

Faith United Methodist Church  
522 East 6th Street  
Cheyenne, WY 82007  
Phone: (307) 638-3184 **(10:30 am service)**  
www.faithcheyenne.org  
E-Mail: cheyennefaithumc@gmail.com



Sent with a prayer to:



## AUGUST & SEPTEMBER 2025



### August 2025:

2- Linda Arioso  
6- (ANNIV) Damon & Mary Hart  
10- (ANNIV) Wayne & Sheryl Lawrence  
13- Karen Staples

### September 2025:

6- Damon Hart  
Jim Kelley  
25- Norma Wilkins

### October 2025:

3- Cheryl Cates  
6- (ANNIV) Brandon & Virgie Erdmann  
(ANNIV) Russ & Tawn Howe  
12- Ben Heath  
18- Melanie Burger

# TODAY..

I will laugh & let my  
Heart sing for none of us  
knows what tomorrow  
may bring.

*"Dewdrops"*

I will be thankful that  
God is on my side; No  
need to worry, No need  
to hide.

# TODAY..

I will live it, as God  
would intend, enjoying  
each Blessing from  
beginning to end..!





## Seeds of Faith Faith United Methodist Church Aug – Sept 2025

**The Vision of Faith United Methodist Church** is to empower all people to seek the fullness and assurance of God's Love.

**The Mission of Faith United Methodist Church** is to invite everyone into a loving community, explore the Good News of God's Love, and serve God and our neighbor throughout the world.

Hello to everyone who reads this newsletter and keeps it on the fridge for further perusal!

With turmoil and trials of all kinds, I am reminded of how great is our God! He offers rest in his words. He gives perfect peace. He never leaves us to endure challenges alone.

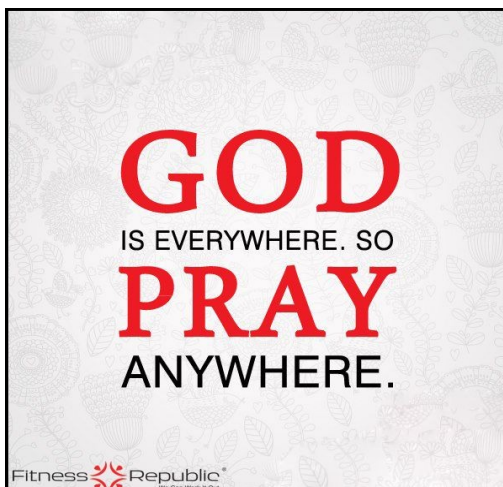
I'll admit, I can get caught up in all the worldly aspects of this life. That's when I start to realize I have been neglecting my meditation and prayer time. I've let the business, or the scariness of the world's threats that want to tell me I am less than and never enough. Then I think of a verse that promises I am enough in God's eyes, and that He cares for me more than I would care for myself! What wondrous love is this, oh my soul!

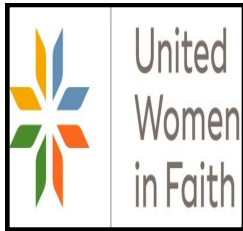
The community of believers helps me feel this way as well. When we are alone in our despair or thoughts that are not of the kingdom, then darkness can creep in. There are times when being alone is good rest for sure. But when we choose to be alone more than being in community with our family of God or others that want to uplift us in prayer or hold us dear and near to themselves, then we become a believer of untruths. You have heard the adage of being around those who you become. I want to become soft and open in spirit. I want to know more of my creator. I want to feel valued by those who value Jesus...And then value Jesus as well!

Lots of opportunities these coming months to be in community with our brothers and sisters in Christ. Picnics, concerts, lunch dates, special church services in and around town. Let's find positivity and look for Holy Spirit sightings, whether that be family or strangers. God is everywhere we are. I can't tell you how happy I am to know this truth.

Much love and light,

Pastor Virgie





### A Note from United Women in Faith (UWF):

A big **Thank You** for all of the support from you on our Mission projects.

