

FCA Huddle Game Plan



**TRI-CITIES FELLOWSHIP OF
CHRISTIAN ATHLETES
2025-2026**

WWW.TRICITIESWAFCA.ORG



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Welcome to the 2025-26 Year!

GLORY
2 COR 3:18



Dear Student & Adult Leaders,

The FCA Vision is to see the world transformed by Jesus Christ through the influence of coaches and athletes. The FCA Mission is to lead every coach and athlete into a growing relationship with Jesus Christ and His Church. We are so excited to partner with you as we pursue this Vision and Mission.

For FCA Tri-Cities, we are asking that each school Huddle include the following items when planning FCA Huddle meetings and events:

- Share the Gospel at least once per semester. This can be done through a guest speaker, video, devotional, personal testimony, THE FOUR, etc...
- Provide a biblically sound explanation, lesson, devotional or video on who God is. (Trinity, One GOD)
- Conduct an activity designed to invite non-believers (i.e. game-night, movie night, bbq, etc.)
- Participate in at least one service project on or off campus. Any activity that allows you to serve on and love others.
- Plan a meeting, activity or event where someone shares their testimony giving God the glory for their conversion (Ideally a student athlete and coach).
- Provide information about FCA sports camps offered locally. This could be a promo video, flyers (provided by FCA), or someone shares a personal experience.
- Create a fun, inviting, and welcoming environments where Jesus can be encountered and experienced.

VISION

To see the world transformed by Jesus Christ through the influence of coaches and athletes.

MISSION

To lead every coach and athlete into a growing relationship with Jesus Christ and His church.

VALUES

Our relationships will demonstrate steadfast commitment to Jesus Christ and His Word through Integrity, Serving, Teamwork and Excellence.

INTEGRITY • We will demonstrate Christ-like wholeness, privately and publicly. (Proverbs 11:3)

SERVING • We will model Jesus' example of serving. (John 13:1-17)

TEAMWORK • We will express our unity in Christ in all our relationships. (Philippians 2:1-4)

EXCELLENCE • We will honor and glorify God in all we do. (Colossians 3:23-24)

STRATEGY

To and Through the Coach

We pursue our vision and mission through the strategy of **to and through the coach**. We seek ministry first **to** coaches hearts, marriages and families. Then, when ready, we minister **through** coaches to their fellow coaches, teams and athlete leaders.

Billy Graham said, "A coach will impact more people in one year than the average person will in an entire lifetime." With the influence of a coach, FCA recognizes the most strategic way to reach more athletes is to first reach the coach.

METHODS

As FCA matures, we seek to make disciples through our methods of engaging, equipping and empowering coaches and athletes to know and grow in Christ and lead others to do the same.



• ENGAGE • (1 Thessalonians 2:8)

We engage relationally by connecting with individuals and through events in many different environments by building genuine trust, sharing our lives and sharing the gospel. We strive to connect with coaches and athletes where they are on their spiritual journey.

• EQUIP • (Ephesians 4:12)

After cultivating relationships and once coaches and athletes come to faith in Christ, we want to equip them with Christ-centered training, events, resources and on-going support in what it means to be a follower of Christ, growing in God's Word and applying it to life.

• EMPOWER • (2 Timothy 2:2)

Once equipped, we empower faithful leaders who desire to use their time, talents and treasures to help other coaches and athletes experience the gospel, grow in their faith and share Him with others. We desire to develop disciples who make disciples, assisting them so that they can in turn engage, equip and empower others to know and grow in Christ and lead others to do the same.

ATHLETE HUDDLE OVERVIEW

VISION

To see the world transformed by Jesus Christ through the influence of coaches and athletes.

MISSION

To lead coaches and athletes into a growing relationship with Jesus Christ and His church.

THE “WIN” OF FCA

Disciples making disciples.

OUR STRATEGY

We believe God has called us to make disciples who make disciples. Our strategy to make disciples is Engage, Equip and Empower (E3). We will engage relationally, equip spiritually and empower others to lead and disciple coaches and athletes.

WHAT IS AN ATHLETE HUDDLE?

