



St. Louis Catholic Church

SaintLouisParish.org



*“Everyone who drinks this water will be thirsty again;
but whoever drinks the water I shall give will never thirst...”*

John 4:13-14

March 8, 2026 ~ Third Sunday of Lent

<p>Parish Office 2907 Popkins Lane Alexandria, VA 22306 Phone: 703-765-4421 Office Hours: Mon - Fri 9:30am - 1:00pm 1:30pm - 5:30pm (except Wed)</p> <p>St. Louis School 703-768-7732</p> <p>St. Vincent De Paul Helpline 703-765-0050</p> <p>Pastor: Rev. Keith O’Hare Parochial Vicars: Rev. Gregory Thompson Rev. Luke Poczatek</p>	<p>Sunday Mass 7:30am 8:45am <i>Children’s Mass</i> 10:30am <i>Traditional Ad Orientem</i> 12:30pm <i>Traditional Ad Orientem</i> 5:15pm <i>Quiet Traditional</i></p> <p>Saturday Mass 8:45am 5:30pm Vigil Mass</p> <p>Monday-Friday Mass 8:45am</p> <p>Confessions Mon-Sat: 7:45am-8:15am Wednesday: 6:00pm Saturday: 5:00pm Sunday: 8:30am-9:15am</p>	<p>Misa en Español Domingo 3:00pm Confesiones: Dom. 2:15pm-3:00pm Grupo de Oración Sábado 6:30pm</p> <p>Poor Clare Monastery 703-768-4918 2505 Stone Hedge Drive Mass Every Day 7:00am (Gregorian chant) Sunday Devotions Eucharistic Exposition 8:00am - 4:00pm Rosary 4:00pm Benediction 4:30pm</p>
---	--	---



Pro Deo et Pro Patria

PASTOR'S MESSAGE

Dear Friends,

“The art of music is uniquely called to instill hope in the human spirit, so scarred and sometimes wounded by the earthly condition. Singing itself is almost like flying, rising up to God; it is in some way an anticipation of eternity when we will be able to ‘unceasingly sing God’s praise’.” (Pope Benedict XVI)

The power of music is soul-deep. We have all experienced the power of music in our lives, whether religious or secular. Music engages the mind, the heart, and the soul simultaneously. And when the intention of the music is to praise God, to communicate with Him, and to draw closer to Him, it is then that the music can have a fully supernatural impact.

Monday night is going to be a *supernatural* evening. It will not just feature the talent of a professional musician singer-songwriter (John Finch), it will be a supernatural event in which Jesus Himself will act. After an introductory song or two, John will share a stirring testimony of faith. That will be followed by Exposition of the Most Blessed Sacrament accompanied by John’s sonorous voice singing over meditative piano music.

This prepares the way for an intimate procession of the Blessed Sacrament throughout the church. You will experience our Eucharistic Lord literally approaching you and drawing near to you. Graces of healing are always in abundance on a night like this.

Come with family and friends, and do not limit your invitations only to those who are Catholic or even those who are religiously inclined. All are invited! Jesus and music can do powerful things in anyone’s life, just the way he supernaturally surprised the Samaritan woman in today’s Gospel. I look forward to sharing a very special evening with you tomorrow!

Your Pastor,



Father O’Hare



Stations of the Cross

Fridays at 9:15am
(after the 8:45am Mass)

Fridays at 7:00pm (English)

Fridays at 7:45pm (Spanish)



SPIRITUAL READING

For Lent

SUGGESTED DONATION: \$8

FORM A “BOOK CLUB” WITH ONE OR MORE PEOPLE

BOOK IS AVAILABLE STARTING
FEBRUARY 19TH IN THE PARISH OFFICE
AND THE CAFÉ



YOU PICK THE
PLACE





LENTEN WORSHIP NIGHT

WITH
JOHN FINCH



MAR
9TH, 2026
7:00 PM - 8:30 PM

ST. LOUIS CATHOLIC CHURCH
2907 POPKINS LN.
ALEXANDRIA, VA 22306

ADMISSION IS FREE AND OPEN TO
FAMILIES OF ALL AGES.

You're invited to a special Lenten prayer and worship night with Catholic songwriter and worship leader, John Finch. The evening will feature live music, guided prayer and reflection, and Eucharistic Adoration. This is a beautiful opportunity to pause, pray, and deepen your relationship with Christ during the Lenten season. All are welcome!

