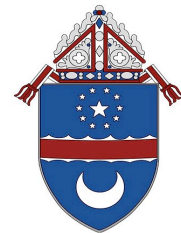




St. Louis Catholic Church

SaintLouisParish.org



July 26th ~ Feast Saints of Joachim and Anne ~ Patron Saints of Grandparents

July 26, 2026 ~ Seventeenth Sunday in Ordinary Time

Parish Office

2907 Popkins Lane
Alexandria, VA 22306

Phone: 703-765-4421

Office Hours: Mon - Fri
9:30am - 1:00pm
1:30pm - 5:30pm (except Wed)

St. Louis School
703-768-7732

St. Vincent De Paul Helpline
703-765-0050

Pastor: Rev. Keith O'Hare
Parochial Vicars:
Rev. Christopher Hayes
Rev. Luke Poczaitek

Sunday Mass

7:30am

8:45am *Children's Mass*

10:30am *Traditional Ad Orientem*

12:30pm *Traditional Ad Orientem*

5:15pm *Quiet Traditional*

Saturday Mass

8:45am 5:30pm Vigil Mass

Monday-Friday Mass

8:45am

Confessions

Mon-Sat: 7:45am-8:15am

Wednesday: 6:00pm

Saturday: 5:00pm

Sunday: 8:30am-9:15am

Misa en Español

Domingo 3:00pm

Confesiones: Dom. 2:15pm-3:00pm

Grupo de Oración

Sábado 6:30pm

Poor Clare Monastery

703-768-4918

2505 Stone Hedge Drive

Mass Every Day

7:00am (Gregorian chant)

Sunday Devotions

Eucharistic Exposition

8:00am - 4:00pm

Rosary 4:00pm

Benediction 4:30pm



Pro Deo et Pro Patria

PASTOR'S MESSAGE

Dear Friends,

Today, July 26th, is the feast day of the grandparents of our Blessed Mother - Saints Joachim and Anne. Consider these beautiful words of Pope Francis about these two saints and about all grandparents:

"Mary grew up in the home of Joachim and Anne; she was surrounded by their love and faith: in their home she learned to listen to the Lord and to follow his will. Saints Joachim and Anne were part of a long chain of people who had transmitted their faith and love for God, expressed in the warmth and love of family life, down to Mary, who received the Son of God in her womb and who gave him to the world, to us. How precious is the family as the privileged place for transmitting the faith. Grandparents are the wisdom of the family, they are the wisdom of a people. How important grandparents are for family life, for passing on the human and religious heritage which is so essential for each and every society!"

To all of you who are grandparents, I speak on behalf of all of us in saying "thank you"! We love you and could not imagine our lives without you! This weekend I fondly recall my own grandparents and give thanks to God for their gift of faith which was passed on to my parents and then to me and my siblings. Today I encourage all of us to meditate on the words of the "Grandparents' Prayer" which is found on page 31 in the brown parish prayerbook.

* * *

Since 2018 we have been blessed to have Andrew Beatty serve as our parish organist. Since 2021 he also served as our Director of Music. Andrew has consistently provided reverent high-quality organ and vocal music in support of our sacred liturgy. In addition to that he has shared his talents in the contemporary genre by providing beautiful piano and vocals for devotional events such as "Abide" and "Intercessory Prayer."

Recently Andrew and his wife, Christen, prayerfully discerned that it is the right time for him to pursue a professional development opportunity in the field of accounting. (Several years ago Andrew earned his MBA from GMU.) As of August 3rd, he will assume the position of full-time bookkeeper for St. Louis Parish and St. Louis School.

When you see Andrew, please express your gratitude for his eight years of service to our parish, and congratulate him on his new role of service to both the Church and School community. We will greatly miss his contributions to the life of reverent prayerful liturgy here at St. Louis!

Your Pastor,



Father O'Hare



GRADUATING HIGH SCHOOL SENIORS
ARE INVITED TO...

COLLEGE NIGHTS

Kick off college with faith, friendships, and meaningful connections! Meet fellow Catholics from your college (and beyond) before the semester begins. All events begin at 7PM. Pizza dinner included!

