



Vital Choice Health Store

Live Well. Naturally.



VChoice.com

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our digital ad



Vital Planet

Intense Care Colon + Constipation Probiotic

30 capsules

\$41.25

MSRP \$54.99



**MegaFood
Vitamin D3
5000iu
with K+K2**
120 capsules

\$36.79

reg. \$43.25



**Natural Factors
NAC 600mg
N-Acetyl-L-Cysteine**
60 capsules

\$11.99

reg. \$13.99



**Nordic Naturals
Ultimate
Omega**
60 softgels

\$22.49

reg. \$27.59



**Vital Choice
Organic
Beet Root**
90 capsules

\$10.89

reg. \$11.49



**Vital Planet
Critical
Liver Care**
90 capsules

\$29.99

reg. \$39.99



**Emerald Labs
Women's
45+
1-Daily
Multi**
60 capsules

\$32.99

reg. \$40.75



**Natural
Factors
Osteo
Move
Extra
Strength
Joint
Care**
120 tablets

\$33.75

reg. \$44.95



**Lily Of The
Desert
Organic
Aloe Vera
Juice**
Inner Fillet
32 fl oz

\$7.99

reg. \$9.99



Experience The Vital Choice Difference

natural Factors

25% OFF



25% OFF

Final Savings in Cart



regenerLife
SLEEP BETTER
with Melatonin 10 mg
5 mg Quick Release
with L-Theanine, 5-HTP
& Botanicals
60 Softgels



natural
Factors PQQ-10
PQQ 20 mg
Coenzyme Q10 200 mg
Supports Mitochondrial Function
30 Softgels



natural
Factors Coenzyme Q10
ALL-NATURAL FORM
200 mg
30 Softgels



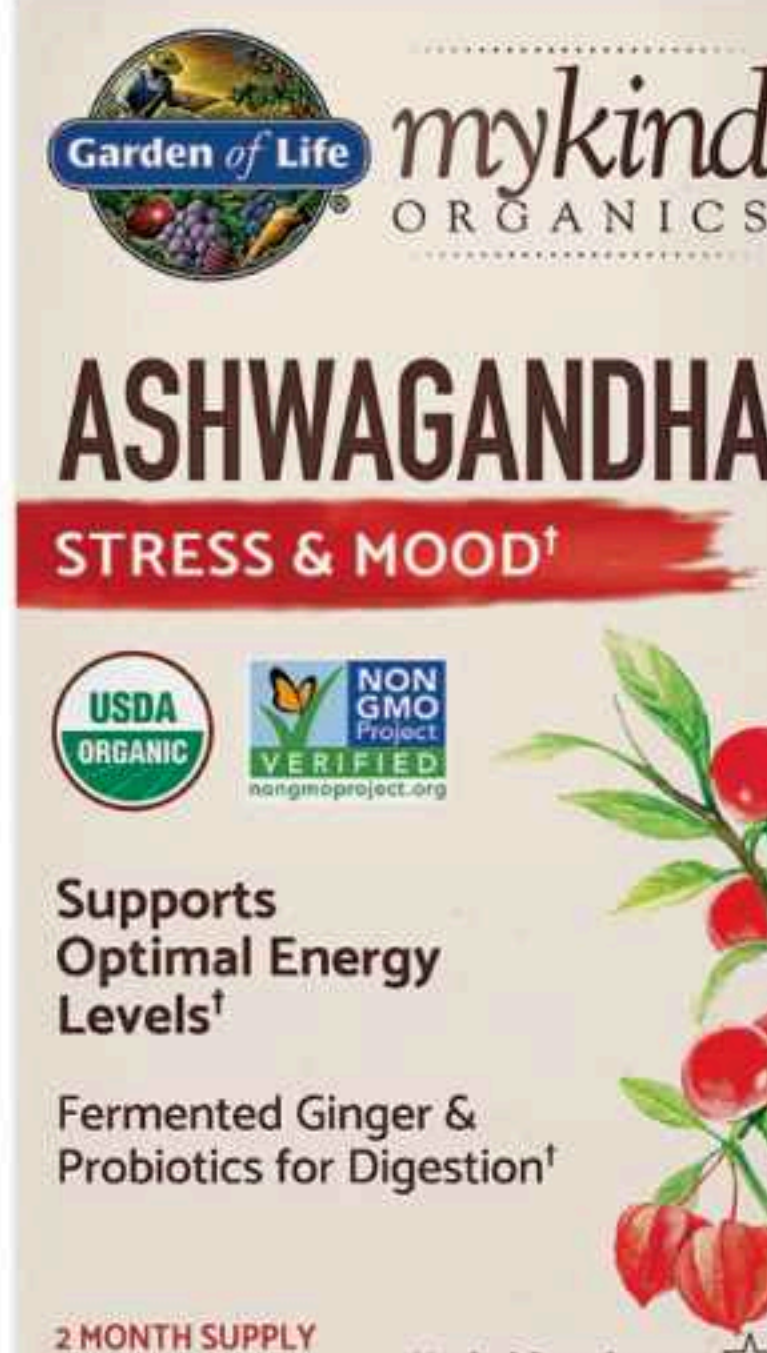
regenerLife
NMN SURGE
Extra Strength
500 mg
NAD+ Boost
Healthy Aging & Energy Support
30 Softgels



natural
Factors Vitamin D3 & K2
25 mcg (1000 IU) & 120 mcg
60 Softgels



natural
Factors Oil of Oregano
minimum 80% CARVACROL
180 mg - 30 Softgels



ASHWAGANDHA
STRESS & MOOD[†]

USDA ORGANIC NON-GMO PROJECT VERIFIED

Supports Optimal Energy Levels[†]
Fermented Ginger & Probiotics for Digestion[†]

