



# St. Louis Catholic Church

SaintLouisParish.org



## Ash Wednesday February 18th

February 15, 2026 ~ Sixth Sunday in Ordinary Time

<p><b>Parish Office</b> 2907 Popkins Lane Alexandria, VA 22306 <b>Phone:</b> 703-765-4421</p> <p><b>Office Hours:</b> Mon - Fri 9:30am - 1:00pm 1:30pm - 5:30pm (except Wed)</p> <p><b>St. Louis School</b> 703-768-7732</p> <p><b>St. Vincent De Paul Helpline</b> 703-765-0050</p> <p>Pastor: Rev. Keith O'Hare Parochial Vicars: Rev. Gregory Thompson Rev. Luke Poczatek</p>	<p><b>Sunday Mass</b> 7:30am 8:45am <i>Children's Mass</i> 10:30am <i>Traditional Ad Orientem</i> 12:30pm <i>Traditional Ad Orientem</i> 5:15pm <i>Quiet Traditional</i></p> <p><b>Saturday Mass</b> 8:45am      5:30pm Vigil Mass</p> <p><b>Monday-Friday Mass</b> 8:45am</p> <p><b>Confessions</b> Mon-Sat: 7:45am-8:15am Wednesday: 6:00pm Saturday: 5:00pm Sunday: 8:30am-9:15am</p>	<p><b>Misa en Español</b> Domingo 3:00pm</p> <p><b>Confesiones:</b> Dom. 2:15pm-3:00pm</p> <p><b>Grupo de Oración</b> Sábado 6:30pm</p> <p><b>Poor Clare Monastery</b> 703-768-4918 2505 Stone Hedge Drive</p> <p><b>Mass Every Day</b> 7:00am (Gregorian chant)</p> <p><b>Sunday Devotions</b> Eucharistic Exposition 8:00am - 4:00pm Rosary 4:00pm Benediction 4:30pm</p>
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*Pro Deo et Pro Patria*

## PASTOR'S MESSAGE

Dear Friends,

The holy season of Lent is on our doorstep! Holiness is often misunderstood as meaning “moral perfection,” or “religiously pious.” But Jesus has an even grander vision for your life: “*I came that they might have life and have it to the full.*” (John 10:10) Holiness means “the fullness of Christian life.” Holiness means Christ living in you. Holiness, in popular terms, means “the best version of yourself.” This is the goal of Lent - to grow in this kind of holiness.

To that end, there is a book that will soon be in your hands entitled “**Holy Laity are the Church’s Showpiece.**” The authors are myself and two of my staff (Carmen Lane and Jamie Hickman). We worked very hard on this book for several months and we’re happy to place it in your hands this coming Sunday (the First Sunday of Lent).

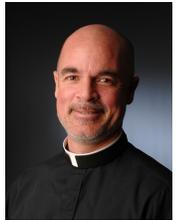
The ten chapters in this 122-page book align with the Season of Lent and conclude with Divine Mercy Sunday. It’s perfect spiritual reading for you individually, but even better is to read it with others (spouse, friend, fellow parishioners). Each chapter concludes with discussion questions and practical applications so that you can have meaningful conversations and discussions about the content on a weekly basis.

I’m very excited to see this book make a real difference in your life!

Your Pastor,



Father O’Hare



*Ash Wednesday  
Mass Schedule  
February 18th*



6:30am

5pm

8:45am

7pm

12pm

8:30pm Spanish

Interested in becoming Catholic? Missing any of your sacraments?

# OCIA

Jan 13 - May 19th

Tuesday Nights  
7pm - 8:15pm

St. Francis Room

For full initiation on Easter Vigil in Spring 2027 (March 27th)

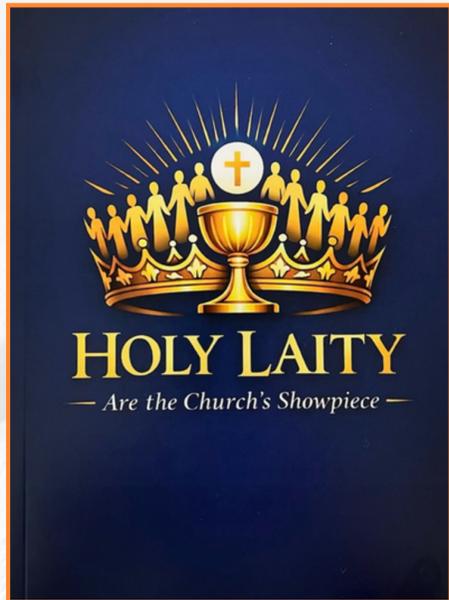
For more info, contact Fr. Thompson

[fr.thompson@saintlouisparish.org](mailto:fr.thompson@saintlouisparish.org)