- JUNE 30** Holy Spirit, Annandale
- JULY 9** St. Theresa, Ashburn
- JULY 14** Holy Trinity, Gainesville
- JULY 21** Basilica of St. Mary, Alexandria
- JULY 28** St. Mary of the Immaculate Conception, Fredericksburg

To register for FREE,
visit ASJB.org or scan the
QR code:


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To protect human life & the truth about marriage

CATHOLICS VOTE NO

on the

"Virginia Right to Reproductive Freedom Amendment" and
"Virginia Remove Constitutional Same-Sex Marriage Ban Amendment"



FUN FOR EVERYONE!

PICKLEBALL NIGHT!

Looking for a fun way to meet new people and get some exercise? Come to our first Pickleball Night! All skill levels are welcome. No partner required. Just bring your energy and your paddle!



Friday, August 7

**4:30 PM -
8:30 PM**

**St. Louis Parking Lot
and School Gym**

- **Cost:** \$10 per person
- **What to Bring:** Athletic shoes, water bottle. Paddles available to borrow.
- **Format:** Ladder play, rotating partners.
- **Social:** Stay after for food and fellowship!
- **Register:** Scan the QR Code to register!



CONTACT :

Drew Niklason | 703-307-8788 | drewniklason@yahoo.com

SPIRITUALITY



Sunday Morning "Band of Brothers"

Led by our
Parish Priests
7:30am - 8:30am in the
Little Way Café

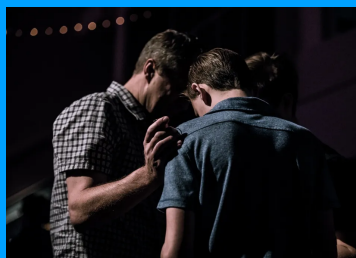
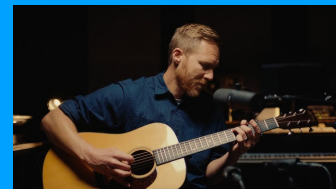
Scripture, prayer, discussion, and coffee
No registration required - just show up!



Intercessory Prayer

"I want someone to
pray with me"
Sunday, August
16th

After the
10:30am Mass



Meditative Music
11:30am-12:00pm
Brief personal
intercessory
prayer with a
priest
and prayer
team member

Abide

COME AND BE HEALED



MONDAY, AUGUST 17TH

7PM-8PM

EUCCHARISTIC HOLY HOUR

WITH HEALING PRAYERS

FEATURES CONTEMPORARY MUSIC

SOCIAL AFTERWARDS

WITH SNACKS AND BEVERAGES

Mass of Remembrance for Families of Child Loss

All Parents, Grandparents, relatives, and friends of child loss,
from pregnancy loss through adulthood are welcome.

August 15th | 10:30 am

St. Agnes Catholic Church

1910 N. Randolph St., Arlington, VA

A light reception will follow the Mass

Celebrant & Homilist:

Most Rev. Michael F. Burbidge

Bishop of Arlington



Scan the
QR Code
to Register

For more information:

familylife@arlingtondiocese.org

703.841.2550



CATHOLIC DIOCESE OF
ARLINGTON | Office of
Marriage, Family & Respect Life

Red Bird
MINISTRIES

R³

R³ for Women ~ Second Monday of the Month 7pm ~ 8/10/26

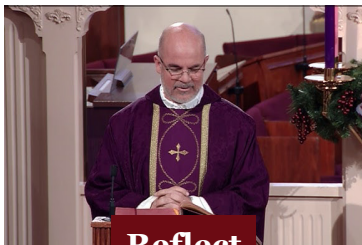
R³ for Men ~ Fourth Monday of the Month 7pm ~ 7/27/26

R³

Retreat



Reflect



Relax



From 7pm-8pm there is Eucharistic adoration, a brief reflection, silent meditation, and confessions. This "holy hour" is followed by "happy hour" in the Little Way Cafe! Beverages and snacks are provided.

To protect human life & the truth about marriage

CATHOLICS VOTE NO

on the

"Virginia Right to Reproductive Freedom Amendment" and
"Virginia Remove Constitutional Same-Sex Marriage Ban Amendment"



Have an Upcoming Wedding Anniversary?

