

Q2 2025



# The Scoop

*The Quarterly Newsletter of Sunshine Physical Therapy Clinic*

Each quarter, we'll share the latest happenings at the Clinic - new services, highlights of our recent achievements, and updates on our plans for the future. In this issue, we highlight our new Clinical Director, upcoming events, patient success stories, and our new services. So let's dive in!



## Sunshine PTC Appoints Dr. Anna Flaig, DPT Clinical Director

We are thrilled to announce Dr. Anna Flaig as our new Clinical Director! With her patient-centered and collaborative approach, Dr. Flaig is the perfect fit for Sunshine's mission. Since June 2024, she has led our Pediatric Physical Therapy Department, bringing years of expertise from her previous role as Clinical Director at Achievement Rehabilitation. A former Division I pole vaulter, she holds a Doctorate in Physical Therapy from UF and is a National Pediatric Certified Specialist. Her passion for working with children and extensive experience in therapy for all ages make her an invaluable addition to our leadership team.

# MEET OUR 2025 SUNSHINE AMBASSADORS



Jack



Sophya

Join us in celebrating our 2025 Sunshine Ambassadors, Jack and Sophya! ☀️

Each year, we honor two pediatric patients who have made remarkable progress in therapy.

Jack, diagnosed with AGS, has grown from minimal speech to full sentences, gaining strength and independence with his custom wheelchair. Sophya, diagnosed with Cerebral Palsy and Autism, has made incredible strides in communication and now thrives in our lively pediatric gym, building strength and confidence.

With the support of their families and therapists, these inspiring young individuals continue to achieve extraordinary milestones!

## New Services at Sunshine Physical Therapy Clinic

### Pelvic Floor Therapy

Dr. Ashley Murray, PT, DPT



Pelvic Floor Therapy is a specialized service that treats:

- Pregnancy/post-partum
- Urinary incontinence
- Pelvic organ prolapse
- Endometriosis and painful menstrual cycles
- Sexual dysfunction/pain with intercourse
- Male pelvic pain
- Post prostatectomy

### Acupuncture

Karli King, AP, Dipl. OM



Acupuncture is a specialized services that treats:

- Post surgical care
- Neurological disorders
- Pain Management
- Asthma, allergy, and respiratory support
- Stress, insomnia, and mental health
- Digestive disorders
- Fertility and women's health
- Auto immune care and support

Call us at 772-562-6877 to learn more about these specialized services or to schedule an assesment today! We are pleased to add these complementary services to our therapy team!



Joan recently received acupuncture therapy at Sunshine PTC and had a wonderful experience! She shares, "Karli is great and very sensitive to your needs. She will be great going forward in her practice. Thank you so much!"

## Upcoming Events



### Rehab & Refresh Open House



- May 14<sup>th</sup>
- 4:30-7:00pm
- Sunshine Physical Therapy Clinic 1705 17<sup>th</sup> Ave

Come connect with our amazing team and partners at a special Meet & Greet event! Our therapists will be sharing insights on the services we provide, plus we'll have free screenings, facility tours, helpful resources, refreshments, and more!

Whether you're new to our clinic or a longtime supporter, we'd love to welcome you and show you all that we have to offer. Call Sherry at 772-562-6877 for more information and to reserve your place today We can't wait to see you there.



### School's Out for Summer Respite Night



- May 30<sup>th</sup>
- 5-8pm
- Sunshine Physical Therapy Clinic 1705 17<sup>th</sup> Ave



Give yourself a well-deserved break on May 30th from 5-8 pm while our amazing team takes care of your little ones. Our qualified staff and volunteers are ready to provide a fun-filled evening with dinner, summer-themed games, and enriching crafts. 🧩🎨

We welcome children of all ages and abilities! Space is limited, so make sure to RSVP by calling us at 772-562-6877. Don't miss this chance for your kids to kick off summer with their Sunshine friends! ☀️ We can't wait to have some fun with your kiddos!



### Summer Fun Days



- Wednesdays June 4<sup>th</sup> - July 30th
- 10-2pm
- Sunshine Physical Therapy Clinic 1705 17<sup>th</sup> Ave



Get ready for unforgettable family fun every Wednesday from 10 AM - 2 PM, starting June 4th! ☀️ Enjoy exciting activities like Water Day, Sunshine Farm adventures, musical arts, Junior Olympics, and more!

Children of all ages and abilities are welcome, and thanks to a generous grant from Quail Valley Charities, this program is completely free!

Reserve your family's spot today—call Mindy at 772-562-6877 for more information. We can't wait to celebrate summer with you!

# Ways of Giving

## Did you know?

- **94% of the children we see have a diagnosed disability.**
- **Nearly half of last year's 20,000 Clinic visits were free or partially free, totaling over \$850,000 in contributed services.**



## Support Sunshine Physical Therapy Clinic

**As the only non-profit outpatient therapy clinic on the Treasure Coast, Sunshine is committed to providing the highest quality care to those in need of our services, regardless of their insurance or ability to pay. Because of that commitment, we rely on this generous community - and individuals like you - to support our mission so we can continue to do the important work we do.**

**[Click Here to Make a Donation Today!](#)**

## Join Our Sunshine Volunteer Team!

**We are seeking volunteers for the following opportunities:**

**Special events**

**After-hours Respite Nights with the kids**

**Community outreach events**

**Landscaping and garden design**

**Administrative support**

**Reach out to Sherry at 772-562-6877 to learn more about how you can get involved!**