 JOHNFINCHMUSIC.COM

  @JOHNFINCHMUSIC

2026 Women's Conference

Faith, Hope & Courage

Catholic Women Helping to Form our Great Nation



Saturday, March 14

8 am – 2 pm | St. Joseph Catholic Church
750 Peachtree St., Herndon, VA

Featuring:



Most Rev. Michael F. Burbidge
Bishop of Arlington
Mass Celebrant of Hamilton



Helen M. Alvaré
Robert Leoy Chair in Law of Liberty
George Mason University



Mary Stanford
Professor of Theology
Christendom College

For more info & to register go to:
arlingtondiocese.org/women



Office of Marriage, Family and Respect Life
703.841.2550 | familylife@arlingtondiocese.org | @arlingtonfamily



Let's ride together!

Use the QR code to sign up to drive or to ride :)
Or go to Flocknote under signups and look for
Women's Conference - riding together

LENTEN PRAISE AND WORSHIP NIGHT!

with the St. Clare & St. Francis Club

St. Louis School Cafeteria

March 9, 2026
Pizza 6:30p
Praise & Worship
7:00-8:30p

All high school teens
are invited to join us
each week for pizza,
fun, and small group
faith formation



CALLING ALL CATHOLIC MEN, AND THOSE
INTERESTED IN BECOMING CATHOLIC, TO

Meet the Knights

THURSDAY, MARCH 19 • 7:30PM
KNIGHTS HALL

- Free Pizza, Wings, First Beer/Soda
- NCAA Basketball on Big Screens
- Learn about Knights of Columbus
- <https://www.signupgenius.com/go/805044DADA92FAAF49-62740524-meet>



8592 Richmond Highway/Park in Back
Questions? Chuck Roman 202-213-0094
www.kofc5998.org

JOHN PAUL II Healing Center
Transformation in the Heart of the Church



FREEDOM FOR THE FEMININE HEART

MARCH 26-28, 2026

ST. MARY'S CATHOLIC CHURCH
7301 ANNAPOLIS ROAD, LANDOVER HILLS, MD 20874

IN-PERSON OR LIVESTREAM

QUESTIONS
JP2RetreatDMV@gmail.com



LEARN MORE
www.jp2healingcenter.org





Sunday Morning
"Band of Brothers"
Led by our Parish Priests
7:30am - 8:30am in the
Little Way Café

Scripture, prayer, discussion, and coffee
No registration required - just show up!



walking with purpose

Come as you are.

YOU ARE WELCOME HERE

WWP Bible studies combine personal study with small group discussion, linking our everyday challenges to solutions given through Scripture. If you desire to grow in your faith—in a supportive community of Catholic women—join us!

*Tuesdays 9:30am to 11:30am
in St. Francis Room
Wednesday 7pm to 9pm
in The Little Way Café*

Register



www.walkingwithpurpose.com



St. Vincent de Paul

In the spirit of compassionate presence, our parish St. Vincent de Paul (SVdP) Conference continues to meet neighbors where they are—bringing practical assistance and Christ's love into moments of urgent need, thanks to your generosity.

We are assisting a neighbor who supports his parents, both in their seventies. His mother, who has no steady income, recently required urgent treatment for shingles. Because she does not qualify for Medicaid, her son covered the medical expenses, straining a budget already fully committed to household costs.

The family paid their regular bills and part of February's rent but still needs rental assistance to avoid late fee penalties. The neighbor is hopeful that three contracts expected in March will stabilize their finances moving forward.

Blessed Rosalie Rendu reminds us:

"Love the poor, do not blame them; it is not their fault if they are poor."

Thank you for helping us respond quickly and compassionately to neighbors in crisis.

Need help? Call our Helpline: 703-765-0050

Wish to donate? Use the "Make a Gift" button in Flocknote. Write a check to Saint Vincent de Paul, Saint Louis and leave it at the Rectory. Use Venmo: Venmo@SVDP-Alexandria. Contribute from your IRA; our Tax ID: 26-1100276

Want to join us (we need and want you!)? Email Jim Paton: jimp@svdpalexandria.org or come to one of our bi-weekly meetings to learn more: 2nd and 4th Thursdays, 7:00 pm in the St. Francis Room.



FELLOWSHIP

Mothers' Group

- The St. Louis Mothers' Group meets every Wednesday from 10:15am to noon - feel free to drop-in for any length of time. All mothers are invited and all children are welcome! We host discussions, social time, meetups for field trips and park days, as well as brunch gatherings and events around the liturgical calendar.

THIS WEEK - This Wednesday, March 11th, we will meet in the YAR at 10:15am to discuss filling our cups, fostering friendships, and finding the support we need as moms - while the kids play! (The YAR is located at the back of the church building, look for the black gate and follow the stairs down to the YAR door)

CONTACT: For more information or to join our email list or Facebook page, please contact Theresa Talavera at (571)331-8441 or tatalavera@yahoo.com

Are You Grieving?