2 MONTH SUPPLY
60 Vegan Tablets

Garden of Life Organic Ashwagandha
60 tablets

\$19.89
reg. \$21.35



Vital Choice Advanced Stress Support
60 capsules

\$27.09
reg. \$29.99



Ancient Nutrition Active Peptides Cortisol
60 capsules

\$34.99
reg. \$43.49



SLEEP RELIEF[†]
Fall Asleep, Stay Asleep
Calms Restless Sleep

SleepCalm[™] MELTAWAY TABLETS
HOMEOPATHIC MEDICINE

Plant-Based Actives
No Daytime Grogginess

BOIRON[®]
World Leader in Homeopathic Medicines

60 MELTAWAY TABLETS Unflavored

Boiron SleepCalm Meltaway Tablets
60 tablets

\$10.65
reg. \$13.29

Natural Factors Magnesium Bisglycinate
4.2 oz

\$14.99
reg. \$17.79



Vital Choice Kids Calm Chewable
Mixed Fruit
30 tablets

\$10.49
MSRP \$13.95



Nordic Naturals Joint Support + Omega-3
for dogs
30 soft chews



Vital Planet Calm for Dogs
45 soft chews



Vital Planet Flora Dog Probiotic
30 soft chews



Nordic Naturals Omega-3 CAT
2 fl oz

\$22.49
reg. \$29.95

