



2025 SoFlo Last Chance and Holiday Classic

November 21-22, 2025

Academic Village Pool, Pembroke Pines, Florida

Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.
Sanction No: **FG242532512103**

Hosted by: South Florida Aquatic Club and Comets Swim Team Booster Club

Location: **Academic Village Swimming Pool.** 17191 Sheridan Street, Pembroke Pines, FL. Enter from 172nd and free parking is located at the West end of the swimming pool.

Directions: **Coming from the North:** Take I-595 West to I-75 South. Take the Sheridan Street WEST Exit 11B. Drive about 1 mile, and make a right at 172nd Ave. Academic Village is on the RIGHT hand side. **(2nd Entrance)**

Coming from the South: Take SR-826 South to I-75 North. Take the Sheridan Street WEST Exit 11B. Drive about 1 mile, and make a right at 172nd Ave. Academic Village is on the RIGHT hand side. **(2nd Entrance)**

Date & Time:

Date	Session		Warm-up	Meet Start
Friday Nov 21, 2025	1	Fri Prelims	4:00 pm	5:30 pm
Saturday Nov 22, 2025	2	Sat Prelims	7:00am	8:30am
Saturday Nov 22, 2025	3	Holiday Classic	TBA	TBA
Saturday Nov 22, 2025	4	Finals	4:00 pm	5:30 pm

Pool/Timing: 25 Yard x 50 meter heated outdoor pool with up to 18 short-course racing lanes with separate warm-up and swim-down lanes available. Minimum water depth in accordance with Article 103.2.3 at the start end of pool varies from 4'0" to 8'6 depending upon lane assignment. Colorado Timing Systems® electronic timing system with touch pads will be used for this meet. The meet host will ensure the required racing course dimensions.

Format:

Events 400 yards and longer and all events in session 3 will be timed finals. All other events are also timed finals events but will be conducted as modified preliminaries and finals as follows:

- Events in sessions 1 and 2 are prelims and events in session 4 are finals.
- Swimmers will not be automatically advanced from prelims to finals based on their prelims results. They must instead enter the finals events of their choice by the entry deadline in the same manner that they enter prelims events.
- Swimmers may not enter an event in finals without also entering the corresponding distance/stroke event in prelims. Any such entry will be scratched by meet management.
- Times achieved in prelims events will be used to seed the corresponding stroke/distance event in the finals session.
- Swimmers who are scratches, or no-shows, or are disqualified and therefore do not achieve a legal time in a prelims session event **will not** be seeded into the corresponding stroke/distance event in the finals session.
- Results in finals will be separated by the following age groups: 10&U, 11-12, 13-14, 15&O. Results in prelims will not be separated by age groups.

Breaks between events may be inserted at Meet Director and Meet Referee discretion.

Eligibility:

Open to all current 2025 USA swimming registered athletes representing a Florida Gold Coast Swimming registered club, or training with a Florida Gold Coast Swimming registered club and swimming unattached.

No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming as provided in Article 302.

Disability Athletes:

Any athlete with a disability will be accommodated in accordance with Article 105. Please contact the pool office ahead of time to allow for preparations - (954) 538-3721 / SoFloMeets@swim4SoFlo.com

Entry:

All entries must be received by **noon on Thursday Nov 13, 2025**

PLEASE enter electronically. NO MAILED entries accepted.

For electronic entries (CL or SDIF format only!): email entries to: Felix Gonzalez swimvirtualar@gmail.com

Confirmation of electronic entries will be sent via email.

NOTE: Swimmers without registration numbers or birth dates will not be entered. *
Entry Fees will be Double if not entered electronically.**

A swimmer may not be entered in any event in session 4 without also being entered in the corresponding distance/stroke event in session 1 or 2. Any such entry will be scratched by meet management.

Enter with yard times only. Coach estimate times are acceptable. Please avoid entering with NT if possible.

Entries will be capped at 400 athletes. Additionally, if timelines for sessions 1 or 2 reaches 3 hours or session 3 reaches 1 1/2 hours including the host team's entries, the meet will be considered full at that point and no further entries will be accepted.

Swimmers may not enter events in both sessions 3 (Holiday Classic) and 4 (finals) as doing so would violate USA Swimming rule 205.3.1(F). Any swimmer entering events in sessions 3 and 4 will be scratched from their event(s) in session 4 by the administrative referee.

Entry Fees: \$8.00 per individual event for prelims events in sessions 1 and 2.
Events in session 4 (finals) may be entered free of charge.

Individual events in session 3 (Holiday Classic) are free, but the athlete surcharge (below) applies. \$8.00 per relay event in session 3.

Athlete Surcharge: \$12.00 per swimmer.

