

YOUR
LEADERSHIP
TEAM



Sira Nsibirwa
Campus Executive
Director



Bruce Beckman
Sales & Marketing
Director



Jamison Toepel, LPN
Resident Services
Director



Chris Johnson
Business
Development Director



Kadja Diallo, BSN, RN
Clinical Director



Alisia Lovely
Life Enrichment
Director-AL



Anesha Coleman
Life Enrichment
Director-The Harbor



Gonzalo Saldana
Dining Services
Director



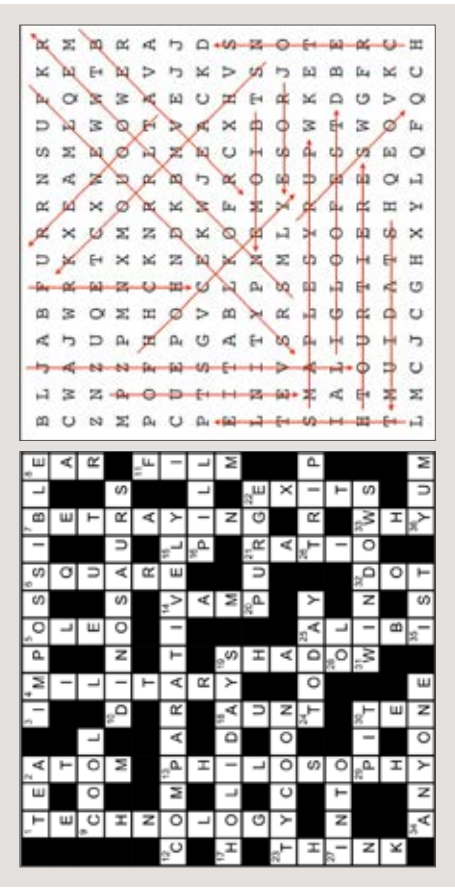
Mike Vik
Maintenance
Director



Dina Aybazova
Business Office
Manager



Jim Hergenroether
Chaplain



A MESSAGE FROM YOUR EXECUTIVE DIRECTOR: SEPTEMBER 2026

There's a story woven into nearly every family: parents who spent years pouring themselves into their children—driving to lessons and games, cheering from the stands, making sure everyone had what they needed. As time goes on, those children grow up, start families of their own, and the days fill up with new responsibilities. Then come grandchildren, and even great-grandchildren, and life gets busier still. It's not that anyone means to drift apart, but as the seasons change, the parent who once held everything together can sometimes feel a little more alone.

That's why National Assisted Living Week holds such special meaning for us each September. Each year, the week begins on Grandparents Day and this year carries the theme "Shining through the Years"—a celebration of the many decades of memories, music, and experiences that our residents bring to our community. When someone who spent a lifetime caring for others joins us here, they find themselves surrounded by new friends, compassionate team members, and a sense of belonging that can quickly brighten even the quietest days.

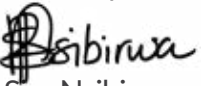
Research shows that these daily interactions—sharing meals, swapping stories, simply greeting a neighbor—don't just lift the spirit; they truly make a difference in health and

happiness. Seniors who are socially connected are more likely to enjoy improved mood, better cognitive health, and a lasting sense of purpose. Even a single conversation can be a reminder that no one is ever truly alone.

As we mark National Assisted Living Week, we honor all those who have helped shape families and communities for generations. We thank you—residents, families, and team—for sharing your lives and legacies with us, and for allowing us to be part of your journey.

If you're curious about the celebrations or opportunities to connect this month, you'll find more information on our calendar or inside this newsletter. Whether you join us for a visit, a conversation, or simply a cup of coffee, you are always welcome.

Thank you for allowing us to continue serving you and your loved ones. May God bless you with peace, joy, and the reminder that every stage of life is worthy of love, attention, and connection.

Sincerely,

Sira Nsibirwa
Executive Director



MEET SALLY NESSER
Breakfast at Marie's, Curtain Calls and Quilts that Span Decades

Webster Groves, Missouri, has always looked a little like a page from a story-book. That's where Sally Nesser's childhood began—a world of leafy streets, front porch waves, and neighbors who became family. For Sally Nesser—youngest of three girls, her sisters already deep into their teens by the time she arrived—it was a place that lived up to its storybook reputation. Her parents, both University of Wisconsin graduates from the class of 1923, were older than most; her mother forty-three when Sally was born, her father about fifty. It made for a quieter home, and maybe that's why Sally found herself drawn to the house next door.

