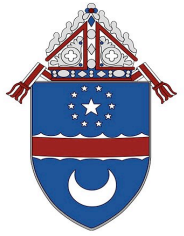




St. Louis Catholic Church

SaintLouisParish.org



Pope Leo XIV Elected May 8, 2025



"Our first task is to teach what it means to know Jesus Christ."

Pope Leo XIV

May 3, 2026 ~ Fifth Sunday of Easter

Parish Office

2907 Popkins Lane
Alexandria, VA 22306
Phone: 703-765-4421

Office Hours: Mon - Fri
9:30am - 1:00pm
1:30pm - 5:30pm (except Wed)

St. Louis School
703-768-7732

St. Vincent De Paul Helpline
703-765-0050

Pastor: Rev. Keith O'Hare
Parochial Vicars:
Rev. Gregory Thompson
Rev. Luke Poczatek

Sunday Mass

7:30am
8:45am *Children's Mass*
10:30am *Traditional Ad Orientem*
12:30pm *Traditional Ad Orientem*
5:15pm *Quiet Traditional*

Saturday Mass

8:45am 5:30pm Vigil Mass

Monday-Friday Mass

8:45am

Confessions

Mon-Sat: 7:45am-8:15am
Wednesday: 6:00pm
Saturday: 5:00pm
Sunday: 8:30am-9:15am

Misa en Español

Domingo 3:00pm

Confesiones: Dom. 2:15pm-3:00pm

Grupo de Oración

Sábado 6:30pm

Poor Clare Monastery

703-768-4918
2505 Stone Hedge Drive
Mass Every Day
7:00am (Gregorian chant)

Sunday Devotions

Eucharistic Exposition
8:00am - 4:00pm
Rosary 4:00pm
Benediction 4:30pm



Pro Deo et Pro Patria

PASTOR'S MESSAGE

Dear Friends,

Where were you last year on May 8, 2025? Recall where you were in the moment that it was dramatically announced to all the world: "*Habemus Papam!*" "We have a Pope!"

And then the even more dramatic moment of his identity being revealed: the American Cardinal who was raised in the suburbs of Chicago, Cardinal Robert Prevost, O.S.A. If ever there was a moment in Church history when it could be declared, "The Lord's ways are not our ways," it was that day. For centuries it had been held as undeniably certain that there would never be an American Pope.

As you know, this year it has been reported that Americans converted to the Catholic Faith at the highest numbers in over 21 years. This is no mere fad; conversion is a life change and a commitment to be a disciple of Jesus in a whole new way. The Holy Spirit is at work in the Church from top to bottom.

In this Easter Season we do not merely look backward to the Resurrection and sing praise of the Lord's conquering of the grave. We also look *forward* to the Solemnity of Pentecost, when the Holy Spirit descended upon the Apostles in a transforming way. Believe in the Holy Spirit. It is the Spirit who moved the hearts and minds of the Cardinals last year to elect Pope Leo XIV, and it is the Holy Spirit who is transforming the lives of those who came into full communion with the Catholic Church at the Easter Vigil.

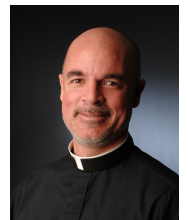
Concerning the Holy Spirit, Pope Leo offers us these words: "*What took place in the Upper Room takes place anew in our midst. Like a mighty wind that overtakes us, like a crash that startles us, like a fire that illuminates us, the gift of the Holy Spirit descends upon us. The Holy Spirit overcomes fear, shatters inner chains, heals wounds, anoints with strength, and grants the courage to go out to all and to proclaim God's mighty works.*"

May God the Holy Spirit continue to give inner strength and profound wisdom to our Holy Father as he celebrates the first anniversary of his election this Friday!

