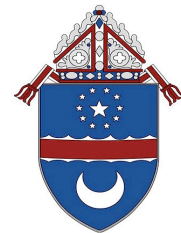




St. Louis Catholic Church

SaintLouisParish.org



"I had a vision of a great multitude, which no one could count, from every nation, race, people, and tongue. They stood before the throne and before the Lamb." Revelation 7:9

October 26, 2025 ~ Thirtieth Sunday in Ordinary Time

Parish Office

2907 Popkins Lane
Alexandria, VA 22306

Phone: 703-765-4421

Office Hours: Mon - Fri

9:30am - 1:00pm

1:30pm - 5:30pm (except Wed)

St. Louis School

703-768-7732

St. Vincent De Paul Helpline

703-765-0050

Pastor: Rev. Keith O'Hare

Parochial Vicars:

Rev. Gregory Thompson

Rev. Luke Poczaitek

Sunday Mass

7:30am

8:45am *Children's Mass*

10:30am *Traditional Ad Orientem*

12:30pm *Traditional Ad Orientem*

5:15pm *Quiet Traditional*

Saturday Mass

8:45am

5:30pm Vigil Mass

Monday-Friday Mass

8:45am

Confessions

Mon-Sat: 7:45am-8:15am

Wednesday: 6:00pm

Saturday: 5:00pm

Sunday: 8:30am-9:15am

Misa en Español

Domingo 3:00pm

Confesiones: Dom. 2:15pm-3:00pm

Grupo de Oración

Sábado 6:30pm

Poor Clare Monastery

703-768-4918

2505 Stone Hedge Drive

Mass Every Day

7:00am (Gregorian chant)

Sunday Devotions

Eucharistic Exposition

8:00am - 4:00pm

Rosary 4:00pm

Benediction 4:30pm



Pro Deo et Pro Patria

Big News!

St. Louis will soon be a "FlockNote Complete" Parish!

FlockNote is used by over 10,000 churches and has successfully developed into much more than an email communications system for Catholic parishes.

"FlockNote Complete" now provides an integrated database as well as a VERY user-friendly giving platform. So we will soon be leaving "Faith Direct" behind to become a "FlockNote Complete" Parish!

Stay tuned for more information
in the coming weeks!



Dear Friends,

One of my most formative experiences growing up was playing sports. I was blessed that my parents provided the opportunity for me (and my siblings) to play soccer and basketball. I learned teamwork, perseverance, self-confidence, and how to deal with adversity. You win some, you lose some; that's life and you move on.

To this day I can still recall the voices of encouragement in the persons of my coaches: Coach Huff, Coach Nakhid, Coach O'Connor, Coach Elias, Coach Jackson, and others. I recall their names but most of all I recall their example of dedication and love. (My Dad was also my basketball coach for a few years.) I know full well that these men helped to shape me in my youth into the man and priest that I would eventually become. In my college years I had the opportunity myself to be a youth soccer coach and did my best to pass on what I had received.

The word "coach" has a meaningful history. From the French "coche" in the 1550's it meant a "four-wheeled covered carriage." By the 1800's it had evolved to mean the tutor who helped (carry) a student to pass an exam. That meaning further evolved to its modern usage. A sports coach does indeed help his players (students) to pass the "exam" of life. Through sports the players learn not only how to play a particular sport and compete, but even more how to develop the virtues that will help them be the best version of themselves for the rest of their lives.

I sincerely commend all of you who are coaches! You dedicate so much time and effort to the youth and you have an immense impact on their lives. I simply ask you to remember this: perhaps the single clearest sign that a coach has fulfilled his/her mission is NOT the win-loss record at the end of a season, but rather the much more enduring record inscribed in each of the player's hearts: that is, that each player possesses a greater sense of worth and self-confidence than was possessed before the season began.

May your faith give you strength to live this vocation well!

Your Pastor,

Father O'Hare



*November 1st is All Saints Day
Just one Mass will be celebrated at
8:45am since it falls on a
Saturday this year.*

Keep in touch.

Sign up on
the website



Flocknote



walking with purpose

Come as you are.

YOU ARE WELCOME HERE

WWP Bible studies combine personal study with small group discussion, linking our everyday challenges to solutions given through Scripture. If you desire to grow in your faith—in a supportive community of Catholic women—join us!

