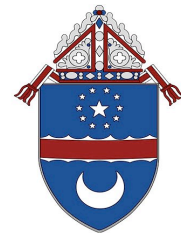




St. Louis Catholic Church

SaintLouisParish.org



Prepare the way of the Lord!

Isaiah 40:3

November 30, 2025 ~ First Sunday of Advent

Parish Office

2907 Popkins Lane

Alexandria, VA 22306

Phone: 703-765-4421

Office Hours: Mon - Fri

9:30am - 1:00pm

1:30pm - 5:30pm (except Wed)

St. Louis School

703-768-7732

St. Vincent De Paul Helpline

703-765-0050

Pastor: Rev. Keith O'Hare

Parochial Vicars:

Rev. Gregory Thompson

Rev. Luke Poczatek

Sunday Mass

7:30am

8:45am *Children's Mass*

10:30am *Traditional Ad Orientem*

12:30pm *Traditional Ad Orientem*

5:15pm *Quiet Traditional*

Saturday Mass

8:45am

5:30pm Vigil Mass

Monday-Friday Mass

8:45am

Confessions

Mon-Sat: 7:45am-8:15am

Wednesday: 6:00pm

Saturday: 5:00pm

Sunday: 8:30am-9:15am

Misa en Español

Domingo 3:00pm

Confesiones: Dom. 2:15pm-3:00pm

Grupo de Oración

Sábado 6:30pm

Poor Clare Monastery

703-768-4918

2505 Stone Hedge Drive

Mass Every Day

7:00am (Gregorian chant)

Sunday Devotions

Eucharistic Exposition

8:00am - 4:00pm

Rosary 4:00pm

Benediction 4:30pm



Pro Deo et Pro Patria

PASTOR'S MESSAGE

Dear Friends,

"He's complicated." "She's complicated."

Generally these statements are not compliments. On the contrary simplicity is a virtue. A spiritual writer explains this virtue:

"Simplicity excludes every form of duplicity and complication stemming from egoism, self-love, or attachment to self and to creatures; hence it impels the soul in one direction only: to God, to live for Him, to please Him, and to give glory to Him. The whole spiritual life consists in this progressive simplification which proceeds at an equal pace with interior purification. When a soul is perfectly purified from every passion and attachment, then is it reduced to perfect simplicity, that simplicity which makes it live only in God and for God." (Dan Burke, President of the Avila Foundation).

The month of November has been dedicated to praying for the dead, and to thankfulness. These two devotions prepare us perfectly for the holy season of Advent which begins today. Advent is a time to simplify our hearts by focusing on the humility and simplicity of our Savior. He comes as a child, quietly and simply.

You'll notice that the music and liturgy of Advent is a bit quieter. For example, we do not sing the Gloria in the Mass, and there is more a cappella singing. The Sacred Liturgy quiets our hearts in order to simplify them.

Be sure that the commercial aspect of the season does not disrupt the interior preparation that we are all making during these next four weeks. Let us all make ourselves simple-hearted, in preparation for the child-like joy of a holy Christmas.

I encourage you during Advent to give more attention to the Word of God. The Bible is the book that reads you! Before Mass take a few minutes to read the Gospel passage; even better, read the passage as found in the New Testament available here in the pews. Give space to the Word of God in your life, and be assured that the Christmas celebration of the Word Made Flesh on December 25th will be all that it should be!

Your Pastor,



Father O'Hare



**Happy 93rd
Birthday to
Juliette Hudson!**

Monthly Offertory Donation/Household Income

Total household income	3% monthly	4% monthly	5% monthly
\$85,000	\$213	\$283	\$354
\$100,000	\$250	\$333	\$417
\$125,000	\$313	\$417	\$521
\$150,000	\$375	\$500	\$625
\$200,000	\$500	\$667	\$833



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How do I donate to the second collections and other special collections?

* Click the button labeled "Make a Gift" (below the photo) *

The black-white menu will appear with the list of other collections.
Select the collection of your choice to make a one-time or recurring gift.



St. Louis Catholic Church
saintlouisparish.org



Make a Gift

"It is in giving that we receive." (Prayer of St. Francis). Thank you for your humble generosity which makes possible countless blessings for the members of the Saint Louis Parish community and beyond! Click below to make a recurring or one-time gift. Click above to see the list of other special collections that need your support. God sees the good that you do! *Father O'Hare*

Where would you like to
direct your gift?

General Fund

Society of St.
Vincent de Paul

Poor Box

Sister Parish in
Nicaragua

Maintenance Fund

Show More

R³

R³ for Women ~ Cancelled in December

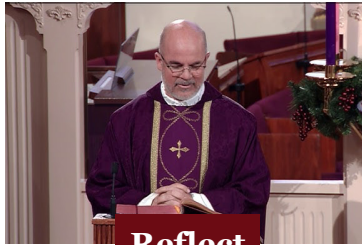
R³ for Men ~ Fourth Monday of the Month 7pm ~ 11/24/25

R³

Retreat



Reflect



Relax



From 7pm-8pm there is Eucharistic adoration, a brief reflection, silent meditation, and confessions. This "holy hour" is followed by "happy hour" in the Little Way Cafe! Beverages and snacks are provided.