\$24.75
reg. \$29.69

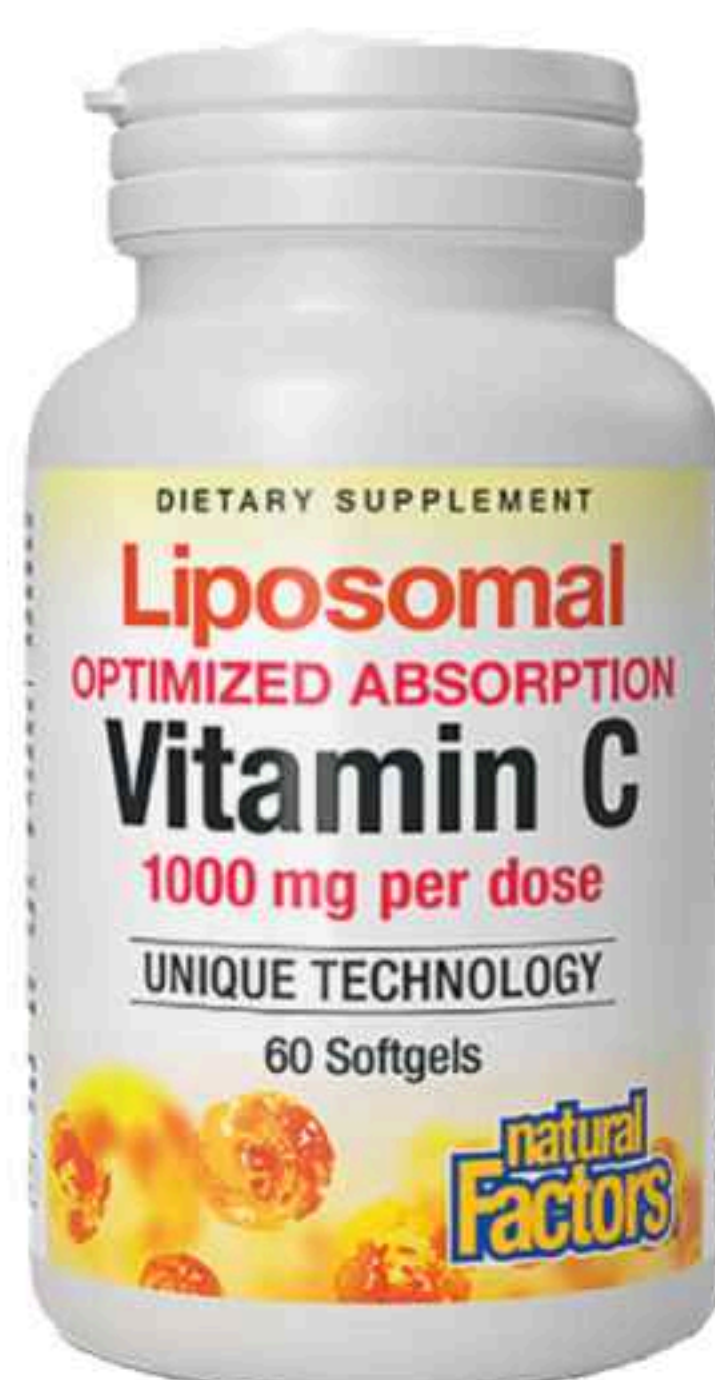
\$24.75
reg. \$29.69

\$13.49
reg. \$17.95

Salus
Floradix® Iron
+ Herbs
 8.5 fl oz



\$22.79
 reg. \$28.49



Natural Factors
Liposomal
Vitamin C
 60 softgels
\$14.99
 reg. \$19.95



Vital Choice
Turmeric
Liquid Caps
 120 capsules
\$31.99
 reg. \$37.65



Solgar
Methyl B12
5000mcg
 60 nuggets
\$20.99
 reg. \$24.59



Vital Choice
Mullein Leaf
330mg
 Wildcrafted
 90 capsules
\$9.49
 reg. \$9.99



Vital Choice
Saw
Palmetto
 60 capsules
\$18.45
 reg. \$21.69

Nordic Naturals
Vitamin D3 +
K2 Gummies
 60 gummies
\$18.75
 reg. \$24.95



MegaFood
Turmeric
Curcumin
Whole Body
 60 tablets
\$23.99
 reg. \$28.25



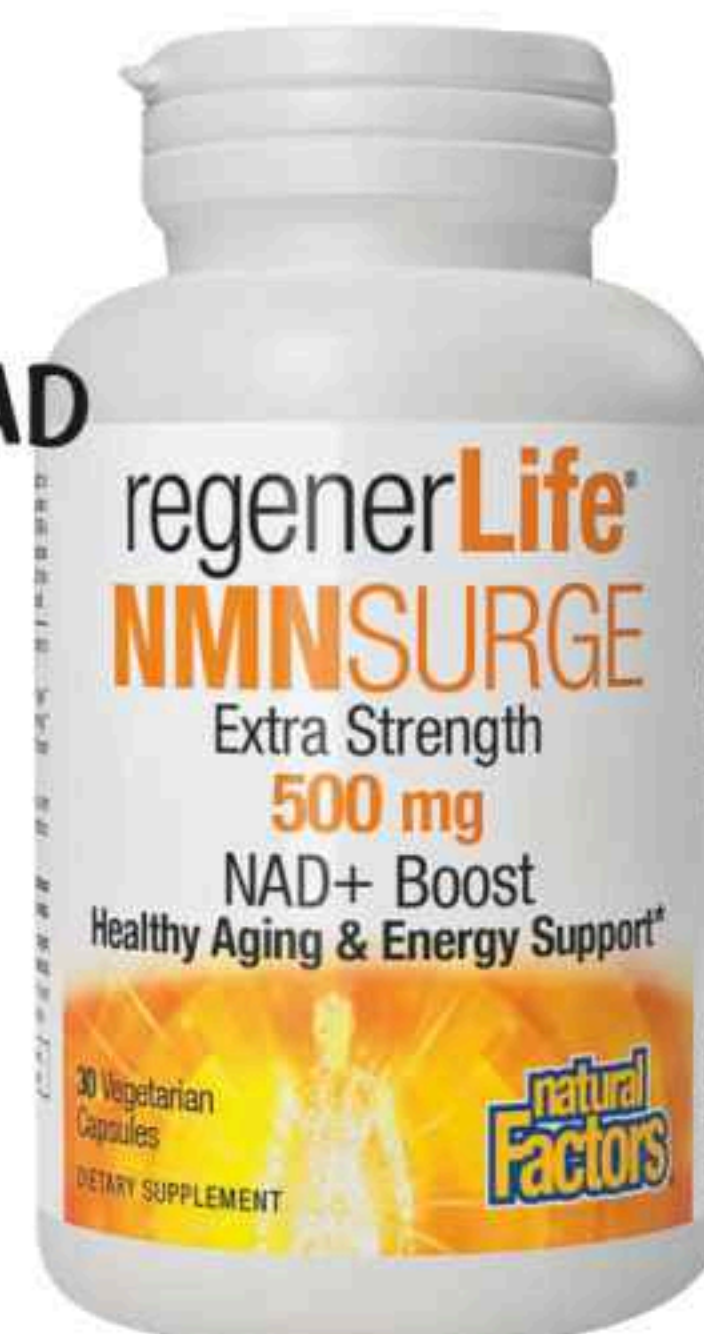
Solgar
Collagen
Hyaluronic
Acid
Complex
 30 tablets
\$17.99
 reg. \$21.09



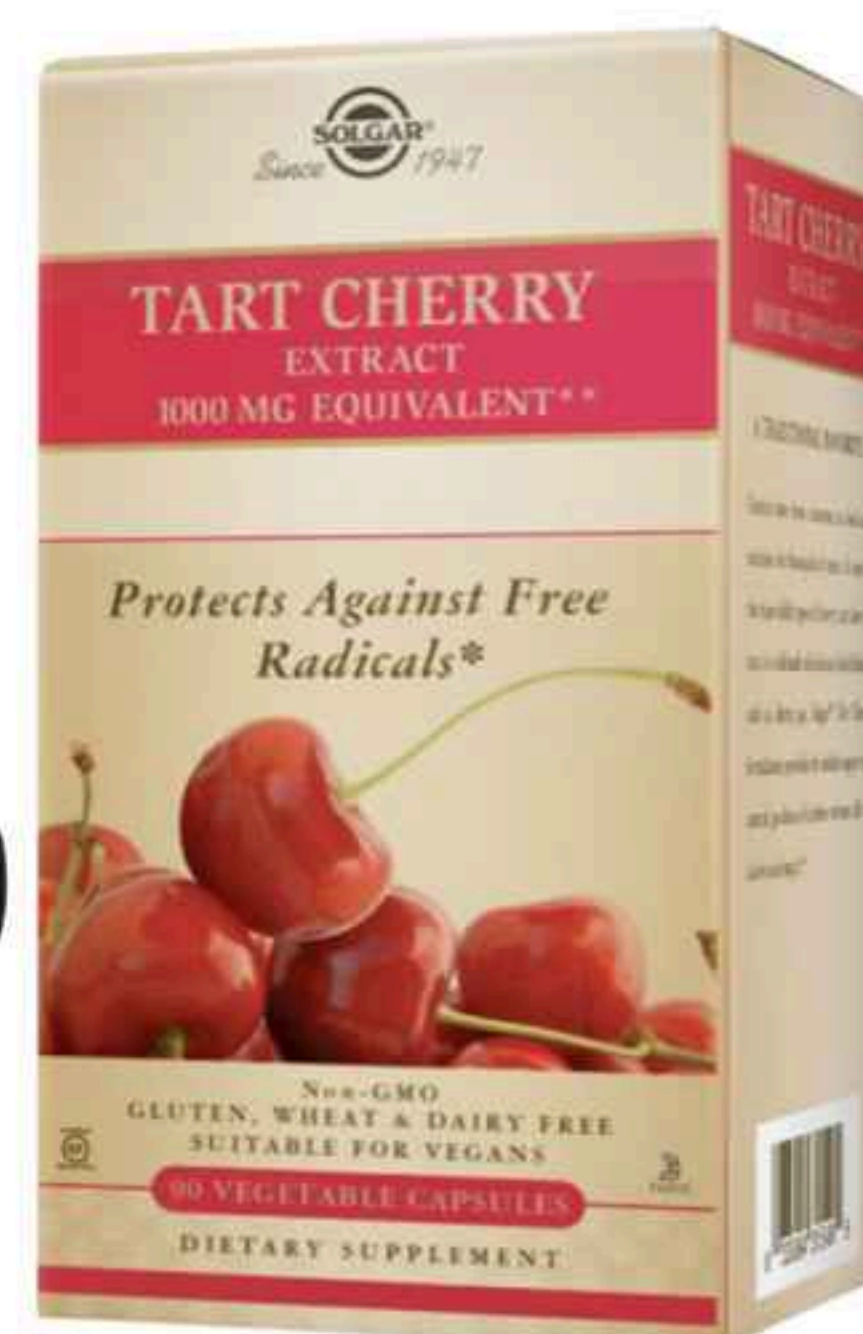
Sovereign Silver
Bio-Active
Silver
 Fine Mist Spray
 2 fl oz
\$13.59
 reg. \$15.99



