



AAC Starter Kit (Print-Friendly)

Vilij ABA • Neurodivergent-affirming • Illinois families

Start or strengthen Augmentative & Alternative Communication (AAC) at home, school, and in therapy—today. Use the core board, follow the modeling tips, and explore free app trials and Illinois resources while funding is pending.

Quick Start (Same Day)

Print & Post: Put the core board on the fridge, play area, and backpack.

Pick 6–10 ‘starter words’: help, more, stop, go, open, eat, drink, break, yes, no.

Model constantly: tap the word on the board/app while you speak and do the action.

Share with school & SLP: tell the team which words you’re modeling so everyone matches.

How to Model & Prompt-Fade

1. **Model first.** You touch the word and say it naturally (no drills needed).
2. **Wait.** Give time; communication takes processing.
3. **Prompt briefly if needed.** Gesture toward the spot or offer a light touch prompt, then fade.
4. **Celebrate any communication.** Speech, sign, device tap, gesture—respond as if spoken.
5. **Keep words consistent.** Use the same few words across mealtime, play, car, and routines.
6. **Generalize.** Bring the board/app everywhere. Normalize device use.

Printable Core Board (36 words)

Print this page large and tape it where communication happens.






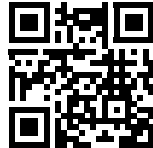
I	you	my	your	yes	no
more	help	stop	go	open	close
want	like	don't	it	that	play
eat	drink	bathroom	all done	break	turn
up	down	in	on	off	out
here	there	look	come	put	get


Starter Words & Everyday Routines

Pick a few power words to model first. Use them in natural routines.

Word	Where To Use It	Example
help	Puzzles, packaging, zippers	"Let's help" (tap) while opening a snack.
more	Snacks, bubbles, songs	"More bubbles?" (tap) then blow again.
stop	Rough play, tickles, noisy toys	Pause the action after tapping stop.
go	Swing, stroller, car, slides	Tap go then push the swing.
open	Containers, doors, apps	Tap open as you open the box.
break	Homework, chores, long tasks	Offer break before behavior escalates.
eat/drink	Meals, snacks, water breaks	Model drink at every sip.
yes / no	Choices all day	Offer genuine options; honor the response.




Try-Before-You-Buy AAC Apps (Free Trials)

App	Why Families Like It	Link / QR
TD Snap	Robust symbol sets incl. PODD/Gateway; strong editing; 60-day trial	
TouchChat (WordPower)	Popular vocab options; TouchChat Discover 30-day trial	
LAMP Words for Life	Motor-planning approach; consistent icon pathways; 30-day trial	
Proloquo	Modern symbol app with coaching; 1-month trial	
Avaz AAC	Symbol & text modes; 14-day trial	
CoughDrop	Cloud-based; team sharing; 2-month trial	






App	Why Families Like It	Link / QR
LetMeTalk (free)	No-cost starter on iOS/Android (feature set varies)	

Tip: Point your phone camera at a QR code to open the page.

Illinois-Specific Help (Device Loans & School Supports)

Resource	What It Offers	Link / QR
IATP (Illinois Assistive Technology Program)	Free device demos and ~5–6 week device loans; families usually only cover return shipping.	
ISBE – Assistive Technology	AT must be considered in every IEP; guidance and resources for teams.	
AT3 Center – State AT Programs	Find your state’s AT Act program (device loan, reuse, financing).	

Free Printable Boards & Symbols

Resource	Link / QR
Project Core (core boards & training)	
AssistiveWare Core Word Classroom	
OpenSymbols (build your own boards; check licenses)	
ARASAAC (free symbols; check licenses)	
Vilij Blog (AAC & ABA article)	


Daily Communication & Trials Log

Logs and short videos/photos can help your SLP and insurance documentation.

[illegible]

We'll Help You Get Started

Already have a device or app? Bring it—we'll use it and help everyone feel confident. Still deciding? We'll coordinate app trials, IATP loans, and school supports.

Book a free consult	
www.vilijaba.com/blog • info@vilijaba.com	

This starter kit is informational and not a substitute for individualized clinical evaluation. Work with your SLP for device/app selection. Vilij ABA collaborates with your care team.