



YOUR LEADERSHIP TEAM



Sira Nsibirwa
Campus Executive Director



Bruce Beckman
Sales & Marketing Director



Jamison Toepel, LPN
Resident Services Director



Chris Johnson
Business Development Director



Kadija Diallo, BSN, RN
Clinical Director



Rachel Kohlmeyer
Life Enrichment Director-The Harbor



Alisia Lovely
Life Enrichment Director-AL



Gonzalo Saldana
Dining Services Director



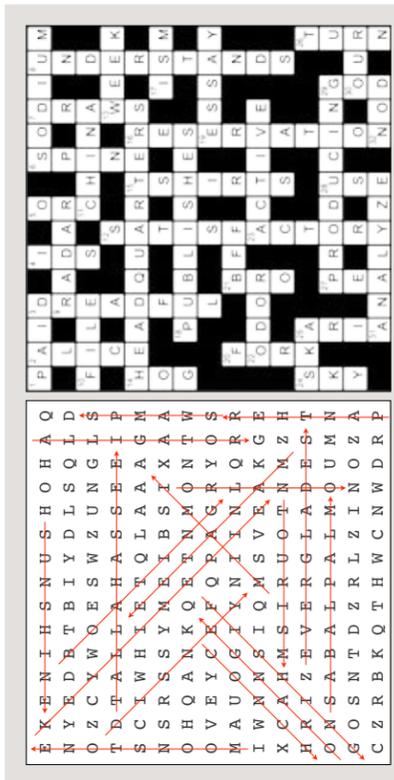
James Clark
Maintenance Director



Dina Aybazova
Business Office Manager



Jim Hergenroether
Chaplain



A MESSAGE FROM YOUR EXECUTIVE DIRECTOR: MARCH 2026

As we step into March and welcome the first signs of spring, I find myself reflecting on the power of renewal—not just in nature, but in our lives and community. This season reminds us that no matter the challenges

we face, there is always room for growth, fresh beginnings, and brighter days ahead.

In senior living, care goes beyond routines and schedules. It's about creating moments of connection, kindness, and respect that make every day meaningful. Our teams are dedicated to honoring the unique stories and needs of each resident, fostering an environment where everyone is valued and truly at home.

March brings with it the promise of longer days and warmer sunshine, perfect for gathering, sharing smiles, and creating new memories together. We have a full calendar of activities and events designed to engage, inspire, and bring joy. Whether it's a lively group activity, a quiet moment of reflection, or simply time spent with friends and family, there's something for everyone to enjoy.

This month also offers a wonderful opportunity to embrace the spirit of renewal in our own lives. Whether it's trying something new, reconnecting with old friends, or simply savoring the small moments, spring invites us all to grow and refresh in meaningful ways.

I encourage everyone—residents, family members, and friends—to take part in the activities and events planned this season and to enjoy the warm, supportive spirit that makes our community such a special place. Doors and hearts are always open, and this season of renewal brings a wonderful opportunity to connect and grow together.

Thank you for trusting us to be part of your journey. Together, we create communities filled with warmth, care, and the kind of belonging that makes every day brighter.

With warmest regards,

Sira Nsibirwa
Executive Director
Renaissance Senior Living of Hilldale

Celebrations & Milestones

Welcome to our newest residents!

- Frances Scott
- Mary Dwyer
- Tom Olson
- Susan Chen

Let's celebrate everyone marking a special moment this month!

RESIDENT BIRTHDAYS

- Mar. 3: Joan Piepenburg
- Mar. 12: Tom Olson
- Mar. 21: Ann Delwiche
- Mar. 22: Shirley Fagan
- Mar. 29: Bev Bollenbach

TEAM MEMBER BIRTHDAYS

- Mar. 8: Khadijah Ceesay
- Mar. 8: Jamison Toepel
- Mar. 10: Jacqueline Esquea
- Mar. 15: Mike Henning

RESIDENT ANNIVERSARIES

- Carol Von Elbe – 3 yrs.
- Noel Pearson – 3 yrs.
- Steve Brown – 3 yrs.
- Nancy Meyer – 3 yrs.
- Joan Piepenburg – 2 yrs.
- June Dahl – 2 yrs.
- Sandy McDowell – 2 yrs.
- Arthur Bregman – 1 yr.
- Cathy Bregman – 1 yr.
- Jo Staedter – 1 yr.
- Bill O'Neal – 1 yr.

TEAM ANNIVERSARIES

- Judicael Ahannougbe – 2 yrs.
- Carlos Marcano – 2 yrs.
- Anesha Coleman – 1 yr.
- Ana Ortiz – 1 yr.

WELCOME NEW STYLIST AT THE RENAISSANCE SALON: ANA FELIZ



Welcome Ana Feliz to Renaissance! She's available Mondays for hair services, manicures, and pedicures. Stop by the front desk to book!