Natural Factors
NMNSurge NAD
+ Boost
 500mg
 30 capsules
\$31.49
 reg. \$37.99



Solgar
Tart Cherry
 1000 mg
 90 capsules
\$25.49
 reg. \$29.85



Bath & Body • Grocery • Sports Nutrition • Supplements

25% OFF

All Solgar supplements



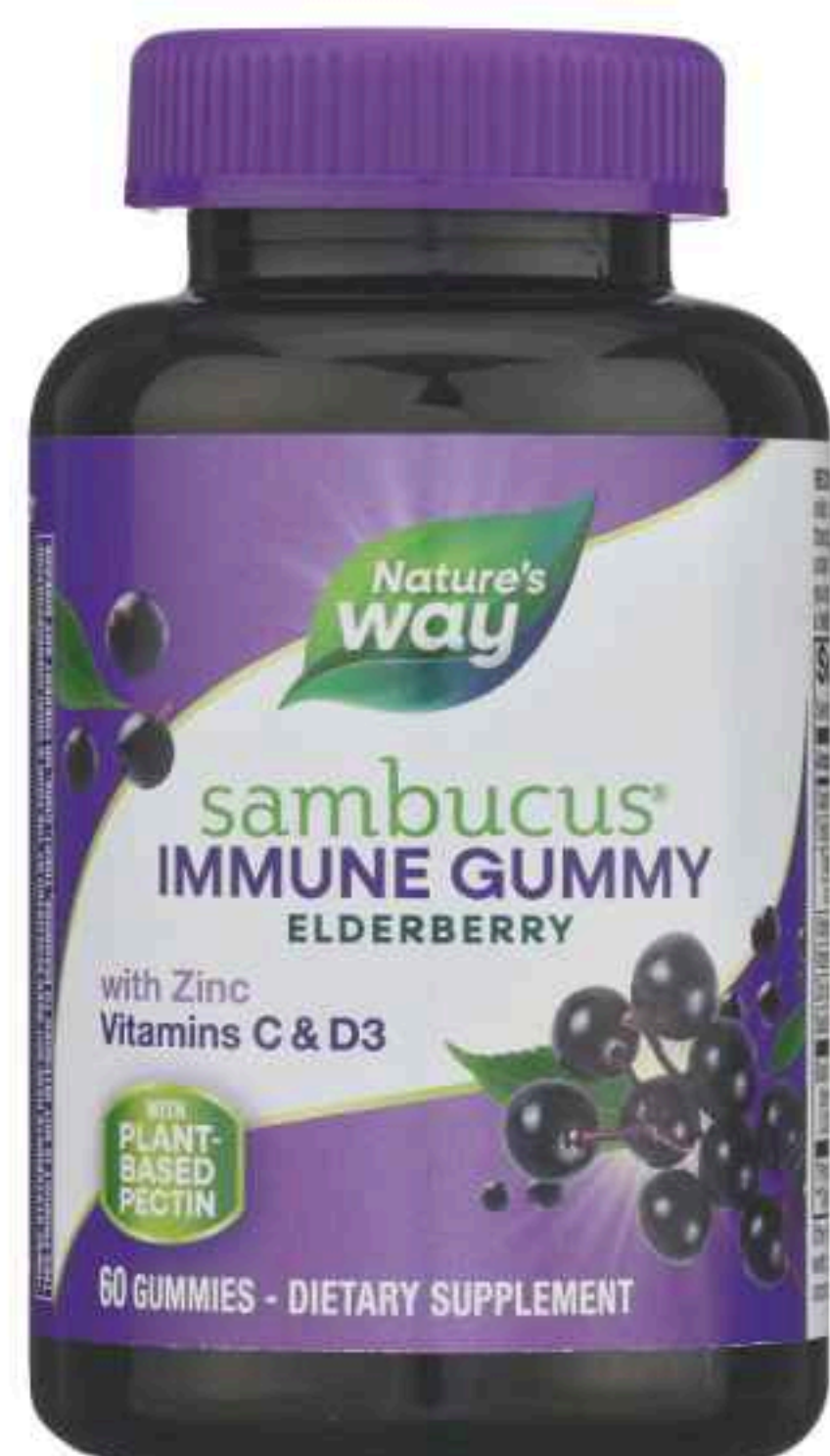
25% OFF

All Nordic Naturals Supplements

NORDIC NATURALS®