Are you grieving the loss of a loved one? Come to a monthly opportunity for prayer and conversation led by Fr. O'Hare. "Grief and Grace" meets in the Little Way Cafe. The next session will be Wednesday, March 18, from 12:30pm-1:30pm.



**KNIGHTS OF COLUMBUS
ST. PATRICK'S DAY
PARTY**

**SATURDAY,
MARCH 14, 2026**

TICKETS ONLINE THROUGH MARCH 1ST
\$29/ADULT | \$50/COUPLE
\$20/TEENS (13-17) | \$5/KIDS 12 & UNDER

TICKETS AFTER MARCH 1ST / AT THE DOOR
\$39/ADULT | \$60/COUPLE
\$30/TEENS (13-17) | \$5/KIDS 12 & UNDER

**DOORS OPEN
AT 5:30 PM**

**NOTE: THERE WILL LIMITED WALK-UP AVAILABILITY.
PLEASE REGISTER IN ADVANCE TO SECURE YOUR SPOT!**



"Come and See:
A Graduate Level Course
in Theology"

Weekly classes taught by
Fr. O'Hare
and Fr. Thompson
Sundays 10 - 10:45
in the gym



CATHOLIC COUNSELORS

Pastoral Telecounseling

Services

Let us help you find faithful, effective solutions for...

- Marital/Relationship Problems (couples or solo spouse)
- Parenting Struggles
- Emotional Problems
- Problem Anger
- Understanding and Establishing Healthy Boundaries
- Family-of-Origin Issues
- Recovery from trauma
- Sexual Problems (Individual and Marital)
- Behavioral Addictions/Compulsions
- Spiritual Crises
- Personal Growth

Tele-
counseling
services
are
provided
by highly-
trained
faithful
Catholic
counselors



The St Lucy's Guild is one of the oldest groups in our parish. We are seeking ladies who would like to join us for a monthly one hour meeting with rosary and intercessory prayers. Our next meeting will be Tuesday, March 10, at 10 AM in the San Damiano room. For more information contact Alice Ess at 703-360-8853

catholiccounselors.com



At St. Louis, our K-5 students celebrated their love of reading and knowledge by dressing up as their favorite book characters for Read Across America Day!

Please consider supporting our 2025–2026 Annual Fund, which provides funding for security upgrades and tuition assistance.

Every donation makes a meaningful difference to our school. Thank you for your generosity!



Scan here to donate

www.stlouisschool.org

Principal Mrs. Calogero

703-768-7732

LET US PRAY FOR ONE ANOTHER

Monday, March 9

7:00am, Poor Clares, Intentions of Carolyn K. Eppolito
8:45am, +Vicente & Yolanda Munsayac

Tuesday, March 10

7:00am, Poor Clares, +Martin Channon
8:45am, +Mike Margreta

Wednesday, March 11

7:00am, Poor Clares, +Maureen Manning
8:45am, +James Atwood

Thursday, March 12

7:00am, Poor Clares, +James Forsee
8:45am, +Timothy Gibbons

Friday, March 13

7:00am, Poor Clares, +Leonard Cuddy & Parents
8:45am, Intentions of Ziegler Family

Saturday, March 14

7:00am, Poor Clares, Intentions of the Shuster Family
8:45am, +Elena Jaldin

5:30pm, +Patricia Garner

Sunday, March 15

7:00am, Poor Clares, Intentions of Fr. Edward Hathaway
7:30am, +Michael Groene

8:45am, Intentions of Cecile Kiendrebeogo
10:30am, Pro Populo

12:30pm, Intentions of Sister Parish in Nicaragua
3:00pm, +Sebastiana Del Carmen Hernandez

5:15pm, +Alvin Swann

Eternal Rest
Grant Unto
Them,
O Lord!

Charles Boulanger
Gabriel Whippo
Danny Robinson



Prayer for the Homebound

Lord, you have a special love for those who are weak, infirm, and dependent. Bless the homebound parishioners of our parish as they carry their daily crosses. May our prayers bring them strength and consolation, and the Sacraments sanctify and inspire them. We ask this through Christ our Lord. Amen.

This week we pray especially for the following homebound parishioners:

Imelda Druke, Bette Jo Eifert, Donna Jenkins,
Yvonne Laque, and Mary Lassanyi.

