

Our Lady's Catholic Primary School



We aspire that through the love of Jesus everyone should
"have life and have it to the full."
Jn. 10v10

PSHE POLICY STATEMENT

Approved by Governing Body	Date: November 2021
Last reviewed:	Date: November 2021
Next review:	Date: July 2023

Our Lady's Catholic Primary School					
Curious	Active	Learned	Wise	Attentive	Eloquent



'Through the love of Jesus everyone should have life and have it to the full.'

Curriculum Statement and Policy

Intent

At Our Lady's Catholic Primary School we are driven by our Virtues and school motto, we aim to provide pupils with a curriculum that is engaging, ambitious and relevant. It is our intention to develop a love of learning in all our pupils, a curiosity that encourages them to gain the knowledge and skills to succeed throughout life.

Our curriculum development has led to foundation subjects being planned using an enquiry-based approach. Our school Virtues are at the heart of planning and delivery with an emphasis on children being 'learned and wise' and 'curious and active'. Our intention is that pupils develop their knowledge and skills through exploring big questions and key concepts.

Planning takes into account our pupils' starting points, backgrounds and interests. Meaningful links build on prior knowledge and experiences so that pupils can make sense of the local and wider world. Opportunities are planned for learning to take place outside the classroom in the form of relevant visits that add context and meaning to subjects and with the intention to enhance the learning and experiences for our pupils.

Intent of PSHE Curriculum in Our Lady's School

Aims:

1. We aim to nurture and support our pupils to become healthy, independent and responsible members of society.
2. We aim to help our students understand how they are developing personally and socially, and tackle many of the moral, social and cultural issues that are part of growing up.
3. We aim to provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society.
4. We encourage and guide our pupils to reach their full potential and to develop their sense of self-worth through playing a positive role in contributing to school life.

Implementation:

PSHE (Personal, Social and Health Education) and RSE (Relationships and Sex Education) are taught as discrete subjects within the curriculum as well as sometimes being embedded through cross-curricular theme weeks. Pupils are taught to make healthy and informed choices and good health is promoted.

Themes based on healthy eating, hygiene, personal safety, drug awareness and sex and relationships are covered. We choose the Jigsaw approach to deliver our PSHE content as it addresses all our school aims. We also use the recommended RSE programme "Life to the Full" as required by a Catholic school under the Diocese of Cardiff.

Objectives/Pupils learning intentions of Jigsaw:

Jigsaw PSHE will support the development of the skills, attitudes, values and behaviour, which enable pupils to:

- Have a sense of purpose
- Value self and others
- Form relationships
- Make and act on informed decisions
- Communicate effectively
- Work with others
- Respond to challenge
- Be an active partner in their own learning
- Be active citizens within the local community
- Explore issues related to living in a democratic society
- Become healthy and fulfilled individuals

Jigsaw Content

Jigsaw (in combination with RSE) covers all areas of PSHE for the primary phase as you can see from the table below:

Term	Puzzle Name	Content
Autumn 1	Being me in the World	Understanding my place in the class, school and global community.
Autumn 2	Celebrating difference	Including anti-bullying and diversity work
Spring 1	RSE- following "Life to the Full".	Relationship and sexuality education **
Spring 2		
Summer 1	Dreams and goals	Goal setting, aspiration and resilience building.
Summer 2	Healthy Me	Including drug and alcohol education, self-esteem and confidence and healthy lifestyle choices.

** Please note that the RSE programme may take longer than a term and may result in "Dreams and Goals" and "Healthy me" being shortened.

Moral and Virtues Framework

The PSHE programme at our school reflects the school ethos, demonstrating and encouraging the following virtues. For example:

- Curiosity about the world
- Active; being an active and engaged member of the class and society
- Wise; considering our decision making and learning from our experiences

Special curriculum days/PSHE related:

Focussing on developing the child holistically is one of our strengths at Our Lady's. We take opportunities every week to celebrate the children's achievements in celebration assembly.

We also celebrate special days such as World Mental Health Day and events of longer duration such as children's mental health week and anti-bullying week. We are open to including other initiatives to broaden the children's education and to developing them emotionally and spiritually. We also use PSHE strategies such as circle time to address issues, to support children and incorporate PSHE and RSE when the Teacher considers it necessary.

Inclusion: All pupils shall have the opportunity to develop PSHE skills and concepts. In Our Lady's we plan to meet the needs of all children including children with special educational needs, children with disabilities, children who may be gifted or talented and children for whom English is an additional language. Our principal aim will be to develop the children's knowledge, skills and understanding with suitable tasks that challenge all abilities and we believe we achieve this through our PSHE curriculum.

Impact

As PSHE is becoming increasingly important, the class Teacher and the co-ordinator will monitor it in the following ways:

- Informal discussions with staff and pupils
- Work sampling
- Classroom observations
- Pupil voice and questionnaires

Pupils' Spiritual, Moral, Social and Cultural (SMSC) development is at the heart of our school ethos. British Values are promoted through the overarching aims and objectives of PSHE in tandem with our virtues. Our pupils develop a strong sense of tolerance, understanding, social justice and respect for others through our Christian values and British values being at the heart of the whole curriculum.

Through all of the above staff and leaders review the curriculum Intent, Implementation and Impact and implement any necessary changes.