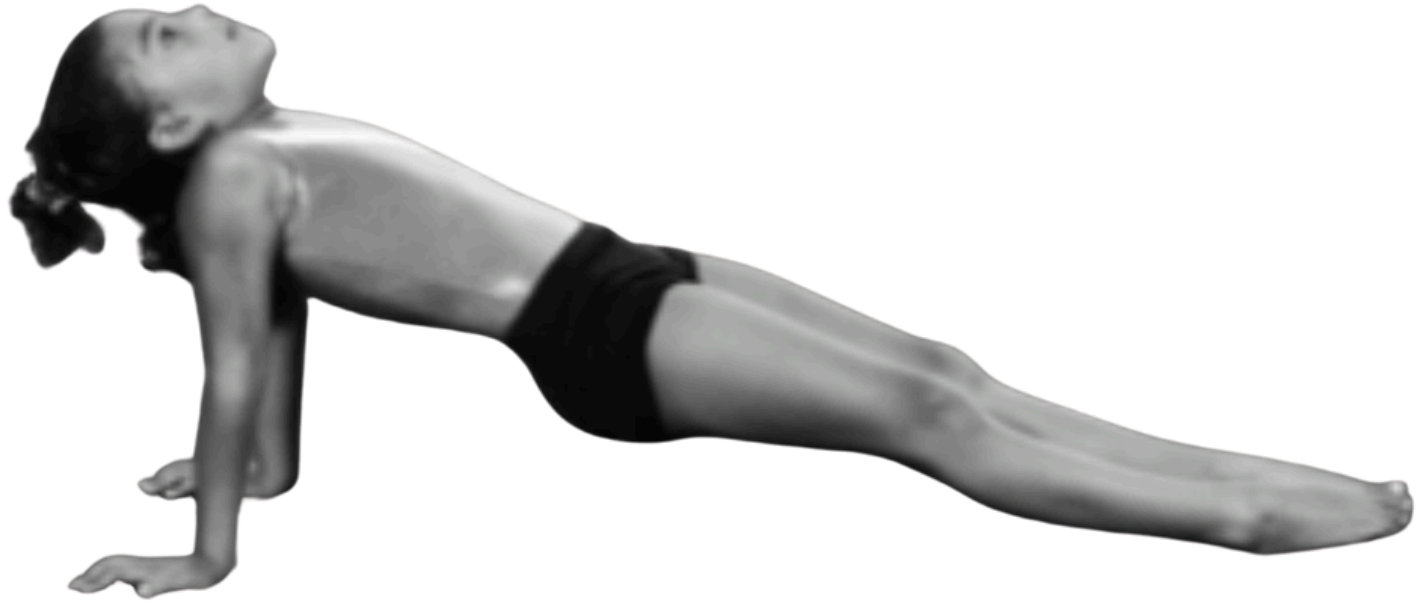




SLIDE POSITION



FRONT SUPPORT



UPSIDE-DOWN SLIDE POSITION



STRAIGHT HANG



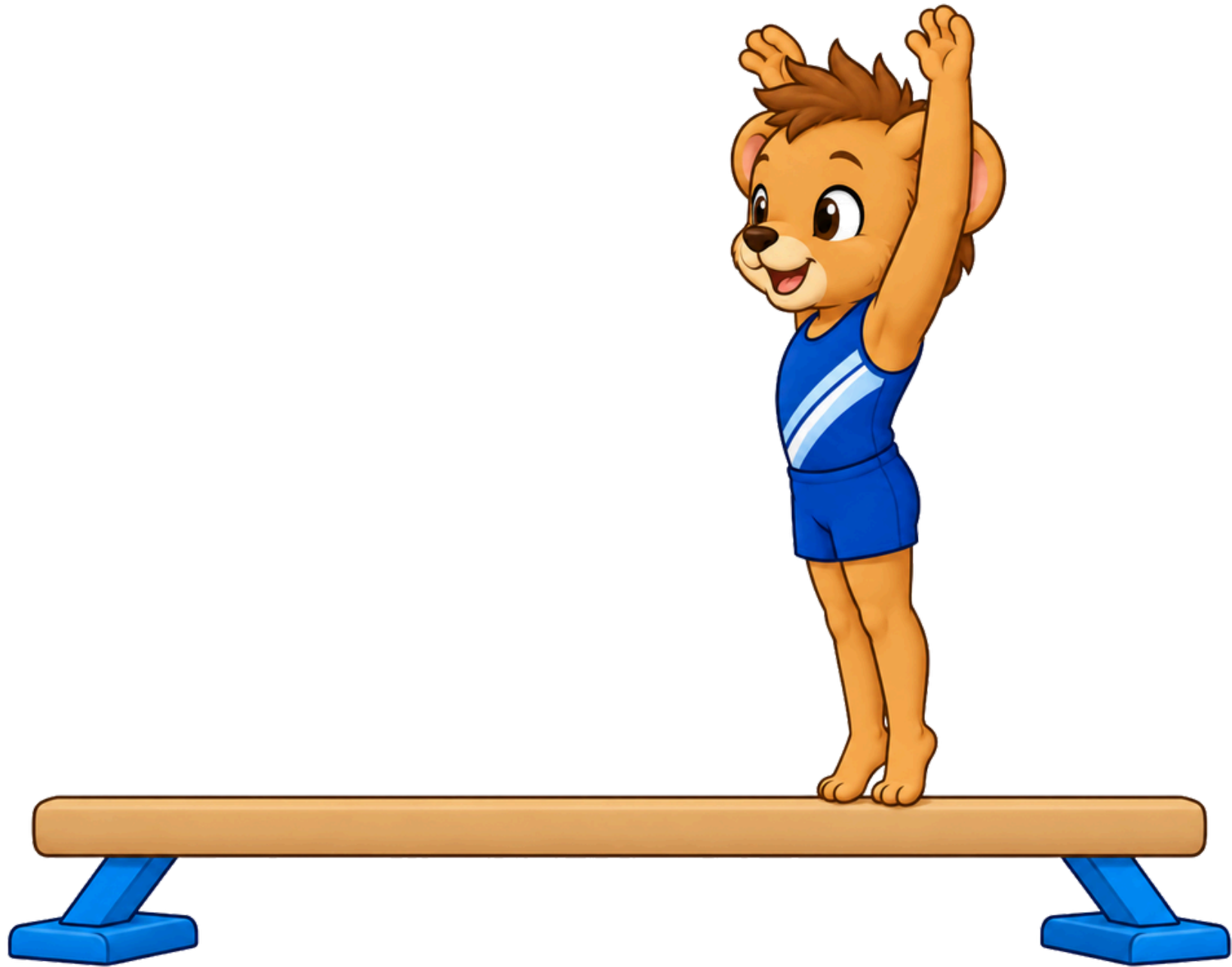
“Arch Position”



1 Leg Handstand Hold



Kick Steps



TIP-TOE (RELEVÉ) WALK