Marie, her neighbor, never had children of her own. But on many mornings, Sally would slip out her back door and knock softly on Marie's kitchen screen. She remembers the glow of the stove, the clatter of plates, and the way Marie's voice always softened when she greeted her: "Come in, Sally, breakfast is ready." The two would sit together, the sun rising higher through the window, sharing buttered toast and stories. Marie's kitchen, in Sally's memory, always smelled like something baking.

When Sally was a teenager, a new family moved in next door, and suddenly there were more children's voices in the yard. She started babysitting the two young daughters, but it was their mother, Joyce, who quietly changed the way Sally looked at the world. Joyce was young, quick to laugh, and always

seemed to know how to turn an ordinary day into something special. Years later, cradling her own newborn daughter, Sally looked down at her and knew there was only one name that felt right: Joy. It was a silent tribute, a way to carry forward the kindness that Joyce had shown her.

After high school, Sally headed to a small women's college in Columbia, Missouri, her head full of possibilities and her heart already tugged by a love of fashion. When she graduated, she packed her bags for Chicago, chasing a dream of the garment industry and big city life. She found herself at the Lincoln Park Girls Club, surrounded by new faces and the endless blue of Lake Michigan. The lake breeze in her hair, the buzz of the city, late-night talks with roommates—it was a chapter she would remember with a smile.

Work in the garment business brought its own adventures. Sally still laughs when she recalls her bosses, each more memorable than the last. There was the woman who breezed into the office with her hair still wet, a towel knotted around her head, as if she'd run out of time to finish getting ready. Another, legendary in the workplace, could "cuss like a sailor"—a phrase Sally delivers with a mischievous sparkle in her eye. Those early years were full of stories, and Sally collected them all.

It was in Chicago, at about twenty-two, that Sally met Bruce. There's a gleam in her eye when she talks about those early days: the city lights, the whirlwind of young love, the feeling that they were building something together. They married and made a life—a real life, full of children, laughter, and a sense of community that mirrored Sally's own upbringing. Their first daughter, Joy, carried the legacy of a beloved neighbor; their son, Bruce, was called "Chip" from the start, a nickname that stuck so firmly that even Sally sometimes has to remind herself of his given name.

Motherhood suited Sally. She poured herself into it, filling the house with warmth and creativity. In Deerfield, Illinois, she and Bruce became fixtures at their church and in the neighborhood. Sally found her way into the children's theater group, where she volunteered to paint and build sets for the kids' plays. She remembers the production of *The King and I*—the stress of creating a castle backdrop, the prayers for help, and the miracle that came in the form of a Polish woman, newly arrived from Europe, who had studied at the European Art Academy. Together they transformed the stage, their friendship sealed over buckets of paint and shared laughter. The memory still makes Sally shake her head in wonder: sometimes, the help you need walks in just when you ask for it.

Family vacations were sacred—especially their annual trips to Door County. Every summer, the car would fill with suitcases and anticipation, and by the end of the drive, everyone was a little sunburned and a lot happier. Eventually, Sally and Bruce retired there, letting Door County's quiet beauty become the backdrop to a new chapter. The place is thick with memories: kids' laughter echoing down to the lake, late-night talks on the porch, the comfort of family close by.

Family has always been at the heart of Sally's life. She still talks about her daughter Joy with pride—how Joy studied performing arts at a small university, met her husband in college, and now teaches dance in a quiet Iowa town. Joy's daughters,



THIRSTING FOR GOD

Psalm 42:1-2 (NIV):
As the deer pants for streams of water, so my soul pants for you, my God. My soul thirsts for God, for the living God. When can I go and meet with God?

September is a month of many transitions. The seasonal change from summer to fall brings cooler weather and shorter daylight. The growing season gives way to the harvest. Things are changing fast! In my youth, I always felt a childlike excitement (and fear) of the coming new school year. As I grew older, sports became an important part of my life, especially football. The season kicks off every September, and whether playing in my youth or watching now, I still love supporting the local teams. Around these parts, the cheers sound something like, "When you say WISCONSIN, you've said it all!" or "Go Pack Go!"

Another September sport I became involved with in my young adult years was bowhunting for deer. This required a lot of skill, not only to be proficient at hitting a bullseye with an arrow at 30 yards, but to sneak into the woods, cover your scent, and get within shooting distance of an unaware deer. Many hours were devoted to developing these skills, but it was well worth it. I spent most of my free time high up in a tree, observing nature and the beauty of God's creation. Watching the woods come alive as the sun rises is a special privilege not everyone gets to experience. My spirit would break out

in worship in those moments, and I couldn't contain it.