***Entry fees are made payable to "SOFLO Swimming" (note: one check per team) If meet fees are paid by credit card there will be a 2% surcharge**

Deck Entries: **THE FGC DECK SEED POLICY WILL NOT BE IN EFFECT.** All entries must be received by the deadlines specified above.

Refunds: Once a team or individual entry has been received and processed, there will be no refunds in full or in part unless FG 1.17.v applies.

Entry Limit:	Session	Entry Limit
	Session 1 – Friday Prelims:	Three (3) events
	Session 2 – Saturday Prelims	Three (3) events
	Session 3 – Holiday Classic	Five (5) events
	Session 4 – Finals	Three (3) events
	All Saturday sessions	Six (6) events total

Over-entries will be scratched by the administrative referee at the scratch deadline for the over-entered event(s).

Seeding: Events less than 400 yards in sessions 1 and 2 will be circle-seeded. Events in session 4 will be seeded using times achieved in corresponding distance/stroke events in sessions 1 and 2 and will be super-seeded unless super-seeding results in an excessive number of empty lanes. The heat order will be fast to slow for all events.

Scratches: Scratches will be accepted until the deadlines listed below:

Session 1 events	6:00 pm Thursday November 20
Session 2 events	6:00 pm Friday November 21
Session 3 events	6:00 pm Friday November 21
Session 4 events	Conclusion of session 2

Scoring: The 400 IM and 500 freestyle and all events in session 4 (finals) will be scored with HyTek Age Groups Points.

Awards: Individual high point for each gender in the following age groups:
10&U, 11-12, 13-14, 15&O

Holiday Classic: ribbons 1st - 10th

Meet Director:

Head Referee: Jose Carrion Sessions 1,2&4 & Juan Vallmitjana

Admin Referee: Felix Gonzalez

Meet Committee: A meet committee may be created by the Meet Referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.

Admission: Admission - \$5.00 per session.
Heat Sheets will be available free of charge online at www.soflomeets.info/holidayclassic and on Meet Mobile. Printed Heat sheets will be available for coaches in the swim office.

Information: Call the SOFLO Swim Office at (954) 538-3721.

Order of Events

Session I – Friday November 21, 2025

Girls Odd Numbers - Boys Even Numbers

Session 1 – 5:30pm Start		EVENTS
1-2	Open	200 Free
3-4	Open	200 Fly
5-6	Open	50 Free
7-8	Open	200 Back
9-10	Open	100 Breast
11-12	Open	*400 IM

Session II – Saturday November 22, 2025

Girls Odd Numbers - Boys Even Numbers

Session 2 – 8:30am Start		EVENTS
13-14	Open	200 IM
15-16	Open	100 Free
17-18	Open	100 Fly
19-20	Open	200 Breast
21-22	Open	100 Back
23-24	Open	*500 Free

Session III – Saturday November 22, 2025

All events mixed

Session 2 – TBA Start		EVENTS
25	8 & U	25 Free
26	10 & U	50 Free
27	8 & U	25 Fly
28	10 & U	50 Fly
29	8 & U	25 Back
30	10 & U	50 Back
31	8 & U	25 Breast
32	10 & U	50 Breast
33	10 & U	100 IM
34	10 & U	100 Free Relay

Session IV – Saturday November 22, 2025
Girls Odd Numbers - Boys Even Numbers

Session 4 – 5:30pm Start		EVENTS
101-102	Open (Multiage)	200 Free
103-104	Open (Multiage)	200 Fly
105-106	Open (Multiage)	50 Free
107-108	Open (Multiage)	200 Back
109-110	Open (Multiage)	100 Breast
113-114	Open (Multiage)	200 IM
115-116	Open (Multiage)	100 Free
117-118	Open (Multiage)	100 Fly
119-120	Open (Multiage)	200 Breast
121-122	Open (Multiage)	100 ck

* 400 IM & 500 Free are timed finals events swam in the prelim sessions only

Rules:

Current USA Swimming Rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee will be in effect.

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.

Academic Village is staffed by Red Cross Certified Lifeguards who's training includes, but are not limited to, CPR, AED, First Aid, BVM (Bag Valve Mask) and Blood Borne Pathogen Training.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

Changing, in whole or in part, into or out of a swimsuit (excluding a drag suit) in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is prohibited.

Swimmers with a disability are welcome to enter this meet. The coach or entry chairperson must alert the meet director, as to the need for any special accommodations or seeding arrangements at the time the entry is submitted. Please contact the pool office ahead of time to allow for preparations.

The Florida Gold Coast Swimming CAMERA FREE ZONE policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authorized by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.

Unauthorized sale, advertisement and promotion of products and/or services at the location of the competition as well as its vicinities are not allowed without the written request and written approval of the meet host and meet director. All requests must be submitted to the meet director no later than 10 days prior to the first day of the competition. Failing to comply with such order will result in removal from the facility and/or immediate vicinity.