Two sessions to choose from

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9:30am to 11:30am

Wednesdays 10/15

7pm-9pm

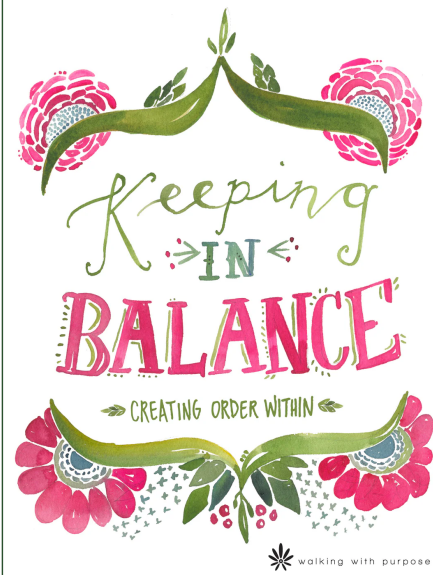
www.walkingwithpurpose.com

**Register
Using this
QR code**



Start date: 10/14/25

For questions contact the
parish office



**Don't forget to order
your book when you
register**



Sunday Morning Band of Brothers

Led by your parish Priests

7:30am - 8:30am in the Little Way Café

Scripture, prayer, discussion, and coffee



Confidential Helpline / Línea de ayuda confidencial:

703.841.2504



helpafterabortion.org
ayudadespuesdelaborto.org



*2 Separate Retreats. 1 Location, Based on the Entering Canaan Model



**Come and See:
A Graduate Level Course in
Theology**

**Weekly classes taught by
Fr. O'Hare and Fr. Thompson
Sundays 10am to 10:45am
School Gym**

Proposed Constitutional Amendments: Be Vigilant!



Proposed Amendments to Virginia's Constitution would:



Create a radical
“fundamental right”
to abortion
(Opposed by VCC)



Remove Virginia's
“union between one
man and one woman”
definition of marriage
(Opposed by VCC)



Restore voting rights
(Supported by VCC)

These three proposals were **initially approved** by the General Assembly earlier this year. If they pass the legislature again in 2026 – and are then approved by Virginia voters on a ballot – they would become law.

The legislators we elect this November will decide whether the proposed amendments are advanced or stopped.



Extreme, Radical and Deadly Abortion Amendment

This proposed amendment would enshrine virtually unlimited abortion at any stage of pregnancy as a “fundamental right” in Virginia's constitution.

In addition to the paramount problem of not recognizing the child's life, the amendment:

- Does not include any age restriction
- Does not include any safety standards
- Jeopardizes Virginia's parental consent law
- Jeopardizes Virginia's conscience protections for healthcare providers
- Expands Virginia's already permissive abortion laws
- And has numerous other problems!

Abortion is a fundamental tragedy, not a “fundamental right”.

Ending a life is not a right and does not belong in the constitution.

Proposed Constitutional Amendments:



Amendment Rejecting the Truth about Marriage

This proposed amendment would remove Virginia's constitutional definition of marriage as the "union between one man and one woman." It would add language recognizing "any lawful marriage between two adult persons" instead.

Marriage was created by God as the union of a man and a woman. God's design and purpose for marriage existed before any nation, religion or law.

The family – based on marriage between a man and a woman – is the fundamental unit of society and is integral to the common good.

**Marriage – as created by God – is essential to the common good.
Each of us is called to preserve God's design.**

Amendment Restoring Voting Rights

This proposed amendment would restore voting rights to all people who have completed their prison sentences.

The *Catechism of the Catholic Church* reminds us, "It is necessary that all participate...in promoting the common good. This obligation is inherent in the dignity of the human person.... As far as possible, citizens should take an active part in *public life*" (nos. 1913-1915).

Enabling individuals, upon release, to resume taking an active part in voting decisions affirms their dignity and provides them a second chance to fulfill their duty to participate in promoting the common good. It enables them to have a say in decisions that affect them, their families and their communities.

As the U.S. Catholic Bishops have noted, restoring voting rights is an important aspect of reintegration:

"[W]e must welcome ex-offenders back into society as full participating members, to the extent feasible, and support their right to vote."

- *Responsibility, Rehabilitation, and Restoration: A Catholic Perspective on Crime and Criminal Justice*, U.S. Conference of Catholic Bishops, 2000.

Join the Virginia Catholic Conference's advocacy network and see all of our Election 2025 resources at:
vacatholic.org/Election2025



Mothers' Group

- The St. Louis Mothers' Group meets every Wednesday from 10:15am to noon - feel free to drop-in for any length of time. All mothers are invited and all children are welcome! We host discussions, social time, meetups for field trips and park days, as well as brunch gatherings and events around the liturgical calendar.

THIS WEEK - CANAVOX - This Wednesday, Oct 29th, is our monthly CanaVox meeting - please meet in the YAR at 10:15am. Please contact Theresa if you are interested in joining the reading and discussions each month.

