

**YOUR
LEADERSHIP
TEAM**



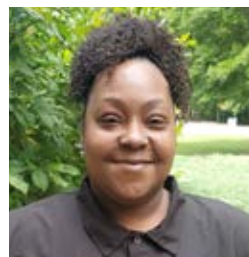
Sharon Lee
Executive Director



Felecia Blood
Business Office
Manager



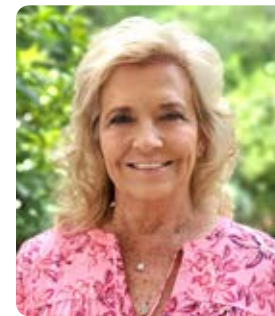
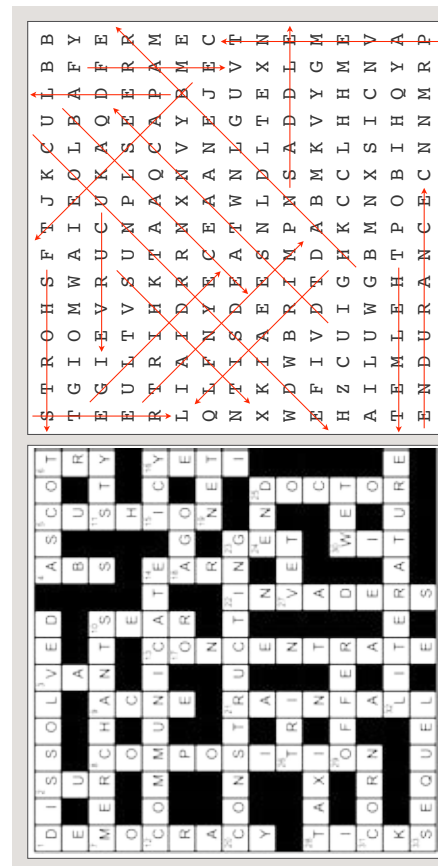
Jennifer Deroski
Life Enrichment
Coordinator



Lashandra Lumford
Dining Services
Director



Euel Partridge
Maintenance
Director



A MESSAGE FROM YOUR ADMINISTRATOR

As we welcome the month of May, I find myself reflecting on the rhythm of the seasons and the gentle ways they invite us to pause, look around, and appreciate what's right in front of us. May is a month of transition. Spring is in full bloom and summer's just around the corner, and it always seems to bring that sense of renewal into the halls of our community as well.

This sense of renewal is echoed in the special occasions we celebrate together this month. May is recognized nationwide as Older Americans Month, a time when we honor the achievements, wisdom, and resilience of our residents. Their stories, experiences, and laughter are the foundation that makes our community a home. Let's take a moment to recognize the unique gifts our residents share, and the way their lives inspire everyone around them, every single day.

We also look forward to Nurse Appreciation Week, May 6-12—a chance to express our heartfelt gratitude to the dedicated nurses whose compassion and steady hands shape our daily lives. Their care, patience, and kindness are the backbone of our community, and we are truly grateful for the difference they make.

All around us, nature reminds us of how life thrives when given a little warmth and attention. I see it in our gardens as new blossoms appear, in the friendships that continue to grow, and in the laughter that fills our common spaces. These everyday moments, shared together, are what make this season so special.

As May comes to a close, we will pause together on Memorial Day to remember and honor those who have served and sacrificed for our country. Their legacy lives on in the community we share and in the opportunities we have to gather in peace and friendship.

As always, we invite you to join us whenever you'd like—whether it's a group activity, a celebration, or a quiet moment of conversation. Each presence adds to the richness of our community.

Thank you for the joy, patience, and kindness you bring every day. Let's make the most of this beautiful season, together.

Warmly,
Sharon Lee
Sharon Lee
Executive Director



*Celebrations
& Milestones*

Welcome to our newest residents!

- Lamar Sumerlin
- Jeanette Jones

Let's celebrate everyone marking a special moment this month!

