



Vital Choice Health Store

Live Well. Naturally.

440-885-9505 • VChoice.com



December 2025

Vital Planet
Intense Care
Colon +
Constipation
Probiotic

30 capsules

\$43.45

reg. \$54.99



Vital Choice
Ultra Omega-3

120 softgels

\$59.99

reg. \$61.85



Bionox
Beetroot
Energy

30 chewable tarts

\$33.99

reg. \$39.99

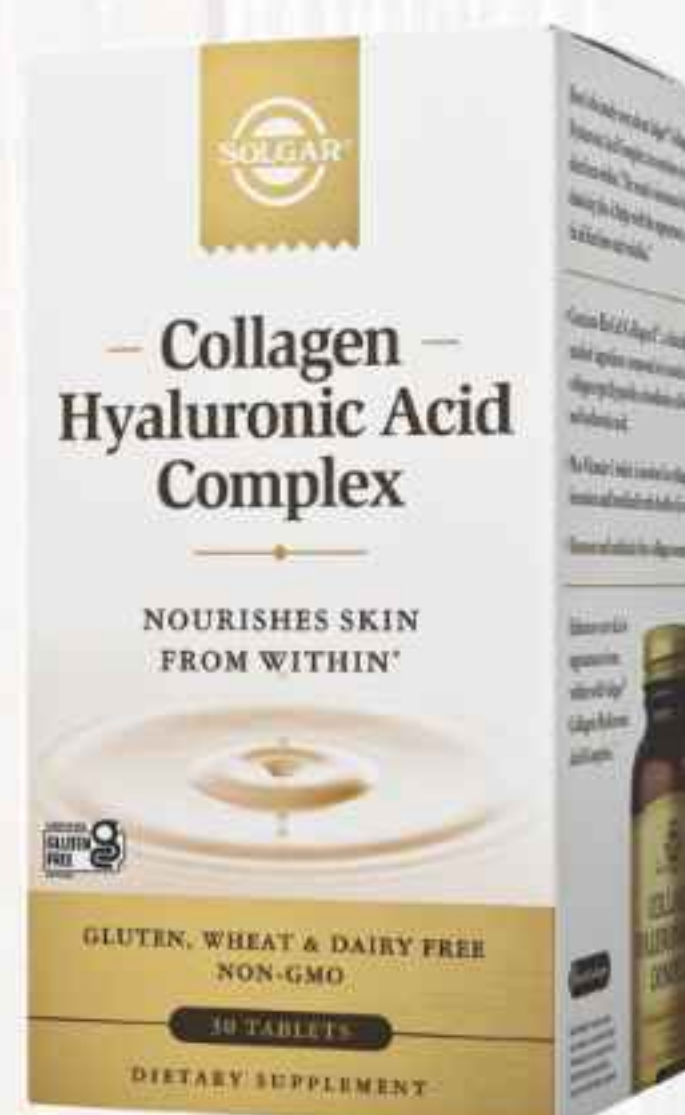


Solgar
Collagen
Hyaluronic Acid
Complex

30 tablets

\$17.99

reg. \$21.09



MegaFood
Whole Body
Turmeric Curcumin
Extra Strength

60 tablets

\$25.49

reg. \$28.25



Bionox
CardioGo

Cardiovascular
Health Formula
14.8oz

\$55.25

reg. \$64.99



Vital Choice
Advanced
Beauty Care

