



St. Louis Catholic Church

SaintLouisParish.org



Solemnity of St. Joseph March 19th

O most watchful guardian of the Holy Family,
 defend the chosen children of Jesus Christ;
 O most loving father,
 ward off from us every contagion of error
 and corrupting influence;
 O our most mighty protector, be kind to us
 and from heaven assist us
 in our struggle with the power of darkness;
 so that, supported by your example and your aid,
 we may be able to live piously, to die in holiness,
 and to obtain eternal happiness in heaven.
 Amen.



March 15, 2026 ~ Fourth Sunday of Lent

<p>Parish Office 2907 Popkins Lane Alexandria, VA 22306 Phone: 703-765-4421 Office Hours: Mon - Fri 9:30am - 1:00pm 1:30pm - 5:30pm (except Wed) St. Louis School 703-768-7732 St. Vincent De Paul Helpline 703-765-0050 Pastor: Rev. Keith O'Hare Parochial Vicars: Rev. Gregory Thompson Rev. Luke Poczatek</p>	<p>Sunday Mass 7:30am 8:45am <i>Children's Mass</i> 10:30am <i>Traditional Ad Orientem</i> 12:30pm <i>Traditional Ad Orientem</i> 5:15pm <i>Quiet Traditional</i> Saturday Mass 8:45am 5:30pm Vigil Mass Monday-Friday Mass 8:45am Confessions Mon-Sat: 7:45am-8:15am Wednesday: 6:00pm Saturday: 5:00pm Sunday: 8:30am-9:15am</p>	<p>Misa en Español Domingo 3:00pm Confesiones: Dom. 2:15pm-3:00pm Grupo de Oración Sábado 6:30pm Poor Clare Monastery 703-768-4918 2505 Stone Hedge Drive Mass Every Day 7:00am (Gregorian chant) Sunday Devotions Eucharistic Exposition 8:00am - 4:00pm Rosary 4:00pm Benediction 4:30pm</p>
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Pro Deo et Pro Patria

PASTOR'S MESSAGE

Dear Friends,

We are so blessed to live in such close proximity to our nation's capital. Museums, exhibits, cultural opportunities, and educational opportunities abound. Spiritual opportunities are also abundant with regard to the National Basilica of the Immaculate Conception, the Shrine of Pope St. John Paul II, and the Franciscan Monastery. All three holy sites offer rich opportunities for prayer, devotion, and learning. One might have to say that it is almost sinful to NOT take advantage of the chance to visit each of these!

In addition, I want to draw your attention to another treasure in our nation's capital and that is the "Museum of the Bible." I have visited this Museum seven times and in each visit I have learned something new. The exhibits are very engaging, family-friendly, and very respectful of our Catholic Faith. In fact, there is often an exhibit on the first floor featuring artwork from the Vatican.

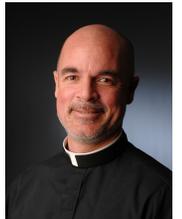
"The Word of God is living and effective." (Hebrews 4:12) Lent is the perfect time to visit the Bible of the Museum and allow the Word of God to penetrate your mind and your heart so that it can become all the more "living and effective" in your personal life. I promise you that the 35-minute drive will be well worth the effort!

** Please plan ahead for the Holiest Friday of the year! **Good Friday is April 3rd - be sure to request that day off from work and to clear your personal schedule** in order to experience the depth and impact of this most significant day. Holy Week is the Week that changed the world!

Your Pastor,



Father O'Hare

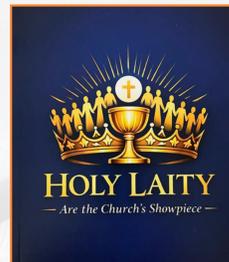


Stations of the Cross

Fridays at 9:15am
(after the 8:45am Mass)

Fridays at 7:00pm (English)

Fridays at 7:45pm (Spanish)



SPIRITUAL READING

For Lent

SUGGESTED DONATION: \$8

FORM A "BOOK CLUB" WITH ONE OR MORE PEOPLE

Books are still available
Get your copy at the parish office
or the Café



YOU PICK THE
PLACE



Holy Week Schedule

Holy Monday 3/30

7:00am Mass (Poor Clares Monastery)

