

Your Administrative Team



Jamison Toepel, LPN
Clinical Executive
Director



Sira Nsibirwa
Campus Executive
Director



Bruce Beckman
Sales & Marketing
Director



Kadija Diallo, BSN, RN
Harbor Director



Rachel Kohlmeyer
Life Enrichment
Director



Alicia Boyd
Business Office
Manager



George Oliveira
Dining Services
Director



Jim Hergenroether
Chaplain



Zoey Phippen
Scheduling
Coordinator



Message From Your Executive Director: September 2025



It's September, and that means one of my favorite traditions is here: National Assisted Living Week! If you haven't heard the story, this week-long celebration was created nearly 30 years ago to honor the deep connections between residents, teams and families in communities just like ours. Each year brings a new theme—this year, it's "Ageless Adventure"—reminding us there's no expiration date on joy, curiosity, or a good laugh.

Here's a nugget of assisted living history you might not know: the very first modern assisted living facility in the country was Park Place in Portland, Oregon, opened by Dr. Karen Wilson in 1981. It was a game-changer—combining private rooms, around the clock care, community spaces, and real independence for residents. Oregon issued the first official assisted living license in 1988, so this whole movement isn't as old as you might think. But the heart of assisted living—respect, dignity, a sense of home—goes back much further.

That's always been our focus, too. When Barry Ray and Bryan Cook founded Legacy Senior Living, they did it as a ministry, believing that every senior

deserves to be treated like family, and served with honor, respect, faith and integrity.

We've got a full slate of fun planned for National Assisted Living Week, and you're invited to join us—not just for the week of festivities, but any day you want to stop by. Our doors are always open to family, friends, and anyone who wants to share in the adventure.

As we head into another month, thank you for the trust you place in us. It's a privilege to care for our residents and to share in the stories, smiles, and moments that make this community truly feel like home.

Here's to another month of living fully, loving deeply, and maybe learning something new along the way.

Sincerely,
Sira Nsibirwa
Sira Nsibirwa
Executive Director

SPOTLIGHT
A Neighbor With a World of Stories: Julie Sandor's Journey



Meet Julie — a neighbor whose life has been shaped by resilience, adventure, and a heart that’s always open.

Julie joined our community nearly ten months ago, and anyone who’s spent even a little time with her knows she brings warmth

everywhere she goes. She grew up in Hungary during the Soviet era, a time she still describes as “truly unimaginable.” Her father, once a Colonel General in the Air Force, was considered “undesirable” by the government, and the family lived under the constant threat of intrusion. One night, Julie remembers, armed men stormed into their home—no explanation, just fear. Not long after, while her father was on vacation, he was arrested and sent to a Russian prison camp, despite having all the right papers.

Through it all, Julie’s parents encouraged her to find joy and discipline where she could. At eight years old, she took up swimming—falling in love with the water, joining her high school team, and making a name for herself. She also enjoyed downhill skiing and gliding across an ice-skating rink. But no matter how hard she worked in school, the doors to higher education stayed closed to her in Hungary.

At sixteen, Julie’s family finally had the opportunity to leave Hungary for Austria, where they moved in with her grandmother. To do this, they had to give up their Hungarian citizenship—a heartbreaking choice that meant they could

never return home. “We were all labeled undesirable,” Julie recalls, with a mix of sadness and pride at how far they’ve come.

Once in Austria, Julie worked as a waitress for two years while adjusting to her new life. Meanwhile, her brother had moved to America for college and quickly made a name for himself as a mechanical engineering professor at the University of Wisconsin. Inspired by his example, Julie decided to take her own leap and follow him to the United States.

She arrived not knowing a word of English. Her brother set her a challenge: learn 100 new words a day. Ambitious? Absolutely. But Julie managed it—within a year, she was reading, writing, and speaking English. She then attended Drew University in New Jersey, mastering multiple languages and graduating in just three years.

Her next adventure was a 30-year career with the Department of Labor in Trenton, New Jersey, which meant a 67-mile commute each day. It was no small feat, but Julie says she loved her work and the people she met along the way. Somewhere in those busy years, she also discovered her love for dogs, especially her loyal poodle, Foxy.

Last November, Julie made a new home here in Madison to be closer to her brother and niece. She’s embraced life here with her trademark optimism and curiosity. Ask anyone, and they’ll tell you: stop by for a chat, and Julie will greet you with a story and a smile.

If you haven’t met Julie yet, don’t be shy—she’ll make you feel right at home.



Laura Dvorak
Bob Rand
Nicholas W Petruzzzi



3 yrs Celest Narvaez
1 yr Marilyn Boyer
Ann Delwiche
Winnie Kruse

Did You Know? Dragonflies are ancient insects, pre-dating dinosaurs by millions of years. Despite their delicate look, they’re expert hunters with a 90% success rate. They can hover, fly in any direction, and even cross oceans. Many cultures see them as symbols of light and adaptability.



The Breath of Life

Chaplain Jim Hergenroether

“Life is not measured by the number of breaths we take, but by the moments that take our breath away.” —Anonymous

Today in Wisconsin, the air is so bad, it is ranked as the worst air

quality in the entire country! You can even see it, a thick orange haze in an otherwise clear sky, due to ongoing wildfires burning continuously in Canada. There are health warnings to stay inside, especially older adults, children, and people with underlying health conditions. But this warning isn’t just for today, the air quality has been extremely poor for over a week now, with no end in sight. I’m not sure when it will clear up and we can all resume normal outdoor activities.