An athletically focused Bible study for coaches and athletes centered on building relationships and engaging conversation about God and His Word.

WHAT IS THE “WIN” OF A HUDDLE?

To empower key leaders to create an environment in the sports community where the Gospel is made known and lived out through intentional conversations.

STARTING TEAM



VOLUNTEER LEADER

Assists the Athlete Leaders.



ATHLETE LEADER

Athlete Leaders who believe in Jesus.



CHURCH PARTNER

Youth Pastor or leaders from the local church assisting with Huddles.



FCA STAFF

FCA staff member providing support, training, and resources.



PRAYING PARENTS

Parents and guardians diligently praying athletes and Huddles.



HUDDLE* ADVISOR

Teacher-coach who serves as an advisor for on-campus Huddles.

**Only for on-campus Huddles*

Huddle Discipleship Meetings

ENGAGE (Welcome & Warm-Up)

- **Share a meal with the Leadership Team at least once of month.**
- **True Life Session:** Share 1 thing you are thankful for and 1 thing you are struggling with (High/Low). ***True life session is a time where each Student Leader takes a few minutes to share what is going on in their life and how they are doing.***
- **Pray together as a team.**

EQUIP (Workout/Discipleship)

HUDDLE DISCIPLESHIP IDEAS

- E3 Playbook
- THE CORE
- FCA Theme
- Discovery Bible Study (DBS) and ACTS Prayer
- FCAResources.com
- PursueGod.org videos and I am Second Videos

EMPOWER (Planning “Wrap-up”)

Huddle Planning Time & Next

Steps

FCA Huddle Game Plan:

Pray:

Promote and Invite

FCA HUDDLE PLANNING WORKSHEET

Huddle Date:__

ENGAGE “Welcome & Warm-up”(List teammate names and roles)

Welcome open Prayer:

Announcements:

Warm-Up Game/Activity:

Materials Needed:

EQUIP “Workout” (DISCIPLESHIP)

Guest Speaker:

Devotional/Bible Study:

Student Testimony:

Serving Opportunity

EMPOWER “Wrap-up”

Challenge:

Pray:

Announce Next Meeting Date:

Huddle Essentials: The 4 W's

WELCOME:

Leaders help establish an environment in which ALL feel WELCOME.

Some ideas of how to welcome people to meetings are as follows:

- Greet at the door with some candy/treats/Gatorade
- Sign-in sheet or name tags
- Music playing
- Bring a friend contest (get a prize or double entry for a drawing)

WARM-UP:

The WARM-UP is a way to get the group to interact and connect at a deeper level.

Some ideas to help set the tone for the group (will vary depending on purpose).

- Ice-breakers/games/questions- go to tricitieSwafca.org (search Huddle Resources)
- Small Group Olympic Games (competitions spread over month/semester/etc.)
- Minute-to-win-it competitions
- Pinterest- Youth Group Games www.fcaresources.com (search icebreakers)

WORKOUT:

The purpose of the WORKOUT is to encourage spiritual growth. This is the bulk of your meeting and should be a time that is challenging and life-applicable as it relates to sports and faith.

Some examples of workout ideas are as follows:

- Monthly Designated Huddle Purpose (ex. 1st meeting-Bible Study, 2nd meeting serving campus, 3rd meeting-guest speaker, 4th meeting-fellowship/game day)
- Hold a worship service during huddle
- Write cards to coaches during a huddle
- Panel Discussions
- Service/Outreach: Blessing bags for: Soul Soup, UGM, etc. Search FCA Resources/Outreach
- Ideas See www.fcaresources.com for additional resources

WRAP-UP

The purpose of the WRAP-UP is to bring the meeting to a close in a smooth way, as well as being able to offer some sort of "takeaway" or challenge related to the workout.

Some examples of wrap-up ideas are as follows:

- Circle/prayer-take prayer requests
- Play Music as people are leaving.
- Announcements/Flyers/Calendars Instructions:
- Pass out memory verse card challenge
- Clear Takeaway Instructions

All of us are chasing something that we believe will ultimately fulfill us and cement our legacy. At some point, we will find that these things still leave us empty and weighed down. This year, let's discover a GLORY that never fades, that frees us to go all out on and off the field to reflect love and hope for others!