CONTACT: For more information or to join our email list or Facebook page, please contact Theresa Talavera at (571)331-8441 or tatalavera@yahoo.com

Are You Grieving?

Are you grieving the loss of a loved one? Come to a monthly opportunity for prayer and conversation led by Fr. O'Hare.

The next session of "Grief and Grace" will be in the Little Way Café on Wednesday, November 19, from 12:30pm-1:30pm.



St. Vincent de Paul

Inspired by the spirit of St. Vincent de Paul, our parish SVdP conference seeks to bring hope and stability to neighbors

in crisis—made possible through your generosity and prayers.

Recently, we assisted a neighbor whose careful budget usually covers her expenses but who faced an unexpected challenge when her rental office delayed returning her security deposit. While she waited, we provided rental assistance and a food card to help her stay on track.

SVdP volunteers also visited the home of another neighbor we had helped in the past. After her school contract ended in June, she depleted her savings by August. She has since started a new job in elder care, but with limited hours her income could not cover overdue rent and late fees. Your support enabled us to help her make her September payment and avoid further financial hardship.

Blessed Frédéric Ozanam, founder of the Society of St. Vincent de Paul: *"The order of society is based on two virtues: justice and charity. But justice presupposes much love already, for one must love a man a great deal in order to respect his rights which limit our rights, and his liberty which limits our liberty."*

Need help? Call our Helpline: 703-765-0050

Wish to donate? Use Faith Direct. Write a check to Saint Vincent de Paul, Saint Louis and leave it at the Rectory. Use Venmo: Venmo@SVDP-Alexandria. Contribute from your IRA; our Tax ID: 26-1100276

Want to join us (we need and want you!)? Email Jim Paton:

jimp@svdpalexandria.org or come to one of our bi-weekly meetings to learn more: 2nd and 4th Thursdays, 7:00 pm in the St. Francis Room.



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- Learn about Knights of Columbus
- RSVP Link or QR Code

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8592 Richmond Highway/Park in Back
Questions? Chuck Roman 202-213-0094
www.kofc5998.org

Have an Upcoming Wedding Anniversary?

Please let us know! If it is a significant anniversary (ending in a "5" or a "0") we would especially like to honor you. Please contact the parish office.



What's happening at St. Louis Catholic School?

Our students and staff participated in the annual Walk for the Homeless, walking alongside their Mass buddies and praying the Rosary.



Get ready to travel the globe with us at "Where in the World is the St. Louis Hawk?" Trivia Night! We're just weeks away from an evening full of fun, laughter, and friendly competition.

Purchase tickets below



**November 14 at
7:00 PM**

www.stlouisschool.org

Principal Mrs. Calogero

703-768-7732

LET US PRAY FOR ONE ANOTHER

Monday, October 27

7:00am, Poor Clares, +David Hsu
8:45am, +Michael J. Rymond

Tuesday, October 28

7:00am, Poor Clares, Intentions of Anneliese Hatcher
8:45am, Intentions of Vilma Gutierrez

Wednesday, October 29

7:00am, Poor Clares, +Joseph Fulton
8:45am, +John & Mary Redd

Thursday, October 30

7:00am, Poor Clares, +Milagros & Romulo Alcasabas
8:45am, +Frank Diehl

Friday, October 31

7:00am, Poor Clares, Intentions of Maggie Vaurik
8:45am, +David Crooker

Saturday, November 1, All Saints Day

7:00am, Poor Clares,
+Ana Maria Membreño
8:45am, +Edith (Edie) Sims
5:30pm, Intentions of Isilma Salgado

Sunday, November 2, All Souls Day

7:00am, Poor Clares, All Souls Novena
7:30am, Intentions of Sonia Racines
8:45am, +Carlos Seballos
10:30am, *Pro Populo*
12:30pm, +Jose & Rita Quintos
3:00pm, +Carlos Pineda
5:15pm, +Lillian & Perry Mee

**Eternal Rest
Grant Unto
Them,
O Lord!**

Bradford A. Anker
Jeffrey Thomas Quick
Elizabeth M. Kirk
Lou Ella Kaskey



Prayer for the Homebound

Lord, you have a special love for those who are weak, infirm, and dependent. Bless the homebound parishioners of our parish as they carry their daily crosses. May our prayers bring them strength and consolation, and the Sacraments sanctify and inspire them. We ask this through Christ our Lord. Amen.

This week we pray especially for the following homebound parishioners:

Imelda Druke, Bette Jo Eifert, Donna Jenkins,
Yvonne Laque, and Mary Lassanyi.



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 e: kareng@karengarch.com
 w: karengarchitects.com





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BINGO
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 First Sunday of the Month - 2pm



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