



"I am the resurrection and the life: whoever believes in me, though he should die, will come to life; and whoever is alive and believes in me will never die."

SUNDAY GOSPEL REFLECTION

Dear Friends in Christ,

We are entering the Fifth Sunday and Week of Lent and the Gospel passage assigned for this Sunday brings us face to face with death, the death of a close friend of Jesus. Whenever Christians ponder death, they are also supposed to be thinking of resurrected life. That can be very difficult to do, of course, when one or many whom we love die, and our grief cannot be swept away with a few words. Yet even in grief the Christian is called to believe the triumph of Christ over death is a gift extended to the whole human race, to all who die and to all who mourn, called to participate in God's life that can never die.

We Christians believe that death is not the end of our existence. Our life changes at death but does not end. In fact, our death is the entrance into a new and eternal life which lasts forever. The Sacred Scriptures of our Church are an exclamation of life, of resurrection, of dwelling in God and ultimately in the Holy Trinity of Persons: Father, Son and Holy Spirit.

The three Scripture readings for this Sunday proclaim clearly the call of life. From Ezekiel the Prophet we hear, "Thus says the Lord God: O my people, I will open your graves and have you rise from them." And further, "I will put my spirit in you that you may live." Could there be more encouraging words?

In the second lesson for this Sunday Saint Paul says, "If the Spirit of Him who raised Jesus from the dead dwells in you, then He who raised Christ from the dead will bring your mortal bodies to life also through His Spirit dwelling in you." What great news for the followers of Jesus Christ, called to be part of God's kingdom here on earth and in the world to come.

Finally, in the Gospel of John we find the gloriously encouraging words of the Redeemer: "I am the resurrection and the life: whoever believes in me, though he should die, will come to life; and whoever is alive and believes in me will never die."

May the Lord increase our faith and encourage us to persevere in doing good, living in faith, hope and love.



Have a Blessed fifth Sunday of Lent 2026!

Fr. Rafal Ligenza

Pastor