Chasing Glory
Reflecting Glory

Revealed Glory
Lasting Glory

CONCEPT OVERVIEW



THE FOUR

The Gospel explained in four simple truths.



For info on THE FOUR

<https://thefour.fca.org>



GOD LOVES YOU

God made you and loves you! His love is boundless and unconditional. God is real, and He wants you to personally experience His love and discover His purpose of your life through a relationship with Him. Genesis 1:27, John 3:16



SIN SEPARATES YOU

You cannot experience God's love when you ignore Him. People search everywhere for meaning and fulfillment—but not with God. They don't trust God and ignore His ways. The Bible calls this sin. Everyone has sinned. Sin damages your relationships with other people and with God. It keeps us from experiencing the fulfilling life that God intends for us. The result: you are eternally separated from God and the life He planned for you. Romans 3:23, Romans 6:23, Isaiah 59:2



JESUS RESCUES YOU

Sin does not stop God from loving you. Because of God's great love, He became a human being in Jesus Christ and gave His life for you. At the cross, Jesus took your place and paid the penalty of death that you deserve for your sins. Jesus died, but He rose to life again. Jesus offers you peace with God and a personal relationship with Him. Through faith in Jesus, you can experience God's love daily, discover your purpose and have eternal life after death. 1 Peter 3:18, 1 Corinthians 15:3-8, Romans 5:8



WILL YOU TRUST JESUS?

You can place your trust in Jesus by faith through prayer. Prayer is talking with God. God knows your heart and is not concerned with your words as much as He is with the attitude of your heart.

Here's a suggested prayer:

Dear God, thank you for loving me and wanting the best for my life. I have lived my life for myself and done things my way, and I am truly sorry. Jesus, I believe that you are God and have forgiven all my sins by dying and coming back to life again for me. I trust You and ask You to be Lord of my life. I surrender my life to You. You are my God, my Savior and my Lord. Let me experience Your love and Your good plans for my life! Amen.

thefour.fca.org

TOOLS

PERSONAL TESTIMONIES

A testimony is a story or personal account of a time you encountered God. People who are in a growing relationship with Jesus will have multiple testimonies of what He's done in their lives. Testimonies can include trusting Him for the first time for salvation or one of the many other ways He's changed your life. Writing and sharing your own testimonies is easier than you think. Use this tool to help you share your own testimonies!

BEFORE

Describe your life before you surrendered to Christ:

- What things were most important to me?
- Where did I find happiness or security? List specific examples.

DURING

Here are some tips to describe your life as you were surrendering to Christ:

- What was my first reaction to The Gospel message?
- Why did I finally decide to stop living for myself and surrender to Christ?
- What decision(s) did I make when I turned away from sin and began to live for Christ?

AFTER

Here are some tips to describe your life after you surrendered your life to Christ:

- What are some of the specific changes in my life now? Give examples of those.
- Is my life problem-free now? If not, what is different?
- Reference or provide relevant Scripture examples in your personal testimonies.

TESTIMONY TOOL

DESCRIBE YOUR LIFE BEFORE JESUS

During this time...

DESCRIBE HOW JESUS TRANSFORMED YOUR LIFE

I felt Jesus...

DESCRIBE YOUR LIFE AFTER JESUS

Jesus changed me by...



FCA Huddle Guest Speaker Guidelines

Share these details with your guest speakers

1. Audience:

You will be speaking to Middle or High School FCA Club attendees. These students will be from all walks of life, different denominations, and some with no church background whatsoever. Most will have some kind of athletic background or experience, but none is required.

2. Typical Talk Time:

10-15 minutes. Most clubs meet during lunchtime which is 30-40 minutes total, this includes time to arrive, eat, and depart. Please keep this in mind when preparing your talk.

3. Content:

Utilize the current FCA Theme* unless the student(s) asked you to share on a particular topic. See current theme details below. Please use traditional Bible-based content and themes.