All discounts taken off MSRP



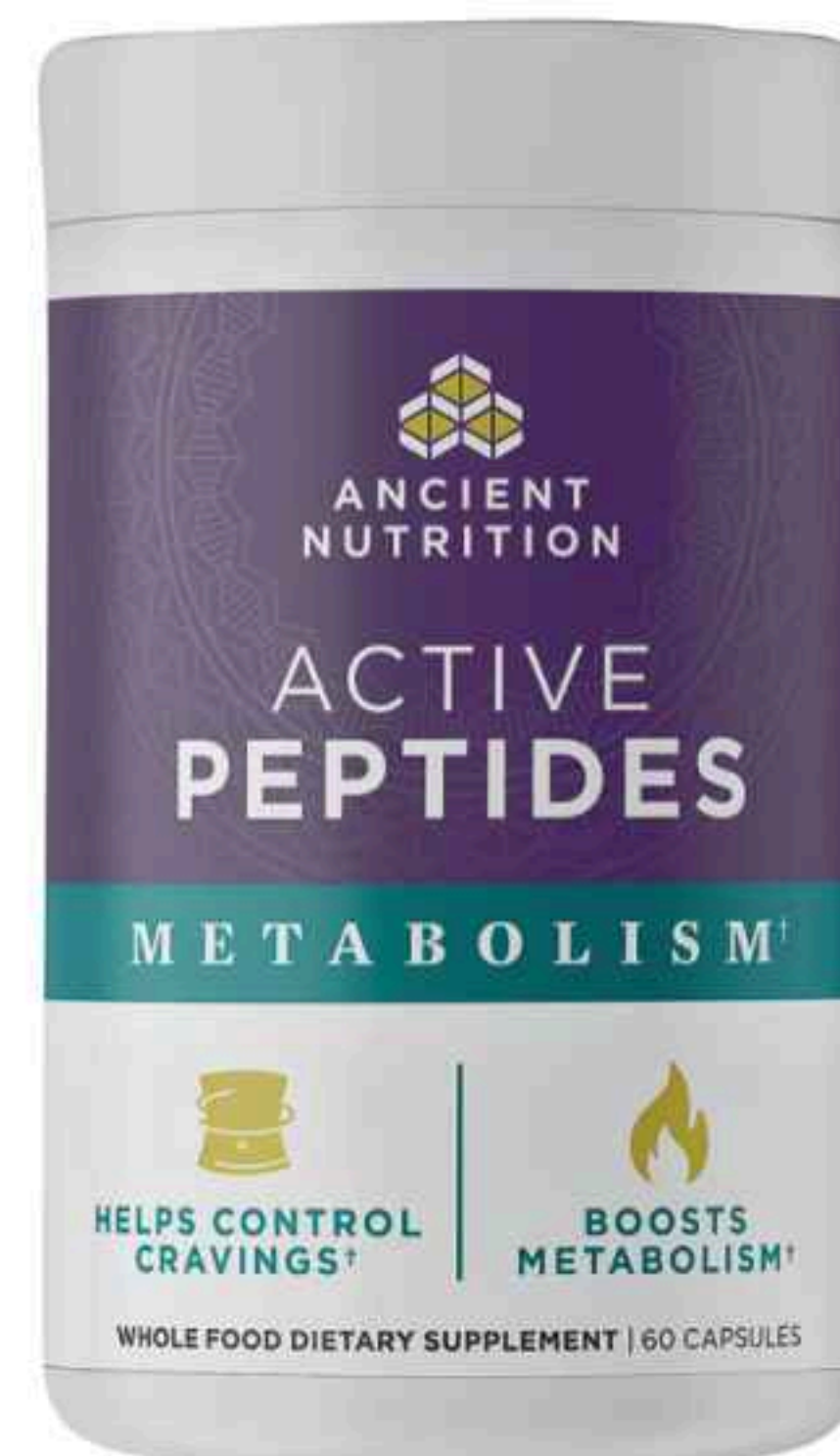
**Nature's Way
Elderberry
Immune
Gummies**
Sambucus
60 gummies

\$17.85
reg. \$20.65



**Vital Choice
Organic
Black Cumin
Seed Oil**
Cold-Pressed
8 fl oz

\$27.55
reg. \$32.39



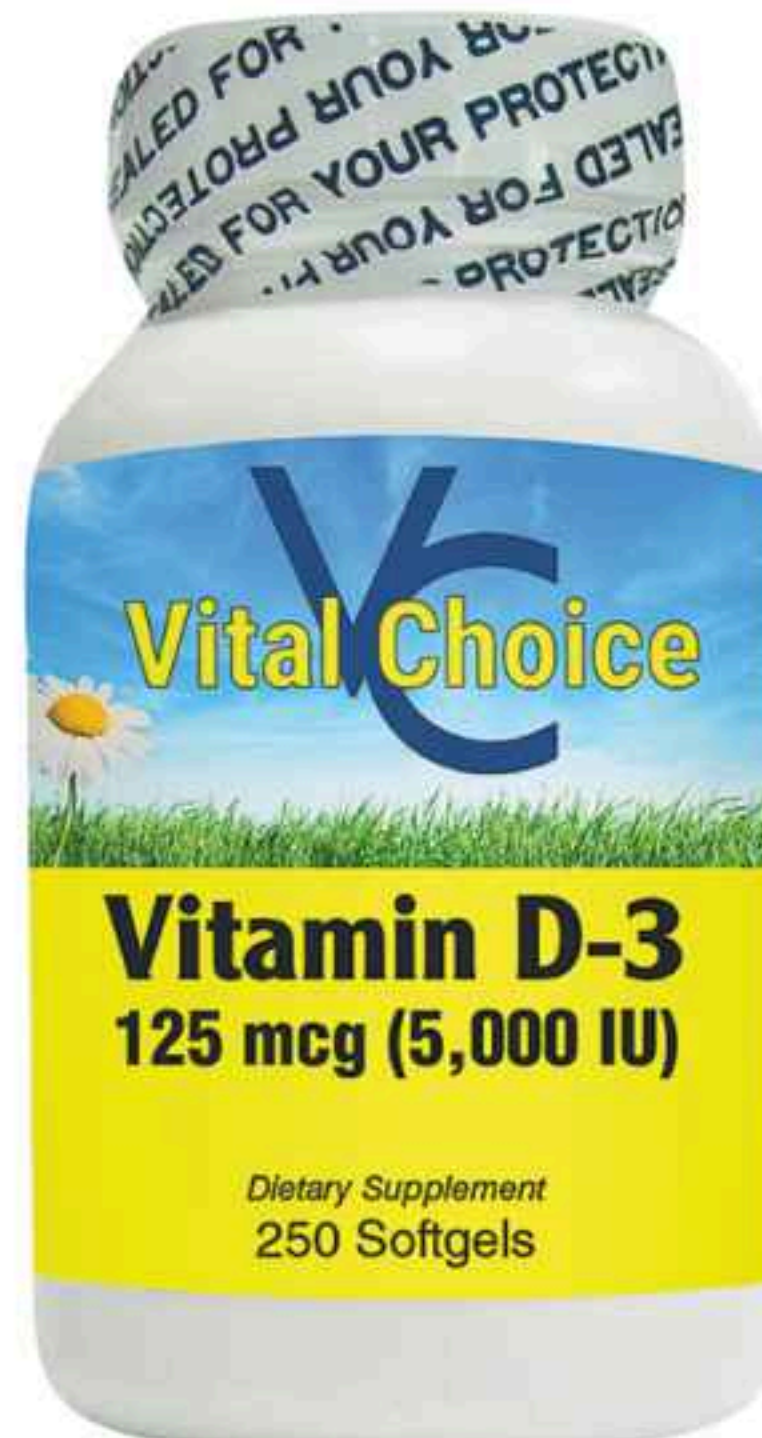
**Ancient Nutrition
Active
Peptides
Metabolism**
60 capsules