Your Pastor,



Father O'Hare



**SPECIAL KIDS / SPECIAL NEEDS
MAY 9-10**

Give the gift of Catholic Education to children with intellectual and developmental disabilities in the Diocese of Arlington. 100% of all proceeds from this collection support special programs at our schools.

portocharities.org/sksn



Intercessory Prayer

"I want someone to
pray with me"

Sunday, May 31

After the

10:30am Mass



Meditative Music

11:30am-12:00pm

Brief personal
intercessory
prayer with a priest
and prayer
team member



*Rosary and Mass for the First Anniversary of Pope Leo XIV
Friday, May 8th
Rosary at 6:30pm; Mass at 7pm*



**Saturday, May 9
10:00 am
Little Way Café**

Coffee and light refreshments will be provided

**RSVP: Sunny O'Malley
sunny@shsmetrospringfield.com**



**WHAT IS
TRAIL LIFE
UP TO?**



SUPPORT OUR TROOP & DONATE!

- Camping cooking gear (Dutch Ovens, Propane Stoves, Mess Kits, Cast Iron Pans, Portable Grill, etc.)
- Camping Tools (Pocket Knife, Hatchet, Brush Saw, Entrenching Tool)
- Fire Pit & Fire Tongs
- Sports Canopy Tent
- Bows (30 lb draw or lighter) and Arrows
- BB/pellet rifles
- Collapsible Cargo Wagon
- Heavy-Duty Outdoor Extension Cords
- Rope
- Tarps
- Plastic Totes & Bins
- 5-gallon Buckets
- Air Compressor
- Air Hoses



To join or donate, contact us at troopva2907@gmail.com



St. Vincent de Paul

Christ is Risen! In this joyful Easter season, we are reminded that hope and new life are always possible. Through your generosity, our parish St. Vincent de Paul Conference continues to bring Christ's love to neighbors in moments of great need.

We recently helped a family facing hardship after the father, who worked in construction, suffered a serious arm and hand injury. After six surgeries over the course of many months, he remains unable to work and has exhausted his 401(k) savings to cover living expenses. Their 17-year-old daughter is contributing by working part-time at a local store, while the mother is actively seeking employment. With another child at home, age 11, the family fell behind on rent, and we were able to assist them during this difficult time.

"He is not here; He has risen!" – Luke 24:6

Thank you for being a source of hope and renewal for our neighbors in need this Easter season.

Need help? Call our Helpline: 703-765-0050

Wish to donate? Use the "Make a Gift" button in Flocknote (saintlouisatholicchurch.flocknote.com) Also, you can write a check to Saint Vincent de Paul, Saint Louis and leave it at the Rectory. Donations can also be made using our Tax ID: 26-1100276. Please contact us with questions.

Want to join us (we need and want you!)? Email Jim Paton: patonbert@gmail.com or come to one of our bi-weekly meetings to learn more: 2nd and 4th Thursdays, 7:00 pm in the St. Francis Room.





Sunday Morning
"Band of Brothers"
Led by our Parish Priests
7:30am - 8:30am in the
Little Way Café

Scripture, prayer, discussion, and coffee
No registration required - just show up!



walking with purpose

Come as you are.

YOU ARE WELCOME HERE

WWP Bible studies combine personal study with small group discussion, linking our everyday challenges to solutions given through Scripture. If you desire to grow in your faith—in a supportive community of Catholic women—join us!

*Tuesdays 9:30am to 11:30am
in St. Francis Room
Wednesday 7pm to 9pm
in The Little Way Café*

Register



www.walkingwithpurpose.com

Abide
COME AND BE HEALED



MONDAY, MAY 18TH

7PM-8PM

EUCCHARISTIC HOLY HOUR

WITH HEALING PRAYERS

FEATURES CONTEMPORARY MUSIC

SOCIAL AFTERWARDS

WITH SNACKS AND BEVERAGES

Mornings of
MERCY
for Divorced Catholics

Hurting after divorce? Want to enter into fellowship with Catholics in similar situations and to grow more deeply in your relationship with Jesus?