4. Prepare 1 or 2 questions for the students to discuss in small groups.

5. Huddle Details:

Date: _____

Time: _____

Location: _____

Contact: _____

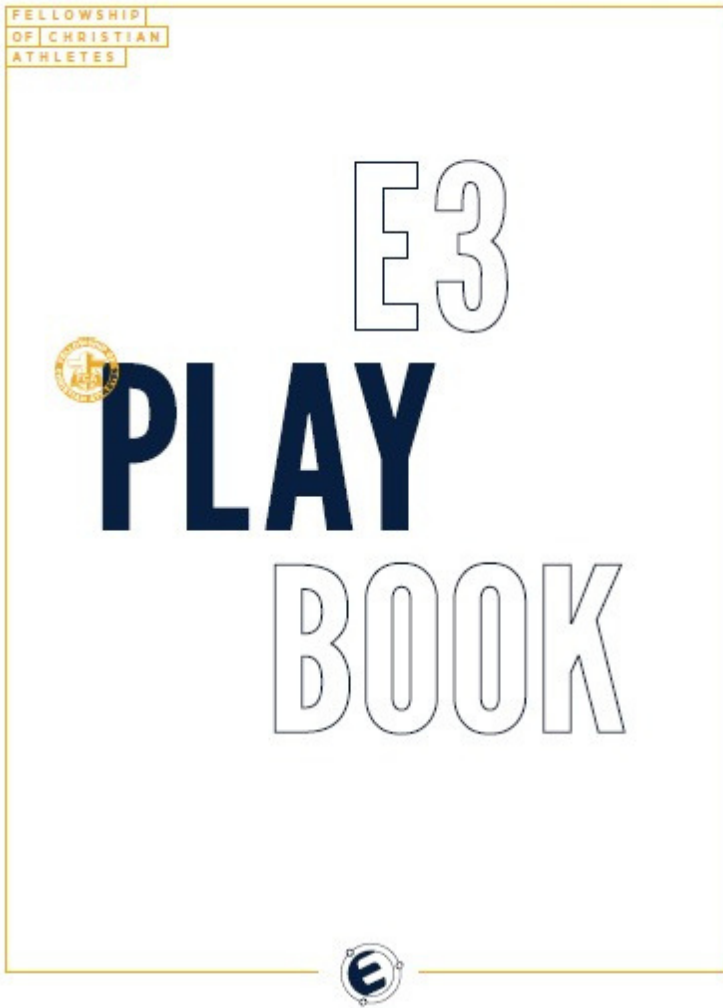
Additional FCA Resources



FELLOWSHIP OF
CHRISTIAN
ATHLETES

DIGITAL RESOURCES

 <div>BIBLE INTRODUCTIONS</div>	 <div>E3 PLAYBOOK</div>	 <div>CHARACTER SPOTLIGHTS</div>
 <div>TRAINING TIME</div>	 <div>DEVOTIONALS BY TOPIC</div>	 <div>8 WEEK STUDY</div>

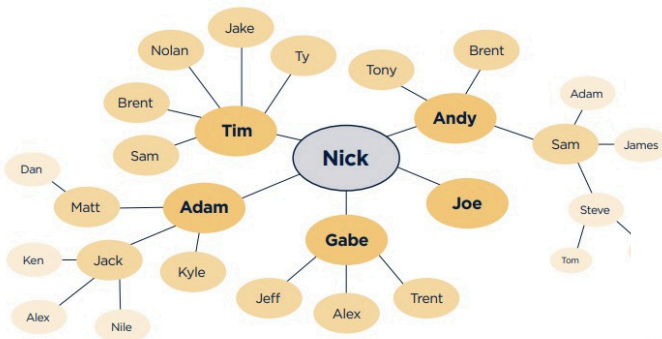


The E3 Playbook provides a series of plays, tools, and strategies to help execute God's game plan for making disciples. It is designed to point you to the words and ways of Jesus to help you make ***disciples that make disciples.***