And then, all at once, I would zero in on a sound: a snapping twig, leaves crunching in a certain pattern—a deer! Mostly, they would saunter by, completely unaware of my presence. Occasionally, they would sprint through the woods, spooked by something unseen by me—eyes wide open, tongues hanging out, panting as they flew past my tree stand, heading for safety as fast as they could get there. My hunting spot was near a river, and the running deer usually headed in that direction. However they came into view, it was always a blessing to witness this graceful and beautiful creature of the woods.

My time in a tree stand is now over. I will never climb twenty feet up in a tree again and have those experiences, but that's okay with me. I am reminded of Psalm 42 when I think back to those memories. I miss the moments of worship as the beauty of God's creation brought me closer to Him. As the deer who ran by me were panting for water, so my soul pants for more of Him. These days, I find God's presence in quiet walks in the woods, enjoying one of the many lakes or rivers in the area, or even at home alone with His Word. I meet with Him there, and I will yet praise Him. Psalm 42 concludes with verse 11:

Psalm 42:11 (NIV):
Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God.





**ALZHEIMER'S
SUPPORT SERVICES**

**LEGACYSL.NET/
ALZHEIMERS-SUPPORT**

**REMEMBERING FRIENDS
WHO SHARED OUR DAYS**

Kay Monson

**AND TOUCHED OUR
LIVES ALONG THE WAY.**



HIGHLIGHTS AND Happenings

COMBINED AL & HARBOR EVENTS

- 10th Randy Hanzel
- 14th Drumming with Dan
- 23rd Bahama Bob
- 25th Richard Shatten Performance

TRAVEL CLUB DESTINATIONS

- 1st Bhutan
- 8th Mongolia
- 15th Tibet
- 22nd Northern India
- 29th Nepal

EXUBERANT EXERCISE (Chapel)

- 2nd Exercise with JJ
- 3rd Exercise with Debbie
- 10th Fitness Fun with Patti
- 17th Exercise with Debbie
- 24th Fitness fun With Patti

MYSTERY MONDAYS

- 7th The Lost Tomb of Genghis Khan
- 14th The Lost Kingdom of Shambala
- 21st The Nine Unknown Men of India
- 28th The Yeti of the Himalayas

TUESDAY SHOPPING TRIPS

Sign up at the front desk

- 1st Simply Savvy
- 8th Macy's
- 15th Atomic Antiques
- 22nd Chazen Art Museum
- 29th World Market



ROCIO MONTES

SEPTEMBER WINNER

We are delighted to recognize Rocio Montes as our Going the Extra Mile winner!

Rocio's unwavering dedication and positivity have made a lasting impression on our community at Renaissance. As a key member of our dining services team, she brings not only skill and professionalism to her work, but also a genuine care that shines through in the meals she helps prepare. Residents and team members alike notice her commitment—whether she's lending a helping hand during a busy shift or brightening someone's day with her warm smile.

Rocio is known for her reliability and willingness to go above and beyond, consistently striving to provide excellent service and ensuring that our community is supported. Her kindness and attention to detail elevate mealtimes, while her positive outlook and remarkable work ethic set a wonderful example for others.

Congratulations, Rocio, on this well-deserved recognition! We're grateful to have you on our team and appreciate all you do each day.

To recognize someone who's going the extra mile, submit a nomination form next to the mailboxes.



Lauren and Sara, are Sally's delight. And Lauren, the eldest, works right here at Renaissance as a caregiver, carrying on the family legacy of kindness and service.

Her son Chip, ever the adventurer, took a winding road through college, pausing for a spell in Door County before finishing his degree at the University of Colorado. Now, he's the general manager of an oyster bar in Madison, juggling restaurant life and fatherhood with the same easygoing charm that's always defined him. He's not married, but his son—Sally's grandson—is eight now, and Sally's eyes light up every time she mentions him.

Sally has called the Madison area home for about a decade now, moving here after Bruce passed and several years in Door County. She fills her days with the same energy and curiosity that have always defined her life. Quilting is a passion, though she admits, with a laugh, that her projects sometimes stretch over decades. One quilt—she calls it

"80/20"—was started in the 1980s and finally finished more than thirty years later. "I like to take my time," she says, "but isn't that what makes it special?" She hopes her quilts will be loved and used, soft reminders of her hands and her humor.

Fashion remains a constant. Sally's closet is a rainbow, her eye for color as sharp as ever. When asked to describe herself, she grins: "Cheerful and outgoing—that's me." It's not just words; it's the way she greets friends in the hallway, the way she brightens a room, the way every story she tells is painted in color and laughter.

From her storybook childhood in Missouri to the adventures of Chicago, from family life and summers in Door County to her creative afternoons quilting, Sally Nesser has woven a life rich in friendship, family, and a cheerful resilience that draws people close. We're grateful to count her as part of the Renaissance community.



- ### Celebrations & Milestones

Welcome to our newest residents!

