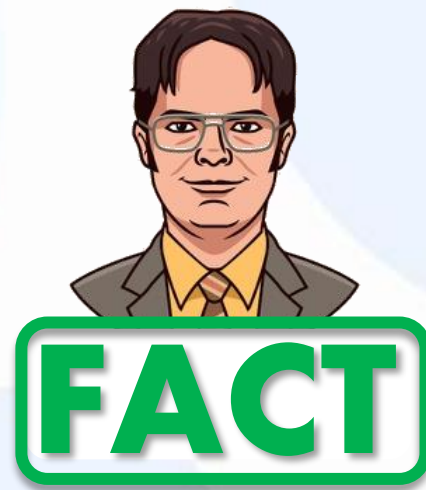




OR



Fake news: Antibiotic resistance means my body has become immune to antibiotics



 **Bacteria become resistant to antibiotics, not people**



Fact: Many people believe this, but it's not true. It is the bacteria themselves that become resistant to antibiotics, not people. Antibiotic resistance happens when bacteria change or mutate so that the antibiotic is no longer effective against them. This can then make bacterial infections much harder to treat.

Fake news: Antimicrobial resistance is not my problem. There is nothing I can do to help.



 **Everyone can help reduce antimicrobial resistance**



Fact: While antibiotic resistance is a naturally occurring phenomenon, the misuse and over-use of antibiotics has accelerated this process to dangerously high levels. BUT it's not too late and we all have a part to play in preserving the effectiveness of antibiotics.

Fake news: It is a good idea to save leftover antimicrobials for next time or for my family



 **Don't save antimicrobials for another time**



Fact: Different antimicrobials work for different infections. Leftover antimicrobials may not be the best choice. Always check with your doctor or pharmacist.



NCAS
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Antimicrobial Stewardship

***Note:** Antimicrobials should always be prescribed according to the patient's clinical condition and the recommended guidelines. If unsure, consult infectious diseases or clinical microbiology.*