

# ARE YOU SEEKING A SPIRITUAL DIRECTOR?

# WHAT IS SPIRITUAL DIRECTION?

"Spiritual direction provides a sacred space where individuals can open their hearts and receive accompaniment on their journey toward intimacy with God,...and fosters transformation and ongoing conversion in the Lord,"

Franciscan University School of Spiritual Direction. Spiritual direction is for any person who desires to deepen their life of prayer-from learning how to pray or how to become more attuned to God's movements in his or her life, discerning a vocation or a life change, or to simply go deeper in his or her life of prayer and relationship with our Lord.



SPIRITUAL DIRECTORS ARE AVAILABLE  
THROUGH FRANCISCAN UNIVERSITY,  
SCHOOL OF SPIRITUAL DIRECTION.

To learn more, contact Laurie Collins at [laurie22c@gmail.com](mailto:laurie22c@gmail.com)

All are welcome