

Q3 2025



The Scoop

The Quarterly Newsletter of Sunshine Physical Therapy Clinic

Each quarter, we'll share the latest happenings at the Clinic - new services, highlights of our recent achievements, and updates on our plans for the future. In this issue, we highlight our partnerships, patient success stories, new specialty services, and details on our upcoming gala. So let's dive in!

Community in Action: Gifford Youth Spotlight



For the second summer in a row, we proudly partnered with the Youth Employability Program of Gifford Youth Achievement Center. Our highly qualified intern, Jahzara, joined our Pediatric Therapy Department, where she gained hands-on experience in Physical, Occupational, and Speech Therapies. She saw firsthand how we help the children we serve achieve their therapy goals. We're honored to support students like Jahzara and collaborate with organizations like Gifford Youth Achievement Center to help build our community's future workforce.

PATIENT SUCCESS STORIES



Khalil

Some of you may be familiar with our young man, Khalil. He was born with a cardiac deficit and underwent open-heart surgery at just two weeks old. Complications led to a stroke, leaving him in need of intensive therapy. When he arrived at Sunshine at 8 months old, he struggled to hold his head up and couldn't sit independently. Thanks to the dedication of his family and therapy team, Khalil has made remarkable progress—and we're thrilled to share that he's now walking on his own. [Click here to see him in action!](#)

Donnie



Donnie came to Sunshine after experiencing a stroke that left him with weakness and reduced fine motor skills in his arm, making it difficult to continue his work as a mechanic. After several months of Occupational Therapy, Donnie can now manipulate bolts with his affected hand—allowing him to return to his passion for rebuilding cars.

[Click here to hear his story!](#)

What Our Patients Say



All of the Sunshine Clinic staff are a pleasure to work with. I have worked with Jim and Laurel in PT and Leo in OT for the last several months. They are professional, well-qualified, and have helped me so much. Thank you to everyone at SPTC. - Virginia Gallo

New Specialties to Enhance Your Therapy

Now offering LSVT BIG Physical Therapy for Parkinson's Disease

LSVT BIG is a proven treatment protocol tailored to address symptoms of Parkinson's Disease by using large movement exercises.

LSVT BIG Approach targets the following:

- Balance
- Walking Speed
- Motor Function
- Improved Independence
- Improved quality of life



Vivistim® For Ischemic Stroke Survivors

Vivistim® is an FDA-approved implant developed specifically for ischemic stroke patients. Used along with traditional Occupational Therapy it can accelerate healing by up to 3x more than therapy alone.

Our Trained Therapists Can Help

Once the device has been implanted by your neurological team, our Vivistim®-trained therapists will guide you to ensure you're using it safely. They will utilize personalized treatment plans to improve range of motion using techniques such as:

- Therapeutic Exercises
- Activities of Daily Living Modifications
- Individualized Home Exercise Plans
- Neuromuscular Re-education



Call us at 772-562-6877 to learn more
about these specialized services or to schedule an assesment today!



Coming this Fall:
Lymphedema Therapy at Sunshine PTC!
Follow us on Facebook and Instagram for updates.

Looking Back at Summer Fun Days

Thanks to funding from Quail Valley Charities, Sunshine hosted days of fun for our patients, their families, and members of the broader community. Designed with special needs children in mind, each week welcomed another themed event from Water Days to Petting Zoo Day to Craft Day and more - each of which brought joy, laughter, and fun in the sun!

We were proud to create an inclusive environment for children and families of all abilities.

A heartfelt thanks to our staff, volunteers, vendors, The Source, IRC Fire Rescue, and everyone who helped make this program a success.



A Night of Sunshine

Thursday, November 6th

Join us for our annual Sunshine gala
celebrating the healing, hope, and heartfelt care
that Sunshine Physical Therapy Clinic brings to our community.

[Click here to purchase tickets or sponsorships](#)

or

Call Sherry at 772-562-6877 for more information.



 **Sunshine**
PHYSICAL THERAPY CLINIC

PRESENTS

*A Night
Of Sunshine
Gala*

**SAVE THE
DATE!**

A Night Of Sunshine Gala

**SAVE THE
DATE!**

THURSDAY, NOVEMBER 6, 2025
POINTE WEST CLUBHOUSE • 6:00-9:00PM
7500 14th Lane, Vero Beach, FL

**SPONSORS
NEEDED!**

Guests will enjoy a savory meal, drinks,
live entertainment, and engaging activities.

COCKTAIL ATTIRE • SILENT & LIVE AUCTION • \$150 PER PERSON

 **Sunshine**
PHYSICAL THERAPY CLINIC

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Ways of Giving

Did you know?

- **94% of the children we treat have a diagnosed disability.**
- **Nearly half of last year's 20,000 Clinic visits were free or partially free, totaling over \$850,000 in contributed services.**



Support Sunshine Physical Therapy Clinic

As the only non-profit outpatient therapy clinic on the Treasure Coast, Sunshine is committed to providing the highest quality care to those in need of our services, regardless of their insurance or ability to pay. Because of that commitment, we rely on this generous community - and individuals like you - to support our mission so we can continue to do the important work we do.

TO MAKE A DONATION

Visit our website at www.sunshineptc.org

or

[Click here!](#)

Help Us Spread Sunshine - Join Our Volunteer Team Today!

- **Special events**
- **Community outreach events**
- **Landscaping and garden design**
- **Administrative support**
- **Fundraising**

**Email us at marketing@sunshineptc.org
to learn more about how you can get involved!**