ADVENTURE AND ENDURING LOVE: MEET THE SWANSONS

Frank and Betty Swanson have built a life together rooted in resilience, adventure, advocacy, and a love that has only grown stronger through the years. Their journey—spanning mountains, coastlines, and countless memories—began with two unique stories, each shaped by family, hard work, and a spirit of devotion.

Frank's story starts in Seattle, Washington, and raised as an only child in the small coastal town of Edmonds. At the time, Edmonds was a very rural community where hard work was simply part of daily life. He attended grade school and high school there, growing up surrounded by the natural beauty of the Pacific Northwest. As a teenager, Frank became a poultry farmer, a demanding job that required early mornings, dedication, and responsibility. That experience not only shaped his strong work ethic, but it also helped him pay his way through college. After high school, he enrolled at Washington State University, where he earned a Bachelor of Science degree in Agriculture, specializing in Poultry Science.

Betty's story began in the Rio Grande Valley of Colorado, surrounded by beautiful mountains that she still loves and misses today. Her grandparents built a cabin there for the family to enjoy during the spring and summer months, creating treasured memories in the great outdoors. Betty was the middle child between one brother and two sisters. She

attended grade school and high school and later began college with the goal of becoming a dietitian. During that time, tragedy struck when her father — who had been an excellent provider for the family — passed away. Betty made the selfless decision to return home to help her family, demonstrating the strength and devotion that would continue to define her life.

Frank and Betty met on a blind date in what they fondly describe as their own version of "Sleepless in Seattle." A friend of Betty's asked if she would like to meet a nice young man. Betty agreed, and that young man was Frank. He was 25, she was 24, and they were married in 1960, beginning a beautiful partnership that has now spanned decades.

Frank had served as an ROTC officer and worked as a Quartermaster, taking on significant responsibilities including feeding troops, housekeeping oversight, and managing warehousing and supplies. Prior to being cleared for active duty, however, he did not pass the physical due to a limp he sustained in high school while wrestling, an injury that resulted in breaking both kneecaps while facing a much larger opponent.

After his military service, Frank worked for an agricultural company that produced animal foods. When he was laid off during a recession, he found himself needing a new direction. A cousin asked if he would be interested in selling insurance. Frank admitted he didn't know a thing about insurance, so his cousin handed him a book. After reading it, Frank decided he could give it a try and secured a trainee position in



THE TRUE LION KING

Have you ever heard the saying, "March comes in like a lion and goes out like a lamb?" This seems to be a very accurate summation of March's weather patterns here in Wisconsin.

As the cold, biting winds roar in at the beginning of the month, the soft and gentle warmer temperatures (hopefully) are a welcome change at the close of the month.

This old saying reminds me of another parallel between a lion and a lamb. Jesus is often referred to as both a lion and a lamb. When John the Baptist first saw Jesus, he exclaimed, "Behold, the Lamb of God who takes away the sin of the world!" (John 1:29 NIV). According to Jewish law, lambs were sacrificed for atonement of sins, purification, and obedience to the Law. It was also a reflection of the original Passover—the blood of the lamb on their

doorposts spared the Jews from destruction and began the exodus from Egypt. Fourteen hundred years later, Jesus willingly became the perfect sacrificial Passover Lamb for the world. His death on the cross paid the price for our sins.

But the story doesn't end there! The risen Jesus is also our conquering Lion. The apostle John had a vision recorded in Revelation 5:5-6, where Jesus is referred to as the "Lion of the tribe of Judah." To quote Augustine: "He endured death as a lamb; he devoured it as a lion."

So, as we await the changing seasons from winter into spring, let us also consider this Lenten season what God has done through His Son—from the sacrificial Lamb to the resurrected Lion of Judah. From the cross to the throne, Jesus—the Lamb who became our King.



TEAM MEMBER SPOTLIGHT: MEET MIKE VIC

Meet one of our newest team members: Mike, Maintenance Technician! Though he's only been here two months, Mike's already made a big impact with his hands-on approach, can-do attitude, and genuine care for our community.

Mike does "a little bit of everything"—from painting and repairs to fixing leaks and solving problems on the fly. What he enjoys most? The people. He loves connecting with residents and hearing their stories, which brings extra meaning to his work.

Originally from Milwaukee, Mike got his start in carpentry before branching out into maintenance. He's worked in several communities before settling here in Jefferson, where he enjoys woodworking, bowling, darts, painting, fishing, and hunting (and yes, he even used to skydive!). Friends know him as a goofball with a great sense of humor.

Mike's family is his world. He and his wife, Jess, have been together 17 years, married for three, with two sons: Dominic (16) and Jack (11). Much of his free time is spent with family—fishing, hunting, traveling, and coaching youth football (especially exciting this year as Jack starts tackle football).

