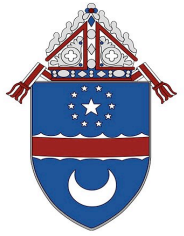




St. Louis Catholic Church

SaintLouisParish.org



“Peace be with you. As the Father has sent me, so I send you.” And when he had said this, he breathed on them and said to them, “Receive the Holy Spirit.”
Jn 20:21-22

May 24, 2026 ~ Solemnity of Pentecost

Parish Office

2907 Popkins Lane
Alexandria, VA 22306

Phone: 703-765-4421

Office Hours: Mon - Fri
9:30am - 1:00pm
1:30pm - 5:30pm (except Wed)

St. Louis School
703-768-7732

St. Vincent De Paul Helpline
703-765-0050

Pastor: Rev. Keith O'Hare
Parochial Vicars:
Rev. Gregory Thompson
Rev. Luke Poczatek

Sunday Mass

7:30am

8:45am *Children's Mass*

10:30am *Traditional Ad Orientem*

12:30pm *Traditional Ad Orientem*

5:15pm *Quiet Traditional*

Saturday Mass

8:45am 5:30pm Vigil Mass

Monday-Friday Mass

8:45am

Confessions

Mon-Sat: 7:45am-8:15am

Wednesday: 6:00pm

Saturday: 5:00pm

Sunday: 8:30am-9:15am

Misa en Español

Domingo 3:00pm

Confesiones: Dom. 2:15pm-3:00pm

Grupo de Oración

Sábado 6:30pm

Poor Clare Monastery

703-768-4918

2505 Stone Hedge Drive

Mass Every Day

7:00am (Gregorian chant)

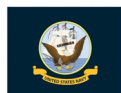
Sunday Devotions

Eucharistic Exposition

8:00am - 4:00pm

Rosary 4:00pm

Benediction 4:30pm



Pro Deo et Pro Patria

PASTOR'S MESSAGE

Dear Friends,

Happy Memorial Day Weekend! It is a most honorable calling to serve one's nation in the armed forces, and we rightfully honor all of you who serve in the Army, Navy, Coast Guard, Marines, Air Force, Space Force, and National Guard - thank you for laying down your lives for all of us!

This weekend we pray for the repose of the souls of the men and women who made the ultimate sacrifice and lost their lives in service to our country. Two Masses will be celebrated here on Memorial Day (7am at the Poor Clare Monastery; and 8:45am in the parish). Attending Mass on Memorial Day is the best way to unite your love of God and your love of country - *Pro Deo et Pro Patria*, as it says on the front of our bulletin.

This weekend we celebrate the conclusion of the Easter Season. The seven weeks of the Easter Season do not just commemorate the previous event of the Lord's Resurrection but also prepare us for what that Resurrection made possible, which is the full outpouring of the the Third Person of the Holy Trinity upon the Apostles and the Church.

In the Jewish tradition there is a feast day which occurs on the same day (50 days after Passover) which is called the "Feast of Weeks." It commemorates Moses receiving the Law on Mount Sinai. Do you see the connection? Pentecost (which falls on the same day in the liturgical calendar) celebrates the revelation of the "New Law" - which is the Holy Spirit dwelling in our hearts and souls. Whereas the Old Law was written on stone tablets, the New Law is written on the human heart by the Holy Spirit. You are a temple of the Holy Spirit and the best version of you is made possible by the Indwelling of the Holy Spirit!

To prepare for Mass today I encourage you to pray the two prayers to the Holy Spirit that you find in the brown parish prayer book on page 25. Veni, Sancte Spiritu! Come, Holy Spirit!

Your Pastor,



Father O'Hare



Congratulations Father Thompson!

Newly assigned Pastor at
Sacred Heart in Manassas, VA.

Thank you for all you have done for St. Louis
parish these last four years, Father!
May God Bless you in your new role.



20th Anniversary Mass
June 7th at 10:30am

Welcome, Father Hayes!

