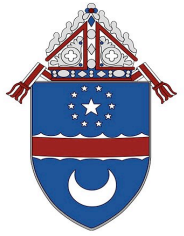




St. Louis Catholic Church

SaintLouisParish.org



May 10, 2026 ~ Sixth Sunday of Easter

<p>Parish Office 2907 Popkins Lane Alexandria, VA 22306 Phone: 703-765-4421 Office Hours: Mon - Fri 9:30am - 1:00pm 1:30pm - 5:30pm (except Wed)</p> <p>St. Louis School 703-768-7732</p> <p>St. Vincent De Paul Helpline 703-765-0050</p> <p>Pastor: Rev. Keith O'Hare Parochial Vicars: Rev. Gregory Thompson Rev. Luke Poczatek</p>	<p>Sunday Mass 7:30am 8:45am <i>Children's Mass</i> 10:30am <i>Traditional Ad Orientem</i> 12:30pm <i>Traditional Ad Orientem</i> 5:15pm <i>Quiet Traditional</i></p> <p>Saturday Mass 8:45am 5:30pm Vigil Mass</p> <p>Monday-Friday Mass 8:45am</p> <p>Confessions Mon-Sat: 7:45am-8:15am Wednesday: 6:00pm Saturday: 5:00pm Sunday: 8:30am-9:15am</p>	<p>Misa en Español Domingo 3:00pm Confesiones: Dom. 2:15pm-3:00pm Grupo de Oración Sábado 6:30pm</p> <p>Poor Clare Monastery 703-768-4918 2505 Stone Hedge Drive Mass Every Day 7:00am (Gregorian chant) Sunday Devotions Eucharistic Exposition 8:00am - 4:00pm Rosary 4:00pm Benediction 4:30pm</p>
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Pro Deo et Pro Patria

PASTOR'S MESSAGE

Dear Friends,

On this Mother's Day weekend we pray for all mothers (living and deceased) and for all mother-figures in our lives (grandmothers, aunts, older sisters, godmothers, teachers, catechists, and religious Sisters). There is no love like a mother's love!

Motherly love is a tender, wise, caring, sweet kind of love. It is a love that comforts and consoles, rejoices and mourns. It is a profoundly Christian and incarnational kind of love as a woman makes a total gift of herself, both physically and spiritually.

Pray sincerely for all mothers today because mothers are only human after all :) We forgive them any failings, and we pray for mothers who feel burdened, lonely, sad, or are ill. We also pray for women who carry the cross of any kind of woundedness such as pregnancy loss or difficulty conceiving. It consoles us all to remember that all mothers have another mother, the Blessed Mother, who is powerful through her intercessory prayer. May Mary, the Mother of Mothers, intercede for all today!

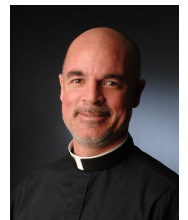
* * *

Today there is a special second collection in support of Porto Charities. Porto Charities is a 501(c)(3) non-profit that builds a culture of belonging for individuals with intellectual and developmental disabilities by increasing their educational, employment, and community engagement opportunities specifically here locally in the Diocese of Arlington. It is very fitting that on this Mother's Day we remember those mothers who make special sacrifices in raising children with intellectual and developmental disabilities. May God bless all mothers of special needs children today!

Your Pastor,



Father O'Hare



SPECIAL KIDS / SPECIAL NEEDS
MAY 9-10

Give the gift of Catholic Education to children with intellectual and developmental disabilities in the Diocese of Arlington. 100% of all proceeds from this collection support special programs at our schools.

portocharities.org/sksn



Intercessory Prayer

"I want someone to
pray with me"

Sunday, May 31

After the

10:30am Mass



Meditative Music

11:30am-12:00pm

Brief personal
intercessory
prayer with a priest
and prayer
team member



Pray for Mothers in the Month of May!

St. Louis Parish offers two special ways to pray for and honor mothers:

- 1) We have set up a special **Table of Remembrance for Mothers** in front of the statue of Mary in the church. You are invited to place a photo (or a copy of a photo) of your deceased mother or grandmother on the table during the month of May.
- 2) The annual **Mother's Day Novena** is a special series of 9 consecutive Masses (Sunday, May 12 through Monday, May 20) offered for the names of mothers (both living and deceased) submitted in the "Mother's Day Novena" collection envelope. You may also enclose brief written prayer petitions for those mothers. During the Novena the envelopes will be placed in a basket on display in front of the altar. If you do not have one of these envelopes, then use the blank prayer cards that can be found at the church entrances and give them to an usher.