RESIDENT BIRTHDAYS

- May 4: Bessie Godwin
- May 12: Marie Snider
- May 26: Jimmy Pollard

TEAM MEMBER BIRTHDAYS

- May 3: Lecia McGlaughn
- May 19: Lillian Davis
- May 22: Machell Cunningham
- May 22: Wanda Coley

RESIDENT ANNIVERSARIES

- Margaret Adams – 4 years
- George Adams – 4 years
- Ron Cox – 3 years
- Denise Keirstead – 2 years
- Golda Harrison – 1 year
- Rena Henderson – 1 year



ROOTED IN LOVE: MEET JOHN AND MARLENE MCCOLLUM



Some couples leave a mark on their community with a single gesture—John and Marlene McCollum have filled Opelika with beauty, one flower bed at a time. Their home and yard have become a fixture in the city’s annual beautification competition, and about five years ago, they took home the top prize.

John and Marlene’s story is as enduring as the gardens they’ve tended. High school sweethearts who have now shared 73 years of marriage, they are the heart of a family that includes two children, Deborah and Wes, eight grandchildren, and four great-grandchildren. Their devotion to each other and their family is woven through every chapter of their lives.

Their roots in the Opelika community run deep, especially at First Baptist Church. Since the 1960s, the church has been a second home. Marlene led young hearts as a Sunday school teacher for five-year-olds, while John drove the church bus—making sure college students got a ride to Sunday service. In the 1970s, the couple helped launch a college ministry alongside Betty Baggott, the pastor’s wife, serving up home-cooked lunches and warm fellowship to hundreds of students finding their place far from home.



John’s work life is a slice of Alabama history. He owned the storied Bottle Store in Farmville, a crossroads landmark once marked by a towering 64-foot wooden Nehi soda bottle (built in 1924 to advertise the Opelika Nehi bottling plant). Though the bottle itself burned down in the 1930s, the store lived on—serving as general store, gas station, and at times, a dance hall with an open-air deck above the pumps. John

bought the Bottle Store in 1958 from John Frederick Williams, carrying on its legacy before moving on to sell cars at a local dealership and later working security at Auburn University. Even in retirement, he stayed active in the community, greeting families with genuine warmth at Jeffcoat Funeral Home.

Marlene’s story is just as rich. She worked at Montgomery Fair, the beloved department store that eventually became Gayfers and then Dillard’s. But her greatest joy was always at home—raising her children and caring for relatives who needed a gentle hand. She’s legendary for her banana pudding and for making biscuits nearly every day, a tradition her son Wes still remembers fondly: “My friends would always ask if I had biscuits for breakfast, because they knew there would be leftovers to share after school.”

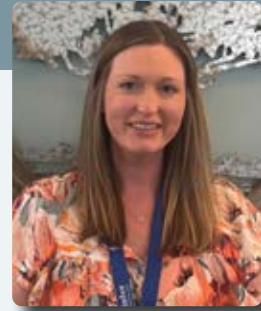
Wes also recalls his father’s quiet acts of love—like showing up to mow the lawn when life got too busy. For the McCollums, love has always been shown more in actions than in words.

Family trips have come and gone, but for John and Marlene, the best times have always been right at home—surrounded by cousins, aunts, uncles, and friends, with games, laughter, and stories filling the rooms. Those simple moments, gathered close with loved ones, are what they cherish most of all.

If you haven’t met the McCollums yet, we invite you to stop by and say hello. Their stories, rooted in family, faith, and decades of Opelika history, are a gift they love to share.



TEAM SPOTLIGHT: EMILY RAY, RN



If you’ve spent any time at The Harbor at Opelika lately, chances are you’ve crossed paths with Emily Ray. She’s the steady hand behind so much of what we do—serving as our Area Director of Clinical Services for the past four years, and bringing heart and expertise to every aspect of our community.