7:45am-8:15am Confessions

8:45am Mass

6pm Confessions

Holy Tuesday 3/31

7:00am Mass (Poor Clares Monastery)

7:45am-8:15am Confessions

8:45am Mass

6pm Confessions

Holy Wednesday 4/1

7:00am Mass (Poor Clares Monastery)

7:45am-8:15am Confessions

8:45am Mass

6pm Confessions



Holy Thursday 4/2

No Morning Masses or Confessions

7:30pm Mass of the Last Supper

8:30pm Eucharistic Procession to the Gym

8:45-11:45pm Silent Adoration in the Gym

11:45pm Night Prayer

Good Friday 4/3

12pm-3pm: Tre Ore (Seven Last Words)

*** Confessions throughout the three hours ***

3pm: Liturgy of the Veneration of the Cross

6:30pm Outdoor Stations of the Cross (Spanish)

7:30pm: Liturgia de la Veneración de la Cruz

Holy Saturday 4/4

12pm Blessing of Easter Food

8:30pm Easter Vigil Mass

Easter Sunday 4/5

7:30am Mass (Classical Guitar)

8:45am Mass
*Easter Egg Hunt after Mass *

10:30am Mass

12:30pm Mass

3pm Mass (Spanish)

Prayer with EXCELLENT Music!



music to support your prayer experience.

Please note that all the solemn liturgies will be supported by our parish musicians as well as contracted musicians to provide you the highest quality

What is "Tre Ore"?

Good Friday 12pm - 3pm

Every half hour one of our parish priests will preach a brief homily on each of Christ's last words spoken from the Cross. Each "word" will also be chanted in four-part harmony by our Good Friday schola. Confessions will be heard throughout the three hours.

GAMES & CELEBRATE ST. PATRICK

with the St. Clare & St. Francis Club

St. Louis School Cafeteria

6:30p - 8:00p

March 16, 2026

Pizza 6:30p

Social & Faith

Formation

7p - 8p

All high school teens
are invited to join us
each week for pizza,
fun, and small group
faith formation



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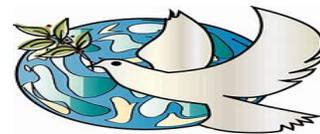
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Questions? Chuck Roman 202-213-0094
www.kofc5998.org

Nail Sale Next Weekend!

Saint Louis Youth Ministry will be doing the annual **Nail Sale** after all Masses next weekend to fundraise for WorkCamp. WorkCamp is a week-long event in June, where hundreds of teens from the Diocese will gather together to pray, learn about the faith, and participate in home repair projects for residents in need. We will be giving out masonry nails as a symbol of the labor we will participate in and as a reminder of Jesus who was nailed to the cross for us. All proceeds will go towards our fundraising efforts for WorkCamp. Thank you for your support!



CHRISTIAN MEN & WOMEN IN ACTION (CWIA)

PRAYER BREAKFAST MEETING

SATURDAY, MARCH 28, 2026, 9:00 AM

HAMPTON INN & SUITES BY HILTON

5821 RICHMOND HIGHWAY, ALEXANDRIA, VA 22303

PRAISE!! WORSHIP!! TEACHING!! FELLOWSHIP!!

GUEST SPEAKER: FR. RICK WENDELL

Fr. Rick had it all: wealth, business success, education and was engaged to be married—but full of pride and arrogance. Then a near death experience and a glimpse of heaven and hell changed his heart and rerouted his life. He felt the fullness of God's unending love and was drawn to Jesus and his Mother Mary. He visited Medjugorje numerous times with repeated heart and soul awakenings. He was ordained to the priesthood in 2006 at the age of 46. He currently travels the globe, retelling his amazing life changing series of events. Come hear his remarkable story and bring a friend. Men and women are welcome!

Advanced reservations required. Please call Evelyn Luis at 703-850-7607 or mail a check in the amount of \$12.00 for a full buffet breakfast payable to:

CWIA, 4113 18th Street, Arlington, VA 22204.

The event will be available on ZOOM.

Visit www.cwia.holyspirit.com for Meeting ID and Passcode.



Sunday Morning
"Band of Brothers"
Led by our Parish Priests
7:30am - 8:30am in the
Little Way Café

Scripture, prayer, discussion, and coffee
No registration required - just show up!



