we cannot treat. We CAN all do our part to help keep antimicrobials effective!*



*Here's how...*

**As a healthcare worker**

**I CAN...**

- ✓ Ensure that my vaccinations are **up-to-date** and try to always practice good hand hygiene
- ✓ Refer to **guidelines** whenever I prescribe, administer, or dispense an antimicrobial
- ✓ Suggest or order **appropriate tests** whenever an antimicrobial is prescribed
- ✓ Lead or get involved in my organisation's **Antimicrobial Awareness Week** activities