Table of
Remembrance
for Mothers

ALL 8TH GRADERS AND HIGH SCHOOL TEENS ARE INVITED TO JOIN ST. LOUIS' YOUTH MINISTRY

the St. Clare & St. Francis Club

St. Louis School Cafeteria

Monday 6:30p - 8:00p

Join us
**Monday, May 11th,
2026**

Ice Cream Social
& End of School
Year Celebration

Come learn about
youth ministry, the
Steubenville Youth
Conference, and
small group faith
formation



Happy Mother's Day

"That special power of loving that belongs to a woman is seen most clearly when she becomes a mother. Motherhood is the gift of God to women. How grateful we must be to God for this wonderful gift that brings such joy to the whole world, women and men alike!"

St. Teresa of Calcutta



Prayer for Those Struggling with Infertility

*God of All Life, You fill what is empty,
You make abundant what is scarce, You bring to bloom
what is barren.*

*We ask your presence and care for all those who seek to
be parents. Bless them with the conception, healthy
delivery and joyful rearing of children to cherish made in
your image and likeness. Dwell with them and console
them as they wait for the gifts given in your good time.
With Sarah and Abraham, Rachel and Jacob, Hannah and
Elkanah, Zachariah and Elizabeth, we pray. Amen.*

*Prayer provided by the Catholic Health Association of the
United States*



FAITH, SCREENS, AND OUR FAMILIES WITH PETER RYAN



Before COVID-19, nearly half of teenagers reported using the internet almost constantly. Since then, screen use has increased across all age groups, both young and old.

What effects is this rising screen time having on children? What steps can we take to address it?

Peter Ryan is a Catholic husband and father of four who recently retired as a Navy Captain after 28 years of service. In his free time, he began studying the profound effects that screen-based Personal technology is having an impact on our lives. He authored "Technology, The New Addiction," which was published in the September 2018 edition of the U.S. Navy Journal Proceedings. Learn how screen-based technology use is affecting your family, and get advice on protecting yourself and your children from its harmful effects. This is a practical and spiritual call to action.



Monday, May 18



7:00 PM



Little Way Café

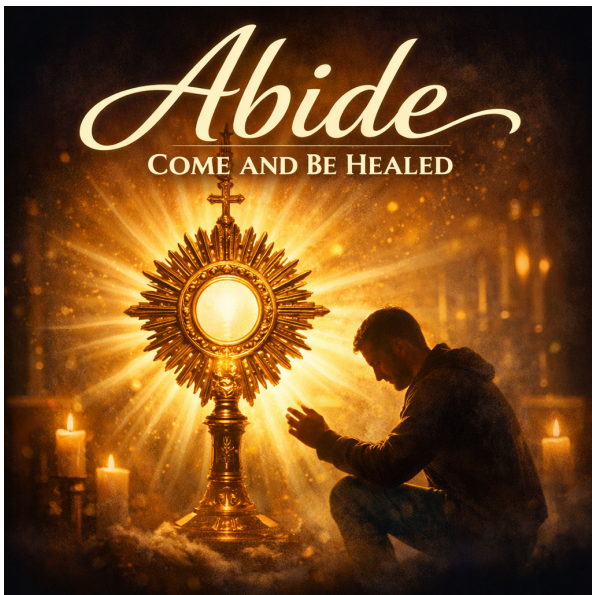
responsible-technology.org





Sunday Morning
"Band of Brothers"
Led by our Parish Priests
7:30am - 8:30am in the
Little Way Café

Scripture, prayer, discussion, and coffee
No registration required - just show up!



Abide
COME AND BE HEALED

MONDAY, MAY 18TH
7PM-8PM
EUCCHARISTIC HOLY HOUR
WITH HEALING PRAYERS
FEATURES CONTEMPORARY MUSIC
SOCIAL AFTERWARDS
WITH SNACKS AND BEVERAGES

United Community (UC)

MAY 2026 Food Drive

NEXT WEEKEND, SATURDAY AND SUNDAY, MAY 16TH & 17TH, ST. LOUIS WILL BE CONDUCTING ITS MONTHLY FOOD DRIVE TO RESTOCK THE SHELVES OF UC'S FOOD PANTRY. LAST MONTH, OUR DONATIONS TOTALLED 1,802 LBS. OF FOOD!! LET'S WORK TO MEET OR BEAT THAT AMOUNT IN MAY!