120 capsules

\$53.99

reg. \$56.99

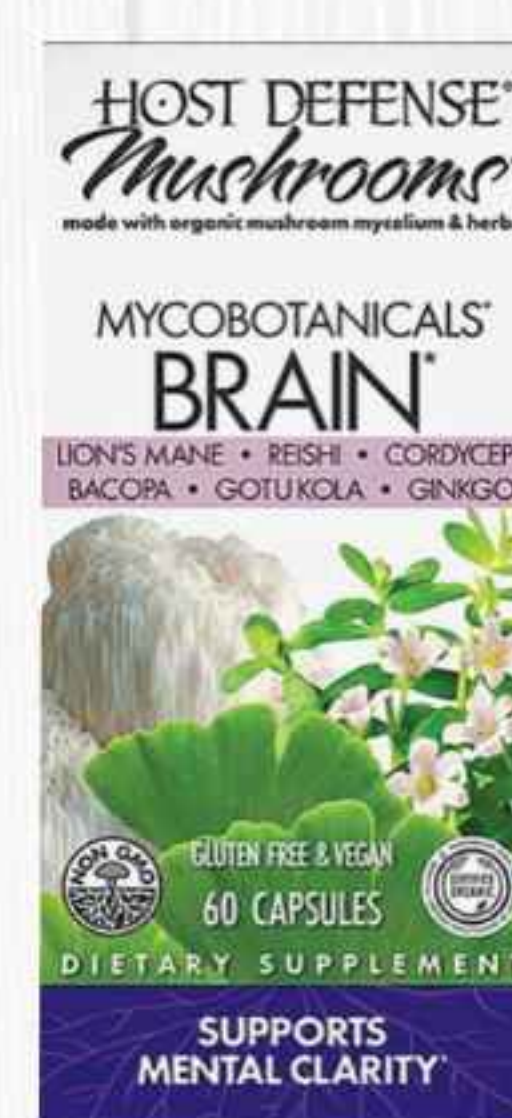


Host Defense
Mushrooms
MycoBotanicals
Brain

60 capsules

\$23.99

reg. \$29.95



Bionox
Chelanox Heavy
Metal Detox

120 capsules

\$33.29

reg. \$42.99



Ancient Nutrition
Creatine +
Collagen +
Electrolytes

272 grams

\$26.59

reg. \$30.99



**MegaFood
Balanced
B Complex**
90 tablets

\$35.69
reg. \$39.49



**MegaFood
Vitamin D3
5000 IU & K
+K2**
120 capsules

\$36.79
reg. \$43.25



**Solgar
Sublingual
Methylcobalamin
1000 mcg**
60 nuggets

\$8.65
reg. \$9.99



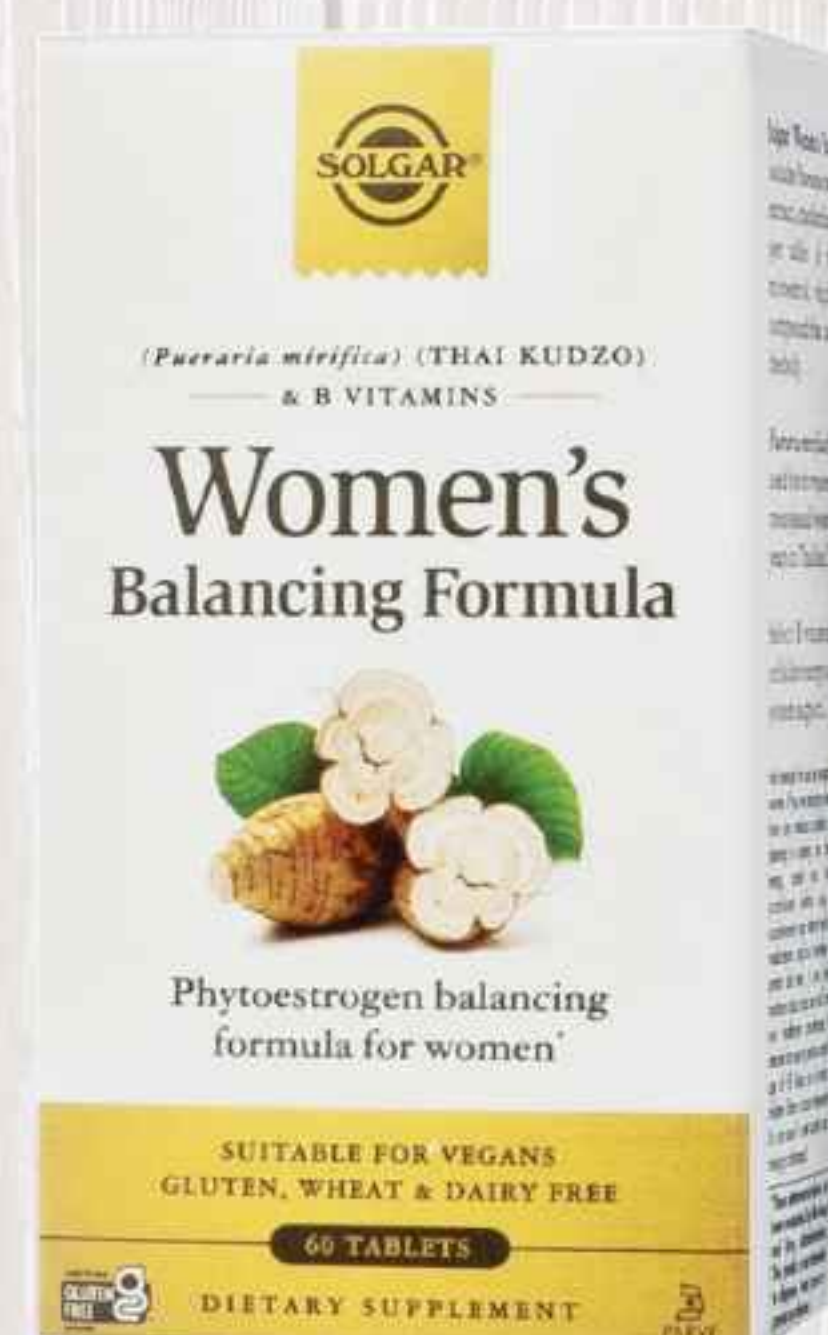
**Ancient Nutrition
Organic
Super Greens**
7.05 OZ

