SKILL TRACKING WRITE-UPS - MOUNTS & DISMOUNTS TOM THE TURKEY

🔴 RED (Parent & Child)
Our little RED class turkeys will practice mounting (getting onto) and dismounting (getting off) gymnastics equipment safely. We'll focus on coordination, body awareness, and safe two-foot landings! We'll celebrate our landings with a big "Gobble, Gobble!" instead of our usual "Ta-Da!"

🟢 GREEN (3 Years)
Our GREEN class turkeys will practice mounts (getting onto equipment) and dismounts (getting off equipment) with increasing independence. We'll build balance, coordination, and confidence while practicing safe landings with bent knees. We'll celebrate our landings with a big "Gobble, Gobble!" instead of our usual "Ta-Da!"

🟡 YELLOW (4–5 Years)
Our YELLOW class turkeys will practice mounts (getting onto equipment), including squat-on and straddle-on techniques, and dismounts (getting off equipment) with control. We'll focus on proper technique, balance, and sticking our landings! We'll celebrate our landings with a big "Gobble, Gobble!" instead of our usual "Ta-Da!"

* = Introduced (student was present for SOF)
** = Practicing (student tried doing SOF)
*** = Confident (student can do SOF easily)