WE ARE ASKING EACH ST. LOUIS FAMILY TO CONTRIBUTE AT LEAST ONE GROCERY BAG FILLED WITH NON-PERISHABLE FOOD ITEMS. MONETARY DONATIONS ALSO ARE WELCOME!

ON SATURDAY, WE WILL BE COLLECTING DONATIONS AT THE REAR OF THE CHURCH BUILDING FROM 9:30 AM TO 3:00 PM. JUST DRIVE UP, DROP OFF AND DRIVE AWAY!!! WE ALSO WILL BE ACCEPTING DONATIONS AT ALL THE WEEKEND MASSES.

If you have any questions about the Food Drive or are interested in volunteering, please contact Marvin Spychaj @ 703-380-2970 or marvinspychaj@msn.com.



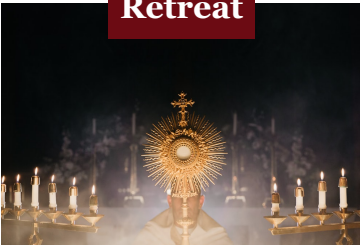
R³

R³ for Women ~ Second Monday of the Month 7pm ~ 5/11/26

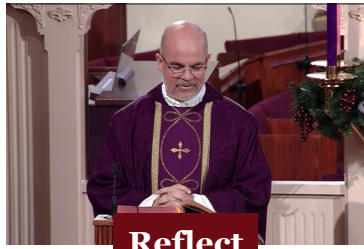
R³ for Men ~ Cancelled for Memorial Day

R³

Retreat



Reflect



Relax



From 7pm-8pm there is Eucharistic adoration, a brief reflection, silent meditation, and confessions. This "holy hour" is followed by "happy hour" in the Little Way Cafe! Beverages and snacks are provided.

Mornings of MERCY

for Divorced Catholics

Hurting after divorce? Want to enter into fellowship with Catholics in similar situations and to grow more deeply in your relationship with Jesus?

May 16th
Good Shepherd
Catholic Church

The event is free, but please register at arlingtondiocese.org/event/morningsofmercy



Office of Marriage, Family and Respect Life
703.841.2550 | familylife@arlingtondiocese.org | [@arlingtonfamily](https://twitter.com/arlingtonfamily)



The St Lucy's Guild is one of the oldest groups in our parish. We are seeking ladies who would like to join us for a monthly one hour meeting with rosary and intercessory prayers. Our next meeting will be Tuesday, May 12 at 10 AM in the San Damiano room. For more information, contact Alice Ess at 703-360-8853

Are You Grieving?

Are you grieving the loss of a loved one? Come to a monthly opportunity for prayer and conversation led by Fr. O'Hare. "Grief and Grace" meets in the Little Way Cafe. The next session will be Wednesday, May 27, from 12:30pm-1:30pm.



"Come and See:
A Graduate Level Course
in Theology"

Weekly classes taught by
Fr. O'Hare
and Fr. Thompson
Sundays 10 - 10:45am
in the school gym

Mothers' Group

- The St. Louis Mothers' Group meets every Wednesday from 10:15am to noon - feel free to drop-in for any length of time. All mothers are invited and all children are welcome! We host discussions, social time, meetups for field trips and park days, as well as brunch gatherings and events around the liturgical calendar.

THIS WEEK - This Wednesday, May 13th, we will meet in the YAR at 10:15am to discuss sharing our gifts and blue flames in order to bless others - while the kids play! (The YAR is located at the back of the church building, look for the black gate and follow the stairs down to the YAR door)

CONTACT: For more information or to join our email list or Facebook page, please contact Theresa Talavera at (571)331-8441 or tatalavera@yahoo.com



NEW TO ST. LOUIS?

THIS CAFÉ VOUCHER IS OUR WELCOME GIFT FOR YOU!

BRING THIS VOUCHER TO THE CAFE FOR A FREE BREAKFAST FOOD ITEM AND BEVERAGE.

Little Way Cafe is located in the upper area of the parking lot.
Open Sundays 9:30am - 12:30pm;
M-F 9am - 12pm



ENJOY!

Have an Upcoming Wedding Anniversary?