\$41.99
reg. \$51.99



**Host Defense
Mushrooms
MyCommunity**
12 Species Blend
60 capsules

\$30.75
reg. \$39.95



**Vital Choice
Vitamin D-3**
125mcg
(5,000 IU)
250 softgels

\$24.29
reg. \$29.49



**Vital Choice
Moringa**
90 capsules

\$10.15
reg. \$11.99



**Vital Choice
Mullein
Liquid Extract**
1 fl oz

\$9.89
reg. \$10.89



**Garden of Life
Organic
Elderberry
Immune
Gummy**
120 gummies

\$24.69
reg. \$28.95

**Nordic Naturals
Omega Curcumin**
60 softgels

\$38.99
reg. \$47.79



Emerald Labs®
The Additive-Free Company®

Science-Backed Nutrition for a Healthier You

25% OFF
ALL EMERALD LABS PRODUCTS

Pure Ingredients. Thoughtful Formulas. Real Results.

20% OFF | **TRUVANI®**
PLANT-BASED PROTEIN

*excludes Pumpkin Spice seasonal flavor

Vital Choice
Saccharomyces Boulardii

5 billion
90 capsules

\$24.69
reg. \$29.89



Natural Factors
Oil of Oregano

1 fl oz

\$14.99
reg. \$19.99



Vital Choice
Advanced Gut Care

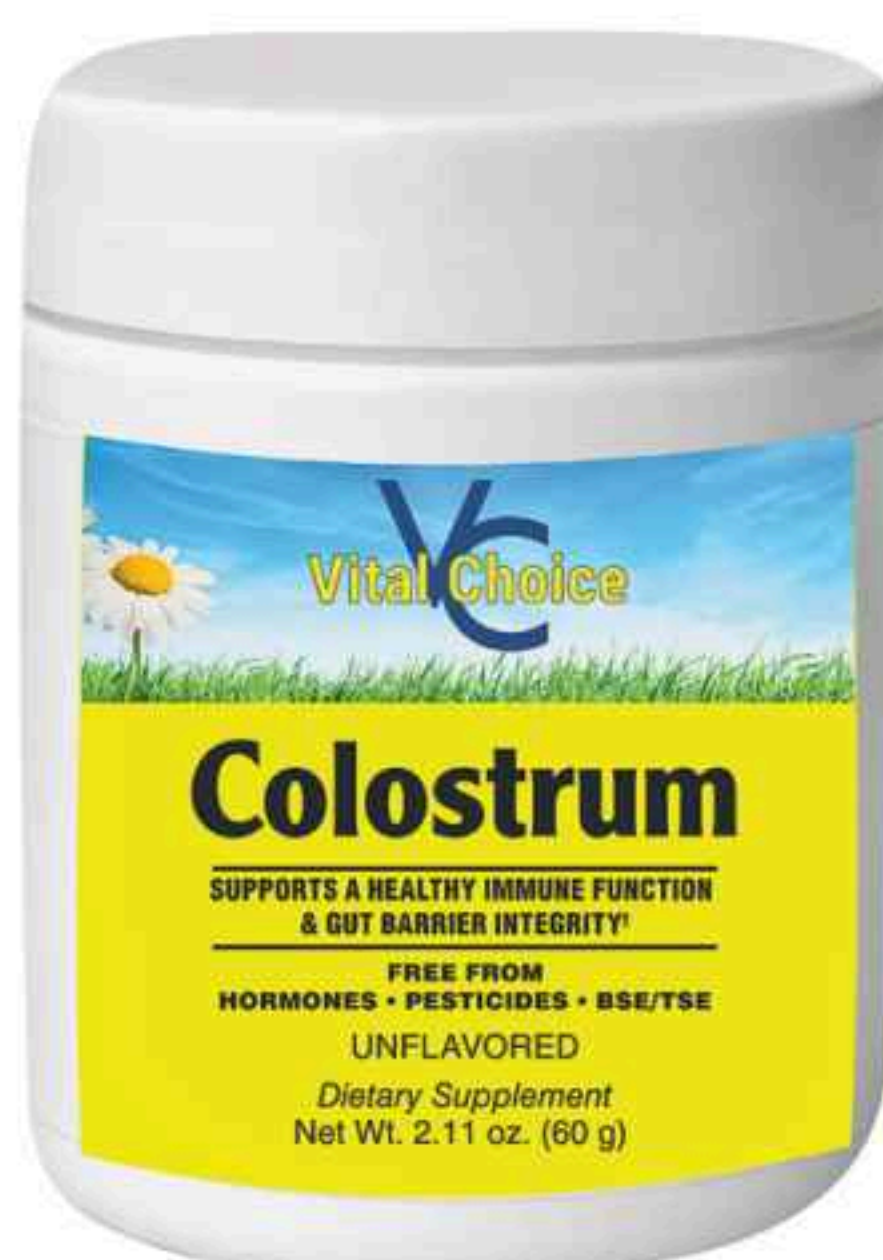
15 servings

\$24.45
reg. \$28.39

Vital Planet
Intense Care Bowel + Diarrhea Probiotic

30 caps

\$41.25
MSRP \$54.99



Vital Choice
Colostrum Powder

Unflavored
60 grams

\$26.25
reg. \$29.89



Ancient Nutrition
SBO Probiotics Gut Restore

60 capsules

\$37.49
reg. \$43.49



Vital Planet
Fiber 35

192 grams

\$24.75
reg. \$29.69



Vital Choice
Parasite Liquid Extract

2 fl oz

\$18.99
reg. \$21.49



Vital Planet
Vital Lax

Natural Laxative
100 capsules

\$26.25
reg. \$31.49



Protect Your Skin from Within

by Mike Ventresca • co-founder, Vital Choice

Fall can be a real eye-opener when it comes to your skin health. As the cooler weather and drier air take hold, fine lines can suddenly appear more noticeable than they were just a few weeks before.

The first thing most of us do is reach for topical products like moisturizers and serums, and for good reason. Many of these products have been shown to support the skin from the outside in. But it may surprise you to learn that research shows you can also support your skin from the inside out. In fact, research shows one special nutrient can increase skin hydration and elasticity, help protect against collagen breakdown, and reduce the appearance of fine lines like crow's feet. Even more surprising is you've likely already consumed it.

Astaxanthin is a naturally occurring reddish carotenoid produced by certain algae. While you may not have heard of it before, you've almost certainly consumed it as it's what gives wild salmon and shrimp their natural pink color. So how can it help your skin?

Research shows that astaxanthin can support the skin in several ways. It helps neutralize the free radicals produced from UV light exposure, a major contributor to skin aging.

Next, astaxanthin appears to reduce the activity of collagen-degrading enzymes. In addition, studies show it can improve skin hydration and elasticity, helping your skin hold on to moisture while staying firmer and more flexible.

In one randomized, double-blind study, adults taking 6mg daily for six weeks showed improvements in crow's-feet measurements, elasticity, and skin hydration.

The bottom line is astaxanthin is not just making the skin appear healthier today; it's working to slow some of the processes that make skin look older tomorrow.

New Chapter's **Skin Barrier Boost** provides the clinically effective dose of 6 mg of astaxanthin, matching the dose used in one of the key six-week clinical studies. It also includes vitamins A, C, and E, zinc, and a complementary collagen and konjac blend.

Interested in supporting your skin from the inside out? Stop in and talk with us about whether Skin Barrier Boost makes sense for you.

This information is not intended to diagnose, treat, cure or prevent any disease.

 **NEW CHAPTER®**

Reduce visible fine lines in 6 weeks

with clinical-strength astaxanthin*



Nourishes your skin barrier*



Maintains skin hydration*



Enhances skin appearance*



Protects skin from within*

Adults, take 1 capsule daily.