Next up on his bucket list? Visiting Hawaii to see Pearl Harbor and swim with dolphins, and heading to Alaska for its wild beauty.

We're grateful to have Mike and appreciate all the skill, warmth, and laughter he brings to our community. Be sure to say hi when you see him around!

CRAFT CORNER: BLOOMING PAPER





ANNA ORTIZ ✨ **MARCH WINNER**

"If anyone forces you to go one mile, go with them two miles." Matt. 5:41

Anna Ortiz is our March "Going the Extra Mile" Award recipient, and we are deeply grateful for the dedication and care she brings

Beyond her excellent work, Anna is consistently kind, approachable, and willing to lend a helping hand. She greets everyone with a warm smile and contributes to the positive, uplifting environment that makes our community special. Her reliability, positivity, and commitment to excellence make a meaningful difference in the daily lives of those around her.

Congratulations, Anna, and thank you for always going the extra mile!

If you would like to nominate someone for the "Going the Extra Mile" award, please fill out a nomination card and place it in the slot near the mailboxes.

to our community every day. As a member of our housekeeping team, Anna consistently goes above and beyond to keep our community clean, organized, and welcoming for everyone who comes through our doors. Her attention to detail ensures that every space is comfortable and genuinely cared for.

HAPPY HOUR @
Hollander's
IS ALWAYS A DELIGHT



LUKA
A TAIL WAGGING SOURCE OF JOY



A Walk Down
MEMORY
LANE

What would you like people to know about you?

- * **Pete:** I'm smart.
- * **Viv:** I have a good life that I enjoy.
- * **Jo:** That I really like to play tennis.
- * **Tom:** I'm very shy.
- * **Monte:** I used to live on an 80-acre farm in Illinois that was passed down to me from my grandfather.
- * **Kamal:** I want people to know how much I love them.
- * **Marcia:** I've started trying new things and finding new hobbies.
- * **Betty:** I grew up on a potato farm and my family took care of lots of sheep!

MEET THE SWANSONS CONTINUED

Tacoma, Washington. That decision marked the beginning of a remarkable 27-year career in insurance, eventually rising to the role of Vice President. His career required the family to move throughout the western United States, and together Frank and Betty embraced the adventure. Frank was able to retire early at the age of 52, and they eventually settled in Oregon.

Together they raised two sons. One son tragically battled mental health challenges for much of his life and is now deceased. Through that deeply personal experience, Frank and Betty became strong advocates for those struggling with mental illness and for families navigating similar challenges. They joined the National Alliance on Mental Illness (NAMI) and became champions for awareness and support. Their other son lives in the area and is a senior scientist at a corporation, and he remains an important part of their lives.

Over the years, the Swansons made lasting memories camping and hiking with their boys in the Washington Cascades during summer vacations. Betty especial-

ly loved hiking in the mountains and still misses them today. They also cherished time spent along the beaches of Washington State. Later in retirement, they traveled to Europe, including a meaningful trip to England to explore Betty's ancestry. With the maiden name Drake, she hoped to discover whether she was connected to Sir Francis Drake. Research suggests she is likely descended from Sir Francis Drake's brother, a special discovery that made the journey even more memorable.

The warmth and love between Frank and Betty is truly something to witness. Their kindness, respect, and devotion to one another shine brightly. When choosing their home at Renaissance Senior Living of Hilldale, they were drawn to the warmth and interaction they felt between staff and residents. That sense of community is what made Renaissance stand out to them, and we are so grateful it brought them here.

Please join us in celebrating Frank and Betty Swanson, a couple whose story reminds us of perseverance, advocacy, adventure, and above all, enduring love. ♡

NAILED IT!
TICKLED PINK WITH VALENTINE'S NAILS



HIGHLIGHTS AND Happenings

COMBINED AL & HARBOR EVENTS

- 1st Golden Years Volunteers
- 11th Vets on Frets Performance
- 13th Richard Shaten Piano Performance
- 15th Golden Years Volunteers
- 17th Resident & Family Dinner
- 21st Wisconsin Lutheran Church Group
- 23rd David HB Drake St. Patrick's Day Performance
- 25th Bob More Guitar Performance
- 29th Golden Years Volunteers

TRAVEL CLUB DESTINATIONS

- 3rd Egypt with Rick Steves
- 10th Canada
- 17th Rome, Italy with Rick Steves
- 24th Pakistan
- 31st The Alps with Rick Steves

EBULLIENT EXERCISE

- Exercise with Debbie Thursdays
- Chair Exercise at 9:30am daily
- 9th FOX Therapy Chair Exercise
- 23rd FOX Therapy Chair Exercise
- 27th Ballroom Basics for Balance

TUESDAY SHOPPING TRIPS

- Sign up at the front desk*
- 3rd The Sequoia Library
 - 10th Goodwill
 - 17th Ross
 - 24th Hobby Lobby
 - 31st Kohl's

MYSTERY MONDAYS

- 2nd Princess Diana: Tragic Accident Unanswered Mystery?
- 9th The Dyatlov Pass Incident
- 16th Hatshepsut: The Pharaoh Who Vanished
- 23rd Anastasia Romanov: The Princess Who Refused to Disappear
- 30th The Enigmatic Druids



MAY YOUR TROUBLES BE LESS AND YOUR BLESSINGS BE MORE.