Please let us know! If it is a significant anniversary (ending in a "5" or a "0") we would especially like to honor you. Please contact the parish office.

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JUNE 13
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REGISTRATION IS REQUIRED TO RECEIVE COMPLIMENTARY FOOD

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Military Potluck

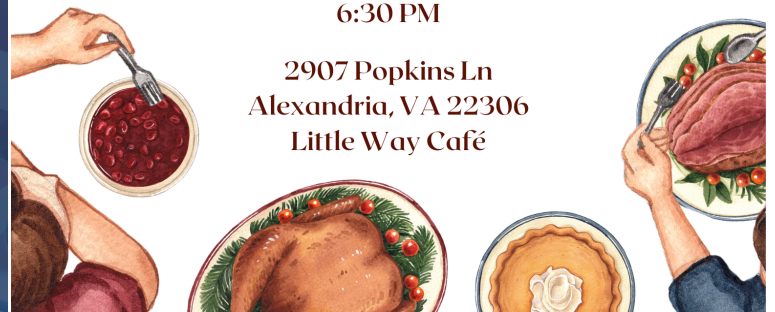
All military families and veterans are welcome!
Scan the QR code to sign up to bring a potluck dish.



Please RSVP by May 13th to (Colonel) Madeline Gorini at madelinegorini@gmail.com if you are able to join us!

16 May, 2026
6:30 PM

2907 Popkins Ln
Alexandria, VA 22306
Little Way Café



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(and then cancel your FaithDirect account)



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Assistant Director: Bridget Flaegen
Student Director: Elena Kokinda, Class of '24

Saturday, May 16th at 7:00 PM
Sunday, May 17th at 3:00 PM
in McClunn Hall

Tickets are available at the door.
Individual tickets: \$10
Families with three or more children: \$30
Children under the age of 4: Free



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THE WINNER WILL BE CHOSEN ON THE LAST DAY OF SCHOOL!

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Principal Mrs. Calogero

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LET US PRAY FOR ONE ANOTHER

Monday, May 11

7:00am, Poor Clares, Mother's Day Novena
8:45am, +Deceased Members of Thompson Family

Tuesday, May 12

7:00am, Poor Clares, +Linda Maher
8:45am, Mother's Day Novena

Wednesday, May 13

7:00am, Poor Clares, Mother's Day Novena
8:45am, +Marta Ngo

Thursday, May 14

7:00am, Poor Clares, Mother's Day Novena
8:45am, +Ann Graupensperger

Friday, May 15

7:00am, Poor Clares, Mother's Day Novena
8:45am, Intentions of Sister Parish in Nicaragua

Saturday, May 16

7:00am, Poor Clares, Intentions of Matthew & Carrie Cummins

8:45am, Mother's Day Novena
5:30pm, Intentions of Jorge Rodriguez

Sunday, May 17

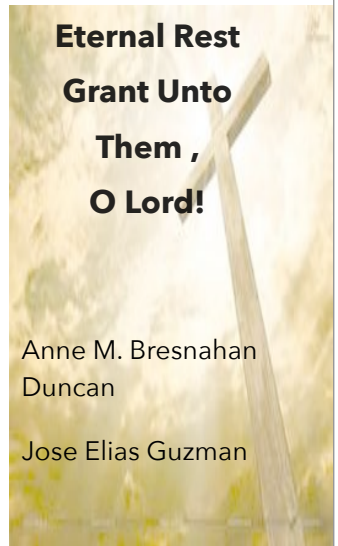
7:00am, Poor Clares, Intentions of Bob Push
7:30am, Mother's Day Novena

8:45am, +Janice Veccese
10:30am, *Pro Populo*
12:30pm, +Victorino Baluyos & Brigida Erat
3:00pm, Intenciones por los Niños de la Primera Comunion
5:15pm, +Maria Bueno

**Eternal Rest
Grant Unto
Them,
O Lord!**

Anne M. Bresnahan
Duncan

Jose Elias Guzman



Prayer for the Homebound

Lord, you have a special love for those who are weak, infirm, and dependent. Bless the homebound parishioners of our parish as they carry their daily crosses. May our prayers bring them strength and consolation, and the Sacraments sanctify and inspire them. We ask this through Christ our Lord. Amen. This week we pray especially for the following homebound parishioners:

Paul Spring residents, Robert Pierpoint,
Rose Pugh, and Ethel Moreland.

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