



**A MESSAGE FROM YOUR EXECUTIVE DIRECTOR**



July always seems to arrive with a sense of celebration—flags waving, fireworks lighting up the night, and families gathering in backyards to mark the heart of summer and the promise of freedom. In our community, I'm reminded that these moments of togetherness, both big and small, are what give each holiday meaning.

Just the other day, I sat with a resident as she reminisced about her childhood Fourth of July gatherings. She spoke about simpler times: sparklers handed out to grandkids, neighbors stopping by with homemade lemonade, and the stories that would flow as the sun dipped low. Her memories weren't of grand gestures, but of the quiet bonds formed sitting shoulder-to-shoulder, listening to one another and sharing laughter. It struck me how the true spirit of Independence Day isn't measured by the size of the celebration, but by the warmth of the connections we build.

After listening to her stories, I found myself thinking about the way even small moments can shape history. In fact, while Thomas Jefferson was penning the Declaration of Independence in the summer of 1776, he often found inspiration from an unexpected companion—a pet mockingbird who sang by his window. Jefferson believed those gentle songs helped him find clarity in the midst of great responsibility. It's a detail lost to most history books, but it makes me wonder how often the quietest presences in our lives—a friend's encouragement, a family tradition, a simple act of kindness—become the true guiding lights.

This July, as we enjoy our own traditions, let's cherish both the celebrations and the stillness. Scripture reminds us, "It is for freedom that Christ has set us free" (Galatians 5:1), and I see that freedom expressed in the way our team members and residents lift each other up, day in and day out.

We have a wonderful lineup of events all month long, from patriotic singalongs to cool treats on hot afternoons and fellowship gatherings. Whether you're able to join us for a special occasion or just for a warm hello, your presence is always a blessing.

Thank you for allowing us to serve you and your loved ones. We wish you a joyful, peaceful July—may your days be filled with both celebration and the simple joys that linger long after the fireworks fade.

Sincerely,

*Sharon Lee*  
Sharon Lee  
Executive Director

*Celebrations & Milestones*

**Welcome to our newest residents!**  
• Patricia Fernard

**Let's celebrate everyone marking a special moment this month!**

**RESIDENT BIRTHDAYS**

- July 9: Sharon Brown
- July 10: Lillian Miller
- July 17: Denise Keirstead
- July 21: Ronald Cox
- July 24: Ed Gootee
- July 31: Bonnie Williams

**TEAM MEMBER BIRTHDAYS**

- July 22: Carolyn Johnson
- July 25: Natalie Woods
- July 26: Summer Rampley

**RESIDENT ANNIVERSARIES**

- Nita Phillips – 5 years
- Chrys Goutsos – 3 years
- Sharon Brown – 1 year
- Marie Snider – 3 years

**TEAM ANNIVERSARIES**

- Toni Sukys – 1 year

**YOUR LEADERSHIP TEAM**



Sharon Lee  
Executive Director



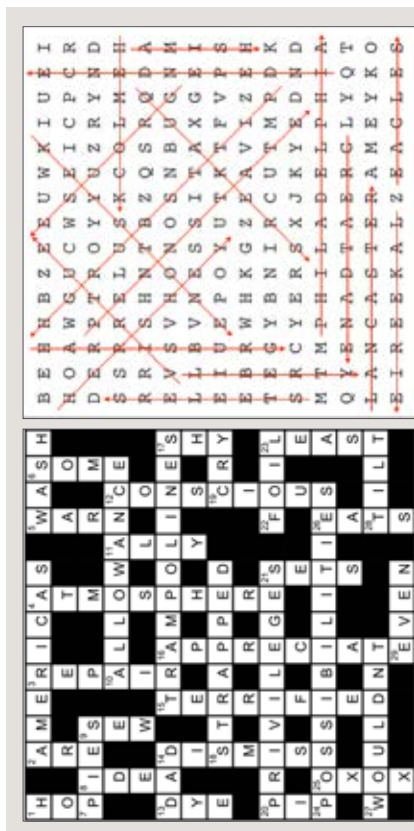
Felecia Blood  
Business Office  
Manager



Lashandra Lumford  
Dining Services  
Director



Euel Partridge  
Maintenance  
Director



**ALZHEIMER'S  
SUPPORT SERVICES**

**LEGACYSL.NET/  
ALZHEIMERS-SUPPORT**

DAY OF  
**HEE HAW** WITH OUR  
**YEE-HAW-LARIOUS OFFENDERS**



250 YEARS OF  
CELEBRATING  
WHAT BRINGS  
US TOGETHER.

1776 ★ 2026

UNITED WE STAND



**Bob Sandifer**  
Chaplain  
The Harbor at Hickory Hill  
Prattville, AL

The celebration has begun. In just a few days, we will mark the 250th birthday of the United States of America.