Truani
Plant
Based
Protein
Powder
Chocolate
Strawberry
20 servings



\$43.99

reg. \$49.95

Garden of Life
Clear
Whey
Protein
Powder
Lemon Frost
435 grams



\$32.49

reg. \$42.49

Ancient
Nutrition
Multi
Collagen
Protein
Powder
Unsweetened
& Unflavored
16 oz



\$37.49

reg. \$43.49

Ancient
Nutrition
Multi
Collagen
Protein
Powder
Strawberry
Lemonade
513 grams



\$37.49

reg. \$43.49

Van's International Foods
Gluten Free Blueberry
Waffles
9 oz

\$3.99

reg. \$5.59



Food For Life
Organic Ezekiel 4:9
Cinnamon Raisin Bread
24 oz

\$8.09

reg. \$11.19



Sunfood
Raw Organic Brazil
Nuts
8 oz

\$15.59

reg. \$18.89



Annie's Homegrown
Organic Cheddar
Bunnies
7.5 oz

\$3.79

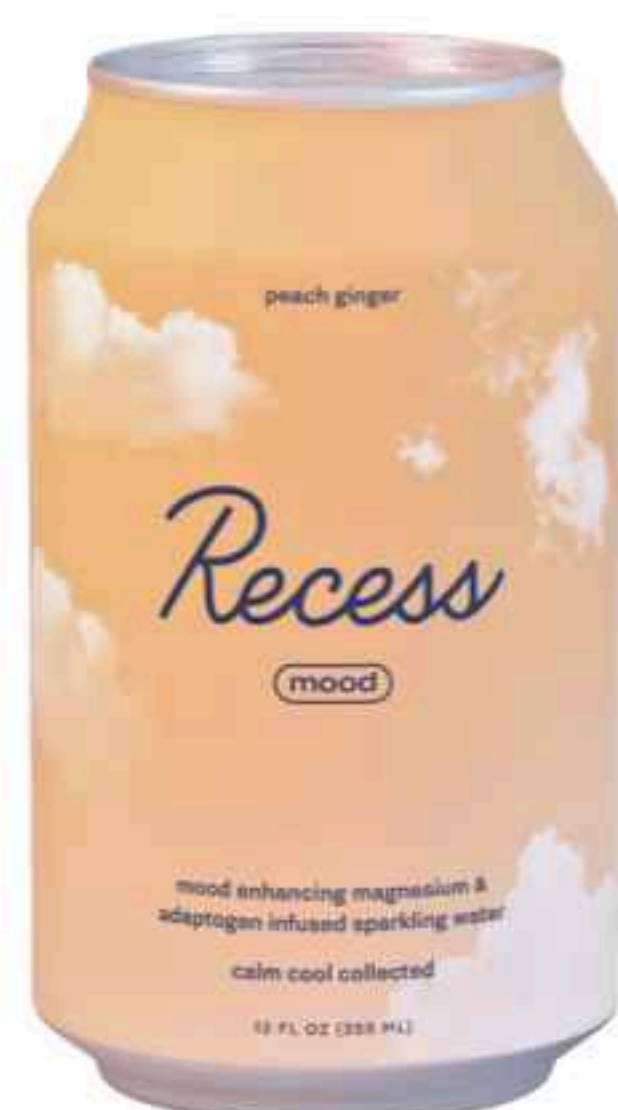
reg. \$6.89



Recess
Mood Sparkling Water
Peach Ginger
12 fl oz

\$3.49

reg. \$3.69



Steaz
Organic Iced Green Tea
Blueberry Pomegranate
16 fl oz

\$1.69

reg. \$3.19



Beetology
Wonder Beet
Organic Beet + Veggie Juice
8.45 fl oz

\$3.85

reg. \$4.89



Fruit Bliss
Organic Tart Cherries
5 oz

\$6.55

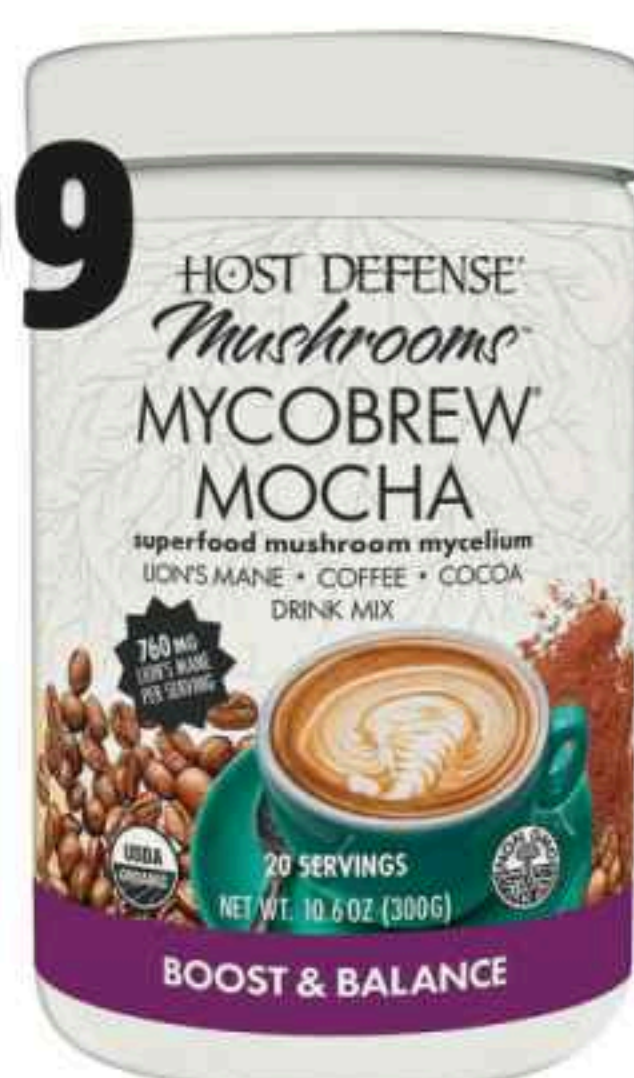
reg. \$7.49



Host Defense Mushrooms
MycoBrew Mocha
300 grams

\$23.99

reg. \$28.99



Traditional Medicinals
100% Organic Roasted
Dandelion Root Tea
16 bags

\$6.79

reg. \$6.89



Traditional Medicinals
Organic Throat
Coat Herb Tea
16 bags

\$6.79

reg. \$6.89



Traditional Medicinals
100% Organic Tea
Chamomile Lavender
16 bags

\$6.79

reg. \$6.89