Our newly assigned parochial vicar,
Father Hayes



★ 250 YEARS OF THE UNITED STATES OF AMERICA ★

Interested in
riding a bus to
this event?
Contact the
parish office.

Bus departure
from St. Louis:
1pm
Bus arrival at
St. Louis:
11pm to 11:30pm



DIOCESAN FESTIVAL

★ CELEBRATING FAITH + FREEDOM ★

SATURDAY
JUNE 13
3:45 - 9:30 PM

CLARKE COUNTY
FAIRGROUNDS
BERRYVILLE, VA



FREE EVENT FOR ALL AGES
REGISTRATION IS REQUIRED TO RECEIVE COMPLIMENTARY FOOD

MASS WITH BISHOP BURBIDGE ★ MUSIC ★ FOOD



Sunday Morning
"Band of Brothers"
Led by our Parish Priests
7:30am - 8:30am in the
Little Way Café

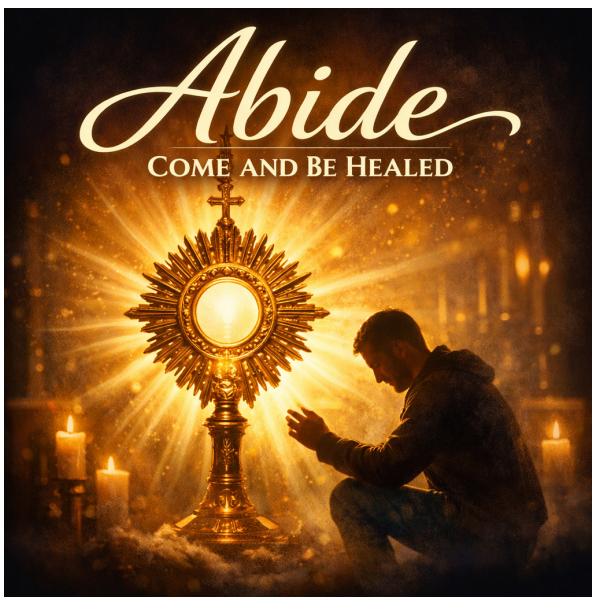
Scripture, prayer, discussion, and coffee
No registration required - just show up!



Intercessory
Prayer
"I want someone to
pray with me"
Sunday, May 31
After the
10:30am Mass



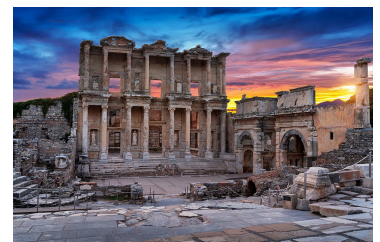
Meditative Music
11:30am-12:00pm
Brief personal
intercessory
prayer with a
priest
and prayer
team member



MONDAY, JUNE 15TH
7PM-8PM
EUCCHARISTIC HOLY HOUR
WITH HEALING PRAYERS
FEATURES CONTEMPORARY MUSIC
SOCIAL AFTERWARDS
WITH SNACKS AND BEVERAGES

**10-Day Journey to the
Seven Churches of Revelation**
with Fr. Jason Charron and Matt & Cameron Fradd
\$6,295 per person, based on double occupancy
Start Date: October 28, 2026
End Date: November 6, 2026
Location: Turkey

Join us on a special tour to Asia Minor to explore the Seven Churches of Revelation on a tour of Christian sites in Asia Minor. You will travel to the major cities throughout Turkey, including Ephesus, Smyrna, Thyatira, Sardis, Laodicea, Philadelphia, Hierapolis, and Constantinople, with 3000 years of history. You will visit Pamukkale to see ancient temples, including the Hierapolis and magnificent Necropolis. This is truly a once-in-a-lifetime experience. This tour will sell out quickly, book now.