There are some things I take for granted and don’t realize how important they are until taken away from me, like breathing clean air! I am reminded of what the scriptures say about breathing. Here are a few examples, beginning at the very beginning:

Genesis 2:7 (ESV): “then the Lord God formed the man of dust from the ground and breathed into his nostrils the breath of life, and the man

became a living creature.”

Job 33:4 “The Spirit of God has made me, and the breath of the Almighty gives me life.”

The breath of life comes to each of us through the Lord God.

Ezekiel 37:5: “Thus says the Lord God to these bones: Behold, I will cause breath to enter you, and you shall live.”

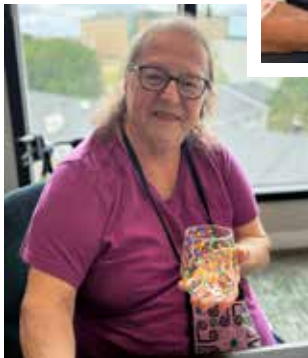
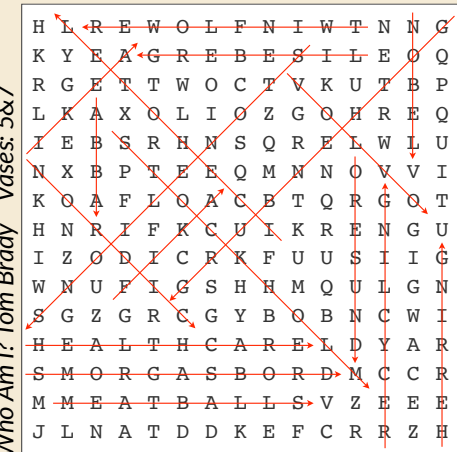
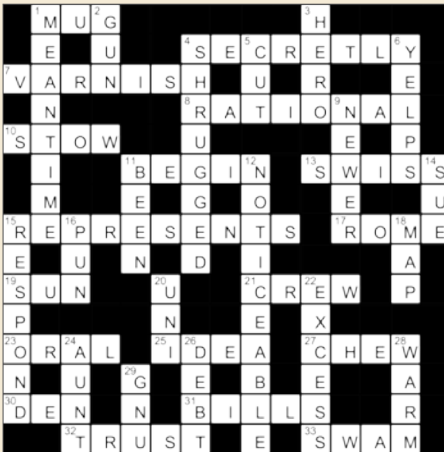
Even in death, the Lord God breaths new life into dead bones.

John 20:22: “And when he had said this, he breathed on them and said to them, “Receive the Holy Spirit.”

Jesus breaths the Holy Spirit into His disciples. As His followers, our response is to praise the Lord. He gives us physical life through His breath. He gives us spiritual life through His breath. He spoke all of creation into existence through His breath. To Him be the Glory.

Psalms 150:6: “Let everything that has breath praise the Lord! Praise the Lord!”

CREATIVE
SPIRITS!
WINE
GLASS
PAINTING



When you’re as creative as we are, anything that sits still long enough is fair game for a splash of color!



Pinwheels,
Paint, & a
Creamsicle
Smile:
Creative
Days in The
Harbor



CRUNCHY LEAVES BENEATH OUR FEET,
PUMPKIN SPICE IN EVERY TREAT.
SWEATERS COZY, SKIES SO CLEAR,
FALL'S THE BEST TIME OF THE YEAR!



HAPPY FALL, YA'LL!



Help Your Loved One Feel at Home—One Keepsake at a Time

If you've visited our memory care neighborhood, The Harbor, you may have noticed the unique shadow boxes displayed beside each resident's apartment door. These small displays are more than just decoration—they're a heartfelt way to help our residents feel at home, spark fond memories, and make their space truly their own.

Shadow boxes are filled with personal treasures: family photos, favorite keepsakes, little mementos from past travels, or objects that hold special meaning. For residents living with memory loss, seeing these familiar items each day can be comforting and grounding. A well-chosen shadow box serves as both a gentle reminder of their life story and a cheerful welcome every time they return to their door.

These boxes also play an important practical role. Instead of relying on numbers or names, residents can look for something uniquely theirs—like a childhood photo, a beloved trinket, or a favorite color. This helps many residents find their way more confidently and feel a deeper sense of belonging.

If you haven't created a shadow box for your loved one yet, we encourage you to start thinking about what could go inside. It's a wonderful way to share pieces of their story and personality, and it often sparks conversation with staff, neighbors, and visitors. Many families find that working together to select photos or keepsakes becomes a meaningful experience in itself.

If you'd like ideas or assistance, our team is always here to help. Together, we can make sure every resident's story is honored—one cherished memory at a time.

- Shadow Box Ideas:**
- Family photos
 - Favorite small keepsakes
 - Childhood mementos
 - Travel souvenirs
 - Hobby items (golf ball, knitting piece, etc.)
 - Beloved postcards or greeting cards
 - Awards, ribbons, or pins
 - Special notes, poems, drawings or artwork
 - Favorite book cover or music CD
 - Decorative buttons or jewelry

Happy Birthday!