 - Kenneth Bjorklund
 - Grace Thommesen
 - John & Karen Karl
 - Beverly Rynes

Let's celebrate everyone marking a special moment this month!

RESIDENT BIRTHDAYS

 - Sept. 4: Russell Judd
 - Sept. 6: Arthur Bregman
 - Sept. 6: Richard Miller
 - Sept. 11: Evelyn McMillan
 - Sept. 23: Jo Staedter
 - Sept. 26: David Mortensen
 - Sept. 27: Kathleen Kane

TEAM MEMBER BIRTHDAYS

 - Sept. 7: Chikiah Cole
 - Sept. 14: Kadiatou Diallo
 - Sept. 14: Kimberlyng Machado

RESIDENT ANNIVERSARIES

 - Winnie Kruse —2 yrs
 - Marilyn Boyer—2 yrs
 - Anne Delwiche —2 yrs
 - David Beck—1 yr
 - SK & Anjana Dey—1 yr
 - Ann Wheeler—1 yr
 - John Fliss—1 yr
 - Alfred Christiansen—1 yr

TEAM ANNIVERSARIES

 - Jama Verdowza—1 yr
 - Ana Esquea—1 yr



Jamison Toepel, LPN
Resident Services Director

WORLD ALZHEIMER'S DAY: Remembering What Matters

Every year on September 21, World Alzheimer's Day reminds us to talk openly about Alzheimer's disease and other forms of dementia. It is a day for awareness, support, and education—and yes, maybe also a reminder to stop blaming every misplaced pair of glasses on “getting older,” especially when they are sitting on top of your head.

Alzheimer's is a serious condition that affects memory, thinking, and daily life, but World Alzheimer's Day is not only about what is lost. It is also about what remains: dignity, connection, patience, humor, music, family stories, favorite snacks, and that one relative who still insists they make the best potato salad in the county.

The color purple is often used to show support for Alzheimer's awareness, and communities around the world mark the day with walks, events, fundraisers,

and conversations. These actions help reduce stigma and encourage early diagnosis, care planning, caregiver support, and research. In other words, wearing purple is not just stylish—it is practically superhero attire, minus the cape and awkward landing.

For caregivers, families, and health professionals, World Alzheimer's Day is a chance to recognize the love and resilience involved in dementia care. A kind word, a shared laugh, a familiar song, or a calm moment can mean more than we realize. Sometimes the best care plan begins with compassion, continues with patience, and includes coffee strong enough to qualify as a team member.

This World Alzheimer's Day, take a moment to learn, share, support, and listen. Alzheimer's may change the way memories are held, but it does not erase the value of the person. And if we can face a difficult disease with honesty, kindness, and a small dose of humor, we are already remembering what matters most.

Portraits with Personality in The Harbor!

Following last month's portrait fun in assisted living, Harbor residents got their chance to be sketched by Bernie Tennis. His art captures the heart and personality behind each smile. Explore his work at bernietennis.com.