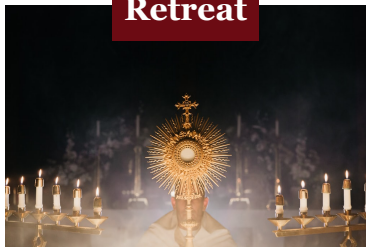
R³

R³ for Women ~ Second Monday of the Month 7pm ~ 6/8/26

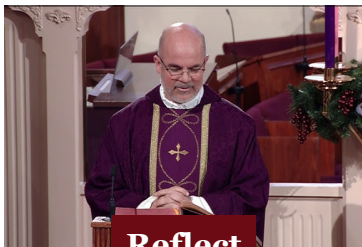
R³ for Men ~ Cancelled for Memorial Day

R³

Retreat



Reflect



Relax



From 7pm-8pm there is Eucharistic adoration, a brief reflection, silent meditation, and confessions. This "holy hour" is followed by "happy hour" in the Little Way Cafe! Beverages and snacks are provided.



CATHOLIC COUNSELORS

Pastoral Telecounseling

Services

Let us help you find faithful, effective solutions for...

- Marital/Relationship Problems (couples or solo spouse)
- Parenting Struggles
- Emotional Problems
- Problem Anger
- Understanding and Establishing Healthy Boundaries
- Family-of-Origin Issues
- Recovery from trauma
- Sexual Problems (Individual and Marital)
- Behavioral Addictions/Compulsions
- Spiritual Crises
- Personal Growth

Tele-counseling services are provided by highly-trained faithful Catholic counselors

catholiccounselors.com

Are You Grieving?

Are you grieving the loss of a loved one? Come to a monthly opportunity for prayer and conversation led by Fr. O'Hare. "Grief and Grace" meets in the Little Way Cafe. The next session will be Wednesday, May 27, from 12:30pm-1:30pm.



"Come and See:
A Graduate Level Course
in Theology"

Weekly classes taught by
Fr. O'Hare
and Fr. Thompson
Sundays 10 - 10:45am
in the school gym



Religious Articles for Sale

This weekend there will be a display of beautiful olive wood handmade carvings from the Holy Land in Our Church. These Carvings are made by the Christians of Bethlehem who use them as their source of income.

Christians in the Holy Land used to be more than **37%** of the population. There is less than **1%** now. As Christians of faith, it is our duty to support our brothers and sisters in Bethlehem. You can support them by purchasing some of these beautiful carvings after mass.

FELLOWSHIP

Mothers' Group

- The St. Louis Mothers' Group meets every Wednesday from 10:15am to noon - feel free to drop in for any length of time. All mothers are invited and all children are welcome! We host discussions, social time, meetups for field trips and park days, as well as brunch gatherings and events around the liturgical calendar.

THIS WEEK - FIELD TRIP - This Wednesday, May 27th, we will be meeting at the Franciscan Monastery in DC for our annual Rosary Pilgrimage. Please meet us at the Monastery at 10:30AM for a walking rosary. Feel free to bring lunch for a picnic lunch in the gardens following our rosary.

CONTACT: For more information or to join our email list or Facebook page, please contact Theresa Talavera at (571)331-8441 or tatalavera@yahoo.com



NEW TO ST. LOUIS?

THIS CAFÉ VOUCHER IS OUR WELCOME GIFT FOR YOU!

BRING THIS VOUCHER TO THE CAFÉ FOR A FREE BREAKFAST FOOD ITEM AND BEVERAGE.

Little Way Café is located in the upper area of the parking lot.
Open Sunday 9:30am - 12:30pm;
M-F 9am - 12pm



ENJOY!

Have an Upcoming Wedding Anniversary?

Please let us know! If it is a significant anniversary (ending in a "5" or a "0") we would especially like to honor you. Please contact the parish office.



CHRISTIAN MEN & WOMEN IN ACTION (CWIA)

PRAYER BREAKFAST MEETING

SATURDAY, MAY 30, 2026, 10:00 AM

HAMPTON INN & SUITES BY HILTON

5821 RICHMOND HIGHWAY, ALEXANDRIA, VA 22303

PRAISE!! WORSHIP!! TEACHING!! FELLOWSHIP!!

