



THE ADVENTURE



AUGUST 2026

PASTOR'S ARTICLE

by PASTOR KATIE HOLEMAN

Grace and peace to you dear siblings in Christ,

As we move through these summer weeks, the life of the Church invites us to notice the quiet and steady ways God's grace is growing among us.

The readings appointed for this season turn our hearts toward trust:

trust that God is at work even when we cannot see the whole picture, trust that small seeds of kindness can bear lasting fruit, and trust

that nothing can separate us from the love of God. That is good news for a church community, because much of our shared ministry is made up of small, faithful acts: a phone call to someone who is lonely, a prayer offered quietly, a welcome extended at the door, a meal shared, a hand offered in service.

I am grateful for the many ways the people of Advent Lutheran embody Christ's compassion and



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PASTOR'S ARTICLE (CONTINUED)

hospitality. Whether you are present every Sunday, returning after time away, joining us online, or simply discerning where God may be leading you next, please know that you are part of this beloved community. Your prayers, presence, gifts, and care matter.

In the month ahead, I encourage each of us to look for one simple way to practice the Gospel more intentionally: reach out to a neighbor, invite someone to worship, spend a few minutes each day in silence with God, or offer your time to a ministry that strengthens our parish and serves the wider community. These small acts are never small in the kingdom of God. Just as the mustard seed has great potential so too does this congregation as well as each of you personally.

May this season renew our hope, deepen our faith, and open our eyes to the presence of Christ among us. May we continue to grow together in love, rooted in prayer and sent out in peace.

Faithfully in Christ,

Pastor Katie

CPR & AED TRAINING

Several years ago we offered CPR Training, and had an excellent response. If you took the class with us at that time, your Certification has expired.

We have another opportunity to offer a **FREE** class for anyone interested! The class will be offered on Saturday, August 22, 9 AM–1 PM in the Fellowship Hall. If you serve on an usher team, altar guild, or are active in any of Advent's programs, we encourage you to attend, so that there is always someone ready to provide help. The only requirement: you must be able to get down to the floor and have the strength to sustain the CPR action.

The class is limited to 12 participants, so please sign up early—either on the sheet in the narthex or by calling/ emailing the church office.



COUNCIL CONNECTION

by BRUCE HANSEN

Happy August everyone. Well, that doesn't have the same ring as **Merry Christmas** or **Happy Easter** and now, we're right in between those festive celebrations. So, what are we, as Christians, supposed be doing and preparing for during this blistering month? Most of us are no longer getting ready for the beginning of a new school year. Some are just trying to survive the high temperatures.

Others are finding refuge at distant locations. What is happening at Advent and how are you going to live this month?

Hopefully, you have met our new pastor. August is a great month to get to know her better. It will also be a time for her to get to know us too. It is a good time to focus August's religious themes as we transition from the bread of life in the **Gospel of John** to significant moments in the **Gospel of Matthew**. Can you reach out to our new pastor and

allocate time to read/review the 49 chapters of those two Gospels?

As a church we have an ambitious annual financial goal of \$250,000 (\$20,833/month) from budgeted income. July's totals (1st month of the year) have not been finalized as of this writing.

Historically, for many months we will be in the red. Several strong months of generous giving has allowed Advent to

maintain a balanced budget. At our next congregation conversation (~quarterly) you will be given a financial update. Are you meeting your giving goals?

August, good month to meet the Pastor, read a couple Gospels, review your plan for your financial giving and bake in the California heat. What else are you going to do this month?



Bruce



HART HAPPENINGS

BY BARBARA OLSON

I continue to be amazed at the generosity of this congregation when we recognize a need in our community. As the congregation's representative at HART (homeless assistance resource team) I often become aware of needs and present them to the rest of you. There is always a ready and positive response.

When I think of all the clothing, towels, meals, snacks, lunches, gloves, underwear....the list goes on and on....that have been donated over the years for Winter Sanctuary, I am so grateful for your kind hearts and open hands.

The big part of the HART plan to end homelessness in Citrus Heights is to keep people from losing their home due to an emergency, one-time financial crisis. When we visit the family (as we do each time we receive a request) and are able to ease the crisis we often find that other items would be helpful, as well. We have been able to provide microwaves, couches, chairs, and tables, plus clothing, cleaning supplies, dishes, and bed sheets and blankets. All of these from your generosity.

Right now I have boxes of donated kitchen utensils, silverware, towels, dishes and bed linens at my house waiting for a home. All these were donated by Advent Lutheran members. What a wonderful way to recycle our abundance to the benefit of others, rather than just throwing it away.

Although you may never meet the beneficiaries of your kindness, you have shown them that WE CARE, "God's Work, Our Hands".