HARBOR HEARTS FULL OF SURPRISES: EVERYONE'S A WINNER WITH OUR SCRATCH-OFF CREATIONS!



CARE CORNER WITH JAMISON

Your Heart: The Coworker You Can't Replace

Your heart is a remarkably loyal coworker. It shows up early, works late, never takes vacation, and somehow keeps pumping even when you feed it gas-station snacks and mild stress seasoned with caffeine. Frankly, it deserves better.

Heart health often sounds serious—and it is—but that doesn't mean it has to be humorless. Think of your heart as an overachieving intern: it thrives on movement, appreciates nutritious fuel, and becomes deeply concerned when your idea of exercise is reaching for the remote.

A short walk? Your heart cheers. A vegetable? Standing ovation. Eight hours of sleep? It writes a thank-you card.

On the flip side, too much stress makes your heart feel like it's stuck in rush-hour traffic—lots of pressure, no progress, and unpleasant honking. Taking time to relax, laugh, and breathe deeply helps it stay calm and collected, like a yoga instructor who pays their bills on time.

So treat your heart kindly. Move a little more. Eat a little better. Laugh as often as possible. Because one day, when you're dancing at a wedding, chasing a grandchild, or simply climbing stairs without negotiating first, your heart will quietly say, "See? I told you I had this."



ACROSS

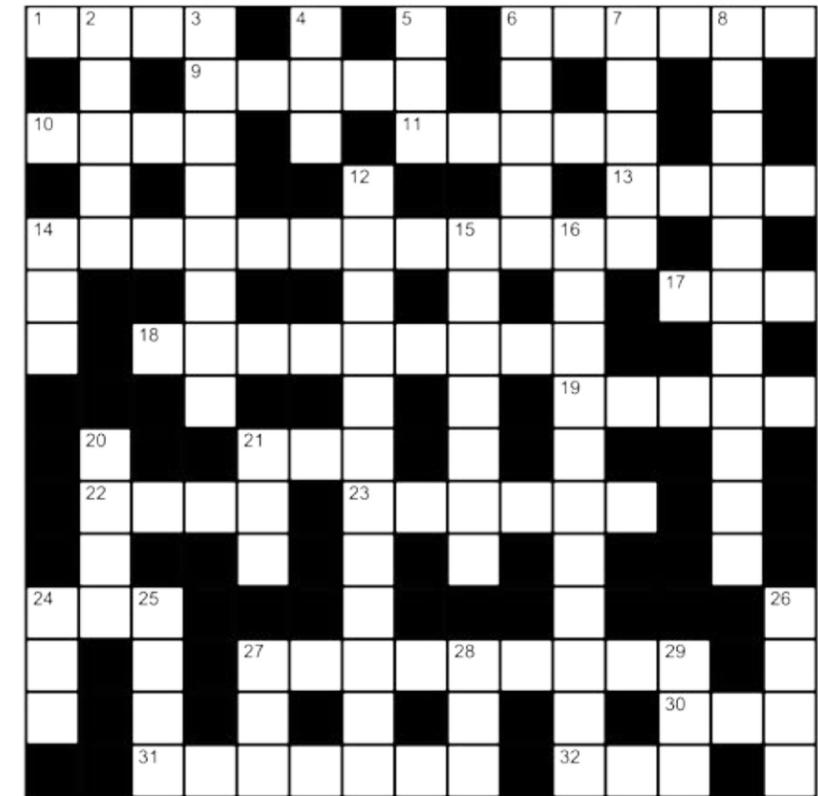
- 1. ___ back: reimbursed
- 6. Salt mineral
- 9. Weather bureau tool
- 10. Walk in a line: single ___
- 11. Fine dinnerware
- 13. TV Guide span
- 14. Company's central office
- 17. Suffix with ideal
- 18. Puts into print
- 19. English exam finale, often
- 21. Best friend forever, abb.
- 22. Skunk's defense
- 23. On the move
- 24. 1950s music genre from Jamaica
- 27. Bringing into being
- 30. Days of ___ Lives
- 31. Study in depth
- 32. Affirmative action?