Our next meeting will be **Wednesday, September 24 at 6:30 pm**  
In the Upper Fellowship Hall. Please join us!



### Day of Giving: **SUNDAE SUNDAY!**

This year the United Women in Faith have opted to do our Day of Giving for the local elementary school, **Hebard Elementary**. We have been in touch with the counselor for the school and she polled the teachers for items they need in their classrooms. **From July 13th through August 24th**, we will collect the following items:

**Kleenex tissues (name brand please), Post It Notes - any size, Hand Sanitizer, Disinfectant Wipes, Paper Towels, Magnets, Magnet Clips, Clothespins, Expo Dry Erase Markers & Erasers, Glue Sticks, Play-Doh small containers, Colored Pencils, Crayons (Crayola brand please), Velcro Dots, Flair or Frixion Pens in multi colors, and Mr Sketch Markers (scented or unscented).**

We will present the items collected on:  
**August 24th at a Sundae Sunday** gathering for the community from **2 to 4 pm at the church**. We are planning to make it a mini VBS time with crafts and games for any children who come, and a time to get to know the adults as well.

Come, meet our neighbors and enjoy **ice cream sundaes!**



### **Report from the UWF District Meeting:**

I attended the District Meeting on June 7th in Laramie. We had about 35 people in attendance and I went with 7 ladies from First UMC in Cheyenne. We had a presentation by Susan Miller from Laramie on the book, ***"Born on the Water"*** by Nikole Hannah Jones & Renee Watson. It was a focus on immigration. A very good book. The guest speaker was David Mukai, the Dean of Engineering at UW, and he spoke of many mission trips by a group called ***Engineers without Borders***, to other countries, including Guatemala, where engineering projects were completed to bring clean water to the people.

Much discussion on the way home about getting together with the other UWF groups in Cheyenne for fellowship and service projects.

Blessings,  
Melanie Burger, Lay Leader



**Janet Cutler on 6/26**  
**Karen Staples on 6/29**

**We are blessed to have**  
**you join our church!**

**GOD BLESS YOU!!!**



**Mary C. Hart was recognized as our 2024 Quiet Disciple during our Congregational Meeting on May 18. Thank you Mary for all of the love, caring, and support you provide to our congregation. You are a blessing!**





Thank you to everyone who was able to help with the All Church Clean Up Day on June 7. Gary Cloyd, Lois Hansen, Shari Kendall, Duane Wall, Pastor Virgie, and Karen Staples took a quick break for this picture. Others who helped accomplish the tasks on our list included: Janet Cutler, Connie Fournier, Mary Hart, Karen Merklin, and Wendy Wall. Many hands made light work.

A little boy opened the big family bible...

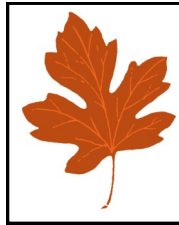
He was fascinated as he fingered through the old pages. Suddenly, something fell out of the Bible. He picked up the object and looked at it. What he saw was an old leaf that had been pressed in between the pages.

"Mama, look what I found," the boy called out.

"What have you got there, dear?"

With astonishment in the young boy's voice, he answered,

"I think it's Adam's underwear!"



### **I don't want to go to church today!**

**A mother went to wake her son for church one Sunday morning.**

**When she knocked on his door, he said, "I'm not going!" "Why not?" asked his mother. "I'll give you two good reasons," he said. "One, they don't like me. Two, I don't like them." His mother replied, "I'll give you two good reasons why YOU WILL go to church. One, you're 47 years old. Two, you're the pastor!"**

### **Once again we have proven that "We Walk By Faith!"**

**In April, our boiler developed a persistent leak. After research and all considerations, the Administrative Board accepted the bid from Dugan's Complete Plumbing Systems for a Navien efficiency boiler and BTI Series indirect water heater.**

**Over two months, from May 18-July 6, 112% of the cost of the boiler and water heater was donated to pay ourselves back.**

**If you or a friend need a plumber, please consider contacting Michael Dugan at Dugan's Complete Plumbing Systems.**

**Thank you to everyone for their generous donations and complete trust in God and His many blessings.**



### Hello from The Helping Hearts Care Team

We hope this finds you all well and doing good.

