



Developmental Milestones

12 – 18 months old

Below are examples of developmental milestones that your child should be meeting by certain ages. Remember, not every child will meet every milestone right “on time” and milestone expectations are often adjusted for children that are born prematurely. Always reach out to your provider if you are concerned about your child’s development!

12 months old

- Waves “bye-bye”
- Says “mama” or “dada” intentionally
- Plays “pat a cake”
- Understands “no” and will stop briefly
- Looks for things they see you hide
- Puts something in a container
- Pulls to standing
- Walks along furniture (cruising)
- Picks things up with thumb and pointer finger (pincer grasp)
- Can drink from a cup without a lid if you hold it

15 months old

- Shows you an object they like
- Will copy other children’s actions
- Claps when excited/happy
- Hugs
- Has 2 or more words besides “mama” and “dada”
- Points to ask for help
- Follows simple, one-step directions
- Takes some steps on their own
- Feeds themselves some finger foods
- Stacks 2 small objects

18 months old

- Points to show interest in an object
- Puts hands out for you to wash them
- Says 3 or more words besides “mama” or “dada”
- Copies things you do (will sweep if they watch you sweep)
- Will help get themselves dressed (push an arm through a sleeve or lift a foot for shoes)
- Walks independently
- Scribbles
- Tries to use a spoon
- Can drink from a cup without a lid (okay if they still spill sometimes)
- Climbs without help

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