DOWN

- 2. She falls down a rabbit hole
- 3. Awful; ghastly
- 4. Driver's license and others
- 5. Mythical monster
- 6. Another name for backbone
- 7. Makes a sketch
- 8. Comprehends; grasps
- 12. Adequate
- 14. "Living high on the ___"

- 15. Casual, short-sleeved tops
- 16. Dinner arrangement
- 20. Chopsticks alternative
- 21. Sis's male sibling
- 24. Wild blue yonder
- 25. Operatic solo

- 26. Card between "flop" and "river" in hold 'em
- 27. Cause of sleep disturbance for a princess
- 28. Operate
- 29. Zeus, for one



E K E N I H S N U S H O H A Q
 N Y E D B T B I Y D L S Q L D
 O Z C Y W O E S W Z U N G L S
 T D T A L L A H A S S E E I P
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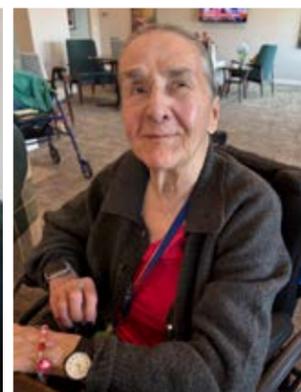
Florida

The words listed can be found vertically, horizontally, diagonally, forward, and backward.



- ALLIGATOR
- BOATING
- CONCH
- DISNEY
- EVERGLADES
- FISHING
- KEY LIME PIE
- MANATEE
- MIAMI
- MOONSTONE
- ORANGE
- ORLANDO
- PANTHER
- SABAL PALM
- SUNSHINE
- SWAMPS
- TALLAHASSEE
- TOURISM