- RESIDENTS**
- 4th Russell Judd
 - 6th Arthur Bregman
 - 11th Evelyn McMillan
 - 16th Richard Miller
 - 23rd Joanne Staedter
 - 26th David Mortensen

- TEAM MEMBERS**
- 4th Emma Purcell
 - 7th Chikiah Cole
 - 12th Rachel Kohlmeier
 - 14th Kadiatou Diallo
 - 19th Alicia Boyd
 - 28th Zoey Phippen

Gettin' Crafty:
Painting Seashell Trinket
Dishes—No Beach Required





TEAM MEMBER SPOTLIGHT:
KIARRA LITTLE

We love introducing the wonderful people who make Renaissance such a special place! This month, we're shining the spotlight on one of our newest

team members!

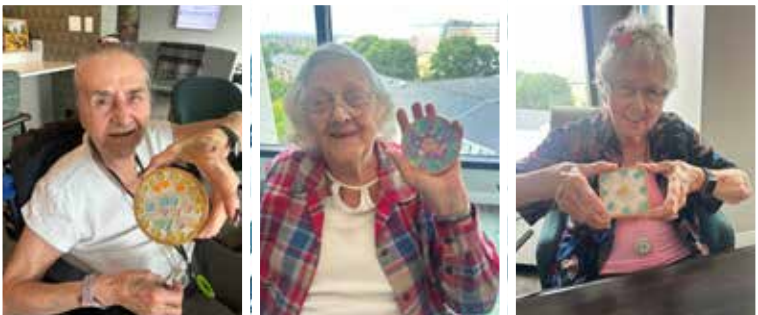
Hi everyone! My name is Kiarra Little. I've been working at Renaissance for about a month and a half now, and I'm so excited to be part of this amazing team. I've been in the medical field for nine years, working as a Resident Aide, CNA, and Medical Assistant. Helping people has always been a passion of mine, and I feel truly fulfilled being able to make a difference in the lives of others.

Outside of work, I love spending time with my four kids and making special memories with them – they're my greatest joy! I also enjoy reading whenever I get the chance. It's one of my favorite ways to relax and recharge.

I'm really looking forward to getting to know all the residents at Renaissance. If you see me around, please don't hesitate to say hello! I'm always happy to help and love meeting new people.

We're so happy to have Kiarra as part of our Renaissance family and are enjoying the warmth, care, and kindness she brings to our community each day.

MOSAIC TILE COASTERS



Positive mind.
Positive Vibes.
Positive Life.

"I'm not superstitious,
but I am a little stitious."



Michael Scott, *The Office*

**Fall Equinox
Folklore**

Plant garlic for protection:

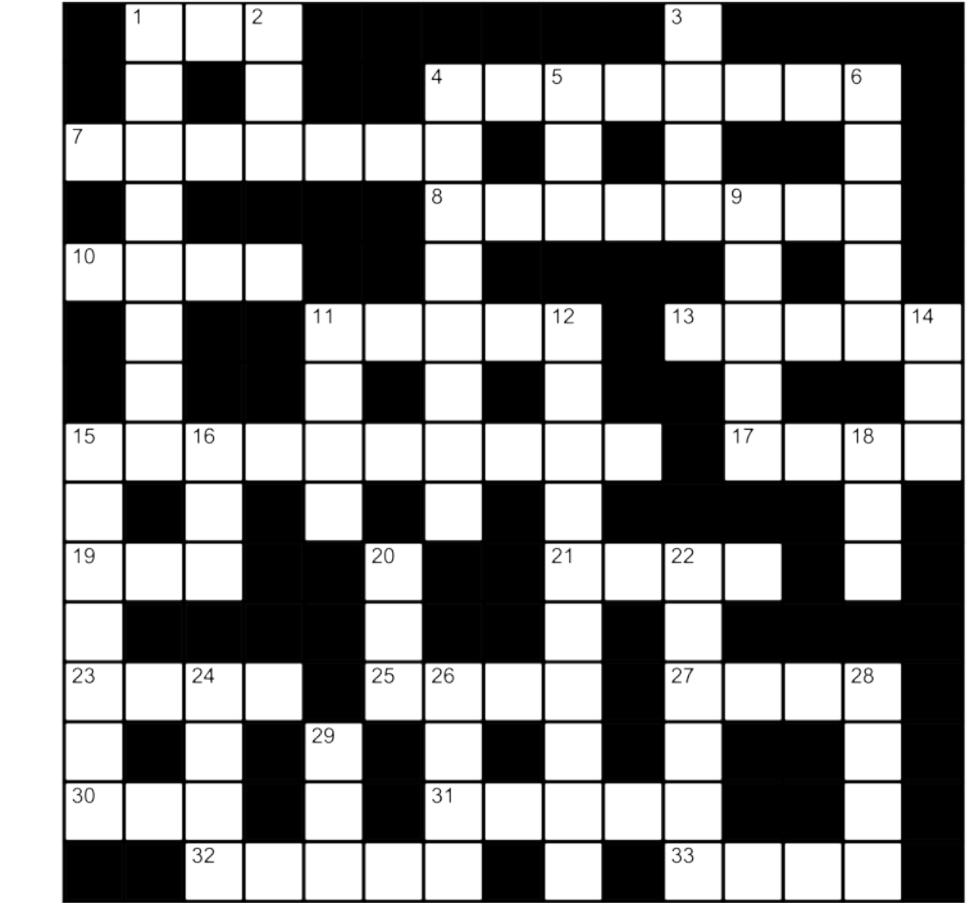
In some rural traditions, planting garlic bulbs on the autumn equinox is believed to keep your household safe from evil over the winter. Plus, you get tasty garlic in the spring—win-win.