Pray

Rosary and Divine Mercy Daily

Pray

Pray



**First Friday
December 5**



**First Saturday
December 6**

Pray

Pray

Following 8:45am Mass

Pray



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Sundays 10am to 10:45am
School Gym



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Come as you are.

YOU ARE WELCOME HERE

WWP Bible studies combine personal study with small group discussion, linking our everyday challenges to solutions given through Scripture. If you desire to grow in your faith—in a supportive community of Catholic women—join us!

Two sessions to choose from

Tuesdays 10/14

9:30am to 11:30am

Wednesdays 10/15

7pm-9pm

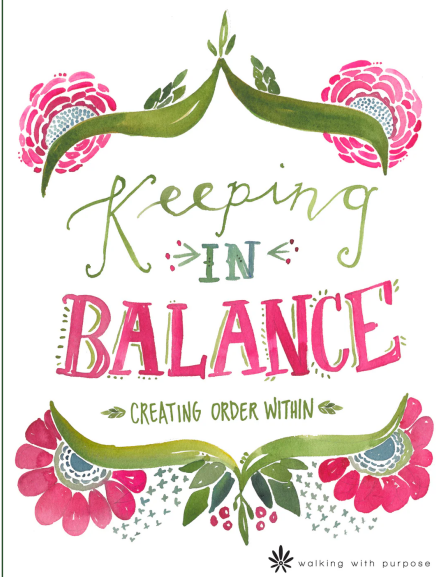
www.walkingwithpurpose.com

**Register
Using this
QR code**



Start date: 10/14/25

For questions contact the
parish office



**Don't forget to order
your book when you
register**

WEEKEND RETREAT

Healing the *Whole* Person

DEC. 4-6, 2025 | Will be livestreamed in the Café

Join Dr. Bob Schuchts, Sr. Miriam James, and Bart Schuchts on a journey into the heart and receive deeply desired restoration & freedom

Cost is \$119

For more info

about

registration

email

Carmen@Saint

LouisParish.org



Sunday Morning Band of Brothers

Led by your parish Priests

7:30am - 8:30am in the

Little Way Café

Scripture, prayer,



Invitation to Morning Prayer – Experience Advent in an Extraordinary Way

During this most holy season of Advent, please join us in praying the Morning Prayer from the *Liturgy of the Hours* every weekday morning at 8:20 AM in the church's cry room. As St. Basil the Great has written: "Morning Prayer is said in order that the first stirring of our mind and will may be consecrated to God and that we may take nothing in hand or set our bodies to any task until we have been gladdened by the thought of God." Prayer books (breviaries) are provided together with user-friendly guides. For further information, please contact Marvin Spychaj at 703-380-2970 or marvinpsychaj@msn.com.



FELLOWSHIP

Mothers' Group

- The St. Louis Mothers' Group meets every Wednesday from 10:15am to noon - feel free to drop-in for any length of time. All mothers are invited and all children are welcome! We host discussions, social time, meetups for field trips and park days, as well as brunch gatherings and events around the liturgical calendar.

THIS WEEK - This Wednesday, Dec 3rd, we will meet in the YAR at 10:15am and one of our moms will lead a lesson for our children in financial literacy and how to encourage responsibility with money and good stewardship from a young age. (The YAR is located at the back of the church building, look for the black gate and follow the stairs down to the YAR)

CONTACT: For more information or to join our email list or Facebook page, please contact Theresa Talavera at (571)331-8441 or tatalavera@yahoo.com

Are You Grieving?

Are you grieving the loss of a loved one? Come to a monthly opportunity for prayer and conversation led by Fr. O'Hare.

The next session of "Grief and Grace" will be in the Little Way Café on Wednesday, December 17, from 12:30pm-1:30pm.



Little Way Café
Will close on Tuesday, Nov. 25
and reopen Monday, Dec. 1



Knights of Columbus HONEY BAKED HAM SALE

Order your Christmas Ham, Turkey, and Gourmet Cakes & Pies Online from the Knights of Columbus!



PLACE YOUR ORDER BY 9PM ON SUNDAY, DECEMBER 21 THROUGH ZEPHY AT [HTTP://KOFCS998.ORG](http://KOFCS998.ORG) OR SCAN THE QR CODE BELOW

PICK UP AT MOUNT VERNON COUNCIL HALL ON WEDNESDAY, DECEMBER 24 BETWEEN 9AM AND 11AM



Questions? Contact Mike Evans at 571-283-5878

CCW Drive

The St. Louis Council of Catholic Women (CCW) will be sponsoring a collection drive for **new, unopened sample/ travel size personal care items** during the weekends of November 30th and December 7th. A bin will be placed in the vestibule of the church for your donations of soap, toothbrushes, toothpaste, shampoo, deodorant, hand and body lotion, lip balm, etc. These items will be used to assemble gift bags for our Homeless Neighbors at the South County Recovery and Drop in Center. We will assemble the gift bags for clients of the South County Center at our regular monthly meeting on Saturday, December 13th 9:30-11:30am in the San Francis room. Your generosity is greatly appreciated!