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WWP Bible studies combine personal study with small group discussion, linking our everyday challenges to solutions given through Scripture. If you desire to grow in your faith—in a supportive community of Catholic women—join us!

Tuesdays 9:30am to 11:30am
in St. Francis Room
Wednesday 7pm to 9pm
in The Little Way Café

Register



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FELLOWSHIP

Mothers' Group

- The St. Louis Mothers' Group meets every Wednesday from 10:15am to noon - feel free to drop-in for any length of time. All mothers are invited and all children are welcome! We host discussions, social time, meetups for field trips and park days, as well as brunch gatherings and events around the liturgical calendar.

THIS WEEK - This Wednesday, March 18th, we will meet in the YAR at 10:15am to discuss school choices and seeking the best options for our children's needs- while the kids play! (The YAR is located at the back of the church building, look for the black gate and follow the stairs down to the YAR door)

CONTACT: For more information or to join our email list or Facebook page, please contact Theresa Talavera at (571)331-8441 or tatalavera@yahoo.com

Are You Grieving?

Are you grieving the loss of a loved one? Come to a monthly opportunity for prayer and conversation led by Fr. O'Hare. "Grief and Grace" meets in the Little Way Cafe. The next session will be Wednesday, March 18, from 12:30pm-1:30pm.



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- Behavioral Addictions/Compulsions
- Spiritual Crises
- Personal Growth

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Have an Upcoming Wedding Anniversary?

Please let us know! If it is a significant anniversary (ending in a "5" or a "0") we would especially like to honor you. Please contact the parish office.

catholiccounselors.com

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& CAKE WALK

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SATURDAY, MARCH 28
TO SUNDAY, MARCH 29
McCLUNN HALL

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Every donation makes a meaningful difference to our school. Thank you for your generosity!



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www.stlouisschool.org

Principal Mrs. Calogero

703-768-7732

LET US PRAY FOR ONE ANOTHER

Monday, March 16

7:00am, Poor Clares, +Sister Lorna Redor
8:45am, +Ciriaco Suiza

Tuesday, March 17

7:00am, Poor Clares, +Minda Alcasabas
8:45am, Intentions of Rahina Kere

Wednesday, March 18

7:00am, Poor Clares, Intentions of Claire Coulter
8:45am, +Salvador & Aurora Ramos

Thursday, March 19

7:00am, Poor Clares, +Felisa & Leo Yadao
8:45am, Intentions of St. Lucy Guild

Friday, March 20

7:00am, Poor Clares, +Martine Belem
8:45am, +Florence Elaine

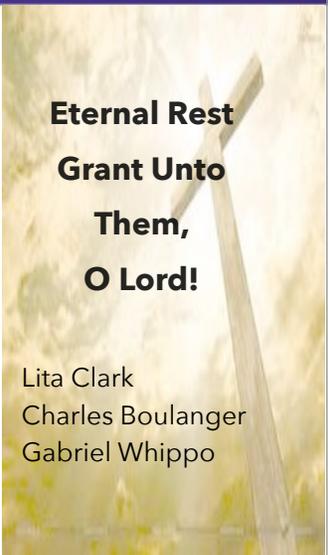
Saturday, March 21

7:00am, Poor Clares, Intentions of Paul V. Harper
8:45am, +Julita Roxas

5:30pm, +Khalil Furfully

Sunday, March 22

7:00am, Poor Clares, +Ellen Porcaro
7:30am, +Marianne Coates
8:45am, Intentions of Peter & Elizabeth Kareng
10:30am, *Pro Populo*
12:30pm, +Teresa Escoto
3:00pm, +Antonio Pereira
5:15pm, +Steven McClafferty



**Eternal Rest
Grant Unto
Them,
O Lord!**

Lita Clark
Charles Boulanger
Gabriel Whippo



Prayer for the Homebound

Lord, you have a special love for those who are weak, infirm, and dependent. Bless the homebound parishioners of our parish as they carry their daily crosses. May our prayers bring them strength and consolation, and the Sacraments sanctify and inspire them. We ask this through Christ our Lord. Amen.

This week we pray especially for the following homebound parishioners:

Laurel Lee, Renato & Maria Panameno Magne,
GW Health & Rehab residents, and Manuel & Orbelina Ortega.

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