Most of us are familiar with the words from the second paragraph of the Declaration of Independence: "We hold these truths to be self-evident."

Yet we may be less familiar with the first paragraph, which speaks of "...the separate and equal station to which the laws of Nature and of Nature's God entitle them..."

With those words, the founders acknowledged that America's separation from King George was rooted not merely in the preferences of a few dissatisfied men, but in a belief that liberty itself comes from the Creator. That is not to say personal interests played no part, but the Declaration appealed to a truth higher than human government.

From that beginning, we became the United States of America. What helped keep us united was a continuing faith in the principles that shaped our founding. Today, however, that faith seems to be faltering in the minds of many, and our nation often feels deeply polarized.

GUEST CHAPLAIN CORNER

Is there an answer? Scripture points us toward an answer.

Proverbs 14:34 declares "Righteousness exalts a nation, but sin is a disgrace to any people." This proverb suggests a society built on justice, virtue, and ethical behavior bringing honor and stability.

These traits are built on inviolable truth, not on the changing whims of mankind. When people lose sight of truth, unity becomes difficult to preserve.

Jesus said in Matthew 12:25, "Every kingdom divided against itself will be ruined..." His words remind us that division weakens families, communities, and nations. One way we live out our freedom and faith are by caring for one another, including senior citizens who may need a little extra support. That kind of care is part of the difference your new home, The Harbor at Hickory Hill, seeks to provide.

As we celebrate the Fourth of July this year, let us not forget to pray for the unity of our nation. As 1 Timothy 2:1-2 teaches, "I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people—for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness."

WISHFUL THINKING

Grandpa was telling his young grandson what life was like when he was a little boy.

"In the winter we'd ice skate on our pond. In the summer, we could swim in the pond and pick berries in the woods. We'd swing on an old tire my dad hung from a tree on a rope. And we had a pony we rode all over the farm."

The little boy sat quietly, wide-eyed, taking it all in. After a moment, he finally said,

"Grandpa, I wish I'd gotten to know you a lot sooner!"



HAWAIIAN  
GETAWAY  
DAY

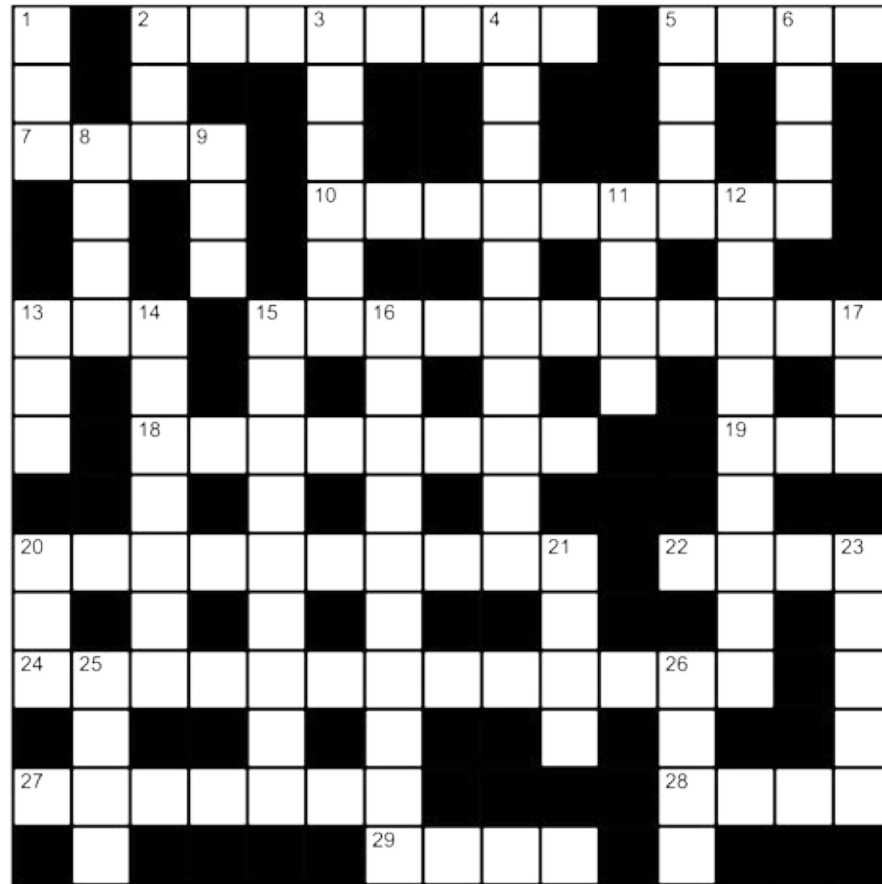


**ACROSS**

- 2. Brazil, Mexico, and Canada are in these
- 5. Laundry load
- 7. Key lime and apple are some
- 10. Schoolboy's stipend
- 13. Andy Taylor to Opie
- 15. Bouncing platforms
- 18. Pressed for cash
- 19. Shed tears
- 20. Special benefits
- 22. Alternative to plastic wrap; aluminum \_\_\_\_
- 24. Potential choices
- 27. Beach Boys hit " \_\_\_\_ It Be Nice"
- 28. Pinball mishap
- 29. Two, four, or six

