



## SASK RUGBY REP TEAMS Athlete Code of Conduct Agreement

As candidates for a Sask Rugby representative team, you have been asked to read and sign the following Code of Conduct prior to travelling to any competition or overnight camp or training. Should any athlete act in contrary to the expectations laid out in this agreement, they must accept responsibility for their actions as laid out by the Consequences for Violations on page 3.

Please read the following carefully and sign where indicated. For individuals under the age of eighteen (18), a parent and/or guardian must also read and sign below.

### Athlete Expectations

1. I will treat my invitation to participate in rep team activities as a privilege, not a right, and throughout my participation act in accordance with the Sask Rugby Code of Conduct, World Rugby Laws of the Game, and any competition or tournament regulations.
2. When travelling with my team:
  - a. I will respect my place of stay (hotel, dorm, etc.) and the other individuals that may be staying here;
  - b. I will respect the team curfew laid out by coaches and managers;
  - c. I will be at assembly points on time and ready to participate in training and/or team activities;
  - d. I will dress appropriately and aim to represent my team, Sask Rugby, and my province well.
3. I will conduct myself in a sportsmanlike and responsible manner at all times. This includes during all training sessions, matches, and team activities; during transportation to and from training sessions, matches, and team activities; and during stays at any hotel or residence with my team.
4. I will respect my teammates personal property and space during all training, travel, and competitions.
5. I will be respectful towards my teammates, captains, team staff, Sask Rugby staff, match officials, and opponents.
6. I will refrain from any disrespectful comments throughout my participation, this includes the use of any abusive, racist, sexist, or offensive language.
7. I will not engage in any activities that may endanger myself or others.



8. I will refrain from any form of tobacco and/or alcohol possession or use, as well as the possession or use of any other drugs or prohibited substances.
9. If I fail to meet the expectations laid out in this document, I agree to accept responsibility for my actions including the consequences laid out on page 3 of this document.

**I have read, understood and agree to the above terms and conditions.**

---

Athlete Name

---

Athlete Signature

---

Date

**If the volunteer is under 18 years of age:**

**As the parent and/or legal guardian of this volunteer I acknowledge that I have read, understood and agree to the above terms and conditions.**

---

Parent/Guardian Signature

---

Date



## Consequences for Violations

### **Level 1: Nuisances**

Small breaches in the Code of Conduct that demonstrate a lack of respect for the rules and expectations of Sask Rugby athletes will be dealt with quickly by team staff, who are trained in Respect in Sport and Sask Rugby discipline policies.

*Violation Examples:* lateness, interrupting practice or goofing off, a minor language infraction, etc.

*Situation and Example:* an athlete uses a bad word at practice or shows up late to a captain's run – the coach takes them aside to explain their mistake and, if applicable, asks the athlete to apologize to their teammates and team staff

**Violations will be tracked by team staff and repeated or habitual violations will be moved up to Level 2.**

### **Level 2: Minor Breaches**

An offense determined by team staff to be an obvious but minor breach of the Code of Conduct and/or Athlete Agreement will be dealt with by team staff and include discussion and consequences for behaviour.

*Violation Examples:* disrespectful comments towards teammates or team staff, unsportsmanlike behaviour on or off the pitch (swearing, negative comments), etc.

*Situation and Example:* an athlete yells at teammate for their performance in training or a match or refuses to participate in team warm-up/cool-down – the coach takes them aside to discuss their behaviour, find a resolution and determine suitable consequences such as sitting out from the next game and/or apologizing to their teammates and team staff

**Violations will be tracked by team staff and repeated or habitual violations will be moved up to Level 3.**

### **Level 3: Major Breaches**

An offense determined by team staff to be an obvious and major breach of the Code of Conduct and/or Athlete Agreement will result in: (1) the offending athlete being sent home at their own host through safe transport arranged by team staff and parents/guardians of the athlete (if travelling), (2) loss of any collected player dues (refunds will not be given), (3) immediate notification of parents and guardians, and (4) a written apology from the athlete to team staff, teammates, and any other parties involved to be reviewed by the Sask Rugby Discipline Committee to determine the athlete's ability to participate in future rep teams.

*Violation Examples:* use or possession of drugs and/or alcohol, blatant and extreme disrespect (racist or sexist comments), any physical fights or confrontations

**There will be no repeat offenders at this level.**