

Last Name: \_\_\_\_\_  
Training Group: \_\_\_\_\_

January 2022



## **Athlete Electronic Communication Best Practice Policies of South Florida Aquatic Club**

### **Purpose**

South Florida Aquatic Club requires all its staff members to adhere to an electronic communication policy for electronic communication. Similarly, athletes should be aware that there are specific standards for electronic communication for all individuals associated with SoFlo. The ability of coaches and non-athlete members to adhere to the required policy relies, in part, on the ability of athletes to respect the boundaries established for healthy electronic communication with the team.

Athletes should remember that swimming for South Florida Aquatic Club is a privilege. They are expected to portray themselves, the SoFlo team, and their community positively at all times.

### **Expectations**

The club holds the following expectations of athletes:

- Athletes will not use derogatory language, including sexist, racist, homophobic, obscene, or profane material of any kind.
- Athletes will not use social media to degrade, demean, or attack any person, team, or organization.
- Athletes will not use social media to contact their coach(es) and instead post appropriate material to the club's profile.
- Athletes will not call or text their coach, except in an emergency or if a parent/guardian is included in the communication.
- All communication between athletes and coaches will be related to the team's activities and should, whenever possible, be limited to in-person communication during team practices or events.

Things to remember: Texting

- Text messages and photos can be saved or screen-shot. Once the message is transmitted, the sender does not have control.
- Texting between athletes and coaches is not okay unless an emergency or another adult (such as a parent/guardian or another coach) is copied on the text.
- It is typically more effective to discuss an issue in person.

Things to remember: Social Media

- Once you post something online, it is public and permanent--even if you delete it.
- Many employers, college admissions officers, and athletic recruiters review social networking sites to evaluate an applicant. Carefully consider how others perceive the information and content you share about yourself.
- Never post your email address, home address, phone number, or other personal information, as it could lead to unwanted attention, stalking, or identity theft.

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I understand that if I violate this code of conduct, I will be subject to disciplinary action determined by my coach and South Florida Aquatic Clubs Staff.

\_\_\_\_\_  
Swimmer's signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent's signature

\_\_\_\_\_  
Date