



Harmonious Budgets

FINANCIAL VISION LLC

GIRLS JUST WANNA HAVE FUNDS

BUILDING WEALTH. LIVING FREE. HAVING FUN.

NO-SPEND CALENDAR



FOCUS ON BECOMING **RICH** MORE THAN LOOKING RICH

GIVE EVERY **DOLLAR** A JOB



SPEND LESS THAN YOU EARN

NO LOSSES, ONLY LESSONS

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	Every no-spend day is a step closer to your dream life!			

NO-SPEND DAY PARTIAL NO-SPEND DAY NOT A NO-SPEND DAY



DAILY NO-SPEND TRACKER

DATE: _____

TODAY'S INTENTION: _____

I choose financial freedom over temporary pleasure.

TODAY I AM GRATEFUL FOR:

1. _____
2. _____
3. _____

TODAY, I DID NOT SPEND MONEY ON:

- | | | | |
|---|--|--|--|
| ☐ RESTAURANTS / TAKEOUT | ☐ YES ☐ NO | ☐ SUBSCRIPTIONS | ☐ YES ☐ NO |
| ☐ COFFEE / DRINKS | ☐ YES ☐ NO | ☐ IMPULSE BUYS | ☐ YES ☐ NO |
| ☐ SHOPPING | ☐ YES ☐ NO | ☐ ONLINE ORDERS | ☐ YES ☐ NO |
| ☐ GROCERIES (UNPLANNED) | ☐ YES ☐ NO | ☐ ALCOHOL | ☐ YES ☐ NO |
| ☐ ENTERTAINMENT | ☐ YES ☐ NO | ☐ SNACKS / TREATS | ☐ YES ☐ NO |
| ☐ BEAUTY / SELF-CARE | ☐ YES ☐ NO | ☐ OTHER (EXPLAIN BELOW) | |
| ☐ GAS / TRANSPORTATION (UNNECESSARY) | ☐ YES ☐ NO | | |

WHY I'M SAYING NO TODAY:

- FINANCIAL FREEDOM
- DEBT FREEDOM
- BUILD WEALTH
- MY FUTURE
- MY DREAM LIFE



BE PURPOSEFUL WITH YOUR MONEY SO YOU CAN BE free with your life.



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