Emily’s roots run deep in Auburn. She began her nursing journey at Southern Union, earning her LPN in 2010. Never one to stand still, Emily immediately set her sights higher and went on to pursue her RN, achieving that milestone just two years later. It wasn’t long before she found her calling in assisted living, where, over more than a decade, she

has led teams, guided communities, and supported residents and families with a blend of expertise and compassion that’s become her trademark.

At home, Emily’s life is just as full. She and her husband, Jason, are raising two boys—a busy ten-year-old and a baby just five months old. When she gets a moment to herself, you’ll probably find her in the kitchen, apron on, crafting something wonderful with flour and sugar. Baking isn’t just a pastime for Emily—it helped put her through school and remains her favorite way to show love to family and friends. Her carrot cake with cream cheese buttercream, strawberry cake, and peppermint cheesecake (with an Oreo crust, of course) are legendary around here.

Ask Emily what she treasures most, and she’ll mention a note from a resident that reads, “Did you think to pray?” It’s been tucked in her car for years—through a car accident and into a new vehicle—a simple reminder of what matters most.

Emily brings warmth, a dash of Southern charm, and a whole lot of heart to everything she does and we’re grateful to have her in The Harbor family.



Easter
SOCIAL



**IF YOU LOVE WHAT WE DO,
PLEASE LEAVE A REVIEW!**

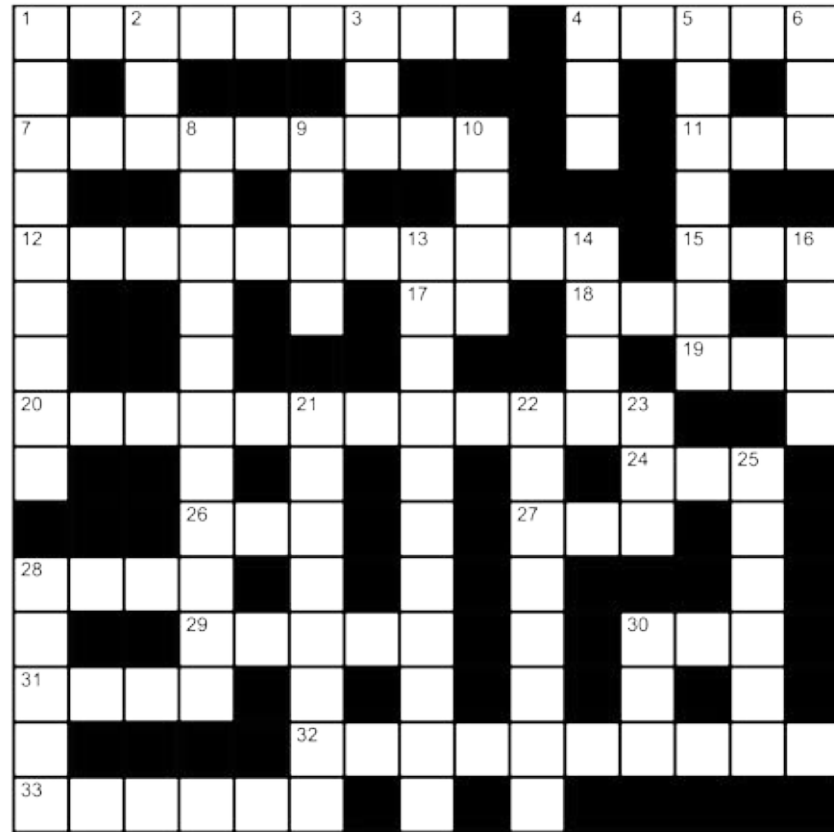


ACROSS

- 1. Melted
- 4. Fancy tie
- 7. Traders or dealers
- 11. Hog haven
- 12. Transmit information
- 15. Frigid
- 17. Either ___
- 18. Long ___ and far away
- 19. Fishing aid
- 20. Building or creating
- 24. Finale
- 26. Prefix meaning "three"
- 27. Dog doc
- 28. It's hailed by city dwellers
- 29. Proposal
- 30. Freshly painted
- 31. Maize
- 32. English major's subject
- 33. Film follow-up

