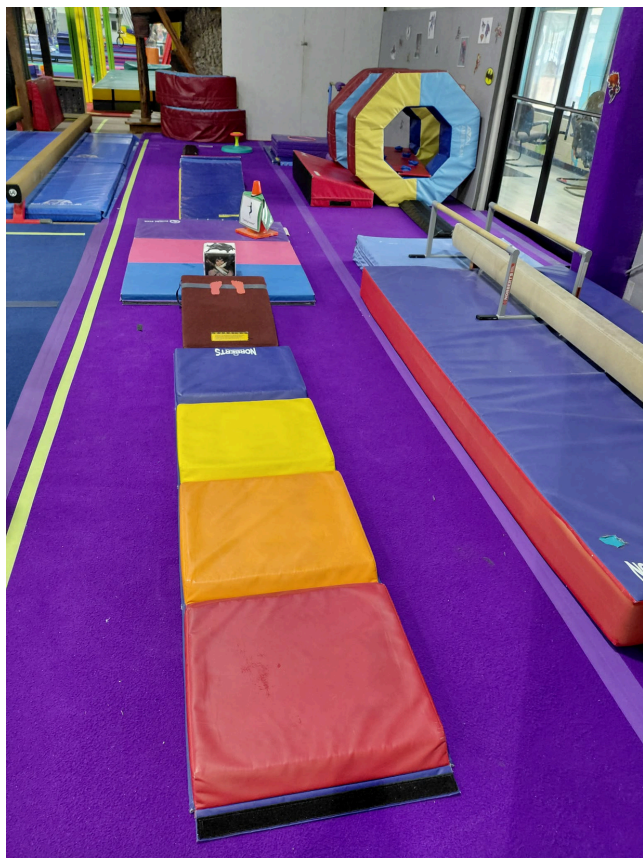


PURPLE FLOOR

SOF Backwards + Superheroes



- Run across colors, jump off springboard to SUPERHERO pose
- Roll up the wedge, then down the wedge
- Walk BACKWARDS on floor beam
- Jump to front support, cast and jump off BACKWARDS into hoop
- Crawl through tunnels
- Walk or crawl BACKWARDS on beam or p-bars, then walk BACKWARDS on beam to end (with SPOT if needed)