

Emergency Action Plan (EAP)

Dover United Soccer Club

Facility: Lehr Park

Address: 3700 Davidsburg Rd, Dover, PA 17315

Sport: Soccer

Applies To: All practices, games, tournaments, and club-sanctioned activities

1. Purpose

The purpose of this Emergency Action Plan (EAP) is to provide clear procedures to ensure **rapid, effective response** to injuries, medical emergencies, and dangerous situations during Dover United Soccer Club activities. This plan is designed to protect players, coaches, officials, and spectators.

2. Emergency Contacts

Emergency Services

- **Emergency:** 911
- **York County 911 Center**

Nearest Hospital

UPMC Memorial Hospital

1701 Innovation Drive

York, PA 17408

Phone: (717) 849-5463

3. Club Emergency Contact & Reporting Requirements

Club Representative

Name: Mel James

Role: Dover United Soccer Club Representative

- **All incidents (medical, safety, or other emergencies) must be reported immediately** to Mel James.

- A **written incident report is required within 48 hours** of the incident.
 - Coaches are responsible for ensuring reports are completed and submitted on time.
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4. Key Personnel & Responsibilities

Coach / Team Official (On-Site Lead)

- Take charge of the scene
- Stop play immediately during emergencies
- Assess athlete condition
- Activate the EAP
- Assign roles to assistants or parents
- Remain with the injured athlete until help arrives
- Notify Mel James following all incidents

Assistant Coach / Designated Adult

- Call **911** when required
- Clearly provide:
 - Nature of the emergency
 - Location: Lehr Park, 3700 Davidsburg Rd, Dover, PA 17315
- Meet emergency responders and direct them to the field

Parent / Volunteer

- Manage bystanders and keep athletes clear
 - Assist with first aid or emergency equipment
 - Supervise remaining players if needed
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5. Emergency Equipment

First Aid & Medical Equipment

- Team first aid kit (required at all events)

- Ice packs
- Emergency contact forms for players

AED (Automated External Defibrillator)

- **Closest AED is located on-site at the fire house**
 - Coaches and team officials must know:
 - The AED location
 - How to retrieve it quickly
 - Basic AED operation
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6. Emergency Procedures

A. Medical Emergency

1. Stop play immediately
 2. Assess the injured athlete
 3. Activate the EAP
 4. Call **911** if the injury is serious or life-threatening
 5. Provide first aid within training limits
 6. Assign someone to retrieve the AED if needed
 7. Assign someone to meet EMS
 8. Contact parent/guardian
 9. Notify Mel James immediately
 10. Submit incident report within 48 hours
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B. Cardiac Emergency

1. Call **911 immediately**
2. Begin CPR
3. Retrieve AED from the fire house

4. Use AED as soon as available
 5. Continue care until EMS arrives
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C. Head, Neck, or Spinal Injury

- **Do NOT move the athlete**
 - Stabilize head and neck
 - Call **911 immediately**
 - Keep athlete calm and still
 - Monitor airway, breathing, and consciousness
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7. Severe Weather Policy

Thunder & Lightning

- **At the first sound of thunder or sight of lightning:**
 - All activities are immediately suspended
 - **Everyone must evacuate the fields**
 - Players, coaches, and spectators must **wait in vehicles**
 - Play may not resume until conditions are declared safe by staff and minimum of 30 minutes after last seen strike or sound of thunder.
 - There are **no sideline or shelter exceptions**
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Extreme Heat

- Increase hydration breaks
 - Monitor athletes for heat illness
 - Remove any player showing symptoms
 - Call **911 immediately** for suspected heat stroke
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8. Evacuation Plan

In the event of unsafe conditions (fire, hazard, structural risk):

1. Stop all activities
 2. Evacuate participants away from danger
 3. Assemble at a safe location
 4. Account for all players
 5. Contact emergency services if required
 6. Notify Mel James
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9. Facility Access for Emergency Responders

- Primary access via **Davidsburg Rd**
 - Emergency access points must remain clear
 - Assigned adult meets responders and guides them to location
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10. Education & Review

- EAP reviewed annually
 - Reviewed at start of each season
 - Coaches encouraged to maintain:
 - CPR/AED certification
 - First Aid training
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11. Plan Approval

Organization: Dover United Soccer Club

Facility: Lehr Park

Approved By: _____

Date: _____