\$31.49
reg. \$39.15



**Solgar
Women's
Balancing
Formula**
60 tablets

\$22.49
reg. \$26.35



**Vital Planet
Vital Flora
Women's
Daily
Probiotic**
30 capsules

\$37.15
reg. \$46.99



**Yerba Prima
Psyllium
Whole Husks**
Colon Cleanser
12 OZ

\$15.99
reg. \$18.25



**Vital Choice
Advanced
Testosterone
Support**
60 capsules

\$49.99
reg. \$54.89



**Vital Choice
Bromelain
400 mg**
60 capsules

\$19.99
reg. \$20.99



**Vital Planet
Fiber 35**
6.7 ounces (192 g)

\$26.09
reg. \$32.99



**Vital Planet
Vital Gut
Renew
Intestinal
Lining
Support**
195 grams

\$31.59
reg. \$39.99



**Vital Planet
Vital Lax**
60 capsules

\$18.99
reg. \$23.99



Solgar
Ultra Potency
Vitamin C Gummies

1,000 mg
60 gummies

\$18.75

reg. \$22.49



Vital Choice
Brain Mushroom
Support

60 capsules

\$16.99

reg. \$17.69



Vital Choice
Creatine
Monohydrate

Fruit Punch
10.72 oz

\$21.49

reg. \$22.69



Vital Choice
L-Theanine
100 mg

60 capsules

\$15.35

reg. \$20.25



Vital Choice
Kava

Liquid Extract
2 fl oz

\$22.25

reg. \$26.19



Vital Choice
Bronchial Syrup

4 fl oz

\$14.99

reg. \$15.39



MegaFood
Magnesium
300 mg

60 capsules

\$15.99

reg. \$18.49



Vital Choice
Organic
Valerian Root

90 capsules

\$11.69

reg. \$13.85



Vital Choice
Chewable
L-Theanine
200 mg

30 chewable tablets

\$19.25

reg. \$24.45



Vital Choice
GABA 200 mg
(with PharmaGABA)

30 chewable tablets

\$20.65

reg. \$24.25



MegaFood
Elderberry
Immune
Support

54 gummies

\$13.59

reg. \$15.99



Vital Choice
Blood Support

60 tablets

\$20.99

reg. \$21.99



Vital Choice
Melatonin 3 mg

2 fl oz

\$8.09

reg. \$9.59





Vital Choice Health Store

Curbside pickup available 7 days per week • Shop.VChoice.com

HOST DEFENSE[®] Mushrooms[™]

25% OFF

(Discount off MSRP)

ALL Solgar Supplements

25% OFF

(Discount off MSRP)

THE GOLD STANDARD
IN VITAMINS.

15% OFF

Feel Better, Do More

Natural Energy from Nitric Oxide



Health and Healing

Advanced Support for Healthy Blood Sugar

by Mike Ventresca, co-founder, Vital Choice

Did you know nearly one in three American adults has prediabetes, and most don't even know it? That's a concern, because consistently elevated blood sugar doesn't just raise the risk of type 2 diabetes. It is also linked to insulin resistance, metabolic syndrome, heart disease, and even memory problems later in life.

