



Anthony Elementary School

Teacher: Demetrius Steel

Subject: Physical Education P.E. K - 2 Syllabus

Resources: Teacher developed, TEKS Resource

First Semester

1st Nine Weeks

Unit 1. Meet each other; Welcome (back) to Anthony Elementary (5 days)

Unit 2. Classroom routine, cues, and behavior (5 days)

Unit 3. Introduction to participation and activity (various activities). (10 days)

Unit 4. Assess gross motor skills hand and eye coordination; catch/throw (5 days)

Unit 5. Develop social skills and teach safety (spatial awareness) (10 days)

Unit 6. Motor skill focus using various activities (15 days)

2nd Nine Weeks

Unit 5. Motor skill assessment; movement coordination (14 days)

Unit 6. Strike a ball with a bat, paddle, racket or foot (5 days)

Unit 7. Team building activities (15 days)

Unit 8. Holiday activities such as; stuff the turkey and "hear comes Santa" (10 days)

Second Semester

3rd Nine Weeks

Unit 9. Introduction to fitness station training (10 days)

Unit 10. Indoor activity safety (5 days)

Unit 11. Creativity activities (5 days)

Unit 12. Combination skill challenge (10 days)

Unit 13. Additional physical fitness exercises; aerobics (10 days)

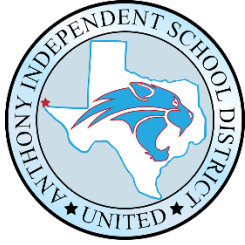
4th Nine Weeks

Unit 14. Assess gross motor skills; throw and catch (5 days)

Unit 15. Team building and motor skill development (15 days)

Unit 13. Fine motor skill development (10 days)

Unit 14. End of Year celebration (10 days)



Anthony Elementary School

Teacher: Demetrius Steel

Subject: Physical Education P.E. 3 - 5 Syllabus

Resources: Teacher developed, TEKS, TAHPERD

First Semester

1st Nine Weeks

Unit 1. Meet each other; Welcome (back) to Anthony Elementary (5 days)

Unit 2. Introduction to safety, participation and activity (various activities). (14 days)

Unit 3. Assessment; BOY Fitnessgram (15 days)

Unit 4. Daily activities for motor skill development (10 days)

2nd Nine Weeks

Unit 5. Sport activities; volleyball, football, basketball (10 days)

Unit 6. Creative games (5 days)

Unit 7. Student leadership (20 days)

Unit 8. Station fitness training (10 days)

Unit 9. Holiday activities (2 days)

Second Semester

3rd Nine Weeks

Unit 10. Individual health care and practices (5th grade only) (1 day)

Unit 11. Muscular Endurance activities (15 days)

Unit 12. Fine motor skill development and movement (15 days)

Unit 13. Various activities Cardio Fitness focus (10 days)

Unit 14. Hop into spring activities (5 days)

4th Nine Weeks

Unit 15. Adventure activities (10 days)

Unit 16. Basketball drill/activity (10 days)

Unit 17. EOY Fitnessgram (15 days)

Unit 18. End of year aerobic activities (5 days)

Unit 19. Field day week (3 days)