“Come and See:  
A Graduate Level Course  
in Theology”

Weekly classes taught by  
Fr. O’Hare  
and Fr. Thompson  
Sundays 10 - 10:45  
in the gym



# SPIRITUAL READING

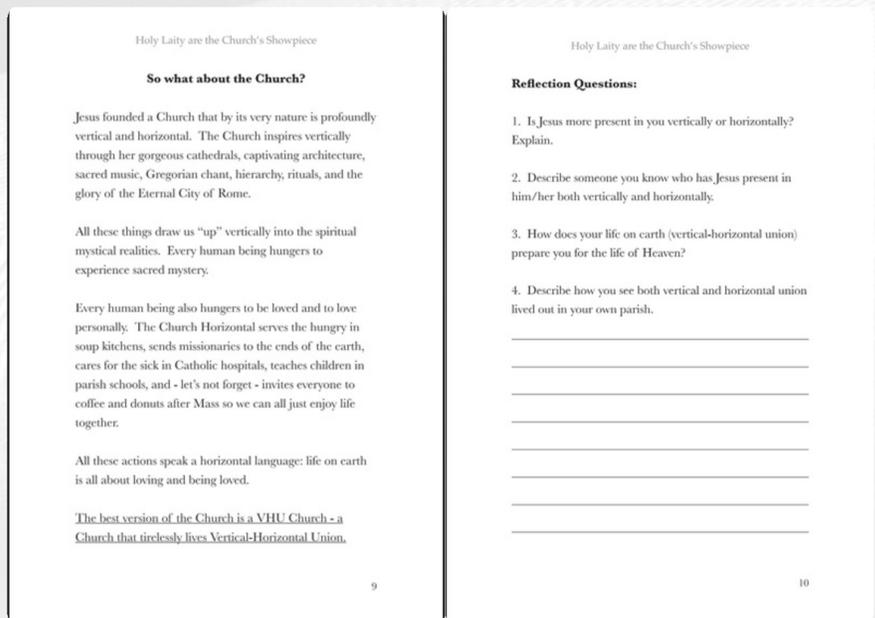
## For Lent



**STARTS FIRST  
WEEK OF LENT  
FEBRUARY 22  
10 CHAPTERS**

**122 PAGES**

**Includes discussion  
questions and  
practical applications**



**SUGGESTED DONATION: \$8**

**FORM A "BOOK CLUB" WITH ONE OR MORE PEOPLE**

BOOK IS AVAILABLE STARTING  
FEBRUARY 19<sup>TH</sup> IN THE PARISH OFFICE  
AND THE CAFÉ



**YOU PICK THE  
PLACE**



# Special Mass with Bishop Burbidge

Sunday, March 1,  
10:30 am

Two museum-quality  
paintings will be installed  
and blessed:

"St. Louis at Prayer" and  
"The Good Samaritan"



# Talk on the Shroud



**Join us for a  
2 hour  
presentation:**

- **Unveiling the truth of Christ's Passion according to the Shroud of Turin.**
- **Medical Analysis of the Shroud of Turin**
- **Presentation of artifacts used in crucifixions.**
- **Q&A session**

**Saint Louis  
Monday, March 2nd at 7:00pm  
Main Church**



# LENTEN WORSHIP NIGHT

WITH  
JOHN FINCH



# MAR 9TH, 2026

**7:00 PM - 8:30 PM**

**ST. LOUIS CATHOLIC CHURCH  
2907 POPKINS LN.  
ALEXANDRIA, VA 22306**

**ADMISSION IS FREE AND OPEN TO  
FAMILIES OF ALL AGES.**

You're invited to a special Lenten prayer and worship night with Catholic songwriter and worship leader, John Finch. The evening will feature live music, guided prayer and reflection, and Eucharistic Adoration. This is a beautiful opportunity to pause, pray, and deepen your relationship with Christ during the Lenten season. All are welcome!