DOWN

- 1. Government by the people
- 2. Used before name and charge
- 3. Vehicle with sliding doors
- 4. Stomach muscles, for short
- 5. Shock absorber?
- 6. Attempt
- 8. Musical arrangement
- 9. Teen affliction
- 10. Brand, in a way



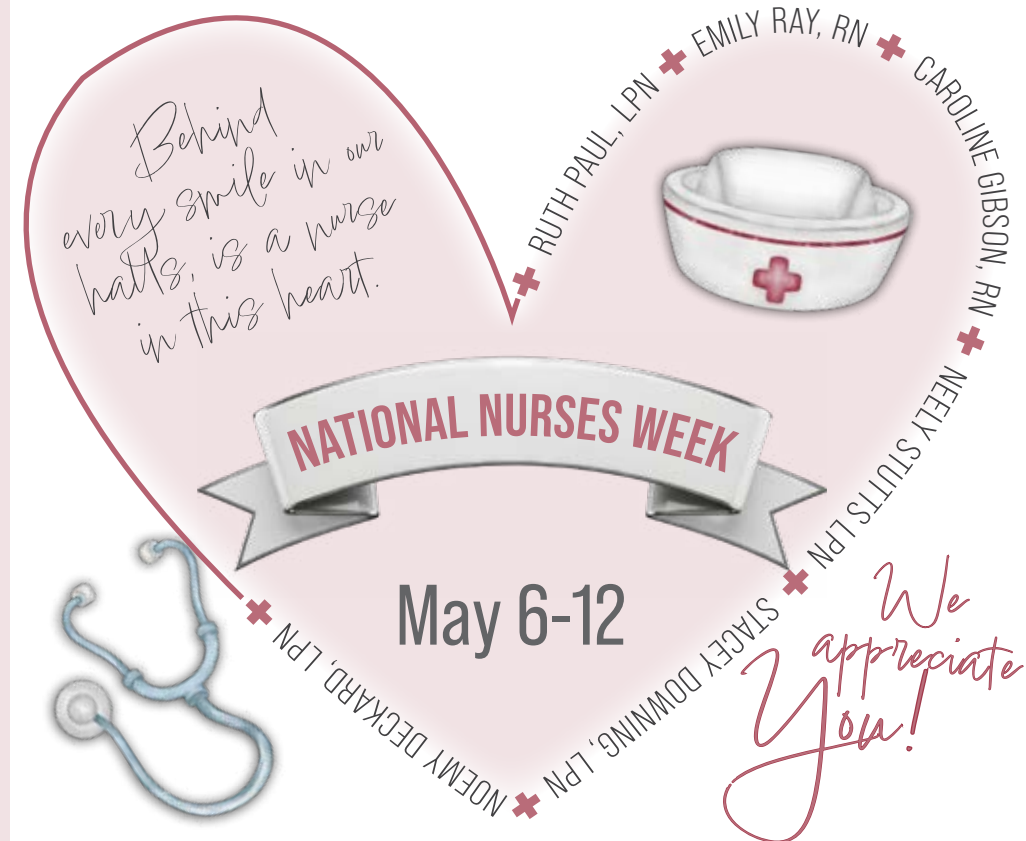
- 13. Focus intently
- 14. Work for pay
- 16. Abominable Snowman
- 21. Wet-weather indicator
- 22. H. G. Wells' Martians are some
- 23. Figure out
- 25. Physician
- 28. The sounds of time passing?
- 30. Humorist's specialty

S T R O H S F T J K C U L B B
 T G I O M W A I E O L B A F Y
 E G I E V R U C U K A Q D F E
 E U L T V S U N P L S E E R R
 R T R I H K T A A Q C A P A M
 L I A I D R R N X N V Y B M E
 Q L F N Y E C E A A N E J E C
 N T I S D E A T W N L G U V T
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 H Z C U I G H K C C L H H M E
 A I L U W G B M N X S I C N V
 T E M L E H T P O B I H Q Y A
 E N D U R A N C E C N N M R P

PEDAL POWERED

The words listed can be found vertically, horizontally, diagonally, forward, and backward.