ACROSS

- 1. The picture taken when arrested is called a ___ shot.
- 4. Covertly
- 7. Glossy wood coating
- 8. Sensible
- 10. Pack away
- 11. Start
- 13. Cheese choice
- 15. Symbolizes, stands for
- 17. Where the Vatican is
- 19. Overhead light?
- 21. Workers on a boat or film set
- 23. Word-of-mouth
- 25. Concept
- 27. Prepare to swallow
- 30. Animal house
- 31. Invoices to pay
- 32. Believe in
- 33. Did laps, say

DOWN

- 1. Until then, in the ___
- 2. "Glue" or "staple" follower
- 3. "My ___!" (said to one who saved your kitten)
- 4. Raised shoulders to show lack of interest
- 5. Film director's cry
- 6. Reacts to a stubbed toe
- 9. More modern



- 11. "___ there, done that"
- 12. Conspicuous, easily seen
- 14. Take to court
- 15. Give an answer
- 16. "Lettuce pray" is one
- 18. Navigator's need
- 20. Prefix for "verse" or "corn"
- 22. Surplus
- 24. Em, to Dorothy
- 26. Chapter 11 issue
- 28. Welcoming
- 29. African antelope

Sojourn in Sweden

The words listed below can be found vertically, horizontally, diagonally, forward, and backward.

ABBA	IKEA	RECYCLING
FIKA	LISEBERG	SMORGASBORD
GOTHENBURG	MEATBALLS	STOCKHOLM
HEALTH CARE	NOBEL	STONE LIONS
HERRING	NORDIC	TWIN FLOWER
ICE HOTEL	ÖRESUND	VOLVO



A Walk Down
MEMORY
LANE
Back to School
Edition

What was your favorite class in school?

Bill I had a really big interest in art classes because I loved being creative in them.

Jean My favorite classes were international classes. I really enjoyed any class that talked about geographic factors outside of the U.S.

Tom I loved learning genetics and biology. I liked expanding my learning about science overall. I even liked being wrong about different theories because it allowed me to explore and learn more scientifically.

H L R E W O L F N I W T N N G
K Y E A G R E B E S I L E O Q
R G E T T W O C T V K U T B P
L K A X O L I O Z G O H R E Q
I E B S R H N S Q R E L W L U
N X B P T E E Q M N N O V V I
K O A F L O A C B T Q R G O T
H N R I F K C U I K R E N G U
I Z O D I C R K F U U S I I G
W N U F I G S H H M Q U L G N
S G Z G R C G Y B O B N C W I
H E A L T H C A R E L D Y A R
S M O R G A S B O R D M C C R
M M E A T B A L L S V Z E E E
J L N A T D D K E F C R R Z H

TALKING TIDBITS Sunflowers are not just pretty—they're heliotropic, meaning they turn their heads to follow the sun throughout the day, a behavior especially seen in young blooms. Native to North America, sunflowers were cultivated as early as 3000 BC for food, oil, and dye. Their tall stalks and massive heads can support up to 2,000 individual seeds, making them both stunning and surprising practical.



Autumn shows us how beautiful it is to let things go.

PAINTED ROCKS

(They Don't Bark, Shed, or Judge Your Painting Skills)



FOOD FOR THOUGHT

Caramel apples were invented in the 1950s by a Kraft Food employee when he accidentally dipped apples into melted Halloween caramels. This twist on a classic fruit fast became a fall favorite. While their popularity began in the U.S., variations like toffee apples in the U.K. and candy apples in Latin America show just how universally treasured this seasonal treat has become.

STRUMMING & SINGING WITH MIKE MCCLOSKEY



Good Vibes Great Tunes, and a Splash of the Tropics



Jacqueline Esquea SEPTEMBER 2025 WINNER

"If anyone forces you to go one mile, go with them two miles." Matthew 5:41

We're excited to recognize Jacqueline Esquea as our September Going the Extra Mile honoree! Jacqueline's dedication and kindness shine in everything she does, so it's no wonder residents and team members alike speak so highly of her. Her friendly spirit, strong work ethic, and attention to detail help make Renaissance feel like home for everyone.

As a valued member of our Housekeeping Department, Jacqueline does much more than keep things clean—she creates an environment where residents feel comfortable, cared for, and respected. Whether she's ensuring each room is fresh and welcoming or stepping in to help wherever she's needed, Jacqueline approaches every task with professionalism, pride, and a warm smile.

Residents often share how much they look forward to her visits—not just for her excellent work, but for the joy she brings into their day. She's known for remembering the little things that

matter, sharing encouraging words, and making genuine connections with everyone she meets.