GUEST SPEAKER: SHARON BONEBRAKE

While still in high school, Sharon began her faith journey as a catechist at Fort Riley Kansas. She continued her faith journey as an Army wife, mother, home school teacher, community volunteer and businesswoman. In 2011, Sharon, founded -- and continues as a trustee of -- Halo Haven Ministries, an organization whose mission is to help strengthen spirituality and religious formation within families, communities, and parish ministry teams. Six years later, she became the co-host of Armor of Faith Radio, a broadcast which works to bring its listeners closer to the Word of God and the blessings we receive through living in the fullness of the Catholic Faith. In 2019, Sharon debuted a segment entitled "Why Catholics Do What We Do" to remind us of the purpose of the traditions and actions by which we live our Christian lives. Come hear her remarkable story. And bring a friend! Men and women are welcome.

Advanced reservations required. Please call Evelyn Luis at 703-850-7607 or mail a check in the amount of \$12.00 for a full buffet breakfast payable to CWIA, 4113 18th Street, Arlington, VA 22204.

The event will be available on ZOOM.

Visit www.cwia.holyspirit.com for Meeting ID and Passcode.



FAMILY FUN NIGHT!

Come and support our sister parish in Nicaragua while enjoying games with friends and family!

\$5 per person

Saturday, May 30

4:30pm - 7:30pm

McClunn Hall (School Gym)

2901 Popkins Ln Alexandria, VA 22306

Snack Bag Provided After Games

SEE YOU THERE!



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(and then cancel your ParishSoft account)





Congratulations to our second-grade classes on receiving the sacrament of First Holy Communion!



www.stlouisschool.org

Principal Mrs. Calogero

703-768-7732

LET US PRAY FOR ONE ANOTHER

Monday, May 25

7:00am, Poor Clares, +Marji Vanmeter
8:45am, +John & Phaolo Manning

Tuesday, May 26

7:00am, Poor Clares, +Elena Jaldin
8:45am, +Angelo Sai De La Cruz

Wednesday, May 27

7:00am, Poor Clares, +Dr. James Calvin
8:45am, Intentions of Restituto & Evelyn Francisco

Thursday, May 28

7:00am, Poor Clares, Intentions of Margaret W. King
8:45am, Intentions of Caroline Phillips

Friday, May 29

7:00am, Poor Clares, +Richard & Maria King
8:45am, +Cesar Gaerland

Saturday, May 30

7:00am, Poor Clares, +Leonard Cuddy and Parents

8:45am, Intentions of Sr. Constance Fitzgerald
5:30pm, +Marjorie Sibal

Sunday, May 31

7:00am, Poor Clares, +Joseph Fulton
7:30am, Intentions of Eilis Cancel
8:45am, +Manuela Alegrado
10:30am, *Pro Populo*
12:30pm, +Hilario & Ines Namata
3:00pm, +Manuel Flavio & Yanez Aquino
5:15pm, +Christina Davis

Eternal Rest

Grant Unto

Them ,

O Lord!

Margaret Ann Gentges
Viviana Elsa Mejia



Prayer for the Homebound

Lord, you have a special love for those who are weak, infirm, and dependent. Bless the homebound parishioners of our parish as they carry their daily crosses. May our prayers bring them strength and consolation, and the Sacraments sanctify and inspire them. We ask this through Christ our Lord. Amen.

This week we pray especially for the following homebound parishioners:

Michael Billings, Frances Burke,
Brightview Senior Living, and Jane Byers.



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Christopher Prawdzik**
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Move@DCRegionRealEstate.com

Authors of *D.C. Region Real Estate's Essential Guide for Smart Buyers* (available at Amazon.com)

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w: karengearchitects.com

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BINGO
Friday Nights - 7pm
First Sunday of the Month - 2pm



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