**DOWN**

- 1. \_\_\_\_, skip, and jump
- 2. "The best things in life \_\_\_\_ free"
- 3. Fix
- 4. Ambience
- 5. Alert someone about danger
- 6. " \_\_\_\_ Like It Hot"
- 8. "Eureka! What a great \_\_\_\_!"
- 9. Stitch a seam
- 11. Comrade in arms
- 12. Alert and awake
- 13. Hair coloring
- 14. Throw out, as in a court case
- 15. Extremely scared



- 16. Value
- 17. Timid
- 20. Protagonist in Dickens' Great Expectations
- 21. Adjusts, as in a clock
- 23. Smallest
- 25. Hugs and kisses; cutesy letter-closer
- 26. Dines

B E H H B Z E E U W K I U E I  
 H O A W G U C W S E I C P C R  
 D E R P T R O Y Y U Z R Y N D  
 S S R R E L U S K C O L M E H  
 R R I S H N T B Z Q S R Q D A  
 E V S V H O N O S N B U G N M  
 L L B V N E S S I T A X G E I  
 E I U E P O Y U T K T F V P S  
 E B R W H K G Z E A V I Z E H  
 T E G Y B N I R C U T M P D K  
 S R C Y E R S X J K Y E D N D  
 M T M P H I L A D E L P H I A  
 Q Y E N A D T A E R G L Y Q T  
 L A N C A S T E R A M E Y K O  
 E I R E E K A L Z E A G L E S

**PENNSYLVANIA**

The words listed can be found vertically, horizontally, diagonally, forward, and backward.

- |              |              |
|--------------|--------------|
| AMISH        | LAKE ERIE    |
| EAGLES       | LANCASTER    |
| GREAT DANE   | LIBERTY      |
| GROUSE       | PENN STATE   |
| HARRISBURG   | PHILADELPHIA |
| HEMLOCK      | PITTSBURGH   |
| HERSHEY      | QUAKERS      |
| INDEPENDENCE | STEELERS     |
| KEYSTONE     | VIRTUE       |



LIFE AS WE LOVE IT.



SHINE A LIGHT ON GREATNESS!

**Nominate Someone Who's Going the Extra Mile!**

At The Harbor, we believe exceptional care deserves recognition. Our Going the Extra Mile Award honors team members who do something truly remarkable—those moments when someone goes out of their way to help, surprise or care for others in ways you don't see every day.

If you've noticed someone making a real difference—maybe they brightened your day, offered comfort when it mattered, or simply treated a loved one like family—we want to hear your story. Families, friends and visitors are all invited to nominate team members who go out of their way for our residents.

**Submit a Nomination Today!**  
 It's easy to recognize someone special: just pick up a nomination form in the reception area, fill it out and drop it in the box. Your words could help shine a light on the exceptional care happening every day.