Her reliability and knack for bringing warmth into every interaction make a real difference in our community. Even on the busiest days, Jacqueline has a gift for creating a calm and uplifting atmosphere, and her commitment to excellence shines through in all she does.

What truly sets Jacqueline apart is her heart for service. No matter what the day brings, she gives her best, treats others with kindness, and helps foster the welcoming spirit we value at Renaissance.

Jacqueline, thank you for your dedication and for always going above and beyond. You are an essential part of our family, and we're grateful for the care and positivity you bring every day.



Who am I?

I was born on September 2, 1966, in Coatzacoalcas, Veracruz, Mexico. I'm a Mexican American actress, producer, and director known for my strong screen presence and commitment to meaningful stories. I started my career in Mexican telenovelas, rising to fame with the hit show Teresa. In the early 1990s, I moved to Hollywood to pursue a film career despite facing challenges as a Latina actress in a largely white industry. I gained international recognition in Desperado with Antonio Banderas. My portrayal of Frida Kahlo in Frida earned me an Academy Award nomination. I've also produced films and television, including Ugly Betty. I'm married to French businessman Francois-Henri Pinault and have one daughter.



TROPICAL SCENES, HANDMADE DREAMS: WELCOME TO OUR INDOOR OASIS



you are never too old to play in the leaves.

TEAM MEMBER Anniversaries

1 year Ana Esquea
Emma Purcell
Richmond Amankonah

THANK YOU FOR BEING THE HEART OF OUR COMMUNITY. WE APPRECIATE YOU.

LIFE ENRICHMENT HIGHLIGHTS

Combined AL & Harbor Happenings

- 5th Richard Shaten Piano Performance
- 8th Pizza Party Sponsored by Brighton Hospice
- 10th Kona Shaved Ice Truck in the Parking Lot
- 15th VJ Day Presentation by Bob Block
- 15th Bob Morse Singer & Acoustic Guitar Performance
- 22nd Bahama Bob Island Music
- 26th From Swing to Soul: Fall Festival with 'Soul Call'

Assisted Living Highlights

- Tuesday

NEW DAY!

1pm Shopping Trips
- Every other Tuesday

Crochet Club with Rachel
- Fridays

Happy Hour
- Thursday Mornings

Floral Arrangements
- Thursdays & Sundays

Movies
- Saturdays

Resident-Led Sing-Along
- 1st

Card Club
- 3rd

Book Club
- 4th

Make a Festive Fall Garland
- 7th

Go Team Therapy Dogs Visit
- 8th

Paint and Sip
- 9th

Crochet with Rachel
- 10th

Bingo!
- 11th

Make Mini Brownies!
- 15th

Funny is Good 4 You Workshop
- 16th

VJ Day Presentation by Bob Block
- 18th

Weekly Floral Arrangements
- 19th

Paint Your Own Maraca
- 20th

Lutheran Chapel Group Sing Along & Board Games
- 22nd

Luminous Lanterns
- 23rd

Crochet with Rachel
- 24th

The World of Tea with June Ganser
- 25th

Resident Council Meeting
- 27th

Piano Performance by Luke Hrovat-Straedter
- 29th

Design Your Own Mini Bag
- 30th

Crochet with Rachel

TUESDAYS @ 1PM

SHOPPING

2nd

T.J Maxx

9th

Whole Foods

16th

Hobby Lobby

23rd

Target

30th

Atomic Antiques

Sign up at the front desk.

MYSTERY MONDAYS

10:30am in the Library

1st

The Dyatlov Pass

8th

The Somerton Man

22nd

The Disappearance of the Malaysia Flight

29th

The Sodder Children Disappearance

R Travel Club

2nd

Turkey

9th

New Caledonia

16th

No Travel Club

23rd

Bali

30th

Colorado

Ebullient Exercise

3rd

Chair Aerobics Exercise Class

9th

FOX Therapy Exercise Class

10th

Chair Yoga Exercise Class

12th

Ballroom Basics for Balance

23rd

FOX Therapy Exercise Class

24th

Interactive Music & Drumming Circle with Dan Hayes

Exercise with Debbie

Thursdays at 10:45am

Chair Exercise via Video

Every morning 9:30-10am

Renaissance Book Club

Our beloved Book Club is continuing—thanks to everyone for making it such a hit! We're excited to welcome local authors in the coming months, so stay tuned. Each session, a speaker shares a book they've recently enjoyed (or not!), gives a quick summary, and answers questions. It's a fun way to discover new reads. Want to be our October speaker? Let Rachel know to grab a Wednesday afternoon spot!

Star of the Month

The Fonda Family

The Fonda acting legacy began with Henry Fonda (1905–1982), who started in community theater thanks to a family friend—Marlon Brando's mother. He rose to fame with films like *The Grapes of Wrath* (1940), earning an Oscar nomination, and later won Best Actor for *On Golden Pond* (1981), co-starring his daughter Jane.

Jane Fonda (b. 1937), Henry's daughter with socialite Frances Ford Seymour, began as a model before transitioning to Broadway and then film. She won Oscars for *Klute* (1971) and *Coming Home* (1978), with hits like *9 to 5* and *Barbarella*, and later starred in *Grace and Frankie*. A longtime political activist, Jane returned to acting in 2005 after a 15-year break.

