

DOCUMENT OF UNDERSTANDING FOR VOLUNTEERS

I _____

hereby certify and understand that all USDA commodities under H.E.L.P. Inc., control are for exclusive distribution to, and for consumption by our clients.

Further I, agree to provide my services on a volunteer basis without compensation in any form. And, as a volunteer of H.E.L.P. Inc., I will comply to the above and with other guidelines that may be issued by management from time-to-time.

SIGNATURE OF H.E.L.P. INC. VOLUNTEER

DATE:

ACCEPTED BY:

H.E.L.P INC BOARD MEMBER