

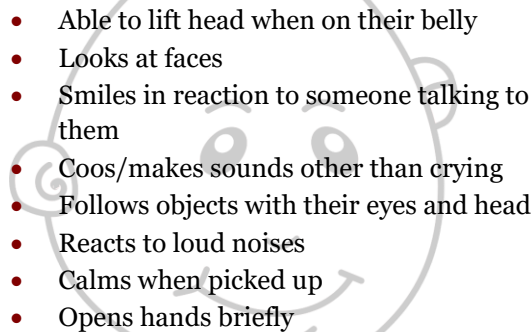


Developmental Milestones

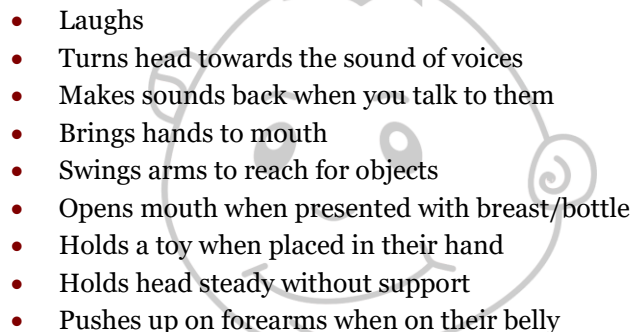
2 – 9 months old

Below are examples of developmental milestones that your child should be meeting by certain ages. Remember, not every child will meet every milestone right “on time” and milestone expectations are often adjusted for children that are born prematurely. Always reach out to your provider if you are concerned about your child’s development!

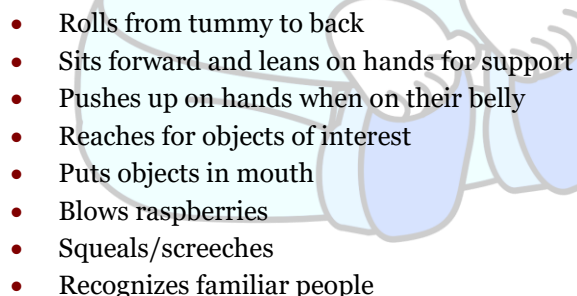
2 months old

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- Able to lift head when on their belly
 - Looks at faces
 - Smiles in reaction to someone talking to them
 - Coos/makes sounds other than crying
 - Follows objects with their eyes and head
 - Reacts to loud noises
 - Calms when picked up
 - Opens hands briefly

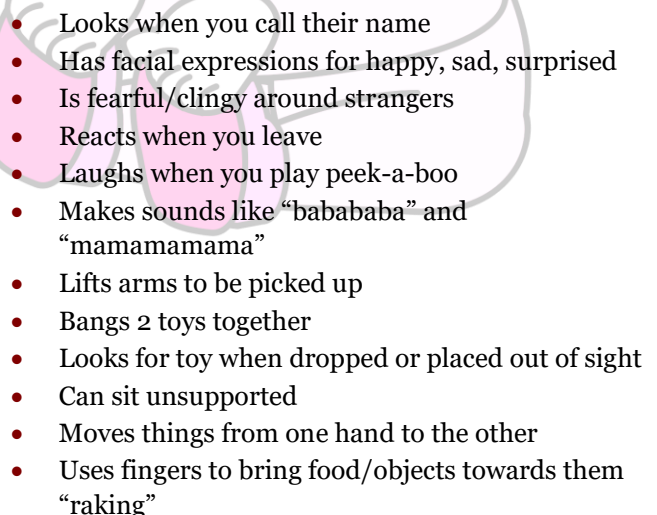
4 months old

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- Laughs
 - Turns head towards the sound of voices
 - Makes sounds back when you talk to them
 - Brings hands to mouth
 - Swings arms to reach for objects
 - Opens mouth when presented with breast/bottle
 - Holds a toy when placed in their hand
 - Holds head steady without support
 - Pushes up on forearms when on their belly

6 months old

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- Rolls from tummy to back
 - Sits forward and leans on hands for support
 - Pushes up on hands when on their belly
 - Reaches for objects of interest
 - Puts objects in mouth
 - Blows raspberries
 - Squeals/screeches
 - Recognizes familiar people

9 months old

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- Looks when you call their name
 - Has facial expressions for happy, sad, surprised
 - Is fearful/clingy around strangers
 - Reacts when you leave
 - Laughs when you play peek-a-boo
 - Makes sounds like “babababa” and “mamamama”
 - Lifts arms to be picked up
 - Bangs 2 toys together
 - Looks for toy when dropped or placed out of sight
 - Can sit unsupported
 - Moves things from one hand to the other
 - Uses fingers to bring food/objects towards them “raking”

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