The good news is there are natural ways to support healthier blood sugar balance. Of course, diet, regular exercise, and stress management are all key. But in my personal experience, supplements can also play a big role.

When my A1C recently crept into the prediabetic range, the product I turned to was **Advanced Blood Sugar Support**. What makes it stand out is the way it combines four clinically studied ingredients, each of which targets a different part of glucose metabolism.

Chromax Chromium Picolinate is backed by decades of research

This information is not intended to diagnose, treat, cure or prevent any disease.



Mike Ventresca

showing benefits for glucose metabolism, insulin function, appetite control, and even healthy weight and energy. Berberine works by activating an enzyme called AMPK, which helps lower fasting glucose and improve insulin sensitivity while also offering cardiovascular support. Alpha lipoic acid supports blood sugar and insulin function and is especially important for healthy nerve function. Finally, CinSulin is a concentrated water extract of cinnamon that has been validated in multiple clinical trials for both effectiveness and safety.

I am glad to say that both my A1C and LDL cholesterol returned back to normal after using it.

If you are concerned about blood sugar balance or have a family history of diabetes, this is one formula worth considering. Sometimes the best support comes from a combination approach, and this is one of the most comprehensive I have seen.

NEWCHAPTER®

40% OFF

(Discount off MSRP)

New from New Chapter!



Natural Skin Care Sale!

20% OFF

(Discount off MSRP)

DERMA·E





Vital Planet
Calm for Dogs
45 soft chews
\$26.09
reg. \$32.99



Vital Planet
Vital Dog Daily Multi
75 grams
\$26.09
reg. \$32.99



Vital Planet
Alaskan Omega-3
30 soft chews
\$26.09
reg. \$32.99



Vital Planet
Flora Dog Probiotic
111 grams
\$26.09
reg. \$32.99



Vital Planet
Firm Stool for Dogs
30 scoops
\$20.55
reg. \$25.99



Bob's Red Mill
GF All-Purpose Baking Flour
22 OZ
\$4.09
reg. \$7.29



Farmer's Market
100% Organic Pumpkin Puree
15 OZ
\$4.49
reg. \$4.95



Frontier Natural Products Coop
Organic Ground Ceylon Cinnamon
1.76 OZ
\$4.99
reg. \$8.19