May 16th
Good Shepherd
Catholic Church

The event is free, but please register at arlingtondiocese.org/event/morningsofmercy



Office of Marriage, Family and Respect Life
703.841.2550 | familylife@arlingtondiocese.org | [@arlingtonfamily](https://www.arlingtonfamily.org)

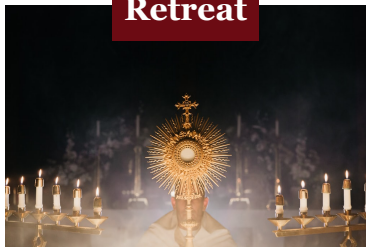
R³

R³ for Women ~ Second Monday of the Month 7pm ~ 5/11/26

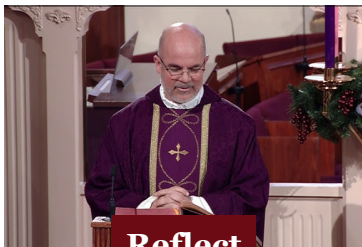
R³ for Men ~ Cancelled for Memorial Day

R³

Retreat



Reflect



Relax



From 7pm-8pm there is Eucharistic adoration, a brief reflection, silent meditation, and confessions. This "holy hour" is followed by "happy hour" in the Little Way Cafe! Beverages and snacks are provided.



Military Potluck

All military families and veterans are welcome!
Scan the QR code to sign up to bring a potluck dish.



Please RSVP by May 13th to (Colonel) Madeline Gorini at madelinegorini@gmail.com if you are able to join us!

16 May, 2026
6:30 PM

2907 Popkins Ln
Alexandria, VA 22306
Little Way Café



Pastoral Telecounseling

Services

Let us help you find faithful, effective solutions for...

- Marital/Relationship Problems (couples or solo spouse)
- Parenting Struggles
- Emotional Problems
- Problem Anger
- Understanding and Establishing Healthy Boundaries
- Family-of-Origin Issues
- Recovery from trauma
- Sexual Problems (Individual and Marital)
- Behavioral Addictions/Compulsions
- Spiritual Crises
- Personal Growth

Tele-counseling services are provided by highly-trained faithful Catholic counselors CatCatholi

catholiccounselors.com



The St Lucy's Guild is one of the oldest groups in our parish. We are seeking ladies who would like to join us for a monthly one hour meeting with rosary and intercessory prayers. Our next meeting will be Tuesday, May 12 at 10 AM in the San Damiano room. For more information, contact Alice Ess at 703-360-8853

Please sign up for FlockNote giving today!
(and then cancel your FaithDirect account)



Mothers' Group

- The St. Louis Mothers' Group meets every Wednesday from 10:15am to noon - feel free to drop-in for any length of time. All mothers are invited and all children are welcome! We host discussions, social time, meetups for field trips and park days, as well as brunch gatherings and events around the liturgical calendar.

THIS WEEK - This Wednesday, May 6th, we will meet in the YAR at 10:15am to discuss laundry tips and systems - while the kids play! (The YAR is located at the back of the church building, look for the black gate and follow the stairs down to the YAR door)

CONTACT: For more information or to join our email list or Facebook page, please contact Theresa Talavera at (571)331-8441 or tatalavera@yahoo.com



NEW TO ST. LOUIS?

THIS CAFÉ VOUCHER IS OUR WELCOME GIFT FOR YOU!

BRING THIS VOUCHER TO THE CAFE FOR A FREE BREAKFAST FOOD ITEM AND BEVERAGE.

Little Way Cafe is located in the upper area of the parking lot.
Open Sundays 9:30am - 12:30pm;
M-F 9am - 12pm



ENJOY!

Have an Upcoming Wedding Anniversary?

Please let us know! If it is a significant anniversary (ending in a "5" or a "0") we would especially like to honor you. Please contact the parish office.

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JUNE 13
3:45 - 9:30 PM

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Are You Grieving?