 [JOHNFINCHMUSIC.COM](http://JOHNFINCHMUSIC.COM)

  @JOHNFINCHMUSIC

2026 Women's Conference

# Faith, Hope & Courage

Catholic Women Helping to Form our Great Nation



**Saturday, March 14**

**8 am - 2 pm | St. Joseph Catholic Church  
750 Peachtree St., Herndon, VA**

Featuring:



**Most Rev. Michael F. Burbidge**  
*Bishop of Arlington  
Mass Celebrant of Homilist*



**Helen M. Alvaré**  
*Robert Leoy Chair in Law of Liberty  
George Mason University*



**Mary Stanford**  
*Professor of Theology  
Christendom College*

For more info & to register go to:  
**arlingtondiocese.org/women**



Office of Marriage, Family and Respect Life  
703.841.2550 | familylifearlingtondiocese.org | @arlingtonfamily



**Let's ride together!**

Use the QR code to sign up to drive or to ride :)  
Or go to Flocknote under signups and look for  
*Women's Conference - riding together*

CATHOLIC DIOCESE OF ARLINGTON

# MEN'S CONFERENCE 2026

**MARCH 7<sup>TH</sup> | 8AM - 2PM  
ST. JOSEPH CATHOLIC CHURCH  
750 PEACHTREE ST., HERNDON, VA**

Men of the Diocese are invited to a day of fellowship, prayer and learning, centered around the historic election of the first American Pope, **Leo XIV**, and its coinciding with the 2026 celebration of the **250<sup>th</sup>** anniversary of our national founding.



FEATURING:



**MOST REV. MICHAEL F. BURBIDGE**  
*Bishop of Arlington | Mass Celebrant & Homilist*



**MATTHEW BUNSON**  
*Vice President & Editorial Director, EWTN News*

For more info & to Register:  
**ARLINGTONDIOCESE.ORG/MEN**



**Let's ride together!**

Use the QR code to sign up to drive or to ride  
Or go to Flocknote under signups and look for  
*Men's Conference*

## Life in the Spirit Seminar



**Saturday, February 28, 2026  
8:30 AM to 3:30 PM**

Hampton Inn & Suites by Hilton  
5821 Richmond Highway, Alexandria, VA 22303

**Teachings      Testimonies      Praise      Worship**

Join us and learn about the gifts of the Holy Spirit.  
If you want to know more about Jesus ...  
If you want to receive Jesus in your life ...  
If you want to love Jesus more ...  
then come!

Advanced registration requested. There is no fee, but a Free Will Offering will be taken up to offset the cost of breakfast pastries, lunch, and the meeting room.

Contact/Call Evelyn Luis (703) 850-7607/cwiaholyspirit.com

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**QUESTIONS**  
JP2RetreatDMV@gmail.com



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Sunday Morning  
"Band of Brothers"  
Led by our Parish Priests  
7:30am - 8:30am in the  
Little Way Café

Scripture, prayer, discussion, and coffee  
No registration required - just show up!



walking with purpose

*Come as you are.*

YOU ARE WELCOME HERE

WWP Bible studies combine personal study with small group discussion, linking our everyday challenges to solutions given through Scripture. If you desire to grow in your faith—in a supportive community of Catholic women—join us!

Tuesdays 9:30am to 11:30am  
in St. Francis Room  
Wednesday 7pm to 9pm  
in The Little Way Café

Register



www.walkingwithpurpose.com

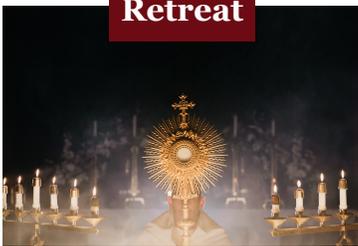


R<sup>3</sup> for Women ~ Cancelled in March

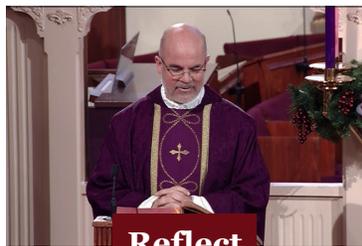
R<sup>3</sup> for Men ~ Fourth Monday of the Month 7pm ~ 2/23/26