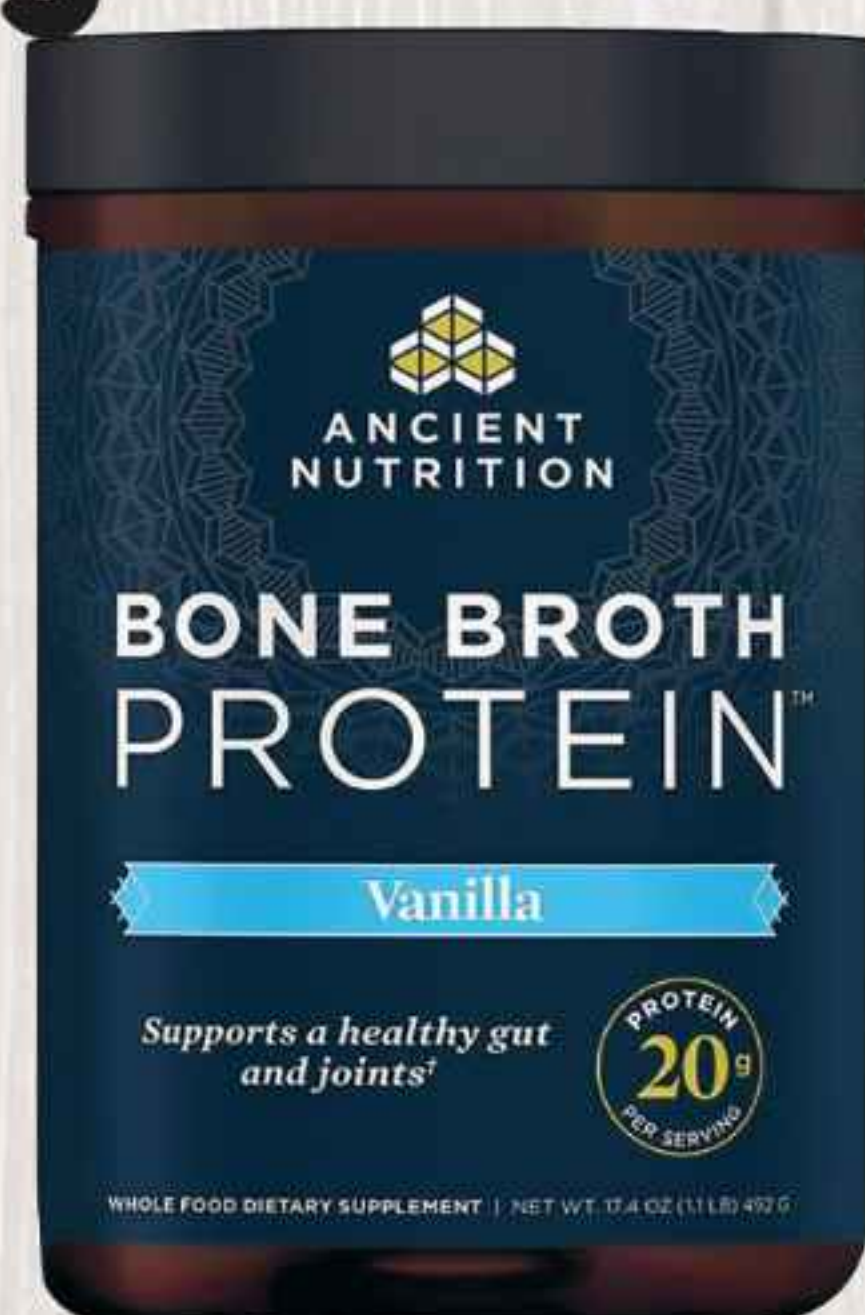


Food For Life
Organic Ezekiel 4:9 English Muffins
Sprouted Grain
16 OZ
\$5.49
reg. \$7.89



Bravo Teas & Herbs