The Spaghetti Fest Annual Fundraiser for HART is being held on October 23rd. Two tables have been donated for church members to attend. It is a fun evening of live music, information about what HART has accomplished and recognition of folks from churches, businesses, government and community. Since you don't have to pay to attend, it gives you a chance to meet other community members, as well as to enter the raffle, bid at the silent auction or just make a donation to show the people providing the direct services that you welcome and support their efforts.



MARK YOUR CALENDARS!

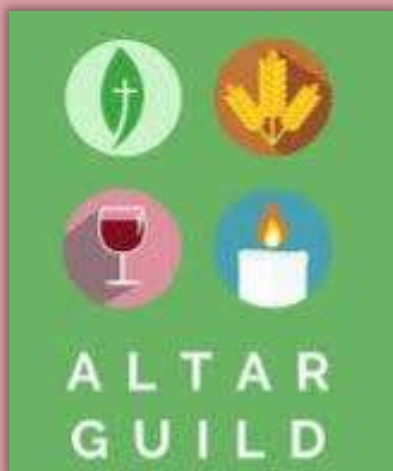
Join us for an unforgettable evening of great food, live entertainment, and community as we celebrate **10 years of Citrus Heights HART** at our Annual Spaghetti Fest Fundraiser on October 23!

AMERICA'S 250TH ANNIVERSARY POTLUCK

Many, many thanks to the Fellowship Committee for hosting a fun (and as always, delicious!) potluck picnic in celebration of America's 250th Anniversary!



ALTAR GUILD VOLUNTEERS NEEDED!



A lot of what they do is “behind the scenes”, but the Altar Guild plays a vital role in our worship life. These are the individuals who prepare the altar for communion, change the paraments, and make sure our worship space is ready for Sunday mornings. Each team serves twice a year for a month at a time.

Are you someone who appreciates doing something that is worthwhile and needed, but would rather not be front-and-center? This is the perfect spot for you! Please consider joining the Altar Guild—many hands make light work. For more information, please contact Lorna Mymka or Linda Mathews (call or email the church office for their numbers).

CELEBRATIONS OF LIFE

We will be celebrating the lives of two very special people in Advent’s family during August.

Marie Buhler’s Celebration of Life will be held on **Saturday, August 15.**

Herum Bjork’s Celebration of Life will be held on **Friday, August 21.**

Both services are at 1 PM, followed by a reception in the Fellowship Hall.

If you are able to help by providing cookies/bars for the receptions, please contact Cornelia Chancellor. Help will also be needed with setting up and cleaning up. Thank you in advance for making this a special time for the families.



BRING YOUR LUNCH AND JOIN US!

Brown B.A.G. Fellowship



Wednesday, Aug. 5, 12:30 PM

B.A.G. = Being and Growing
Accompanying each other in
who we are and who we are
becoming!

Please join us at 12:30 PM in the Fellowship Hall on Wednesday, August 5! All are invited to bring a lunch (including something to drink) and come participate in conversation and fellowship. This month we will return to our small group round table discussions. Hope to see you there!

WALKER AVAILABLE!

Tom and Carol Kent have a very nice walker available for anyone who may be in need of one. Tom will be using a different design, so the one he has been using is available to a new home—at no cost! It has 4 wheels, is semi-adjustable for height and is fairly wide for sitting (with a back rest). If you're interested, or know someone who might be, please give Carol a call (call or email the church office for her number).