- | | | |
|-------------|-----------|--------|
| BALANCE | FRAME | SADDLE |
| BASKET | GLIDE | SHIFT |
| COUNTRYSIDE | HANDLEBAR | SHORTS |
| CURVE | HELMET | STEER |
| DISTANCE | PAVEMENT | TANDEM |
| ENDURANCE | PEDAL | TRAIL |



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2026

May brings us blessings of Mother's and Remembrance

						<p>9:30 Devotion with Sam 1</p> <p>10:00 Exercise with Sam</p> <p>10:30 Snack & Chat Current Events w/Sam</p> <p>2:00 Bingo</p> <p>3:00 Balloon Tennis</p> <p>3:30 Hydration Station</p> <p>4:00 Karaoke</p> <p style="text-align: right;"><small>May Day</small></p>	<p>2</p> <p>9:00 Devotion</p> <p>9:30 Snack and Chat</p> <p>10:00 Therapeutic Coloring</p> <p>11:00 Walking Club</p> <p>2:00 Saturday Matinee</p> <p>3:30 Hydration Station</p> <p>4:00 Movie Time</p>
<p>3</p> <p>9:30 Coffee & Conversation</p> <p>10:00 Morning Worship</p> <p>11:00 Chair Exercises</p> <p>2:00 Bingo</p> <p>3:00 Trivia</p> <p>3:30 Hydration Station</p> <p>4:00 Sunday Cinema/Porch Time</p>	<p>4</p> <p>9:30 Devotion</p> <p>10:00 Exercise</p> <p>11:00 Snack and Chat</p> <p>2:00 Word Fun Game</p> <p>3:00 Stretching Fun</p> <p>3:30 Hydration Station</p> <p>4:00 Dancing on the Porch</p> <p>Bessie Godwin's Birthday</p>	<p>5</p> <p>9:30 Devotion</p> <p>10:00 Hymn Singing w/Trinity Methodist Church</p> <p>11:00 Snack and Chat</p> <p>2:00 Salsa Salsa Salsa</p> <p>3:00 Cinco de Mayo Celebration</p> <p>3:30 Hydration Station</p> <p>4:00 Back Porch Sunning</p> <p style="text-align: right;"><small>Cinco de Mayo</small></p>	<p>6</p> <p>9:30 Devotion</p> <p>10:00 Exercise</p> <p>11:00 Snacks and Chat</p> <p>1-2:30 Beauty Salon Open</p> <p>2:00 The Virginian</p> <p>3:00 Ping Pong game</p> <p>3:30 Hydration Station</p> <p>4:00 Songs w/Dr. Phillip</p>	<p>7</p> <p>9:30 Devotion</p> <p>10:00 Twister Toss</p> <p>11:00 Snacks and Chat</p> <p>2:00 Trivia Quiz You Tube</p> <p>3:00 One on Ones</p> <p>3:30 Hydration Station</p> <p>4:00 Stories of Glories</p>	<p>8</p> <p>9:30 Devotion with Sam</p> <p>10:00 Exercise with Sam</p> <p>10:30 Snack & Chat Current Events w/Sam</p> <p>2-3:30 Mother's Day Tea</p> <p>3:30 Hydration Station</p> <p>4:00 Karaoke</p>	<p>9</p> <p>9:00 Devotion</p> <p>9:30 Snack and Chat</p> <p>10:00 Chair Exercises</p> <p>11:00 Porch Time</p> <p>2:00 Bingo</p> <p>2:30 Hydration Station</p> <p>3:00 Korean Church</p>	