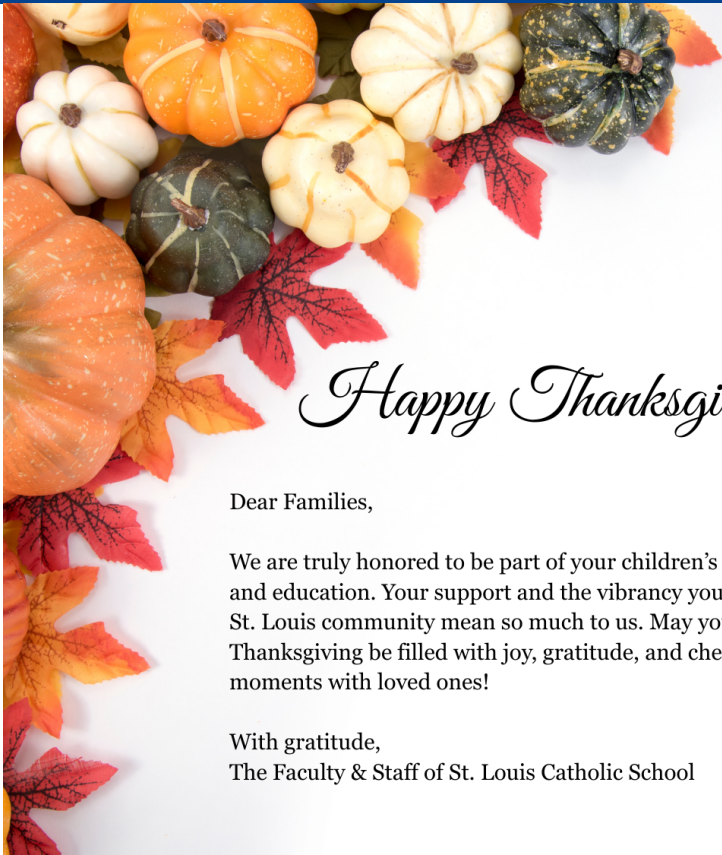


St. Louis Parish Podcast
Ep. 41: Lectio Divina - A Guided Meditation

Lectio Divina: A Guided Meditation

A form of prayer centered around entering into Sacred Scripture, Lectio Divina deepens our relationship with Our Lord through meditating on his Word. Listen to the impact Lectio Divina has had on the lives of this mother-daughter duo, Monica and Grace Kennedy.

Follow along with the guided meditation as we pray Lectio Divina with a passage from the Gospel of Luke.



Happy Thanksgiving!

Dear Families,

We are truly honored to be part of your children's faith journey and education. Your support and the vibrancy you bring to the St. Louis community mean so much to us. May your Thanksgiving be filled with joy, gratitude, and cherished moments with loved ones!

With gratitude,
The Faculty & Staff of St. Louis Catholic School

**Important Admissions
Reminder!**

**The K–8 application
deadline for sibling
and St. Louis
parishioner priority
is Monday, December
1, 2025.**



**Scan here
to apply!**

www.stlouisschool.org

Principal Mrs. Calogero

703-768-7732

LET US PRAY FOR ONE ANOTHER

Monday, December 1

7:00am, Poor Clares, +Michael Kehoe

8:45am, +Edith Sims

Tuesday, December 2

7:00am, Poor Clares, Intentions of Lisa Blaha

8:45am, +Claudia Faherty

Wednesday, December 3

7:00am, Poor Clares, Intentions of Jenny Gaidos

8:45am, Intentions of Jude Crooker

Thursday, December 4

7:00am, Poor Clares, +Robert Calogero

8:45am, +Florence Crooker

Friday, December 5

7:00am, Poor Clares, +Anne Coates

8:45am, Intentions of Stephen Crooker

Saturday, December 6

7:00am, Poor Clares, Intentions of Jennifer Cotnoir

8:45am, +Rose Deering

5:30pm, +Murphy Family

Sunday, December 7

7:00am, Poor Clares, Intentions of Jennifer Bobrowski

7:30am, +David Howgill

8:45am, Intentions of Clay Family

10:30am, *Pro Populo*

12:30pm, +Jacob Gamarra-Simental

3:00pm, +Kary Fernandez

5:15pm, Intentions of Zinsou & Family

**Eternal Rest
Grant Unto
Them,
O Lord!**

Oleh Boris Pushkar

Richard Koslow

Clyde Millie



Prayer for the Homebound

Lord, you have a special love for those who are weak, infirm, and dependent. Bless the homebound parishioners of our parish as they carry their daily crosses. May our prayers bring them strength and consolation, and the Sacraments sanctify and inspire them. We ask this through Christ our Lord. Amen.

This week we pray especially for the following homebound parishioners:

Carol Canada, James Carroll, Andrew Corrigan,
Ethel Cumming, and Suki Cuning.



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BINGO
 Friday Nights - 7pm
 First Sunday of the Month - 2pm

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