We are a great team of people wanting to help others in things they might need or would like. We help with calls to others, making meals if you have been sick or injured, giving rides to doctor's appointments, the grocery store, sending cards out, listening, visiting if you have been in the hospital, care bags etc.

I want to thank our team very much for all of their caring and hard work. If you are in need of a heart to listen, a meal, a visit or some other various things, please give me (Mary Hart) a call. I will clarify your needs and contact the appropriate people in order to help you. We will work very hard to take really good care of you.

Sending out lots of caring and love to each one of you.

Blessings to you all!

Mary C. Hart  
(307)286-4457



### Lay Ministry Trainings:

We have several upcoming training opportunities online, provided by the Oregon-Washington District. I have taken these trainings online and enjoyed them. The leaders are well trained and the zoom links are easy to log into.

If you have any interest in learning more about Lay Ministry, please contact Melanie or Pastor Virgie and we will get you all the information. I am working on getting some in-person trainings set up locally if you prefer to have a Friday night, all day Saturday training.

Blessings,  
Melanie Burger, Lay Leader



## 2025 Mission Support

has been given to:

CASA of Laramie County  
Dad's Making a Difference  
Guatemala Mission Team  
Needs, Inc.

Safehouse Services

St. Joseph's Food Pantry

United Methodist Committee on Relief  
Veterans' Rock

Thank you to all who voted to support these missions during the Congregational Meeting on May 18.

**Don't be a  
PART-TIME CHRISTIAN  
who demands a  
FULL-TIME GOD.**

We were celebrating the 100th anniversary of our church, and several former pastors and the bishop were in attendance. At one point, our minister had



the children gather at the altar for a talk about the importance of the day. He began by asking them, "Does anyone know what the bishop does?"

There was silence. But finally, one little boy answered gravely, "He's the one you can move diagonally."

*I Want to Be So*  
**FULL OF CHRIST**  
**≡ That If A ≡**  
**MOSQUITO BITES ME**  
**IT FLIES AWAY SINGING**  
*There Is Power In*  
**THE BLOOD!**



# Worship & Lunch in the Park

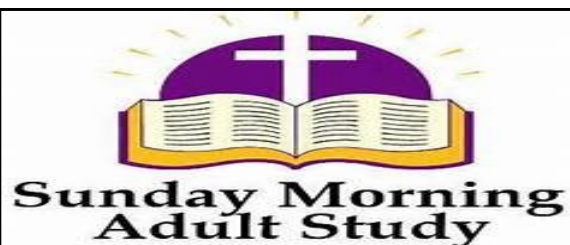
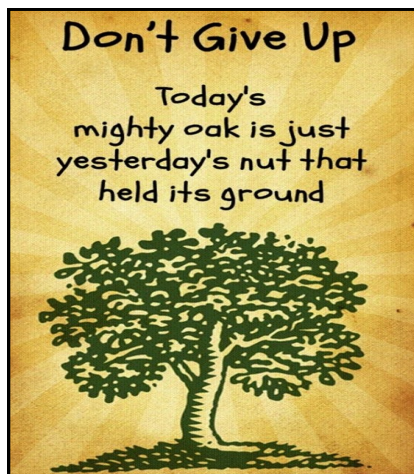


**September 7, 2025 - 10:30 am**  
**Lions Park North Picnic Shelter**

next to the Cheyenne Aquatic Center  
(off of Kennedy Road on Lions Park Drive)

Restrooms are connected

**stay for our Cream Can Dinner  
and fellowship time**



We will be starting a new Bible Study on the  
**Book of John** beginning on  
**Sunday, September 14th at 9 am.**

This is a study of the entire book of John. Cost  
is \$8.50 for the study book and workbook.  
If interested in joining us for this exciting study,  
contact **Lois Hansen** at church or call her at  
635-6043.

**All are welcome** to join us for this  
Bible study on Sunday mornings in the  
Upper fellowship hall!