

Mark Tough – Sunday July 5, 2026
Psalm 61 - A prayer for those who are overwhelmed

1) In Psalm 61, King David cried out to God for help when he was in a s_____ which left him feeling overwhelmed

Psalm 61:1-2a

Psalm 61:6a

2 Samuel 15-19

2) King David's m_____ of God's love and faithfulness in the past gave him confidence to pray for God's help

Psalm 61:2b-7

Psalm 25:12-14

3) King David vowed to p_____ God as he trusted God to answer his prayer

Psalm 61:8

4) King David's prayer in verses 6-7 received its u_____ a_____ in Jesus

Psalm 61:6-7

Philippians 2:9-11

5) It is as we r_____ God's love and faithfulness in Jesus that we can have confidence to pray for help in the times when we feel overwhelmed

Romans 8:31b-32

Hebrews 4:14-16

Romans 8:35-37