

Q2 2026



# The Scoop

The Quarterly Newsletter of Sunshine Physical Therapy Clinic

Each quarter, we'll share the latest happenings at the Clinic.

In this issue, we highlight our 2026 Sunshine Kids Ambassadors, our recent achievements, patient success, specialty services, and a new team member. So, let's dive in!

## Golden Impact Award Winner



Sunshine Physical Therapy Clinic is honored to receive a **2025 Golden Impact Award** for our School Readiness Program, recognizing strong outcomes and meaningful impact for families in Indian River County. Thank you to CSAC for your continued support.

# 2026 SUNSHINE KIDS AMBASSADORS

Each year, we have the joy of selecting two pediatric patients who embody resilience, growth, joy, and the spirit of Sunshine. These two incredible kids inspire us through their therapy journeys, and we're honored to have them represent Sunshine this year.

*Khalil*

Khalil is a strong and resilient 3-year-old who has overcome major medical challenges, including newborn heart surgery, a history of stroke and seizures, breathing difficulties, and early G-tube feeding. Despite this start, he continues to amaze everyone with his determination. He is now walking with improved confidence and even beginning to run, exploring more during sessions and trying movements that once felt too hard. His communication is growing as he uses his AAC device with increasing success. Khalil's progress is steady and full of heart, and his determination shines through every session.



*Majesty*

Majesty is a sassy, bright, and determined 2-year-old who has shown incredible strength since being born at 28 weeks. In 2024, she underwent craniosynostosis surgery to reopen skull sutures that had fused too early, restoring the space needed for healthy brain growth. She has made steady progress, turning pages, coloring, and engaging joyfully with other children. Her mobility is growing as she walks with her golden walker and participates in strengthening play. She is also blossoming in speech therapy, experimenting with new sounds and repeating words. Majesty brings joyful energy to every session.



Move **BIGGER**. Speak **LOUDER**. Live **Better!**

## LSVT **BIG**® and LSVT **LOUD**®

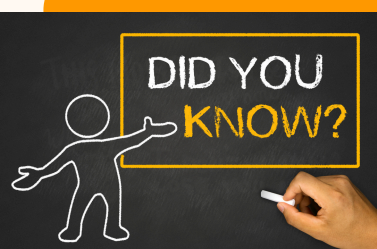
### A Treatment Protocol for Parkinson's Disease

- Specialized, research-supported therapy programs designed to improve movement and communication for individuals with Parkinson's disease
- **LSVT BIG**® focuses on increasing movement size to improve walking, balance, posture, and daily functional tasks
- **LSVT LOUD**® targets vocal loudness and clarity, helping individuals speak with a stronger, more confident voice
- Both programs use a high-intensity, one-on-one treatment model proven to create lasting improvements
- Ideal for individuals experiencing changes in mobility, speech, or daily function related to Parkinson's



***"Thank you for the help with my Parkinson's disease. I just finished speech therapy and now have the tools for a louder, clearer voice."***

**-Steve**



Sunshine PTC is one of **the only outpatient clinics on the Treasure Coast** offering both LSVT BIG and LOUD in Physical, Occupational, and Speech Therapies?



# Meet Our Newest Team Member!

**Tina Zayas, MS**

**Patient Relations and Community Outreach**



Tina brings a warm spirit and strong public-health background to our Sunshine team. Born and raised in Tegucigalpa, Honduras, she later moved to the U.S., earning her BS in Health & Nutrition and MS in Health & Food Management before becoming a proud U.S. citizen in 2008. In her role, she connects patients and families with resources and support beyond their therapy needs. For assistance, call the office or email [tina.zayas@sunshineptc.org](mailto:tina.zayas@sunshineptc.org).

Fun Fact: Outside of work, Tina enjoys soccer and fall football—and she's already counting down to the 2026 World Cup.

## We're Growing! Come Grow With Us!



Positions now available in both **Adult and Pediatric programs**.

As more families seek care, we're committed to meeting those needs with exceptional clinicians.

Send your resume to [clinical.director@sunshineptc.org](mailto:clinical.director@sunshineptc.org).

# Out and About with Sunshine PTC

Our marketing team has been active across the community, connecting with families and sharing Sunshine's services at local health fairs and events.

## Here's a peek at have what we've been up to:



We were honored to participate in recognizing Child Abuse Prevention Month with **Safe Families**.



We had a blast at **Believe & Achieve's** 3<sup>rd</sup> Annual 5k, sharing the Sadlek Traveling Sensorium.

## Come see us:

- First Friday of each month at Coffee with the Mayor
- June 6<sup>th</sup>– Sebastian Community Baby Shower

**Follow us on social media to see where we will be next!**



# You're Invited to Make a Difference

Your support helps children communicate, adults regain independence, and families find hope. We invite you to continue that impact.

**\$50 can help fund a therapy session for a child.**  
**\$100 can have an even greater impact.** Every contribution helps someone take a step towards a better quality of life.

## Give today:

[Donate on our website or](#)

[Mail your gift to:](#)

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Thank you for helping our community grow stronger.

*With gratitude,*  
Ginny Blossom

CEO  
Sunshine Physical Therapy Clinic