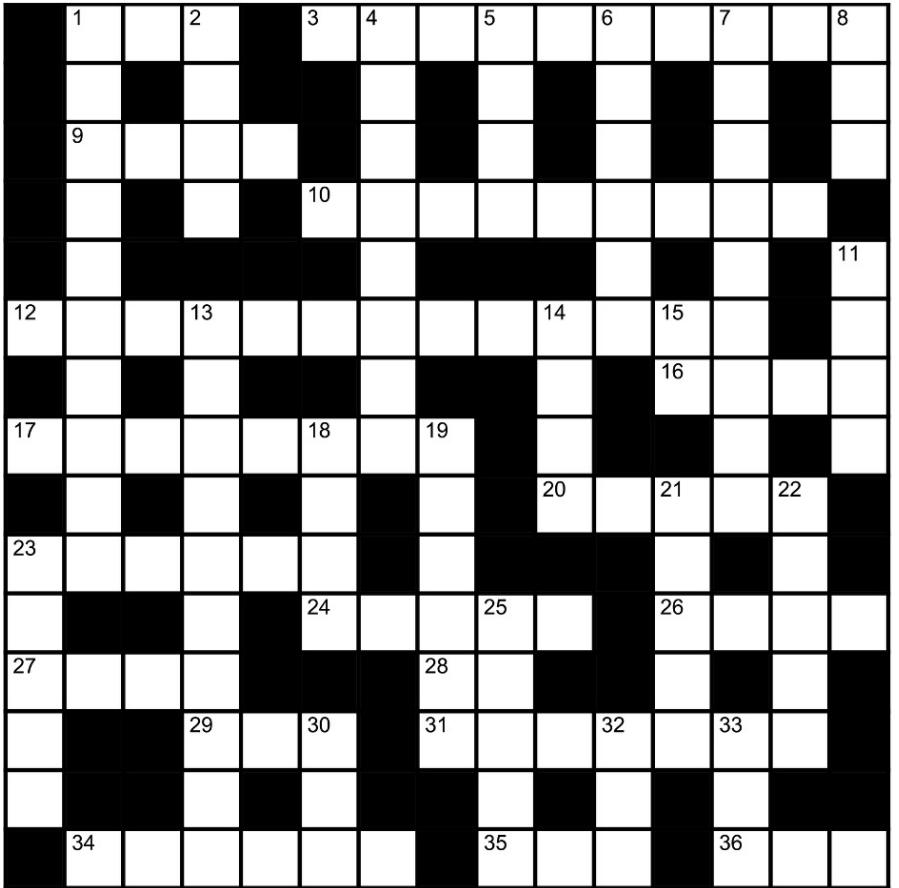


ACROSS

- 1. Trade Expansion Act, abbrev.
- 3. Incapable of being done
- 9. Paul Newman film, ___ Hand Luke
- 10. Extinct prehistoric reptiles
- 12. By way of contrast; relatively
- 16. Tablet or capsule, perhaps
- 17. Christmas and New Year's
- 20. To clear out or throw away unwanted items
- 23. Business magnate
- 24. It will end at midnight
- 26. Excursion
- 27. "What's gotten ___ you?"
- 28. Offensive line, abbrev.
- 29. Plum part
- 31. Glass house features; picture _____
- 34. Tom, Dick, or Harry
- 35. Individual Study Time, abbrev.
- 36. "Tasty!"

DOWN

- 1. The T in IT: Information ____
- 2. Molecule part
- 4. Of the armed forces
- 5. Butter alternative
- 6. Equal-sided rectangle
- 7. Double-crossing
- 8. Corn serving
- 11. Darkroom development
- 13. Study of the nature of existence and morality
- 14. A dangerous seductress
- 15. Vinyl record
- 18. Em, to Dorothy
- 19. Peter Pan lost his
- 21. 4:1, for example
- 22. Goes offstage
- 23. "I ____ I can, I ____ I can"
- 25. Cover story?
- 30. Roman numeral X = ____
- 32. Period
- 33. Kid's query



B	L	J	A	B	F	U	R	R	N	S	U	F	K	R
C	W	A	J	W	R	K	X	E	A	M	L	Q	E	M
Z	N	Z	U	Q	E	T	C	X	W	E	W	T	B	
M	P	Z	P	M	N	X	M	O	U	O	O	W	E	R
P	O	F	H	H	C	K	N	R	R	L	T	A	V	A
C	U	E	P	O	H	N	D	K	B	M	V	E	J	J
P	T	S	G	V	C	E	K	W	J	E	A	C	K	D
E	I	T	A	B	L	K	O	F	R	C	X	H	V	S
L	N	I	T	Y	P	N	E	M	O	I	B	T	S	N
T	E	V	S	R	S	M	L	Y	E	S	O	R	J	O
S	M	A	P	L	E	S	Y	R	U	P	W	K	E	T
I	A	L	I	G	L	O	O	F	E	S	T	D	B	E
H	T	O	U	R	T	I	E	R	E	S	W	G	F	R
T	M	U	I	D	A	T	S	H	Q	E	O	V	K	C
L	M	C	J	C	G	H	X	Y	L	Q	F	Q	C	H

MEET ME IN Montreal

The words listed can be found vertically, horizontally, diagonally, forward, and backward.

- | | | |
|---------------|---------------|------------|
| BEAVER BIOME | IGLOOFEST | SHAMROCK |
| CRETONS | JAZZ FESTIVAL | SNOWBLOWER |
| FLEUR-DE-LYS | MAPLE SYRUP | STADIUM |
| FRENCH HOCKEY | POUTINE | THISTLE |
| | RESO | TOURTIÈRE |
| | ROSE | TOWER |