A TOUCH OF LOVE: FEBRUARY'S HEARTFELT BRACELET CRAFT



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|--|--|---|
| <p>9:00am-Daily Chronicle (L) 1</p> <p>10:30am-Luka Dog & Sabrina Visit (L)</p> <p>1:15pm-BINGO (DH)</p> <p>3:00pm-Decades Quiz (Dh)</p> <p>6:30pm-Movie: Apocalypto (2006) 10th</p> | <p>8:30am-Daily Chronicle (L) 2</p> <p>9:30am-Chair Exercise (Ch)</p> <p>10:30am-Monday Mysteries: Princess Diana Tragic Accident or Unanswered Mystery? (Li)</p> <p>1:30pm-Card Club (Dh)</p> <p>3:00pm-Birdhouse Craft (10th)</p> | <p>8:30am-Daily Chronicle (L) 3</p> <p>9:30am-Chair Exercise (Ch)</p> <p>10:15am-Travel Club: Egypt w/ Rick Steves (Ch)</p> <p>1:00pm-Shopping Trip: Sequoia Library</p> <p>2:30pm-BINGO! (DH)</p> | <p>8:30am-Daily Chronicle (L) 4</p> <p>9:30am-Chair Zumba (Ch)</p> <p>10:30am-Paint Your Spring Ceramics (10th)</p> <p>1:00pm-Piano Performance with Olga (Ch)</p> <p>1:30pm-Wellness Wednesdays (10th)</p> <p>2:30pm-Nails (Dh)</p> | <p>8:30am-Daily Chronicle (L) 5</p> <p>10:00am-Church Service (Ch)</p> <p>10:45am-Exercise w/ Debbie (Ch)</p> <p>1:30pm-Puzzle Palooza (AR)</p> <p>2:30pm-One-on-Ones</p> <p>6:30pm-Movie: Mercury 13 2018 (10th)</p> | <p>8:30am-Daily Chronicle (L) 6</p> <p>9:30am-Chair Exercise (Ch)</p> <p>10:30am-Autobiography Writing 2nd segment (Li)</p> <p>1:30pm-Bible Study (CH)</p> <p>3:00pm-Happy Hour: Denim and Diamonds</p> | <p>9:30am-Daily Chronicle (L) 7</p> <p>1:30pm-Bella Piano Performance(L)</p> <p>3:00pm-Resident-Led Sing Along (Ch)</p> <p>6:30pm-Movie: A League of Their Own 1992(10th)</p> |
| <p>9:30am-Daily Chronicle (L) 8</p> <p>1:15pm-BINGO (DH)</p> <p>2:30pm-Craft: Spring Flowers (10th)</p> <p>6:30pm-Movie: Ride to Freedom: The Rosa Parks Story (1990) 10th</p> <p><small>Daylight Saving Time Begins</small></p> | <p>8:30am-Daily Chronicle (L) 9</p> <p>9:30am-Fox Therapy Exercise (Ch)</p> <p>10:30am-Monday Mysteries: The Dyatlov Pass Incident (Li)</p> <p>1:30pm-Drum Circle with Dan Hayes (Ch)</p> <p>3:00pm: Crochet with Rachel (Dh)</p> | <p>8:30am-Daily Chronicle (L) 10</p> <p>9:30am-Chair Exercise (Ch)</p> <p>10:15am-Travel Club: Canada (Ch)</p> <p>1:00pm-Shopping Trip: Goodwill</p> <p>2:30pm- BINGO! (DH)</p> | <p>8:30am-Daily Chronicle (L) 11</p> <p>9:30am-Chair Zumba (Ch)</p> <p>10:30am-Curious Minds: Watergate Scandal (Li)</p> <p>1:30pm-Nails (DH)</p> <p>2:30pm-Vets on Frets Performance (Ch)</p> | <p>8:30am-Daily Chronicle (L) 12</p> <p>9:30am-Flower Arranging (Dh)</p> <p>10:00am-Church Service (Ch)</p> <p>10:45am-Exercise w/Debbie (Ch)</p> <p>1:30pm-Craft: Butterfly Suncatcher Window Cling (10th)</p> <p>3:00pm- Vintage Brewing Co. Trip</p> <p>6:30pm-Movie: Feminists: What Were They Thinking? 2018 (10th)</p> | <p>8:30am-Daily Chronicle (L) 13</p> <p>9:30am-Chair Exercise (Ch)</p> <p>10:30am-Piano Performance by Richard Shaten (L)</p> <p>1:30pm-Bible Study (CH)</p> <p>3:00pm-Happy Hour: Pi in the Sky (10th)</p> | <p>9:30am-Daily Chronicle (L) 14</p> <p>1:30pm-Luke Hvorat-Staedter Piano Performance (L)</p> <p>3:00pm-Resident-Led Sing Along (Ch)</p> <p>6:30pm-Movie: Life of Pi 2012 (10th)</p> |