<p>10</p> <p>9:30 Coffee and Conversation</p> <p>10:00 Morning Worship</p> <p>11:00 Chair Exercises</p> <p>2:00 Bingo</p> <p>3:00 Toni Fun Outside</p> <p>3:30 Hydration Station</p> <p>4:00 Sunday Cinema/Porch Time</p> <p style="text-align: right;"><small>Mother's Day National Skilled Nursing Care Week</small></p>	<p>11</p> <p>9:30 Devotion</p> <p>10:00 Exercise</p> <p>11:00 Snack and Chat</p> <p>2:00 Checkers</p> <p>3:00 Watercolor Painting</p> <p>3:30 Hydration Station</p> <p>4:00 Dancing on the Porch</p>	<p>12</p> <p>9:30 Devotion</p> <p>10:00 Hymn Singing w/Trinity Methodist Church</p> <p>11:00 Snack and Chat</p> <p>2:00 Crafts w/Bailey</p> <p>3:00 Beach Ball toss</p> <p>3:30 Hydration Station</p> <p>4:00 Back Porch Social</p>	<p>13</p> <p>9:30 Devotion</p> <p>10:00 Exercise</p> <p>11:00 Snacks and Chat</p> <p>1-2:30 Beauty Salon Open</p> <p>3:00 Balloon Volleyball</p> <p>3:30 Hydration Station</p> <p>4:00 Outside Music Jam</p>	<p>14</p> <p>9:30 Devotion</p> <p>10:00 Exercises/Vet Talk</p> <p>11:00 Snacks and Chat</p> <p>2:00 Tillman Singers</p> <p>3:00 Hydration Station</p> <p>4:00 Backyard Musings</p>	<p>15</p> <p>9:30 Devotion with Sam</p> <p>10:00 Exercise with Sam</p> <p>10:30 Snack & Chat Current Events w/Sam</p> <p>2:00 Bingo</p> <p>3:00 Memory Card Game</p> <p>3:30 Hydration Station</p> <p>4:00 Karaoke</p>	<p>16</p> <p>9:00 Devotion</p> <p>9:30 Exercise</p> <p>10:15 Auburn Therapy Dogs</p> <p>11:00 Snack and Chat</p> <p>2:00 Bingo</p> <p>3:00 Hydration Station</p> <p>3:15 Heritage Baptist Church</p> <p>4:30 Movie Time</p> <p style="text-align: right;"><small>Armed Forces Day</small></p>	
<p>17</p> <p>9:30 Coffee and Conversation</p> <p>10:00 Morning Worship</p> <p>11:00 Chair Exercises</p> <p>2:00 Bingo</p> <p>3:00 Manicures</p> <p>3:30 Hydration Station</p> <p>4:00 Sunday Cinema/Porch Time</p>	<p>18</p> <p>9:30 Devotion</p> <p>10:00 Exercise</p> <p>11:00 Snack and Chat</p> <p>2:00 Bingo</p> <p>3:00 Memory game</p> <p>3:30 Hydration Station</p> <p>4:00 Dancing on the Porch</p> <p style="text-align: right;"><small>Victoria Day (Canada)</small></p>	<p>19</p> <p>9:30 Devotion</p> <p>9-10:30 Beauty Salon Opens</p> <p>10:00 Hymn Singing w/Trinity Methodist Church</p> <p>11:00 Snack and Chat</p> <p>2:00 Bingo w/ SVDP</p> <p>3:00 Dart Games</p> <p>3:30 Hydration Station</p> <p>4:00 Back Porch Jokes</p>	<p>20</p> <p>9:30 Devotion</p> <p>10:00 Exercise</p> <p>11:00 Snacks and Chat</p> <p>2:00 Strawberries & Cream Tea party</p> <p>3:30 Trivia Simple C</p> <p>4:00 Tubi-Movie</p>	<p>21</p> <p>9:30 Devotion</p> <p>10:00 Providence Church</p> <p>11:00 