Download Full PDF

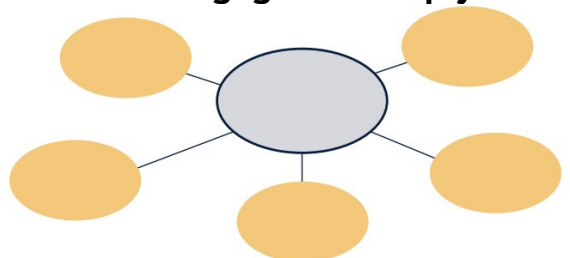
@fca.org/e3

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E3 Map

Engage to Multiply



SEPTEMBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Labor Day	2	3	4	5	6
7	8 E3 Training 6:30-8pm	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24 See You at the Pole	25	26	27
28 Fields of Faith Run Through	29 Bible Studies Ladies 7-8:15	30				

IDEAS

- Discipleship and development of leadership team
- Plan 1st month of Huddles at Huddle Leader Kick-Off
- Begin looking for and praying about ways to serve your teams/campuses/coaches
- Create promotional materials to advertise Huddle meetings
- Plan a fall Kick-Off Party or a Tailgate
- Organize to meet at the Flagpole before school to pray for your school together
- Begin promoting Fields of Faith- Oct. 5th

TO DO

OCTOBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	Bring Bible to School Day 2	3	4
5 Fields of Faith	6 Bible Studies Girls 7	7 Begin 21 Day Challenge	8	9	10	11
12	13 Bible Studies Girls 7	14	15	16	17	18
19	20 Bible Studies Girls 7	21	22	23	24	25
26	27	28	29	30	31	

IDEAS

- Invite coaches to Fields of Faith with a hand-written note or invitation
- Introduce the Glory theme
- Help promote Fields of Faith and serve at the event
- Partner with and support existing clubs to serve at your campus
- Begin collecting items for Operation Christmas Child

TO DO

NOVEMBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2 All Area Leadership Meeting	3 Bible Studies Girls 7	4	5	6	7	8
9	1 0 Bible Studies Girls 7	Veterans' 1 1 Day OCC Packing Party	1 2	1 3	1 4	1 5
1 6	1 7 Bible Studies Girls 7	1 8	1 9	2 0	2 1	2 2
2 3 / 3 0	2 4	2 5	2 6	2 7 Thanksgiving	2 8	2 9

IDEAS

- Honor Veterans; invite a veteran to speak at a Huddle
- Collect OCC items and attend the packing party- invite a friend
- Write thank you cards to coaches
- Check out post-season schedules, support teams heading to play-offs or state- make care packages/prayer cards

TO DO

DECEMBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Bible Studies Girls 7	2	3	4	5	6
7 All Area Mac's Christmas Party	8 Bible Studies Girls 7	9	10	11	12	13
14	15 Bible Studies Girls 7	16	17	18	19	20
21	22	23	24	25 Christmas	26	27
28	29	30				

IDEAS

- Attend the Huddle Christmas Party
- Do a coat, sweater, socks, and/or gloves drive to bless those in need on campus or in community (Soul Soup, Union Gospel)
- Hot Cocoa and Donuts for coaches on campus

TO DO

JANUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 New Year's Day	2	3
4	5 Bible Studies Girls 7	6	7	8	9	10
11 All Area Summit-Theme Launch	12 Bible Studies Girls 7	13	14	15	16	17
18	19 MLK Jr. Day	20	21	22	23	24
25	26	27	28	29	30	31

IDEAS

- One Huddle share THE FOUR as a way to present the Gospel pg.8
- Plan an indoor outreach like: movie night, gym lock-in, dodgeball
- Start up Olympic Games Intro
- Launch the new theme
- Sign up to serve at Night of Champions

TO DO

FEBRUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Bible Studies Girls 7	3	4	5	6	7
8	9 Bible Studies Girls 7	10	11	12	13	14
15	16 Presidents' Day	17	18 Valentine's Day	19	20	21
22	23	24	25	26	27	28

IDEAS

- Night of Champions: Student Leader meeting, Plan and Promote
- Have a Valentine's Party: celebrate God's love for us
- Invite an athlete, coach or huddle member to share their testimony
- Check out post season schedules
- Support/make care packages for teams in playoffs/heading to state
- Start selling flower baskets for Spring Fundraiser