| <p>9:30am-Daily Chronicle (L) 15</p> <p>10:00am: Cookies and Chronicles Golden Years Volunteer Group</p> <p>1:15pm-BINGO (DH)</p> <p>3:00pm-Nails (Dh)</p> <p>6:30pm-Movie: Dreamgirls (2006) 10th</p> | <p>8:30am-Daily Chronicle (L) 16</p> <p>9:30am-Chair Exercise (Ch)</p> <p>10:30am-Monday Mysteries: Hatshepsut-The Pharaoh Who Vanished (Li)</p> <p>1:30pm: Dog Bingo Game (DH)</p> <p>2:30pm-Craft: St. Patrick's Pet Magnets (10th)</p> | <p>8:30am-Daily Chronicle (L) 17</p> <p>9:30am-Chair Exercise (Ch)</p> <p>10:15am-Travel Club: Rome, Italy w/ Rick Steves (Ch)</p> <p>1:00pm-Shopping Trip: Ross</p> <p>2:30pm-BINGO! (Dh)</p> <p><small>St. Patrick's Day</small></p> | <p>8:30am-Daily Chronicle (L) 18</p> <p>9:30am-Chair Zumba (Ch)</p> <p>10:30am-Nails (Dh)</p> <p>1:30pm-Presentation: Your Social Security and Maximizing the Benefits (Ch)</p> <p>2:30pm-Wellness Wednesday (10th)</p> <p>3:00pm-Nails (DH)</p> | <p>8:30am-Daily Chronicle (L) 19</p> <p>10:00am-Church Service (Ch)</p> <p>10:45am-Exercise w/ Debbie (Ch)</p> <p>1:30pm-One on Ones</p> <p>2:30pm-Puzzle Palooza (AR)</p> <p>6:30pm-Movie: Steel Magnolias 1989 (10th)</p> | <p>8:30am-Daily Chronicle (L) 20</p> <p>9:30am-Chair Exercise (Ch)</p> <p>10:30am-Autobiography Writing 3rd Segment (Li)</p> <p>1:30pm-Bible Study (CH)</p> <p>3:00pm-Happy Hour: Shamrocks and Shenanigans (10th)</p> <p><small>Spring Begins</small></p> | <p>9:30am-Daily Chronicle (L) 21</p> <p>10:00am-Wisconsin Lutheran Church Group</p> <p>1:30pm-Piano with Bella (L)</p> <p>3:00pm-Resident-Led Sing Along (Ch)</p> <p>6:30pm-Movie: Private Benjamin 1980 (10th)</p> |
| <p>9:30am-Daily Chronicle (L) 22</p> <p>10:00am: Diamond Art St. Patrick's Keychains with Golden Years Volunteer Group (10th)</p> <p>1:15pm-BINGO (DH)</p> <p>3:00pm-Nails (DH)</p> <p>6:30pm-Movie: Caesar and Cleopatra (1945) 10th</p> | <p>8:30am-Daily Chronicle (L) 23</p> <p>9:30am-Fox Therapy Exercise (Ch)</p> <p>10:30am-Monday Mysteries: Anastasia Romanov: The Princess Who Refused to Disappear (Li)</p> <p>2:00pm- Family Social David HB Drake St. Patrick's Day Performance (DH)</p> <p>3:30pm-Crochet w/ Rachel (Dh)</p> | <p>8:30am-Daily Chronicle (L) 24</p> <p>9:30am-Chair Exercise (Ch)</p> <p>10:15am-Travel Club: Pakistan (Ch)</p> <p>1:00pm-Shopping Trip: Hobby Lobby</p> <p>2:30pm- BINGO! (DH)</p> | <p>8:30am-Daily Chronicle (L) 25</p> <p>9:30am-Chair Zumba (Ch)</p> <p>10:30am-Curious Minds: The Trial of Lizzie Borden (Li)</p> <p>1:00pm-Rummicube (Dh)</p> <p>2:00pm-Bob Morse Guitar Performance (Ch)</p> <p>3:30pm: Nails (DH)</p> | <p>8:30am-Daily Chronicle (L) 26</p> <p>9:30am-Flower Arranging (Dh)</p> <p>10:00am-Church Service (Ch)</p> <p>10:45am-Exercise w/ Debbie (Ch)</p> <p>1:30pm: Card Club (Dh)</p> <p>2:30pm-Puzzle Palooza (AR)</p> <p>6:30pm-Movie: Becoming (2020) 10th</p> | <p>8:30am-Daily Chronicle (L) 27</p> <p>10:00am- Ballroom Basics for Balance (Ch)</p> <p>10:30am-Spring Coloring Fuzzy Posters (10th)</p> <p>1:30pm-Bible Study (CH)</p> <p>3:00pm-Happy Hour: A Toast to Spring (10th)</p> | <p>9:30am-Daily Chronicle (L) 28</p> <p>10:30am-Decade Quiz (Li)</p> <p>1:30pm-Bella Piano Performance (L)</p> <p>3:00pm-Resident-Led Sing Along (Ch)</p> <p>6:30pm-Movie: Enola Holmes (2020) 10th</p> |
| <p>9:00am-Daily Chronicle (L) 29</p> <p>10:00am-Coffee Sips and Social (10th)</p> <p>1:15pm-BINGO! (Dh)</p> <p>3:00pm-Nails (Dh)</p> <p>6:30pm-Movie: Enola Holmes 2 (2022)</p> <p><small>Palm Sunday</small></p> | <p>8:30am-Daily Chronicle (L) 30</p> <p>9:30am-Chair Exercise (Ch)</p> <p>10:30am-Monday Mysteries: The Enigmatic Druids (Li)</p> <p>1:00pm-Puzzle Palooza (AR)</p> <p>2:00pm-Resident Council (Ch)</p> | <p>8:30am-Daily Chronicle (L) 31</p> <p>9:30am-Chair Exercise (Ch)</p> <p>10:15am-Travel Club: The Alps w/ Rick Steves (Ch)</p> <p>1:00pm-Shopping Trip: Kohl's</p> <p>2:30pm-BINGO! (Dh)</p> | <p>AR-Activity Room Ch-Chapel DH-Dining Hall Li-Library L-Lobby 10th-10th floor</p> | | | |