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 (Ch) Chapel (Dh) Dining Hall (Li) Library (L) Lobby (10 th) 10 th floor		9:00am-Daily Chronicle (L) 1 9:30am- Chair Exercise (Ch) 10:15am-Travel Club: Bhutan (Ch) 1:00pm-Shopping Trip: Simply Savvy 3:00pm-BINGO! (Dh)	9:00am-Daily Chronicle (L) 2 10:00am- Exercise w/ JJ (Ch) 10:45am- Walk to Hilldale Farmers Market (L) 1:30pm- One-on-Ones 2:30pm- Curious Minds: The History of Labor Day (Ch)	9:00am-Daily Chronicle (L) 3 10:00am-Church Service (Ch) 10:45am- Exercise w/ Debbie (Ch) 2:15pm- Wildlife Diamond Painting (10th) 6:30pm-Movie: Gifted 2017 (10 th)	9:00am-Daily Chronicle (L) 4 9:30am- Chair Exercise (Ch) 10:30am-You Be the Judge: The Trial of General Custer (Li) 1:30pm-Bible Study (Ch) 3:00pm- Happy Hour: Wild Kingdom (10 th)	9:00am-Daily Chronicle (L) 5 10:30am- Card Club (Dh) 1:30pm-Sound Bowls & Serenity (Ch) 3:00pm-Resident-Led Sing Along (Ch) 6:30pm-Movie: Ocean's 11 1960 (10 th)
	9:00am-Daily Chronicle (L) 6 1:15pm-Nails (Dh) 2:30pm- BINGO! (Dh) 6:30pm-Movie: Ticket to Paradise 2022 (10 th)	9:00am-Daily Chronicle (L) 7 9:30am- Chair Exercise (Ch) 10:30am- Monday Mysteries: The Lost Tomb of Genghis Khan (Ch) 1:30pm: Football Fan Art (10th) 3:00pm- Card Club (Dh) Labor Day	9:00am-Daily Chronicle (L) 8 9:30am- Chair Exercise (Ch) 10:15am-Travel Club: Mongolia (Ch) 1:00pm-Shopping Trip: Macy's 3:00pm-BINGO! (Dh)	9:00am-Daily Chronicle (L) 9 9:30am- Chair Zumba (Ch) 10:30am-Happy Headlines (Li) 2:30pm- Music w/ Randy & Florence (Dh) 3:00pm-Nails (Dh)	9:00am-Daily Chronicle (L) 10 10:00am-Church Service (Ch) 10:45am- Exercise w/ Patti (Ch) 2:00pm- Spintopia (Dh) 6:30pm-Movie: Hook 1991 (10 th)	9:00am-Daily Chronicle (L) 11 9:30am- Chair Exercise (Ch) 10:30am- Book Club! (Li) 1:30pm-Bible Study (Ch) 3:00pm- Happy Hour: Tailgate Time! (10 th) Rosh Hashanah Begins
	9:00am-Daily Chronicle (L) 13 1:15pm-Nails (Dh) 2:30pm- BINGO! (Dh) 6:30pm-Movie: Speed 1994 (10 th) Grandparents Day	9:00am-Daily Chronicle (L) 14 9:30am- Chair Exercise (Ch) 10:30am-Monday Mysteries: The Lost Kingdom of Shambala (Ch) 1:30pm-Drum Circle w/ Dan (Ch) 3:00pm- Card Club (Dh)	9:00am-Daily Chronicle (L) 15 9:30am- Chair Exercise (Ch) 10:15am-Travel Club: Tibet (Ch) 1:00pm-Shopping Trip: Atomic Antiques 3:00pm-BINGO! (Dh)	9:00am-Daily Chronicle (L) 16 9:30am- Chair Zumba (Ch) 10:45am-Curious Minds: Dolly Parton: The Extraordinary Life of A Country music Legend (Ch) 1:30pm-James the Magician (Dh) 3:00pm-Nails (Dh)	9:00am-Daily Chronicle (L) 17 10:00am-Church Service (Ch) 10:45am- Exercise w/ Debbie (Ch) 2:30pm- "Guess Who?" Picture Game (Ch) 6:30pm-Movie: Whale Rider 2002 (10 th)	9:00am-Daily Chronicle (L) 18 9:30am- Chair Exercise (Ch) 10:30am-You Be the Judge: The Trial of Harry Houdini 1:30pm-Bible Study (Ch) 3:00pm- Happy Hour: Afternoon in Wonderland (10 th) 4:30pm-Family Dinner (Dh) Oktoberfest Begins