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Join Vital Choice Rewards In Store for Exclusive Member Savings



**Desert Essence
Tea Tree Oil
& Neem
Toothpaste**
Wintergreen
6.25 oz

\$6.79
reg. \$7.99



**Desert Essence
Whitening
Plus
Toothpaste**
Cool Mint
6.25 oz

\$6.79
reg. \$7.99



**Vital Choice
Peppermint
Essential
Oil**
1 fl oz

\$10.99
reg. \$11.89



**Vital Choice
Organic
Rosemary
Essential
Oil**
1 fl oz

\$14.25
reg. \$14.99



**Desert Essence
Tea Tree Oil
Mouthwash**
Spearmint
16 fl oz

\$8.75
reg. \$10.29



**Life Flo
Magnesium
Lotion**
Vanilla
8 oz

\$11.89
reg. \$12.79



**Mill Creek
Aloe Vera
Shampoo**
14 oz

\$9.75
reg. \$11.99



**Giovanni Hair
Care Products
L.A. Hold
Hair Spray**
5 fl oz

\$9.55
reg. \$10.99



**Wally's Natural
Products
Ear Candles**
Paraffin
2 pack

\$6.25
reg. \$7.69



**Crystal
Mineral
Deodorant
Roll-On**
Unscented
2.25 oz

\$5.69
reg. \$6.19



**Lily Of The
Desert
Aloe Vera
Gelly**
4 oz

\$4.25
reg. \$5.29



**Desert Essence
Tea Tree Bar Soap**
5 oz

\$5.35
reg. \$6.29



Vital Choice Health Store

9243 W Sprague Road • North Royalton • 440-885-9505

M-F 10am-7pm • Sat. 10am-6pm • Sun. 11am-4pm

*"You deserve more than a shelf full of choices.
You deserve the guidance to find what's right for you."*

-Mike Ventresca, co-founder

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, CURE OR TREAT ANY DISEASE.
SOME ITEMS MAY NOT BE AVAILABLE. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.