



# Developmental Milestones

## 2 - 3 years old

Below are examples of developmental milestones that your child should be meeting by certain ages. Remember, not every child will meet every milestone right “on time” and milestone expectations are often adjusted for children that are born prematurely. Always reach out to your provider if you are concerned about your child’s development!

### 2 years old

- Looks at you to see how you react to a new situation
- Notices when other people are sad, hurt, upset
- Puts 2 words together (“more milk”)
- Points to objects when you ask where they are
- Points to at least 2 body parts
- Will blow a kiss or nod their head “yes”
- Tries to use switches, buttons, or knobs
- Kicks a ball
- Runs
- Eats with a spoon

### 2.5 years old

- Plays next to other children
- Says “Look at me” to show you something
- Can follow simple routines
- Has about 50 words
- Puts 2 or more words together
- Names things when you point and ask, “What’s this?”
- Uses “I”, “Me”, or “We”
- Plays pretend
- Follows 2 step instructions
- Knows 1 color
- Will remove some clothes by themselves
- Jumps with both feet off the ground
- Turns pages in a book one at a time

### 3 years old

- Notices other children and is interested in playing with them
- Calms down within 10 minutes if you leave (such as daycare drop off)
- Asks questions like “who?” and “where?”
- Has short back and forth conversations
- Knows their first name
- Talks well enough that most people can understand them
- Draws a circle if shown how
- Puts on some clothes by themselves
- Can string objects like large beads
- Can use a fork

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