Embrace A Better Lifestyle

BRIGHTVIEW SENIOR LIVING ALEXANDRIA

NOW OPEN! Schedule your visit today.
800.666.9536 | BrightviewAlexandria.com

Fortune Best 100 award logos.

Monica Sims
NVAR Lifetime Top Producer
Associate Broker, Parishioner 39+ yrs
703-626-1212
monicasims100@gmail.com

Free Home Analysis & Future Planning

40+ years Helping Sellers & Buyers Make Educated Home Decisions
Samson Properties, 6363 Walker Lane, #130, Alexandria, VA 22310

Angela Logomasini
Christopher Prawdzik
NVAR Top Producers
202-680-4834
DCRegionRealEstate.com
Move@DCRegionRealEstate.com

Authors of *D.C. Region Real Estate's Essential Guide for Smart Buyers* (available at Amazon.com)

Samson Properties, 6363 Walker Lane, #130, Alexandria, VA 22310

Trinity Glass COMPANY
8926 Telegraph Road, Lorton, VA 22079
Residential **703-931-1837** Commercial
www.trinityglassco.com | sales@trinityglassco.com

Shower Enclosures, Custom Shower Doors • Vanity Mirrors, Custom Wall & Gym Mirrors
Windows & Glass Replacement • Glass Tabletops & Shelves
Plastic Sheet Products • Plexiglass & Lexan • Security Glazing, Bullet Resistant Glass
Aluminum Storefront Commercial Windows & Doors

Catholic School Parent Owned

SHANNON & WRIGHT LLP

- REAL ESTATE & LAND USE
- ESTATE PLANNING
- TRUST & ESTATE ADMINISTRATION
- TAX PLANNING
- BUSINESS TRANSACTIONS
- LITIGATION

Alexandria | Leesburg | 571.620.1930 | shannonwrightlaw

BEST LAW FIRMS RANKED BY Best Lawyers UNITED STATES 2025

KARENGE & ASSOCIATES
Architecture That Feels Like Home

- Renovations - Kitchens, Baths, Whole Home
- New Construction & Additions
- Architectural & Engineering Design
- We Buy Homes & Land
- Trusted Developer

Peter Karengé, RA (AAK) - Parish Member
Partnered with B360 Inc
VA Class A Licensed Contractor - #2705152697
Bonded & Insured

m: 703.624.3490
e: karengé@karengearch.com
w: karengearchitects.com

Family-Owned Business serving DC, MD, and Northern VA Since 1985

Carlos & Angela's Cleaning Service
(703)587-5679 carlosturcios21@gmail.com

BINGO
Friday Nights - 7pm
First Sunday of the Month - 2pm

Hall rentals available!
Mt. Vernon Columbus Club, Inc.
8592 Richmond Hwy
Alexandria, VA 22309
703-360-1964

Demaine Funeral Home
since 1841

Alexandria
520 S. Washington St.
703-549-0074

Springfield
5308 Backlick Rd.
703-941-9428

Fairfax
10565 Main St. • 703-385-1110

Pre-Arrangement Services Available

Dignity
LIFE WELL CELEBRATED

Honor and Celebrate

Jefferson FUNERAL CHAPEL
Family Owned & Operated

703-971-7400
JeffersonFuneralChapel.com

5755 Castlewellan Drive
Alexandria, VA 22315
(in Kingstowne)

Little Friend's Day Care

Infants to pre-K. Over 20 years in business. State Licensed/Insured. Great References. Near St. Louis Parish. Call for information.

littlefriendsdaycare@aol.com - (703)765-5336

OVER 100 YEARS OF SERVICE

T.J. FANNON & SONS

- Heating • Air Conditioning
- Water Heaters

1200 Duke St. 549-5700

Woodlawn Tree Service
WWW.WOODLAWNTREE.COM
JIM NELSON, Professional Arborist

- Trimming • FIREWOOD
- Dead Wooding • Shrubbery Care
- Tree & Stump Removals • Pruning

SPECIAL 15% OFF With this Coupon

703-780-8040
Serving N. VA Since 1977 - Fully Insured

PABLO'S PAINTING, INC
Residential Interior & Exterior
Drywall Repair-Power Washing
Carpentry - Ext.
Leaf and Snow Removal
571-278-1548
PabloTPaintingInc@yahoo.com

Personally recommended by Fr. O'Hare

El Salvador's food

PUPUSAS EXPRESS

703-780-4800
www.pupusasexpress.com

Fusion REHAB AND WELLNESS

"Don't struggle with pain. Let me help you out."
Parishoner Kim Tyborowski, Physical Therapist

Free Consultations Available!

Scan QR code or call 571-347-7860