

Research Studies and Review Articles in Energy Psychology Published in English Peer-Reviewed Journals

In Reverse Chronological Order

More than 400 articles and papers on Energy Psychology have been published in peer-reviewed journals. These include ten meta-analyses, 35 systematic and comparative reviews, over 100 randomized controlled trials, 80 pre-post outcome studies, 48 clinical case studies and 120 theoretical articles and commentaries. (This count does not include books, book chapters or theses and dissertations).

In addition to the papers in this database, more than 200 clinical trials reporting investigations of energy psychology have been published in foreign language, non-English journals. They report encouraging outcomes with a wide range of issues, such as anxiety disorders, aggression, addictions, dementia, depression, diabetes, post-traumatic symptoms, and post-operative pain. These studies were not included in this database because only the abstracts had been translated, and so they could not be reviewed for methodological rigor. Also not included are English-language publications for which ACEP was unable to verify the legitimacy of the journal.

See the document, “EP Studies Published in Non-English Journals” on this website.

2025

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