Peter Fonda (1940–2019), Jane's brother, became a counterculture icon with *Easy Rider* (1969). He found success in action and indie films, earning an Oscar nomination for *Ulee's Gold* (1997). His daughter Bridget Fonda (b. 1964) also acted, appearing in *The Godfather Part III* and *Jackie Brown* before retiring in 2002.

TWIN VASES

Find the only two vases that match

1

2

3

4

5

6

7

8

9

The Harbor's ACTIVITY Highlights

5th

Decorate a Journal

9th

Google Earth Tour of The World's Tallest Buildings

11th

Tropical Fish Mosaic

15th

Oatmeal Cookies

19th

Frog Doorknob Hanger

22nd

Mini Scarecrows

24th

Sunflower Wreaths

30th

Dream Catchers

THE SCOOP

Crochet with Rachel!

Our Crochet Club is still going strong, with Rachel leading the way! Join us Tuesdays at 2:00 p.m. (right after the shopping trip) for a cozy afternoon of crafting and conversation. We have yarn, hooks, and supplies to share, but you're welcome to bring your own—and knitters are invited, too! Whether you're a seasoned pro or just starting out, it's a relaxing way to create and connect.

New! Monday Mysteries

Kick off your week with a little intrigue! Join us in the library Mondays at 10:30 a.m. for our new Monday Mysteries series. Each week, we'll dive into a real unsolved mystery, discuss the clues, and share our best theories. Come curious—let's see where the conversation leads!