Retreat



Reflect



Relax

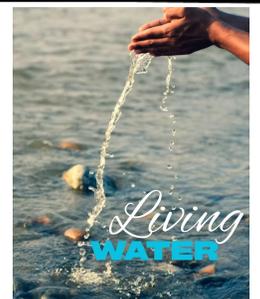


From 7pm-8pm there is Eucharistic adoration, a brief reflection, silent meditation, and confessions. This "holy hour" is followed by "happy hour" in the Little Way Cafe! Beverages and snacks are provided.

**Ignatian Weekend Retreat**

The theme, *Living Water*, reflects what Scriptures teach us about Jesus being the living water. As you journey through this weekend (Men, Mar 6-8 & Women Mar 13-15), you will be refreshed, restored, and transformed by Christ, our *Living Water*. The Ignatian Weekend Retreat fee is \$255 or \$195 for first time retreatants and those 35 and under.

For more information contact our Registrar at (301) 392-0801  
or by email at [registrar@loyolaretreat.org](mailto:registrar@loyolaretreat.org).



## Mothers' Group

- The St. Louis Mothers' Group meets every Wednesday from 10:15am to noon - feel free to drop-in for any length of time. All mothers are invited and all children are welcome! We host discussions, social time, meetups for field trips and park days, as well as brunch gatherings and events around the liturgical calendar.

**THIS WEEK** - This Wednesday, Feb 18th, we will meet in the YAR at 10:15am to discuss going deeper in our spiritual lives this Lent, including how to make resolutions with deeper intention, while the kids play! (The YAR is located at the back of the church building, look for the black gate and follow the stairs down to the YAR door)

**CONTACT:** For more information or to join our email list or Facebook page, please contact Theresa Talavera at (571)331-8441 or [tatalavera@yahoo.com](mailto:tatalavera@yahoo.com)

## Are You Grieving?

Are you grieving the loss of a loved one? Come to a monthly opportunity for prayer and conversation led by Fr. O'Hare. "Grief and Grace" meets in the Little Way Cafe. The next session will be Wednesday, February 25, from 12:30pm-1:30pm.



## St. Vincent de Paul

Called to live the Gospel through service, our parish St. Vincent de Paul (SVdP) Conference walks alongside neighbors facing moments of crisis—offering practical help, dignity, and hope through your generous support.

Recently, a single mother of four children reached out for assistance with a security deposit for a larger apartment to better meet her family's growing needs. While she generally manages her household budget, the combined cost of the security deposit and first month's rent was beyond her means. She currently works as a bus driver for Fairfax County, is actively seeking additional employment, and has interviews scheduled—including one this week for a full-time driver position with a local tour company. Saint Louis SVdP partnered with **Rising Hope**, a local community organization, to secure the assistance needed so her family could move forward.

### St. Vincent de Paul reminds us:

*"The poor are our masters, and we are their servants."*

Thank you for helping us live out this Vincentian mission through your compassion and generosity.

**Need help?** Call our Helpline: 703-765-0050

**Wish to donate?** Use the "Make a Gift" button in Flocknote. Write a check to Saint Vincent de Paul, Saint Louis and leave it at the Rectory. Use Venmo: [Venmo@SVDP-Alexandria](https://venmo.com/SVDP-Alexandria). Contribute from your IRA; our Tax ID: 26-1100276

**Want to join us** (we need and want you!)? Email Jim Paton: [jimp@svdpalexandria.org](mailto:jimp@svdpalexandria.org) or come to one of our bi-weekly meetings to learn more: 2<sup>nd</sup> and 4<sup>th</sup> Thursdays, 7:00 pm in the St. Francis



**SHROVE TUESDAY**

## February 17th, Shrove Tuesday - Burning of Palms and Pancake Dinner

On the last day before Lent we will have our customary "burning of the palms" outside the front entrance of the church at 5:15pm. A delicious festive Pancake Dinner will then be served in the school cafeteria at 5:30pm.