Please let us know! If it is a significant anniversary (ending in a "5" or a "0") we would especially like to honor you. Please contact the parish office.



Are You Grieving?

Are you grieving the loss of a loved one?
Come to a monthly opportunity for prayer and conversation led by Fr. O'Hare. "Grief and Grace" meets in the Little Way Cafe. The next session will be Wednesday, August 26th, from 12:30pm-1:30pm.



"Come and See:
A Graduate Level Course
in Theology"

Weekly classes taught by
Fr. O'Hare
and Fr. Hayes
Sundays 10 - 10:45am
in the school gym

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FELLOWSHIP

Mothers' Group

- The St. Louis Mothers' Group meets every Wednesday from 10:15am to noon - feel free to drop-in for any length of time. All mothers are invited and all children are welcome! We host discussions, social time, meetups for field trips and park days, as well as brunch gatherings and events around the liturgical calendar.

THIS WEEK - This Wednesday, July 29th, we will meet in the YAR at 10:15am to discuss finding the beauty in our work as mothers - fostering interior and exterior order and a cheerful family life. (The YAR is located at the back of the church building, look for the black gate and follow the stairs down to the YAR door)

CONTACT: For more information or to join our email list or Facebook page, please contact Theresa Talavera at (571)331-8441 or tatalavera@yahoo.com



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Little Way Café is located in the
upper area of the parking lot.
Open Sundays 9:30am - 12:30pm;
M-F 9am - 12pm

ENJOY!



Join Our Team!



Open Positions for the 2026-2027 Academic Year:

- Extended Day Care Staff
- Kitchen Assistant (Part-Time)



Please apply using the QR code
above or by emailing your
cover letter and resume to
Mimi Calogero, Principal:
mcalogero@stlouisschool.org



Pastoral Telecounseling

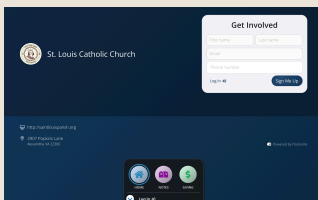
Services

Let us help you find faithful, effective solutions for...

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- Parenting Struggles
- Emotional Problems
- Problem Anger
- Understanding and Establishing Healthy Boundaries
- Family-of-Origin Issues
- Recovery from trauma
- Sexual Problems (Individual and Marital)
- Behavioral Addictions/Compulsions
- Spiritual Crises
- Personal Growth

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LET US PRAY FOR ONE ANOTHER

Monday, July 27

7:00am, Poor Clares, Intentions of B. Cox
8:45am, +John & Patricia Heffron

Tuesday, July 28

7:00am, Poor Clares, Intentions of Doug & Cindy Rigsbee
8:45am, Intentions of Alexander Lane

Wednesday, July 29

7:00am, Poor Clares, Intentions of Cynthia Weber
8:45am, Intentions of Ed Purcell

Thursday, July 30

7:00am, Poor Clares, +Don Weber
8:45am, +Joseph Lefebvre

Friday, July 31

7:00am, Poor Clares, +William & Eve Van Slyke
8:45am, Intentions of Anne Woznak

Saturday, August 1

7:00am, Poor Clares, Intentions of Timothy Lane
8:45am, +Kevin Moran

5:30pm, +Louis Veccese

Sunday, August 2

7:00am, Poor Clares, Intentions of Micah Nolin
7:30am, +John Olson, Sr.

8:45am, +Cesar & Leynes II, Jr.

10:30am, *Pro Populo*

12:30pm, Intentions of Friel Family

3:00pm, Intentions of Erin & Doug Meckfessel

5:15pm, +Michael Groene

Eternal Rest
Grant Unto
Them,
O Lord!

Sam Keller

Fr. Dan Spychala



Prayer for the Homebound

Lord, you have a special love for those who are weak, infirm, and dependent. Bless the homebound parishioners of our parish as they carry their daily crosses. May our prayers bring them strength and consolation, and the Sacraments sanctify and inspire them. We ask this through Christ our Lord. Amen.

This week we pray especially for the following homebound parishioners:

Imelda Druke, Bette Jo Eifert, Donna Jenkins,
Yvonne Laque, and Mary Lassanyi.



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 First Sunday of the Month - 2pm

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