

Hello, everyone!

My name is Fr. Jeff Frieden, and I'm excited to be your parochial vicar (Have you figured out how to say that yet?) and the chaplain of Don Bosco High School. I look forward to meeting you, but that might take a while. In the meantime, here's a little bit about me.

I grew up in Cedar Rapids, where I graduated from Xavier High School in 2015. My family consists of my parents (Jenny and Jeff), myself, and my younger brother (Jack). After graduation, I went to Loras College in Dubuque, graduating in 2019. While I was there, I majored in philosophy as part of the seminary program and minored in Spanish.

After graduating from Loras, I went to Mundelein Seminary near Chicago. While I was there, I studied theology, Sacred Scripture, and church history. In 2021, I did my pastoral internship under Fr. Jeff Dole at St. Athanasius Catholic Church, Jesup, and St. Francis Catholic Church, Barclay. This experience taught me a lot, and it affirmed me in my vocation as a *parish* priest. I'm still grateful for that.

I graduated from Mundelein Seminary and was ordained a priest in May of 2023. Later that summer, I started as the associate pastor of Holy Spirit Parish, Dubuque. The next year, I was asked to be the chaplain of Wahlert Catholic High School and Mazzuchelli Catholic Middle School in addition to my responsibilities at the parish. When I told God that I would do anything for him, trying to convince high schoolers that I was worth talking to was not what I had in mind! Nonetheless, I said yes, and God shocked me with his blessings. I have found working with children and young people to be an incredibly life-giving aspect of my ministry, and I look forward to continuing this at Don Bosco.

In my free time, I enjoy reading and learning, especially about history. On my days off, I enjoy going home to spend time with my parents.

I look forward to meeting and serving all of you. May God bless you and keep you.

In His service,
Rev. Jeffrey I. Frieden