Weekly Floral Arrangements

Have you noticed the fresh flowers around our community? Help us keep them blooming! Join us Thursdays at 9:30 a.m. in the Dining Hall (before Church Service) to create beautiful arrangements for our front desks and common areas. We provide the flowers—just bring your creativity!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30am Chair Exercise 1 10:30am Monday Mysteries: <u>The Dyatlov Pass</u> 3:00pm Card Club: Kings in the Corner- Dining Hall Labor Day	9:30am Chair Exercise 2 10:30am Travel Club- <u>Turkey</u> 1:00pm Shopping Trip to- T.J Maxx 2:00pm Crochet with Rachel- Dining Hall 3:00pm Nail Painting	10:00am NEW! Chair Aerobics 3 Exercise Class- Chapel 1:30pm Book Club- Library Speaker: <u>Triveni Shukla</u> Book: <u>A Brief History of Time</u> by Stephen Hawking 3:30pm Bingo	9:30am Weekly Floral 4 Arrangements- Dining Hall 10:00am Church Service 10:45am Exercise w/ <u>Debbie</u> 1:30pm <u>Make & Take:</u> Festive Fall Garlands – Dining Room 3:00pm Movie: <u>Somethings Gotta Give</u> (2003) Comedy/Romance	9:30am Chair Exercise 5 10:30am Richard Shaten Piano Performance- Lobby 1:30pm <u>Make & Take:</u> Create a Coaster! – 10 th Floor 3:00pm Fiesta Hour with <u>HarmonyCares!</u> -Happy Hour	1:15 Bingo - Dining Hall 6 3:00pm Resident Led Sing-Along- Accordion Room
10:00am Grandparents Day 7 Social!- Dining Hall 10:00am – Go Team Therapy Dogs Visit - Lobby 2:00pm Movie: <u>NonInas</u> (2025) Comedy/Drama National Assisted Living Week Begins! Grandparents Day	9:30am Chair Exercise 8 10:30am Monday Mysteries: <u>The Death of Natalie Wood</u> Lunch: Pizza Party Sponsored by Brighton Hospice!- Dining Room 1:30pm <u>Make & Take:</u> Hollywood Stars 3:00pm Card Club: Euchre- Dining Hall	10:00am FOX Therapy Exercise 9 Class- Chapel 10:30am Travel Club- <u>Los Angeles, USA</u> 1:00pm Shopping Trip to- Whole Foods 2:00pm Crochet with Rachel- Dining Hall 3:00pm Nail Painting	10:00am Chair Yoga Exercise 10 Class- Chapel 2:00pm Kona Shaved Ice Truck!- Lobby/Parking Lot 3:30pm Bingo	9:30am Weekly Floral 11 Arrangements- Dining Hall 10:00am Church Service 10:45am Exercise w/ <u>Debbie</u> 1:30pm Hobby Fair – Show Off Your Wonderful Creations 3:00pm Movie: <u>The Great Gatsby</u> (2013) Romance/Drama	10:00am Ballroom Basics for 12 Balance- Chapel 11:00am Hollywood Golden Era Trivia- Dining Hall 1:30pm <u>Make & Take:</u> Academy Award – Dining Room 3:00pm Cheers & Chats with Rick from CaptionCall- Happy Hour	10:00am – <u>Make & Take:</u> Seashell Collage 13 1:15 Bingo – Dining Hall 3:00pm Resident Led Sing-Along- Accordion Room
1:15 Bingo – Dining Hall 14 2:00pm Movie: <u>Who Framed Roger Rabbit?</u> (1988) Comedy/Family 7:00pm The 77th Primetime Emmy Awards- 10 th Floor	9:30am Chair Exercise 15 10:30am Funny Is Good 4 You Workshop with Alice Pauser!- Library 1:30pm <u>Paint & Sip:</u> From the Mountain to the Sea- 10 th Floor 3:00pm Card Club: Kings in the Corner- Dining Hall	9:30am Chair Exercise 16 10:30am VJ Day Presentation by Bob Block- Chapel 1:00pm Shopping Trip to- Hobby Lobby 2:00pm Nail Painting 3:30pm Bob Morse Singer & Acoustic Guitar Performance - Chapel	9:30am Chair Exercise 17 10:30am HarmonyCares Presentation & Social- Dining Hall 11:00am Crochet with Rachel- Dining Hall 1:30pm Book Club- Library Local WI Author: <u>Melissa Westemeier</u> Book: <u>Old Habits Die Hard</u> 3:30pm Bingo	9:30am Weekly Floral 18 Arrangements- Dining Hall 10:00am Church Service 10:45am Chair Exercise 1:30pm <u>Make & Take:</u> Beautiful Bird Jewel Art – Dining Room 3:00pm Movie: <u>Children of a Lesser God</u> (1996) Romance/Drama	9:30am Chair Exercise 19 10:30am CaptionCall: Making Conversations Clear Presentation- Dining Hall 1:30pm <u>Make & Shake:</u> Paint Your Own Maraca- 10 th Floor 3:00pm <u>-Happy Hour</u> Apples & Autumn	10:00am-11:00am WI 20 Lutheran Chapel Church Group. Monthly Event- <u>Sing-Along & Board Games-</u> Chapel 1:15 Bingo - Dining Hall Oktoberfest Begins
1:15 Bingo 21 2:00pm Movie: <u>Casablanca</u> (1942) Drama/Romance	9:30am Chair Exercise 22 10:30am Monday Mysteries: <u>The Disappearance of Malaysia Flight</u> 1:30pm <u>Make & Take:</u> Luminous Lanterns- 10 th Floor 3:00pm Bahama Bob Island Music- Chapel Rosh Hashanah Begins Autumn Begins	10:00am FOX Therapy Exercise 23 Class- Chapel 10:30am Travel Club- <u>Bali</u> 1:00pm Shopping Trip to- Target 2:00pm Crochet with Rachel- Dining Hall 3:00pm Nail Painting	10:30am Interactive Music & Drumming Circle with Dan Hayes- Chapel 24 2:00pm “Sip, Steep, and Story: The World of Tea” with June Ganser- Chapel 3:30pm Bingo	9:30am Weekly Floral 25 Arrangements- Dining Hall 10:00am Church Service 10:45am Exercise w/ <u>Debbie</u> 1:00pm <u>I Should’ve Known That!</u> Trivia Game- Dining Hall 2:00pm Resident Council Meeting-Chapel 3:00pm Movie: <u>Happiness for Beginners</u> (2023) Romantic Comedy	9:30am Chair Exercise 26 10:00am September Jeopardy Trivia- Dining Hall 1:30pm <u>Make & Take:</u> Fall Air Fresher 3:00pm From Swing to Soul: Fall Festival with ‘Soul Call’ (Performance & Party)- Dining Room	1:30 – Luke Hrovat-Straedter Piano Performance- Lobby 27 3:00pm Resident Led Sing-Along- Accordion Room