	9:00am-Daily Chronicle (L) 20 1:15pm-Nails (Dh) 2:30pm- BINGO! (Dh) 6:30pm-Movie: Big Fish 2003 (10 th) Yom Kippur Begins	9:00am-Daily Chronicle (L) 21 9:30am- Chair Exercise (Ch) 10:30am- Monday Mysteries: The Nine Unknown Men of India (Ch) 1:30pm- Diamond Painting Fall Coasters (10th) 3:00pm- Card Club (Dh)	9:00am-Daily Chronicle (L) 22 9:30am- Chair Exercise (Ch) 10:15am-Travel Club: Northern India (Ch) 1:00pm-Shopping Trip: Chazen Art Museum 3:00pm-BINGO! (Dh) Autumn Begins	9:00am-Daily Chronicle (L) 23 9:30am- Chair Zumba (Ch) 1:30pm-Happy Headlines (Li) 2:30pm-Bahama Bob (Dh) 3:45pm-Nails (Dh)	9:00am-Daily Chronicle (L) 24 10:00am-Church Service (Ch) 10:45am- Exercise w/ Patti (Ch) 1:30pm- Mini Tote Bag Customization (10th) 3:00pm- Book Club (Li) 6:30pm-Movie: Foxfire 1987 (10 th)	9:00am-Daily Chronicle (L) 25 9:30am- Chair Exercise (Ch) 10:30am-Richard Shaten Performance (L) 1:30pm-Bible Study (Ch) 3:00pm- Happy Hour: Autumn's Golden Hour (10 th) 6:30pm-Movie: 9 to 5 & "Parton" Pajama Party Sukkot Begins
	9:00am-Daily Chronicle (L) 27 1:15pm-Nails (Dh) 2:30pm- BINGO! (Dh) 6:30pm-Movie: Song Sung Blue 2025 (10 th)	9:00am-Daily Chronicle (L) 28 9:30am- Fox Therapy Exercise (Ch) 10:30am-Monday Mysteries: The Yeti of the Himalayas (Ch) 1:30pm- Card Club (Dh) 3:00pm-Outing: The Kickback	9:00am-Daily Chronicle (L) 29 9:30am- Chair Exercise (Ch) 10:15am-Travel Club: Nepal 1:00pm-Shopping Trip: World Market 2:30pm-BINGO! (Dh)	9:00am-Daily Chronicle (L) 30 9:30am- Chair Zumba (Ch) 10:45am-Curious Minds: Famous Mistakes That Changed History (Ch) 1:30pm- One on Ones 2:30pm: Resident Council Meeting (Ch)		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30am Daily Chronicles 1 10:15am Travel Club: Bhutan 1:00pm Beach ball toss 2:00pm Nail care 2:30pm Snack and Hydration 3:30pm courtyard chats 4:00pm Good Evening!	9:30am Coffee Club 2 10:00am Exercise with JJ 10:30am Name that Tune! 1:00pm 1970's Trivia 2:00pm Pumpkin Frames 3:00pm Snack and Hydration 3:30pm out in the sunshine 4:00pm Simple C	9:30am Breakfast Club 3 10:00am Church Service 10:45am Debbie's Exercise Class 1:00pm Music & Memories 2:00pm Simple C 2:30pm snack and hydration 3:30pm Puzzle Club 4:00pm One on One's	9:30am Daily Chronicles 4 10:00am Sunshine stretches 10:30am seated kickball 1:00pm Bingo! 1:30pm Bible Study 2:30pm snack and hydration 3:00pm Classic film fest 4:00pm Good Evening!	9:30am Daily Chronicles 5 10:00am Chair Yoga 1:30pm-Sound Bowls & Serenity (Ch) 2:30pm Snack and hydration 3:00pm courtyard chats 3:30pm September coloring pages 4:00pm One on Ones
9:30am Good morning Coffee and Chat 6 10:00am Sunshine Stretches 10:30am Sunday Devotional 1:00pm Alphabet Chain 2:30pm Snack and Hydration 3:30pm Apple Beaded Necklaces 4:30pm Good Evening	9:30am Daily Chronicles 7 10:00am Morning Movement 10:30am Bingo! 1:00pm 1920's Trivia 2:00pm Out in the Sunshine 2:30pm Snack and Hydration 3:30pm Pets and Animals: Baby Chicks 4:00pm One-on-One's Labor Day	9:30am Daily Chronicles 8 10:15am Travel Club: Mongolia 1:00pm Basketball 2:00pm Today in History! 3:00pm Snack & Hydration 4:00pm Nail care	9:30am Coffee Club 9 10:00am Sunshine Stretches 10:30am Weather Walk 1:00pm Happy Headlines 2:30pm Randy Hanzel Performance 3:30pm Snack and Hydration 4:00pm Good Evening	9:30am Breakfast Club 10 10:00am Church Service 10:45am Fitness Fun with Patti 1:00pm September Jeopardy Trivia 2:00pm Snack and Hydration 3:00pm UNO! 4:00pm Out in the Sunshine	9:30am Daily Chronicles 11 10:00am Sunshine stretches 10:30am Table Tennis 1:30pm Bible Study 2:30pm Puzzle Club 3:00pm Old Hollywood Hour Rosh Hashanah Begins	9:30am Coffee and Chat 12 10:00am Weather Walk 10:30am Chair Yoga 1:00pm Bingo! 2:00pm Snack and Hydration 3:00pm Water Coloring 4:00pm Out in the Sunshine 4:30pm Good Evening