Are you grieving the loss of a loved one? Come to a monthly opportunity for prayer and conversation led by Fr. O'Hare. "Grief and Grace" meets in the Little Way Cafe. The next session will be Wednesday, May 27, from 12:30pm-1:30pm.



"Come and See:
A Graduate Level Course
in Theology"

Weekly classes taught by
Fr. O'Hare
and Fr. Thompson
Sundays 10 - 10:45am
in the school gym



ST. LOUIS SCHOOL'S
SPRING PTO Meeting

TUESDAY MAY 12 **ST. LOUIS CAFETERIA** **MEETING STARTS 7:00PM**

Join us for our Spring PTO Meeting for a chance to hear updates, see how our efforts are making an impact, and vote on the 2026-2027 PTO Board Members.

WE HOPE TO SEE YOU THERE!



ENTER HERE

TUITION RAFFLE



DON'T MISS YOUR CHANCE TO WIN **FREE TUITION** FOR ONE STUDENT FOR THE 2026-2027 SCHOOL YEAR!



DETAILS:

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- PROCEEDS BENEFIT THE ANNUAL FUND
- VALUED AT \$9,600

THE WINNER WILL BE CHOSEN ON THE LAST DAY OF SCHOOL!

www.stlouisschool.org

Principal Mrs. Calogero

703-768-7732

LET US PRAY FOR ONE ANOTHER

Monday, May 4

7:00am, Poor Clares, +Kevin Moran
8:45am, +Mark Healy

Tuesday, May 5

7:00am, Poor Clares, +Alberto N. Abastillas
8:45am, +Martin Schulz

Wednesday, May 6

7:00am, Poor Clares, +Douglas Gregerson
8:45am, +Angela Garcia

Thursday, May 7

7:00am, Poor Clares, +Don Rogan
8:45am, +Alfredo Bengzon

Friday, May 8

7:00am, Poor Clares, Intentions of Eva Shufflebarger
8:45am, +Mary Murphy

Saturday, May 9

7:00am, Poor Clares, +Patricia Horn
8:45am, +Don Rogan

5:30pm, Intentions of Patricia Lutz

Sunday, May 10

7:00am, Poor Clares, Intentions of Teresa Brooks

7:30am, +Sharlene Noguera

8:45am, Intentions of Clay Family

10:30am, *Pro Populo*

12:30pm, +Alberto N. Abastillas

3:00pm, Intentions of Richard Frigon

5:15pm, Mother's Day Novena

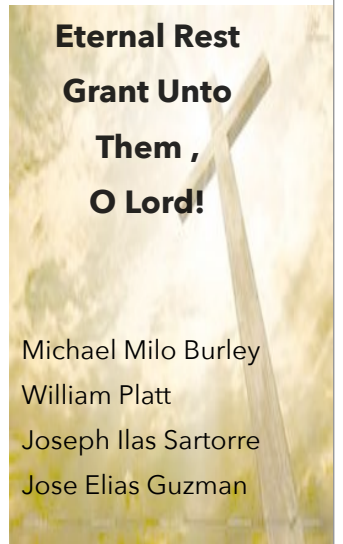
Eternal Rest

Grant Unto

Them ,

O Lord!

Michael Milo Burley
William Platt
Joseph Ilas Sartorre
Jose Elias Guzman



Prayer for the Homebound

Lord, you have a special love for those who are weak, infirm, and dependent. Bless the homebound parishioners of our parish as they carry their daily crosses. May our prayers bring them strength and consolation, and the Sacraments sanctify and inspire them. We ask this through Christ our Lord. Amen. This week we pray especially for the following homebound parishioners:

Laurel Lee, Renato & Maria Panameno Magne,
GW Health & Rehab residents, and Manuel & Orbelina Ortega.

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Authors of *D.C. Region Real Estate's Essential Guide for Smart Buyers* (available at Amazon.com)

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 w: karengearchitects.com

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BINGO
 Friday Nights - 7pm
 First Sunday of the Month - 2pm

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