March 2026

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | |
|--|--|--|---|---|---|--|---|--|
| 9:30am Daily Chronicle 1 11:00am Luka Comfort Dog Visiting 2:30pm Snack & Hydration 3:30pm Decades Trivia | 9:30am Daily Chronicle 2 10:00am 5 Clues 10:30am Morning Movement 1:00pm March EZ Category Trivia 2:30pm Snack & Hydration 3:30pm Watercolor Painting <small>Purim Begins</small> | 9:30am Daily Chronicle 3 10:15am Travel Club: <u>Egypt w/ Rick Steves</u> 1:30pm Seated Stretches 2:30pm Snack & Hydration 3:00pm Nail Care & Painting | 9:30am Daily Chronicle 4 10:00am March Order Up Matching Game 10:30am Google Earth Tour: America's Most Iconic Small Towns 1:00pm Olga Piano Performance 2:30pm Snack & Hydration 3:30pm Bingo | 9:30am Daily Chronicle 5 10:00am Church Service 10:45am Exercise w/ Debbie 1:30pm 1940s Music Trivia 2:30pm Snack & Hydration 3:30pm Spring Coloring | 9:30am Daily Chronicle 6 10:00am Morning Movement 10:30am Travelogue: England 1:30pm Make & Take 2:30pm Snack & Hydration 3:00pm Simple C | 9:30am Daily Chronicle 7 11:00am Morning Movement 2:30pm Snack & Hydration 3:30pm Bingo | | |
| 9:30am Daily Chronicle 8 10:00am Make & Take: Spring is Here Mosaic 11:00am Where Am I? Guessing Game 2:30pm Snack & Hydration 4:00pm Nails Care & Painting <small>Daylight Saving Time Begins</small> | 9:30am Fox Therapy Exercise 9 10:00am Daily Chronicle 10:30am My Fair Lady Trivia 1:30pm Drumming with Dan 2:30pm Snack & Hydration 3:00pm Balloon Volleyball 3:30pm UNO | 9:30am Daily Chronicle 10 10:15am Travel Club: <u>Canada</u> 1:30pm Seated Stretches 2:30pm Snack & Hydration 3:00pm Nail Care & Painting | 9:30am Daily Chronicle 11 10:00am Simple C 10:30am Make & Take: St. Patrick's Day Sun Catchers 1:00pm March Random Trivia 2:30pm Vets on Frets Performance 3:30pm Bingo | 9:30am Daily Chronicle 12 10:00am Church Service 10:45am Exercise w/ Debbie 1:30pm 1950s Music Trivia 2:30pm Snack & Hydration 3:30pm Puzzle Palooza | 9:30am Daily Chronicle 13 10:30am Richard Shaten Piano Performance 1:30pm Decades Trivia 2:30pm DATA Volunteers 3:30pm Popcorn Movie Social | 9:30am Daily Chronicle 14 10:00am Balloon Volleyball 1:30pm Luke Hrovat-Staedter Piano Performance 2:30pm Snack & Hydration 3:30pm Bingo | | |
| 9:30am Daily Chronicle 15 11:00am Morning Movement 1:30pm Spring Hangman 2:30pm Snack & Hydration 4:00pm Nail Care & Painting | 9:30am Daily Chronicle 16 10:00am March Modern Jeopardy Trivia 10:30am Morning Movement 1:30pm Watercolor Painting 2:30pm Snack & Hydration 3:30pm Google Earth Tour: Explore Germany | 9:30am Daily Chronicle 17 10:15am Travel Club: <u>Rome, Italy w/ Rick Steves</u> 1:30pm Seated Stretches 2:30pm Snack & Hydration 3:00pm Nail Care & Painting <small>St. Patrick's Day</small> | 9:30am Daily Chronicle 18 10:00am Who Am I? Guessing Game 10:30am Make & Take: Paper Leprechaun 1:30pm Simple C 2:00pm Balloon Volleyball 3:30pm Bingo | 9:30am Daily Chronicle 19 10:00am Church Service 10:45am Exercise w/ Debbie 1:00pm 1960s Music Trivia 2:30pm Snack & Hydration 3:30pm Simple C | 9:30am Daily Chronicle 20 10:00am Morning Movement 10:30am Puzzle Palooza 1:30pm Make & Take: Hello Spring Door Sign 2:30pm Snack & Hydration 3:00pm UNO <small>Spring Begins</small> | 9:30am Daily Chronicle 21 1:30pm Bella Piano Performance 2:30pm Snack & Hydration 3:30pm Bingo | | |
| 9:30am Daily Chronicle 22 1:00pm Balloon Volleyball 2:30pm Snack & Hydration 4:00pm Nail Care & Painting | 9:30am Fox Therapy Exercise 23 10:00am Daily Chronicle 10:30am Make & Take Easter Bunny House 1:00pm March Jeopardy Trivia 2:00pm Family Social w/ David HB Drake St. Patrick's Day Performance | 9:30am Daily Chronicle 24 10:15am Travel Club: <u>Pakistan</u> 1:30pm Seated Stretches 2:30pm Snack & Hydration 3:00pm Nail Care & Painting | 9:30am Daily Chronicle 25 10:00am What Am I? Guessing Game 10:30am Make & Take: Pot of Gold 2:00pm Bob Morse Guitar Performance 3:30pm Bingo | 9:30am Daily Chronicle 26 10:00am Church Service 10:45am Exercise w/ Debbie 1:30pm Finish the Lyrics Music Trivia 2:30pm Snack & Hydration 3:30pm Simple C | 9:30am Daily Chronicle 27 10:00am Ballroom Basics for Balance 11:00am Would You Rather? 1:30pm Make & Take 2:30pm DATA Volunteers 3:30pm Popcorn Movie Social | 9:30am Daily Chronicle 28 10:00am Morning Movement 1:30pm Bella Piano Performance 2:30pm Snack & Hydration 3:30pm Bingo | | |
| 9:30am Daily Chronicle 29 11:00am Morning Movement 1:30pm Decades Quiz 2:30pm Snack & Hydration 4:00pm Nail Care & Painting <small>Palm Sunday</small> | 9:30am Daily Chronicle 30 10:00am March More Jeopardy Trivia 10:30am Morning Movement 1:30pm Make & Take: Easter Egg Magnet 2:30pm Snack & Hydration 3:00pm Spring Would You Rather 3:30pm UNO | 9:30am Daily Chronicle 31 10:15am Travel Club: <u>The Alps w/ Rick Steves</u> 1:30pm Seated Stretches 2:30pm Snack & Hydration 3:00pm Nail Care & Painting | <h1>March 2026</h1> <h2>The Harbor</h2> | | | |  | |