9:30am Sunday Devotional 13 10:00am Daily Chronicles 10:30am Sunshine Stretches 1:00pm UNO! 2:00pm Snack and Hydration 3:00pm Courtyard Chat 4:00pm Aroma Therapy Grandparents Day	9:30am Daily Chronicles 14 10:00am Weather Walk 10:30am Morning Movement 1:00pm 1960's Trivia 1:30pm-Drum Circle w/ Dan (Ch) 2:30pm Snack and Hydration 3:30pm Fall Wind Chimes 4:30pm Good Evening	9:30am Coffee Club 15 10:15am Travel Club: Tibet 1:00pm Seated Kickball 2:00pm Snack and Hydration 3:00pm Nail Care and Painting 4:00pm Out in the sunshine	9:30am Daily Chronicles 16 10:00am Chair Yoga 10:30am Alphabet Chain 1:00pm Hey did you know? Arctic Animals 1:30pm James the Magician 2:00pm Snack and Hydration 3:00pm Weather Walk 4:00pm Simple C	9:30am Daily Chronicles 17 10:00am Church Service 10:45am Debbie's Exercise class 1:00pm Apple Crafts Beaded Necklaces 2:00pm Snack and Hydration 3:00pm Bingo! 4:00pm Music and Memories	9:30am Coffee Corner 18 10:00am Weather Walk 10:30am Seated Stretches 1:00pm Conversation Starters 1:30pm Bible Study 2:30pm Snack and Hydration 3:00pm Classic Film Fest 4:00pm Good Evening	9:30am Breakfast Club 19 10:00am Chair Yoga 10:30am Weather Walk 1:30pm-Sound Bowls & Serenity (Ch) 2:30pm Snack and Hydration 3:30pm Out in the Sunshine 4:00pm coloring pages Oktoberfest Begins
9:30am Sunday Devotional 20 10:00am Daily Chronicles 10:30am Sunshine Stretches 1:00pm UNO! 2:00pm Snack and Hydration 3:00pm 1960's Music Trivia 4:00pm One-on-One's Yom Kippur Begins	9:30am Coffee in the Courtyard 21 10:00am Chair yoga 10:30am Daily Chronicles 1:00pm Travelouge: Montreal 2:00pm Snack and Hydration 3:00pm Travelouge Coloring Pages 4:00pm Puzzle Club	9:30am Daily Chronicles --- 10:15am Travel Club: Northern India 1:00pm Balloon Volleyball 2:00pm Snack and Hydration 3:00pm Nail care and Painting 4:00pm Simple C Autumn Begins	9:30am Chair Yoga 23 10:00am Weather Walk 10:30am Bird Watching 1:00pm Happy Headlines 2:30pm-Bahama Bob (Dh) 3:30pm Snack and Hydration 4:00pm One on Ones 4:30pm 1960's Music	9:30am Daily Chronicles 24 10:00am Church Service 10:45am Exercise with Patti 1:00pm Apple Suncatchers 2:00pm Snack and Hydration 3:00pm Bingo! 4:00pm Courtyard Chats 4:30pm Good Evening	9:30am Daily Chronicles 25 10:00am Basket Toss 10:30am-Richard Shaten Performance (L) 1:00pm Seated Stretches 1:30pm Bible Study 2:30pm Snack and Hydration 3:00pm Old Hollywood Hour 4:00pm Simple C Sukkot Begins	9:30am Coffee Corner 26 10:00am Morning Movement 10:30am Bingo! 1:00pm Weather Walk 2:00pm Picture Matching 3:00pm Word Puzzles 4:00pm Out in the Sunshine 4:30pm one on ones
9:30am Sunday Devotional 27 10:00am Daily Chronicles 10:30am Morning Movement 1:00pm Fall scarecrow craft 2:00pm Snack and Hydration 3:00pm UNO! 4:00pm One on One's	9:30am Daily Chronicle 28 10:00am Weather walk 10:30am Lifelong learning: old advertisements 1:00pm Cranium Crunches 2:30pm Snack and Hydration 3:00pm Green Thumbs Garden Club 4:00pm Simple C	9:30am Morning Movement 29 10:15am Travel Club: Nepal 1:00pm Daily Chronicles 1:30pm Ninja Star throw 2:00pm Autumn Coloring 3:00pm Balloon Keep up 4:00pm Weather Walk	9:30am Daily Chronicles 30 10:00am Seated Stretches 10:30am Bird Trivia 1:00pm Aroma Therapy 2:00pm Snack and Hydration 3:00pm Wacky Wordies 4:00pm One on Ones 4:30pm Good Evening	September 2026 The Harbor		