6 Mushroom Defense Tea
20 BAG
\$7.75

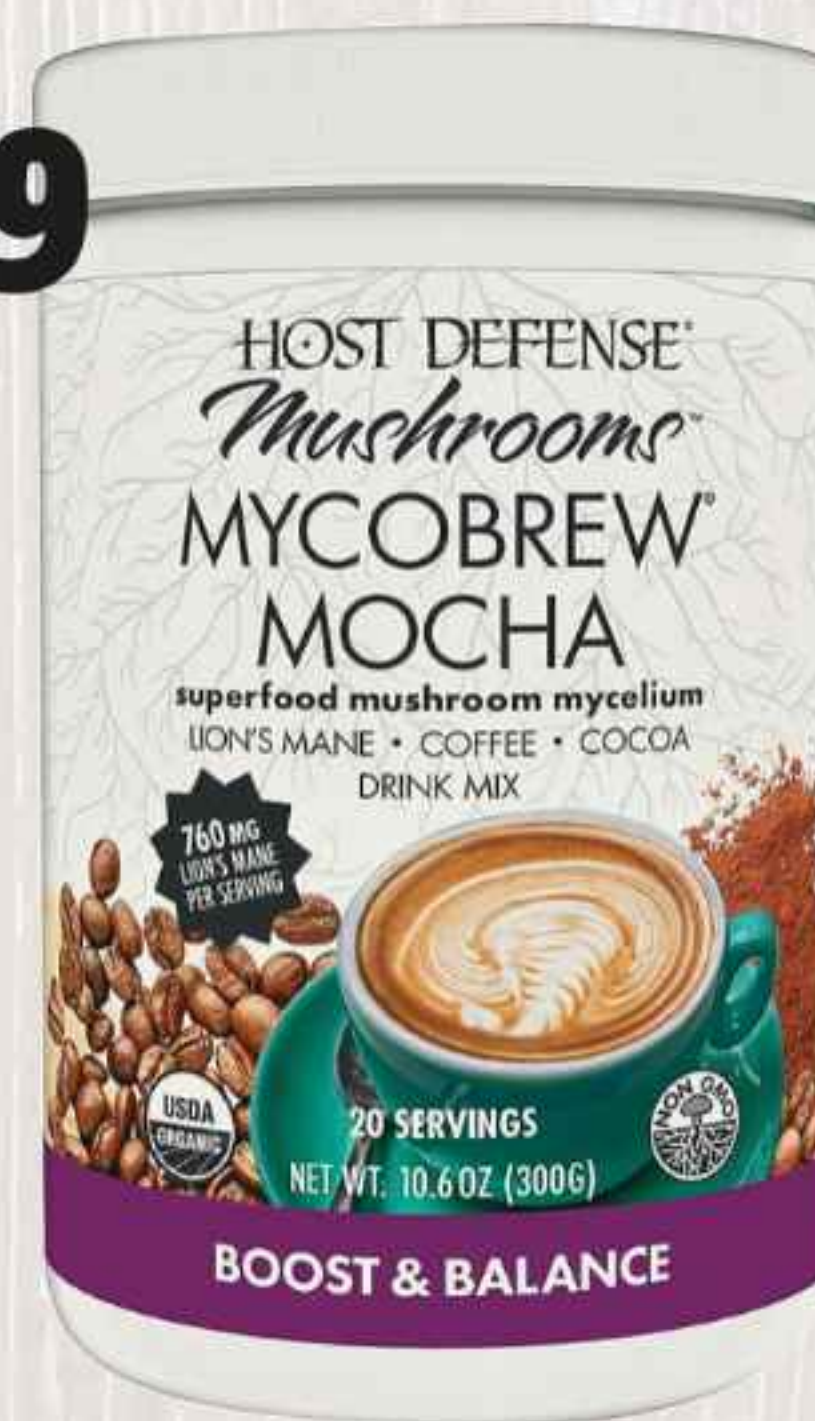
Ancient Nutrition
Bone Broth Protein
492 grams
\$38.15
reg. \$45.99



