

CLASS GOALS

MPG Skill of Focus: Gym Safety & Landings

CLASS GOALS

🔴 ***RED (Parent & Child)***

- *Practice safe landing positions with support*
- *Walk safely with the class and grown-ups*
- *Begin learning to take turns*
- *One at a time on the trampoline*
- *Jump feet first into the block pit*

🟢 ***GREEN***

- *Practice safe, balanced landing positions*
- *Follow the class line and stay on the “sidewalk”*
- *Practice waiting and taking turns*
- *One at a time on the trampoline*
- *Jump feet first into the block pit*

🟡 ***YELLOW***

- *Demonstrate safe, controlled landing positions*
- *Walk independently with the class on the “sidewalk”*
- *Show good turn-taking and waiting skills*
- *Follow the one-at-a-time trampoline rule*
- *Jump feet first into the block pit*