## Save-the-Date - John Paul the Great Open House on March 5th

Planning for high school? Join us at John Paul the Great for a special Preview Open House for younger students on Thursday, March 5th from 4:00-5:30 PM! Learn more about our rigorous college-preparatory curriculum, competitive athletics, inspiring visual and performing arts, and abundant extracurricular opportunities!



# IN *Christ* WE ARE *One*

## 15% **Vocations**

Seminarian education and support, Vocation Awareness Ministry, and the Permanent Diaconate.

## 12% **Charitable Works**

Catholic Charities, parish subsidies, and charitable assistance for the vulnerable and needy throughout the diocese.

## 11% **Religious Education**

Catholic Schools, Religious Education, Faith Formation, and the Office of Divine Worship.

## 11% **Assistance to Parishes and Missions**

Ministries, offices, and support services for 70 parishes and 6 missions, including 4,600+ parish, school, and diocesan personnel.

## 10% **Youth and Young Adult Outreach**

Office of Youth, Campus and Young Adult Ministries, and Campus Ministry at colleges and universities throughout the diocese, including Mary Washington, George Mason, and Shenandoah University.

## 10% **Support for Families**

Office of Marriage, Family and Respect Life, and the Diocesan Tribunal.

## 10% **Chancery Offices**

Support to the Virginia Catholic Conference and various Chancery offices assisting the Bishop as he leads the parishes and diocese.

## 5% **Evangelization Efforts**

INOVA Hospital Ministry, Peace and Justice Commission, Spiritual Assistance Ministry, Diocesan Pilgrimage, and the Bánica Mission in the Dominican Republic.

## 5% **Diocesan Development and Communication Programs**

The Communications Office utilizes various platforms to promote, educate, and evangelize the faithful and wider community. Development initiatives, including the BLA and other charitable vehicles, provide strategic financial support to the diocese, parishes, and schools.

## 4% **Hispanic Ministry and Multicultural Ministries**

Pastoral services and assistance for more than 20 ethnic communities within our diverse diocese.

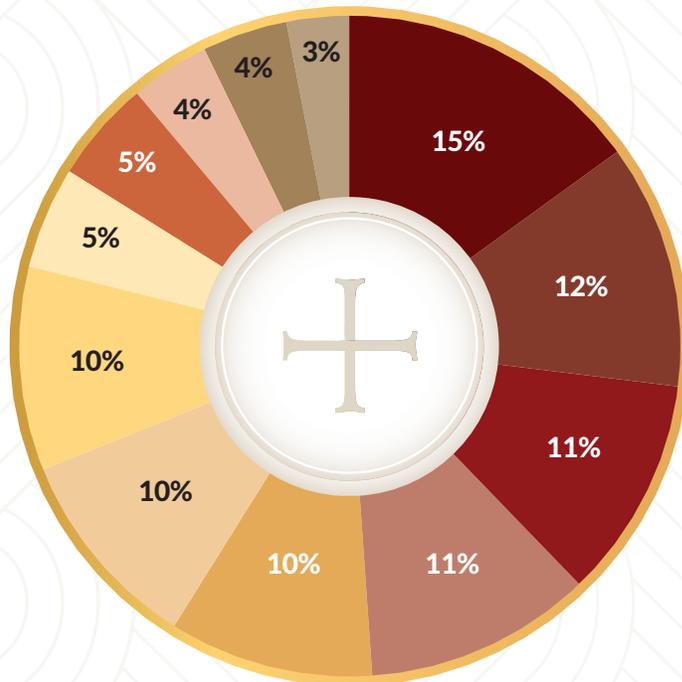
## 4% **San Damiano Spirituality Center**

A peaceful venue offering a wide variety of retreats for laity, religious, and clergy seeking reflection and spiritual renewal in the chapel and grounds of the Shenandoah Valley.

## 3% **Parish/Diocesan Properties and Land Development**

The diocese purchases land granted to newly founded parishes for their parish grounds.

*This allocation reflects a projected \$24 million in 2026 BLA funding dedicated to these critical ministries of the diocese.*



## **MATCHING GIFT OPPORTUNITY**

The Diocese of Arlington has received a \$300,000 challenge gift to match first-time or increased gifts to the 2026 Bishop's Lenten Appeal (BLA).

