SKILL TRACKING WRITE-UPS

🔴 RED (Parent & Child)
We are learning how to move safely through the gym with our grown-ups! Students will practice safe landing positions, taking turns, walking with their class, and climbing up and down safely while exploring the gym.

🟢 GREEN (3 Years)
We are practicing important gym safety skills! Students will learn the vaulting positions Squat-On and Straddle-On and practice jumping to a safe landing position. We'll also work on walking on the "sidewalk," taking turns, going one at a time on the trampoline, and jumping feet first into the block pit.

🟡 YELLOW (4–5 Years)
We are building safe and independent gym habits! Students will practice the vaulting positions Squat-On and Straddle-On, focusing on jumping to a safe, controlled landing position. We'll also reinforce following the "sidewalk," taking turns, using the trampoline one at a time, and jumping feet first into the block pit.

* = Introduced (student was present for SOF)
** = Practicing (student tried doing SOF)
*** = Confident (student can do SOF easily)