

SEPTEMBER





FOOD & NUTRITIONAL DIVISION NATIONAL **SCHOOL BREAFAST & LUNCH PROGRAMS**

19

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



TAMALE FRESH GREEN APPLE / TANGERINE **ORANGE JUICE**

APPLE CHIA OATMEAL BAR FRESH GRAPES / CHILLED PEARS

EGG & CHEESE BURRITO W/SALSA FRESH RED APPLE/ CHILLED PEACHES

HOMEMADE BANANA CHOCOLATE CHIP MUFFIN ASST FRESH FRUIT /APPLESAUCE STRAWBERRY

CORN DOG **EMOJI FRIES BABY CARROTS** FRESH ORANGE / CHILLED PEACHES

BEEFARONI W/ ROLL CARROT STICKS PARADISE VEGETABLE JUICE FRESH RED APPLE / CRAISINS

CHICKEN NUGGETS W/ ROLL **CURLY FRIES CELERY STICKS** FRESH HONEY DEW / CHILLED PEARS

PEPPERONI PIZZA STEAMED BROCCOLI **CARROT STICKS ASST FRESH FRUIT / FRUIT PUNCH**

CINNAMON TOAST CRUNCH CEREAL W/ CRACKER FRESH PEAR / CRAISINS

FRENCH TOAST 9 FRESH GREEN APPLE / CHILLED MIXED **FRUIT**

23

10 ASSORTED CONCHAS FRESH GRAPES / CHILLED PEARS

EGG & CHEESE BOWL W/ TOAST FRESH RED APPLE / CHILLED PEACHES

MINI PANCAKES **ASST FRESH FRUIT /APPLESAUCE BIRTHDAY** CAKE

LOADED POTATO (PORK) W/ COOKIE PINTO BEANS SHREDDED SALAD FRESH CANTALOUPE/ CHILLED MIXED FRUIT

SUB SANDWICH W/ BAKED CHIPS **CHOPPED SALAD** PARADISE VEGETABLE JUICE FRESH ORANGE / CHILLED PEACHES

BEEF FINGERS W/ COOKIE MASHED POTATOES PARADISE VEGETABLE JUICE FRESH RED APPLE / CRAISINS

CHICKEN (SPICY) SANDWICH TATER TOTS **CELERY STICKS** FRESH HONEYDEW / CHILLED PEARS

CHICKEN DRUMSTICK W/ROLL

BEAN & CHEESE PUPUSA W/SALSA 25

MANDARIN ORANGE CHICKEN W/ NOODLES STEAMED BROCCOLI CARROT STICKS ASST FRESH FRUIT / FRUIT PUNCH JUICE **FORTUNE COOKIE**

GO-GURT W/ CRACKER 15 FRESH PEAR / CRAISINS

PANCAKE & SAUSAGE STICK FRESH GREEN APPLE / TANGERINE ORANGE JUICE

GINGERBREAD MAN 17 FRESH GRAPES / CHILLED PEARS

EGG & CHEESE ENGLISH MUFFIN FRESH RED APPLE / CHILLED PEACHES

NO **SCHOOL**

CHICKEN TAMALE PINTO BEANS SHREDDED SALAD FRESH CANTALOUPE / CHILLED MIXED FRUIT

BACON WRAPPED HOT DOG EMOJI FRIES COLESLAW FRESH ORANGE / CHILLED PEACHES

MINI PANCAKES

FRESH GREEN APPLE / CHILLED MIXED FRUIT

MASHED POTATOES PARADISE VEGETABLE JUICE FRESH RED APPLE / CRAISINS

FRUIT FRUDEL

FRESH GRAPES / CHILLED PEARS

POPCORN CHICKEN W/ ROLL

CORN **CELERY STICKS** FRESH HONEYDEW / CHILLED PEARS

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(3) EMAIL: PROGRAM.INTAKE@USDA.GOV. USDA IS AN EQUAL OPPORTUNITY PROVIDER, EMPLOYER, AND LENDER.

DONUT HOLES (WG) 26 ASST FRESH FRUIT /APPLESAUCE BIRTHDAY CAKE

TRIX CEREAL W/ CRACKER 22 FRESH PEAR / CRAISINS

> **BBQ RIB SANDWICH EMOJI FRIES COLESLAW** FRESH ORANGE / CHILLED PEACHES

CHICKEN TENDERS W/COOKIE **MASHED POTATOES** PARADISE VEGETABLE JUICE FRESH RED APPLE / CRAISINS

SUB SANDWICH BURGER SALAD CELERY STICKS FRESH HONEYDEW / CHILLED PEARS

FRESH RED APPLE / CHILLED PEACHES

TERIYAKI CHICKEN W/ NOODLES STEAMED BROCCOLI CARROT STICKS **ASST FRESH FRUIT / FRUIT PUNCH JUICE FORTUNE COOKIE**

GO-GURT W/ CRACKER FRESH PEAR / CRAISINS

BARBACOA TACOS

REFRIED BEANS

SHREDDED SALAD

FRESH CANTALOUPE/ CHILLED MIXED FRUIT

CHICKEN FAJITAS W/ TORTILLA PINTO BEANS SHREDDED SALAD FRESH CANTALOUPE / CHILLED MIXED FRUIT

TAMALE FRESH GREEN APPLE / TANGERINE ORANGE JUICE

CORN DOG EMOJI FRIES BABY CARROTS FRESH ORANGE / CHILLED PEACHES INSTITUTIONS PARTICIPATING IN OR ADMINISTERING USDA PROGRAMS ARE PROHIBITED FROM DISCRIMINATING BASED ON RACE, COLOR, NATIONAL ORIGIN, RELIGION, SEX, GENDER IDENTITY (INCLUDING 6)

EXPRESSION). SEXUAL ORIENTATION, DISABILITY, AGE, MARITAL STATUS, FAMILY/PARENTAL STATUS. INCOME DERIVED FROM A PUBLIC ASSISTANCE PROGRAM, POLITICAL BELIEFS, OR REPRISAL OR RETALIATION THE INFORMATION REQUESTED IN THE FORM. TO REQUEST A COPY OF THE COMPLAINT FORM CALL (866) 632-9992. SUBMIT YOUR COMPLETED FORM OR LETTER TO USDA BY: (1) MAIL: U.S. DEPARTMENT OF AGRICULTURE, OFFICE OF THE ASSISTANT SECRETARY FOR CIVIL RIGHTS, 1400 INDEPENDENCE AVENUE, SW, WASHINGTON, D.C. 20250-9410; (2) FAX: (202) 690-7442; OR