Ancient Nutrition
Multi Collagen Protein
16 OZ
\$34.99
reg. \$43.49



Host Defense Mushrooms
MycoBrew Mocha
with Lion's Mane Mushroom
300 grams
\$23.99
reg. \$28.99



Host Defense Mushrooms
MycoBrew Coffee
Single Serving Packet
\$2.09
reg. \$2.75





**Aura Cacia
Jojoba Skin
Care Oil**
4 FL OZ
\$10.49
reg. \$15.59



**Derma E
Advanced Peptides
& Flora-Collagen
Moisturizer**
2 OZ
\$28.79
reg. \$35.95



**Derma E
Hyaluronic Acid
Hydrating Day
Cream**
2 OZ
\$25.19
reg. \$31.49



**Mineral Fusion
So High Extended
Length Mascara**
Black
.3 FL OZ
\$17.99
reg. \$19.99



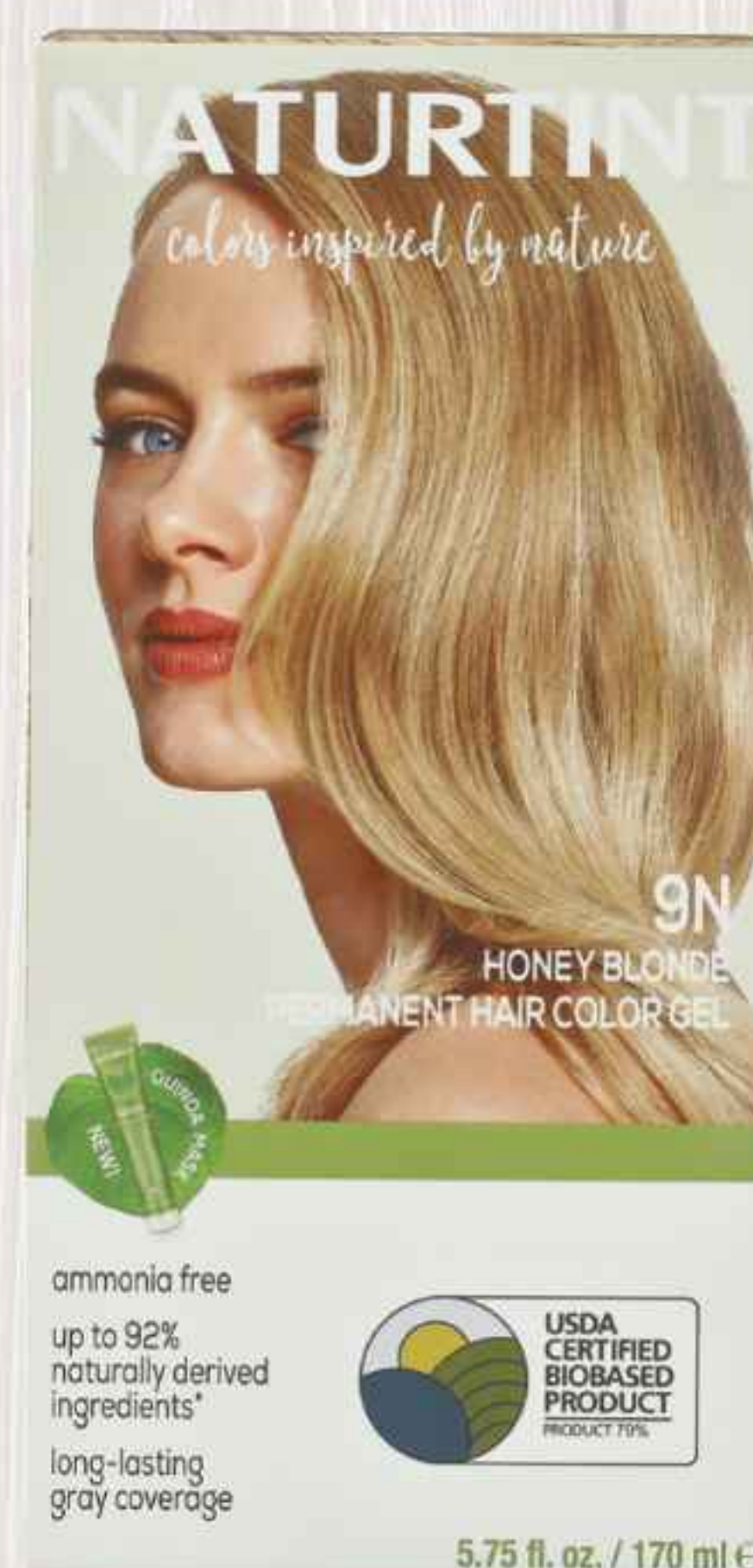
**Mineral Fusion
So Classy
Volume Mascara**
Dark Brown
0.3 FL OZ
\$17.99
reg. \$19.99



**Vital Choice
Peppermint
Essential Oil**
1 fl oz
\$11.29
reg. \$11.89



**Vital Choice
Frankincense Oil
20% in Jojoba Oil**
1 fl oz
\$14.99



**Naturtint
Permanent
Hair Color
Select Variety**
\$11.99
reg. \$24.39



**Himalaya Botanique
Whitening
Complete Care
Toothpaste**
5.29 oz
\$4.79
reg. \$5.99



**Himalaya Botanique
Neem &
Pomegranate
Toothpaste**
5.29 oz
\$4.79
reg. \$5.99



Carlson
E-Gem® Lip Care
.15 oz

\$2.99
reg. \$3.99



Desert Essence
Lip Rescue
with Shea Butter
.15 OZ

\$2.89
reg. \$3.09



Derma E
Vitamin E
Fragrance Free
Shea Body Lotion
8 FL OZ

\$9.59
reg. \$11.95



Desert Essence
Perfect
Pistachio Foot
Repair Cream
3.5 OZ

\$9.45
reg. \$10.19



Derma E
Eczema Relief
Cream
4 OZ

\$17.19
reg. \$21.49

Desert Essence
Tea Tree Therapy Soap
5 OZ

\$5.25
reg. \$5.69



South Of France
Sweet Almond
Triple Milled Soap
6 OZ

\$4.69
reg. \$4.99



Lily Of The Desert
Aloe Vera Gelly
4 OZ

\$4.59
reg. \$5.29



One With Nature
Dead Sea
Mineral Soap
Lemon Sage
7 OZ

\$5.19
reg. \$5.99



South Of France
Foaming
Hand Wash
Lemon Verbena
8 FL OZ

\$4.59
reg. \$4.99



Vital Choice Health Store

9243 W Sprague Road • North Royalton

440-885-9505 • VChoice.com

M-F 10a - 7p • Sat. 10a-6p • Sun. 11a-4p

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, CURE OR TREAT ANY DISEASE.
SOME ITEMS MAY NOT BE AVAILABLE. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.