Snacks and Chat</p> <p>2:00 Exercise Fun</p> <p>3:00 Hydration Station</p> <p>4:00 Backyard Musings</p> <p>Janet Smith's Birthday</p> <p style="text-align: right;"><small>Shavuot Begins</small></p>	<p>22</p> <p>9:30 Devotion with Sam</p> <p>10:00 Exercise with Sam</p> <p>10:30 Snack & Chat Current Events w/Sam</p> <p>2:00 Memory Card Game</p> <p>3:00 May Trivia</p> <p>3:30 Hydration Station</p> <p>4:00 Movie/Popcorn</p>	<p>23</p> <p>9:00 Devotion</p> <p>9:30 Chair Exercises</p> <p>10:00 Chatting w/Taylor</p> <p>11:00 Snack and Chat</p> <p>2:00 Bingo</p> <p>3:00 Hydration Station</p> <p>4:00 Rocking w/Friends or Movie Time</p>	
<p>24</p> <p>9:30 Coffee and Conversation</p> <p>10:00 Morning Worship</p> <p>11:00 Chair Exercises</p> <p>2:00 Bingo</p> <p>3:30 Hydration Station</p> <p>4:00 Sunday Cinema/Porch Time</p>	<p>25</p> <p>9:30 Devotion</p> <p>10:00 Exercise</p> <p>11:00 Snack and Chat</p> <p>2:00 Crazy Porch Antics</p> <p>3:00 Hydration Station</p> <p>4:00 You Tube Memorial Day</p> <p></p> <p style="text-align: right;"><small>Memorial Day</small></p>	<p>26</p> <p>9:30 Devotion</p> <p>10:00 Hymn Singing w/Trinity Methodist Church</p> <p>11:00 Snack and Chat</p> <p>2:00 Crafts w/Bailey</p> <p>3:00 Bubbles on the Porch</p> <p>3:30 Hydration Station</p> <p>4:00 Back Porch Social</p> <p>Jimmy Pollard's Birthday</p>	<p>27</p> <p>9:30 Devotion</p> <p>10:00 Exercise</p> <p>11:00 Snacks and Chat</p> <p>1-2:30 Beauty Salon Open</p> <p>3:00 The Virginian</p> <p>3:30 Hydration Station</p> <p>4:00 Outside Music Jam</p>	<p>28</p> <p>9:30 Devotion</p> <p>10:00 Bridges Church</p> <p>11:00 Snack and Chat</p> <p>12:30 Birthday Bash</p> <p>2:00 Artistic Endeavors</p> <p>3:00 Tic Tac Toe</p> <p>3:30 Hydration Station</p> <p>4:00 Jokes and Quotes</p>	<p>29</p> <p>9:30 Devotion with Sam</p> <p>10:00 Exercise with Sam</p> <p>10:30 Snack & Chat Current Events w/Sam</p> <p>2:00 UNO</p> <p>3:00 One on Ones</p> <p>3:30 Hydration Station</p> <p>4:00 Karaoke</p>	<p>30</p> <p>9:00 Devotion</p> <p>9:30 Snack and Chat</p> <p>10:00 Balloon Volleyball</p> <p>11:00 Porch Time</p> <p>2:00 Bingo</p> <p>2:30 Hydration Station</p> <p>3:30 Rocking w/Friends or Movie Time</p>	
<p>31</p> <p>9:30 Coffee and Conversation</p> <p>10:00 Morning Worship</p> <p>11:00 Chair Exercises</p> <p>2:00 Bingo</p> <p>3:30 Hydration Station</p> <p>4:00 Sunday Cinema/Porch Time</p>	 <p>Employee Birthdays: Lecia McGlaughn 5/3, Lillian Davis 5/19, Machell Cunningham 5/22, Wanda Coley 5/22</p>						