## **MONTHLY GIVING**

We invite families to consider starting a new monthly recurring gift to the Bishop's Lenten Appeal. Monthly giving is an easy and convenient way to support the vital ministries of the diocese throughout the year. Monthly Gifts lower the admin cost of fulfillment, and you can adjust or cancel anytime.

### **Monthly gifts add up and will be matched!**

\$25/month adds up to \$300 over the year

\$50/month adds up to \$600 over the year

\$100/month adds up to \$1,200 over the year and enters you into the Lumen Christi Guild.

The Lumen Christi (Light of Christ) Guild recognizes those whose generous annual support helps the Bishop's Lenten Appeal illuminate the lives of countless people across the Diocese of Arlington. Membership is based on your total giving to the BLA within a calendar year.

## **HOW TO START YOUR MONTHLY GIFT OR PLEDGE**

Scan the QR code or visit [www.arlingtondiocese.org/bla](http://www.arlingtondiocese.org/bla)



For more information, please call the Bishop's Lenten Appeal office at 703-778-8600 or visit our website at

[www.arlingtondiocese.org/bla](http://www.arlingtondiocese.org/bla)

Bishop's Lenten Appeal | Catholic Diocese of Arlington  
200 North Glebe Road, Suite 811, Arlington VA 22203

*The Catholic Diocese of Arlington is a 501(c)(3) charitable organization (EIN: 54-0967542).*



Thank you to our wonderful PTO for organizing a spectacular auction!



Please consider supporting our 2025–2026 Annual Fund, which provides funding for security upgrades and tuition assistance.

Every donation makes a meaningful difference to our school. Thank you for your generosity!



Scan here to donate

www.stlouisschool.org

Principal Mrs. Calogero

703-768-7732

LET US PRAY FOR ONE ANOTHER

Monday, February 16

7:00am, Poor Clares, Intentions of Joseph Wester  
8:45am, +Jay Anthony

Tuesday, February 17

7:00am, Poor Clares, Intentions of Sean De Jute  
8:45am, +Timothy Dulaney

Wednesday, February 18 Ash Wednesday

6:30am, +Ligia Pacheco  
7:00am, Poor Clares, +Robert M. Preston  
8:45am, +Salvador & Aurora Ramos  
12:00pm, +Martiniano & Purificacion Gomez  
5:00pm, +Daniel Carroll  
7:00pm, +Paul LeFrancois  
8:30pm, +Hanna Tedla

Thursday, February 19

7:00am, Poor Clares, +Elaine J. Flanagan  
8:45am, Intentions of Elizabeth Spann

Friday, February 20

7:00am, Poor Clares, +Tanuja Gnanasekaran  
8:45am, +Antonio & Amabile Favero

Saturday, February 21

7:00am, Poor Clares, Intentions of Julia Gorzynska  
8:45am, +Marie Stephanie Serrano  
5:30pm, Intentions of Fr. John O'Donohue

Sunday, February 22

7:00am, Poor Clares, +Richard McKnight  
7:30am, +Joseph Rust  
8:45am, Intentions of Manuelita Yalung  
10:30am, Pro Populo  
12:30pm, +Roberto & Virginia Escoto  
3:00pm, +Juana Ramirez Guevara  
5:15pm, +Marta Ngo

Eternal Rest  
Grant Unto  
Them,  
O Lord!

Ian Ramirez  
Brian Scott Leslie  
Mary Anne Hall



Prayer for the Homebound

Lord, you have a special love for those who are weak, infirm, and dependent. Bless the homebound parishioners of our parish as they carry their daily crosses. May our prayers bring them strength and consolation, and the Sacraments sanctify and inspire them. We ask this through Christ our Lord. Amen.

This week we pray especially for the following homebound parishioners:

Lillian Spragen, Jack Todd, Raul and Silvia Toyos, and Margherita Woods.

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**Angela Logomasini**  
**Christopher Prawdzik**  
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DCRegionRealEstate.com  
Move@DCRegionRealEstate.com

Authors of *D.C. Region Real Estate's Essential Guide for Smart Buyers* (available at Amazon.com)

Samson Properties, 6363 Walker Lane, #130, Alexandria, VA 22310

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**BINGO**  
Friday Nights - 7pm  
First Sunday of the Month - 2pm

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Alexandria, VA 22309  
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