1:15 Bingo 28 2:00pm Movie: <u>Tea for Two</u> (1950) Comedy	9:30am Chair Exercise 29 10:30am Monday Mysteries: <u>The Sodder Children Disappearance</u> 1:30pm <u>Make & Take:</u> Design Your Own Mini Bag- 10 th Floor 3:00pm Card Club: Euchre- Dining Hall	9:30am Chair Exercise 30 10:30am Travel Club- <u>Colorado, USA</u> 1:00pm Shopping Trip to- Atomic Antiques 2:00pm Crochet with Rachel- Dining Hall 3:00pm Nail Painting	<div>September 2025</div> <div>Assisted Living Activities Calendar</div>			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30am Daily Chronicle 1 10:00am Morning Movement 10:30am September Random Jeopardy 1:30pm <u>Make & Take: Labor Day Coloring Pages</u> Labor Day	9:30am Daily Chronicle 2 10:00am FOX Therapy Exercise Class 10:30am Travel Club- <u>Turkey</u> 1:00pm Balloon Tennis 2:30pm Before or After 1950s Trivia 3:00pm Bingo	9:30am Daily Chronicle 3 10:00am <u>Make & Take: Clay Creations</u> 1:00pm Squirt Gun Target Practice 2:00pm Would You Rather? 3:00pm Nail Painting	9:30am Daily Chronicle 4 10:00am Church Service 10:45am Exercise w/ Debbie 1:30pm <u>Make & Take: Little Lamb</u> 2:30pm Hangman Mary's Little Lamb Edition 3:00pm Travelouge Sojourn in Sweden	9:30am Daily Chronicle 5 10:30am Richard Shaten Piano Performance 1:30pm <u>Make & Take: Decorate a Journal</u> 2:30pm What Am I? 3:00pm Movie Social: Happiness for Beginners	9:30am Daily Chronicle 6 -Puzzles, Games, & Coloring available in the Activity Corner- 3:00pm Movie
9:30am Daily Chronicle 7 10:30 - Go Team Therapy Dogs Visit - Lobby -Puzzles, Games, & Coloring available in the Activity Corner- 3:00pm Movie Grandparents Day	9:30am Daily Chronicle 8 10:00am Morning Movement 10:30am September Jeopardy Trivia 1:30pm <u>Make & Take: Feather Necklaces</u> 2:30pm Gone Fishin' in the Pond Game	9:30am Daily Chronicle 9 10:30am VJ Day Presentation by Bob Black 1:30pm Google Earth Tour: Wonder of the World 2:30pm Common Threads Word Game 3:00pm Bingo	9:30am Daily Chronicle 10 10:00am <u>Make & Take: Decorate Maracas!</u> 1:30pm Animal Match up 2:00pm Kona Shaved Ice Truck! 3:00pm Nail Painting	9:30am Daily Chronicle 11 10:00am Church Service 10:45am Exercise w/ Debbie 1:30pm <u>Make & Take: Tropical Fish Glitter Mosaic</u> 2:30pm Fallin' Into September Hangman 3:00pm UNO	9:30am Daily Chronicle 12 10:00am Ballroom Basics for Balance 1:30pm <u>Make & Take: Fall Harvest Coloring</u> 2:30pm Fish or Fantasy 3:00pm Wii Sports!	9:30am Daily Chronicle 13 -Puzzles, Games, & Coloring available in the Activity Corner- 3:00pm Movie
9:30am Daily Chronicle 14 -Puzzles, Games, & Coloring available in the Activity Corner- 3:00pm Movie	9:30am Daily Chronicle 15 10:00am Morning Movement 10:30am September More Jeopardy Trivia 1:30pm <u>Bake & Take: Oatmeal Cookies</u> 2:30pm Zoomed in Guess the Picture Game 3:30pm Squirt Gun Target Practice	9:30am Daily Chronicle 16 10:30am Travel Club - <u>New Caledonia</u> 1:30pm <u>Make & Take: 3D Globe Coloring</u> 3:30pm Bob Morse Singer & Acoustic Guitar Performance - Chapel	9:30am Daily Chronicle 17 10:00am <u>Make & Take: Acorn Character Craft</u> 1:30pm Go Fish! Card Game 2:30pm Gone Fishin' in the Pond Game 3:00pm Nail Painting	9:30am Daily Chronicle 18 10:00am Church Service 10:45am Exercise w/ Debbie 1:30pm Google Earth Tour: American Landmarks 2:30pm <u>Make & Take: Camping Hanging Art</u> 3:30pm Would You Rather?	9:30am Daily Chronicle 19 10:00am <u>Make & Take: Frog Doorknob Hanger</u> 1:30pm Balloon Volleyball 2:30pm 1950's Trivia 3:00pm Movie & Popcorn Social: Little Miss Sunshine	9:30am Daily Chronicle 20 10:00am-11:00am WI Lutheran Chapel Church Group. Monthly Event- <u>Sing-Along & Board Games</u> -Puzzles, Games, & Coloring available in the Activity Corner- 3:00pm Movie Oktoberfest Begins
9:30am Daily Chronicle 21 -Puzzles, Games, & Coloring available in the Activity Corner- 3:00pm Movie	9:30am Daily Chronicle 22 10:00am Morning Movement 10:30am September Modern Jeopardy Trivia 1:30pm <u>Make & Take: Mini Scare Crows</u> 3:00pm Bahama Bob Island Music Rosh Hashanah Begins Autumn Begins	9:30am Daily Chronicle 23 10:00am FOX Therapy Exercise Class 10:30am Travel Club- <u>Bali</u> 1:30pm <u>Make & Take: Bug Windcatcher</u> 2:30pm Drive It, Dig It, Drink It 3:00pm Bingo	9:30am Daily Chronicle 24 10:30am Interactive Music & Drumming Circle with Dan Hayes 1:00pm <u>Make & Take: Sunflower Wreaths</u> 2:00pm Wii Sports! 3:00pm Nail Painting	9:30am Daily Chronicle 25 10:00am Church Service 10:45am Exercise w/ Debbie 1:30pm <u>Make & Take: Hanging Tropical Parrot</u> 3:00pm Squirt Gun Target Practice	9:30am Daily Chronicle 26 10:30am UNO 1:30pm <u>Make & Take: 3D Foam Race Car</u> 3:00pm From Swing to Soul: Fall Festival with 'Soul Call' Performance & Party	9:30am Daily Chronicle 27 1:30 – Luke Hrovat-Straedter Piano Performance- Lobby -Puzzles, Games, & Coloring available in the Activity Corner- 3:00pm Movie
9:30am Daily Chronicle 28 -Puzzles, Games, & Coloring available in the Activity Corner- 3:00pm Movie	9:30am Daily Chronicle 29 10:00am Morning Movement 10:30am September EZ Does It Jeopardy 1:30pm <u>Make & Take: Beaded Jellyfish</u> 2:30pm Wii Sports!	9:30am Daily Chronicle 30 10:30am Travel Club- <u>Colorado</u> 1:00pm <u>Make & Take: Dream Catchers</u> 2:00pm Balloon Tennis 3:00pm Bingo	<div> <h1>September 2025</h1> <h2>The Harbor Activities Calendar</h2> </div>			