

# ELEV8ED FITNESS

## 1-HR CHARITY WORKOUT

We're beyond excited to announce our upcoming charity workout – a powerful event dedicated to raising funds for Ronald McDonald House, supporting families with seriously ill children.

As part of the grand finale to our 8-week challenge Bootcamp, we're hosting a 1-hour workout at the iconic Jezzine Barracks Parade Grounds and it's open to all ages and fitness levels.

Come sweat for a cause, move with purpose and help us make a real impact for families in need. Let's show up strong together!

DATE:  
6TH OF SEPTEMBER

BENEFITING



RMHC®  
North Australia

### RONALD MCDONALD HOUSE QLD

Fun team workouts!

All ages encouraged

Yummy BBQ Brekky

100% raised donated



Location:

**JEZZINE BARRACKS  
PARADE GROUNDS**

**STARTS 6:30AM FOR A  
7AM START! COME  
ON DOWN & SUPPORT A  
WORTHY CAUSE ❤️**

BSB – 654 000  
Acc – 64121879  
Reference: Elev8ed  
Townsville



**More Information**

[www.elev8edfitness.com.au](http://www.elev8edfitness.com.au)