**Transforming Trauma and Limiting Beliefs with EFT Tapping**

Affiliate Swipe Copy For: Masterclass Email (Option 1: Strong EFT Focus)

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**WHEN TO SEND: September 16 -23**

**SUBJECT LINE:** Shorten your path to EFT Tapping Mastery

**PREVIEW TEXT:** Find out why most trauma trainings fall short

Hi [First Name],

Are you ready to accelerate your path between threshold EFT "Tapping" competence — *Jedi Knight* proficiency — to differentiated *Jedi Master* level competence?

Think of Emotional Freedom Techniques (EFT) as The Force.

You may already be using it for self-regulation and symptom relief. That’s a strong foundation.

But the real power and full potential of EFT lie in resolving root-cause trauma and shifting the limiting beliefs that keep people stuck.

Practicing EFT like a Jedi Master means working with precision, presence, and intuition so you can guide lasting transformation.

Developing that mastery usually takes years of experience and trial and error. *Until now.*

To help you shorten the path, the Association for Comprehensive Energy Psychology (ACEP) is offering two powerful online learning opportunities: a free masterclass and a new 5-week course.

First, ***Transforming Trauma and Limiting Beliefs with EFT Tapping*** begins with a complimentary three-part masterclass (2 video lessons + a live, online event):

* Lesson 1 (Sept. 20): From Techniques to Mastery — The Meta Skills Model Every Therapist Needs
* Lesson 2 (Sept. 24): The Inner Shift that Turns a Good Therapist into a Great One
* Lesson 3 (Sept. 27, Live on Zoom): The Blueprint to Becoming a Jedi Practitioner

REGISTER FOR THE FREE MASTERCLASS [Link with your unique affiliate URL]

Then, if you want to go deeper, you can build on the masterclass learning with the full 5-week online training. It starts on October 13 and will pick up right where the masterclass leaves off.

Both the masterclass and the full course are taught by Dr. Bob Schwarz, a psychologist who has spent the last 40 years working with trauma and integrative approaches to healing. Bob is also the former Executive Director of ACEP and co-creator of its levels-appropriate EFT certification program.

In the 5-week *Transforming Trauma and Limiting Beliefs with EFT Tapping* course*,* you’ll learn how to embody EFT while:

* Observing and practicing the 7 Meta Skills modeled by a master trauma therapist
* Keeping trauma work safe without re-traumatizing yourself or your client
* Blending clinical presence, intuition, and integrative techniques
* Transforming emotional pain and limiting beliefs at their roots

**The core of the course consists of three full, unedited client sessions of EFT trauma and belief change, with Bob’s play-by-play commentary.**

You'll watch the skills come alive and understand specific nuances such as what he's tracking in the client's nervous system, why he makes each intervention, and how he adapts in real-time for lasting results.

It's designed to help you embody the deeper balance that is the hallmark of master-level practice:

**The Yang of precision** — attending closely, utilizing whatever the client brings, and crafting interventions with clarity.

**The Yin of presence** — deep intuition, calm regulation, and the readiness to stay grounded in the storm.

The FREE masterclass is your doorway.

And the course is the path that takes you all the way into EFT Jedi mastery…

**Transforming Trauma and Limiting Beliefs with EFT Tapping**

Affiliate Swipe Copy For: Masterclass Email (Option 2: Strong Trauma Focus)

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**WHEN TO SEND: September 16 -23**

**SUBJECT LINE:** Shorten your path to mastery in trauma transformation

**PREVIEW TEXT:** How to move beyond techniques

Hi [First Name],

Are you ready to accelerate your path from using techniques to embodying the deeper mastery of trauma transformation?

Many therapists and practitioners know how to calm clients down in the moment. Some have studied EFT, EMDR, or other methods. But here’s the struggle:

* Symptom relief doesn’t last when the root trauma isn’t addressed.
* Limiting beliefs shaped by early wounding continue to block growth.
* Even experienced clinicians often feel unsure about how to weave presence, intuition, and precision into one coherent approach.

This is where real healing — and real mastery — begins.

When you practice like a master trauma therapist, you don’t just regulate symptoms. You help clients resolve the deep wounds that create limiting beliefs and guide them toward transformation that lasts.

Normally, developing this level of skill takes years of experience, trial and error, and multiple training sessions. Until now.

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**The Yin of presence** — deep intuition, calm regulation, and the readiness to stay grounded in the storm.

The FREE masterclass is your doorway.

And the course is the path that takes you all the way into trauma therapy Jedi mastery…

**Transforming Trauma and Limiting Beliefs with EFT Tapping**

Affiliate Swipe Copy For: Masterclass Email (Option 3: Combined Focus)

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**SUBJECT LINE:** Learn to Decode and Transform the Roots of Suffering into Growth

**PREVIEW TEXT:** The “Force of Healing” is with you

Are you ready to move beyond just learning another tool toward becoming a master practitioner who can see the architecture of suffering— be deeply present with it — and know how to help clients dismantle it?

Behind suffering from symptoms and stuck patterns lie limiting beliefs forged in moments of trauma. Discover a model of blending presence in the face of suffering with clinical precision to use EFT to renovate the “palace of pain” into the “palace of possibilities”— creating deeper healing and sustainable change**.**

Our Friends at the Association for Comprehensive Energy Psychology (ACEP) are launching a new course, ***Transforming Trauma and Limiting Beliefs with EFT Tapping***, designed for:

* Therapists working with trauma who too often feel stressed and stuck when working with complex clients.
* EFT Practitioners who use EFT for self-regulation and symptom management, but rarely access the real power of EFT for trauma resolution and belief change.
* Practitioners who do not have a clear roadmap for identifying clients’ limiting beliefs or discovering the underlying traumas and then transforming both.
* Therapists and practitioners who strive for excellence and desire a more rapid and clear pathway to thinking and acting like a master therapist of trauma informed mind-body approaches.
* Practitioners who realize that being a master therapist also involves a type of spiritual evolution that balances the yang energy of precision with the more yin energy a deeper regulation, presence and connectedness to higher planes of consciousness

And since you’re on my mailing list, I’m pretty sure you fit at least one of these criteria. I know I do, and I am super excited about this training.

*Here's the best part:* so you’ll know if this is right for you. ACEP is offering an **awesome FREE three-part masterclass** with the course instructor Dr. Bob Schwarz, a psychologist who has spent the last 40 years working with trauma and integrative approaches to healing.

The masterclass is your doorway to a new journey. A chance to step onto the pathway of mastery with a precise map, a trusted guide, and a community of peers walking alongside you.

Here’s what you get.

**Lesson 1:** *From Techniques to Mastery: The Meta Skills Model Every Therapist Needs*

→ Drops September 20

**Lesson 2:** *The Inner Shift that Turns a Good Therapist into a Great One*

→ Drops September 24

**Lesson 3:** Live Zoom Event: *The Blue Print to becoming a Jedi Practitioner*

→ Join the session on September 27 at 12 pm EDT

👉 [Register for the Free Masterclass] [Link with your unique affiliate URL]

It’s totally free and I can’t believe how much Bob has packed into this masterclass.

I hope you’ll take advantage of this opportunity.