TO DO

MARCH 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Bible Studies Girls 7	3	4	5	6	7
8	9 Bible Studies Girls 7	10	11	12 Night of Champions	13	14
15	16 Bible Studies Girls 7	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

IDEAS

- Serve at Night of Champions Fundraising Event
- Promote and invite parents, coaches and family to NOC event
- New Leader recruitment
- Plan an event for Middle and High School students

TO DO

APRIL 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	4
			1	2	3		
5 Easter	6 Bible Studies Girls 7	7	8	9	10	11	
12	13 Bible Studies Girls 7	14	15	16	17	18	
19	20 Bible Studies Girls 7	21	22	23	24	25	
26 All Area Leader Meeting	27	28	29	30			

IDEAS

- Advertise and promote camp
- Plan a Frisbee Golf, Kickball game, etc.. outside
- Celebrate Christ's resurrection
- Continue New Leader recruitment
- Plan a Coaches appreciation Event (breakfast, lunch, desserts)
- Continue Camp promotion
- Begin discussing senior involvement and volunteers for Baccalaureate
- Begin recruiting leaders for next year

TO DO

MAY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	2
					1		
3	4 Bible Studies Girls 7	5	6	7	8		9
1 0	1 1 Bible Studies Girls 7	1 2	1 3	1 4	1 5		1 6
1 7	1 8 Bible Studies Girls 7	1 9	2 0	2 1	2 2		2 3
2 4 3 1 Baccalaureate	2 5 Memorial Day	2 6	2 7	2 8	2 9	3 0	

IDEAS

- Advertise and promote camp
- Continue New Leader recruitment
- Plan a Huddle to honor graduating Seniors
- Check out post season schedules
- Support/make care packages for teams in playoffs/heading to state
- Help plan and be a part of Baccalaureate
- Plan an end of the year party/huddle
- Plan an event to welcome incoming Freshman in June

TO DO

JUNE 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22 Nampa Camp	23 Nampa Camp	24 Nampa Camp	25 Nampa Camp	26 Nampa Camp	27
28	29	30				

IDEAS

- End of year celebrations
- Host incoming Freshman event
- Support spring turnouts (popsicles)
- Attend a middle school FCA and share about High School FCA

TO DO

This image shows a blank sheet of white paper with horizontal black ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Statement of Faith

- We believe the Bible to be the only inspired, trustworthy and true, without error, Word of God. (2 Timothy 3:16-17)
- We believe there is only one God who eternally exists in three persons: Father, Son and Holy Spirit. (Matthew 28:19)
- We believe Jesus Christ is God, in His virgin birth, in His sinless life, in His miracles, in His death that paid for our sin through His shed blood, in His bodily resurrection, in His ascension/rising up to the right hand of the Father, and in His personal return in power and glory. (John 1:1; Matthew 1:18,25; Hebrews 4:15; Hebrews 9:15-22; 1 Corinthians 15:1-8; Acts 1:9-11; Hebrews 9:27-28)
- We believe that acceptance of Jesus Christ and the corresponding renewal of the Holy Spirit is the only path to salvation for lost/sinful men and women. (John 3:16; John 5:24; Titus 3:3-7)
- We believe in the present ministry of the Holy Spirit, who lives within and guides Christians, so they are enabled to live godly lives. (John 14:15-26; John 16:5-16; Ephesians 1:13-14)
- We believe in eternal life and that through belief in Jesus Christ as the Son of God, we spend eternity with the Lord in Heaven. We believe that in rejecting Jesus Christ as Lord and Savior, we receive eternal suffering in hell. (Matthew 25:31-46; 1 Thessalonians 4:13-18)
- We believe in the spiritual unity of believers in our Lord Jesus Christ that all believers are members of His body, the church. (Philippians 2:1-4)

Resources



- fca.org (National Website)
- tricitieswafca.org (Local Website)
- fcaresources.org (Great Resources)
- @Tri-Cities FCA (facebook)
- @tricitiesfca (instagram)
- pacificnorthwestfca.org
- e3.org

Staff

- | | | |
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Fellowship of Christian Athletes

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