**CELEBRATE AMERICA'S 250<sup>TH</sup>**

**THURSDAY, JULY 2<sup>ND</sup> AT 12:30PM**

Grilled Burgers ★ Baked Beans  
 Potato Salad ★ Side Salad  
 Homemade Ice Cream

**RSVP: (334) 749-7992**

IF YOU LOVE WHAT WE DO, PLEASE LEAVE A REVIEW!  
 ★★★★★



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

			9:30 Devotion 10:00 Exercise 10:15 Snack and Chat 11:00 Word in Word 2:00 Bingo 3:00 Hydration Station 3:00 Balloon Volleyball 4:00 Historical Facts of the US  Canada Day	9:30 Devotion 10:00 Exercise 10:30 Snack and Chat 11:00 Karaoke 2:00 Bingo 3:00 Hydration Station 3:30 Crafting 4:30 Movie Time	9:30 Devotion with Sam 10:00 Exercise with Sam 10:30 Snack and Chat Current Events w/Sam 12:30 July 4 <sup>th</sup> Cookout 2:00 Bingo 2:30 Beauty Shop Opens 3:00 Balloon Tennis 4:00 Karaoke	9:30 Devotion 10:00 Snack and Chat 10:15 Balloon Tennis 11:00 Porch Time 2:00 Bingo 3:15 Hydration Station 4:00 Movie Time  Independence Day (U.S.)
9:30 Coffee & Conversation 10:00 Church on the Big TV 10:45 Snack and Chat 11:00 Chair Exercises 2:00 Manicures and Movies 3:30 Hydration Station 3:30 Popcorn and Movies	9:15 Devotion 10:00 Exercise 10:30 Snack and Chat 11:00 Game Show 2:00 Balloon Volleyball 3:30 Hydration Station 4:00 Manicures & Movies	9:30 Devotion 10:00 Trinity Church 10:15 Snack and Chat 11:00 Exercise 2:00 Bingo 3:00 Hydration Station 3:00 Balloon Volleyball 4:00 Historical Facts of the US	9:30 Devotion 10:00 Exercise 10:15 Snack and Chat 11:00 Word in Word 2:00 Bingo 3:00 Hydration Station 3:00 Balloon Volleyball 4:00 Historical Facts of the US	9:30 Devotion 10:00 Exercise 10:30 Snack and Chat 11:00 Karaoke 2:00 Bingo 3:00 Hydration Station 3:30 Crafting 4:30 Movie Time	9:30 Devotion with Sam 10:00 Exercise with Sam 10:30 Snack and Chat Current Events w/Sam 2:00 Bingo 2:30 Beauty Shop Opens 3:00 Balloon Tennis 4:00 Karaoke	9:30 Devotion 10:00 Snack and Chat 10:15 Balloon Tennis 11:00 Porch Time 2:00 Bingo 3:15 Hydration Station 4:00 Movie Time
9:30 Coffee & Conversation 10:00 Church on the Big TV 10:45 Snack and Chat 11:00 Chair Exercises 2:00 Manicures and Movies 3:30 Hydration Station 3:30 Popcorn and Movies	9:15 Devotion 10:00 Exercises 10:30 Snack and Chat 11:00 Courtyard and Sunshine 2:00 Trivia 3:00 Hydration Station 3:30 Music and Dancing 4:30 Simple C	9:30 Devotion 10:00 Trinity Church 10:15 Hydration Station 11:00 Exercise 2:00 Bingo 3:00 Hydration Station 3:00 Balloon Volleyball 4:00 Simple C  Bastille Day	9:30 Devotion 10:00 Exercise 10:15 Snack and Chat 11:00 Word in Word 2:00 Bingo 3:00 Hydration Station 3:00 Balloon Volleyball 4:00 Karaoke	9:30 Devotion 10:00 Providence Baptist Church 10:30 Snack and Sing 11:00 Exercise 2:00 Tillman Singers 3:00 Hydration Station 3:30 Crafting 4:30 Movie Time	9:30 Devotion with Sam 10:00 Exercise with Sam 10:30 Snack and Chat Current Events w/Sam 2:00 Bingo 2:30 Beauty Shop Opens 3:00 Balloon Tennis 4:00 Karaoke	9:30 Devotion 10:00 Snack and Chat 10:15 Balloon Tennis 11:00 Porch Time 2:00 Singing with Stan 3:15 Hydration Station 3:15 Heritage Baptist Church 4:00 Movie Time
9:30 Coffee & Conversation 10:00 Church on the Big TV 10:45 Snack and Chat 11:00 Chair Exercises 2:00 Manicures and Movies 3:30 Hydration Station 3:30 Popcorn and Movies	9:15 Devotion 10:00 Exercises 10:30 Snack and Chat 11:00 Courtyard and Sunshine 2:00 Trivia 3:00 Hydration Station 3:30 Music and Dancing 4:30 Simple C	9:30 Devotion 10:00 Trinity Church 10:15 Hydration Station 11:00 Exercise 2:00 Bingo 3:00 Hydration Station 3:00 Balloon Volleyball 4:00 Music and Dancing	9:30 Devotion 10:00 Exercise 10:15 Snack and Chat 11:00 Word in Word 2:00 Bingo 3:00 Hydration Station 3:00 Balloon Volleyball 4:00 Karaoke	9:30 Devotion 10:00 Exercise 10:30 Snack and Chat 11:00 Karaoke 2:00 Bingo 3:00 Hydration Station 3:30 Crafting 4:30 Movie Time	9:30 Devotion with Sam 10:00 Exercise with Sam 10:30 Snack and Chat Current Events w/Sam 2:00 Bingo 2:30 Beauty Shop Opens 3:00 Balloon Tennis 4:00 Karaoke	9:30 Devotion 10:00 Snack and Chat 10:15 Balloon Tennis 11:00 Porch Time 2:00 Bingo 3:15 Hydration Station 4:00 Movie Time
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