ADVENT CALENDAR

AUGUST 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:00am - 2:00pm CPR Class
2 9:30am Worship Service with Holy Communion www.youtube.com/@Advent_Citrus_HeightsStreams 1:30pm Girl Scouts 6:00pm Sunday Night HOW AA Group	3 9:30am Offering Counters 6:00pm AA Meeting 	4 12:00pm AA Meeting - One Day at a Time 1:30pm Social Knitters 3:30pm Grace House Distribution 5:45pm CPR Class 7:00pm Christian Education Committee (ZOOM)	5 10:00am AA Meeting - Sierra Wednesday Group 12:30pm Brown B.A.G. Fellowship 6:30pm NA Meeting - Here Try This	6 10:00am - 2:00pm Underground Clothing Connection - Appt. Only 5:30pm - 8:30pm Knitters Guild	7 10:00am CPR Class 4:00pm Set-Up for "Stash to Treasure" Event	8 8:00am - 2:00pm Knitters Guild "Stash to Treasure Event" 8:30am Stern-Johnson Bike Club
9 9:30am Worship Service with Holy Communion www.youtube.com/@Advent_Citrus_HeightsStreams 6:00pm Sunday Night HOW AA Group	10 9:30am Offering Counters 11:00am Bunco Babes 6:00pm AA Meeting	11 12:00pm AA Meeting - One Day at a Time 1:30pm Social Knitters 3:00pm Finance Committee ZOOM Meeting 3:30pm Grace House Distribution 4:00pm Executive Committee - Zoom 5:45pm CPR Class	12 10:00am AA Meeting - Sierra Wednesday Group 6:30pm NA Meeting - Here Try This	13 10:00am - 2:00pm Underground Clothing Connection - Appt. Only 6:00pm Church Council Meeting	14 10:00am CPR Class 2:00pm CPR Class	15 1:00pm Celebration of Life - Marie Buhler 5:00pm Mexican Train Dominoes 
16 9:30am Worship Service with Holy Communion www.youtube.com/@Advent_Citrus_HeightsStreams 1:30pm Girl Scouts 6:00pm Sunday Night HOW AA Group	17 9:30am Offering Counters 6:00pm AA Meeting	18 12:00pm AA Meeting - One Day at a Time 1:30pm Social Knitters 3:30pm Grace House Distribution 5:45pm CPR Class	19 10:00am AA Meeting - Sierra Wednesday Group 6:30pm NA Meeting - Here Try This	20 10:00am - 2:00pm Underground Clothing Connection - Appt. Only 6:30pm Park Oaks Neighborhood Association Meeting (Area 5, PONA)	21 1:00pm Celebration of Life - Herum Bjork	22 8:30am Stern-Johnson Bike Club 9:00am - 1:00pm CPR Class FOR ADVENT & COMM GROUPS
23 9:30am Worship Service with Holy Communion www.youtube.com/@Advent_Citrus_HeightsStreams 6:00pm Sunday Night HOW AA Group	24 9:30am Offering Counters 10:00am Serve Lunch @ St John's Program for Real Change 6:00pm AA Meeting	25 12:00pm AA Meeting - One Day at a Time 1:30pm Social Knitters 3:30pm Grace House Distribution 5:45pm CPR Class	26 10:00am AA Meeting - Sierra Wednesday Group 6:30pm NA Meeting - Here Try This	27 10:00am - 2:00pm Underground Clothing Connection - Appt. Only	28	29 10:00am - 2:00pm CPR Class
30 9:30am Worship Service with Holy Communion www.youtube.com/@Advent_Citrus_HeightsStreams 6:00pm Sunday Night HOW AA Group	31 9:30am Offering Counters 6:00pm AA Meeting					

NATIONAL WATERMELON DAY

National Watermelon Day, which honors the ultimate summer staple, is celebrated every year on August 3. Always a refreshing treat at picnics and barbecues, it's also a healthy addition to your diet (not to mention a source of entertainment!).

Quick Facts About Watermelon

- **Super Hydrating:** Watermelon is approximately **92% water**, making it an excellent fruit for staying hydrated.
- **Nutrient Dense:** It is packed with **Vitamins A, B6, and C**, plus **potassium**.
- **Lycopene Source:** It contains higher concentrations of lycopene than raw tomatoes.
- **Ancient Origins:** The first recorded watermelon harvest was depicted in Egyptian hieroglyphics over **5,000 years ago**.
- **Fruit or Vegetable?:** Botanically it is a **fruit** because it develops from a flower and contains seeds. However, it belongs to the gourd family (*Cucurbitaceae*), alongside cucumbers, pumpkins, and squash.



Popular Ways to Celebrate

- **Fresh Slices:** Cut the melon into classic wedges or cubes to share with friends.
- **Summer Salads:** Toss watermelon cubes with crumbled feta cheese, fresh mint, and cucumbers.
- **Refreshing Drinks:** Blend the sweet flesh into a fresh smoothie, juice, or a seasonal cocktail.
- **Pickled Rinds:** Don't waste the outside! You can transform the thick rinds into savory pickled morsels.
- **Backyard Games:** Host a classic seed-spitting contest or a watermelon carving competition with family!

AUGUST WORSHIP VOLUNTEERS

DATE	8/2	8/9	8/16	8/23	8/30
GREETER	Jenny Stern	Tom & Audrey Werth	Karyl Cimini	Lanny Johaneck	Suzane Henderson
PASTOR	Rev. Katie Holeman				
ASSISTING MINISTERS	Luke Patterson	Pat Johnson	Karen Franz	Josh & Cole Tolman	Ernie Leporini
LECTORS	Barbara Olson	Suzane Henderson	Carol Kent	Qalliu Family	Leslie Scheurer
COMMUNION ASSISTANT	Altar Guild	Altar Guild	Altar Guild	Altar Guild	Altar Guild
ALTAR FLOWERS	Suzane Henderson	Suzane Henderson	Ken & Kathy Johnson	Available	Available
AV TECH	Nolana Mymka	Nancy King	Bruce Hansen	Noah Qalliu	Nancy King
LIVESTREAM TECHIE	Adam Pollock (Nolana Mymka on 8/16 & 8/30)				
USHERS	** Phil Davidson, Rick Hermanson				
ALTAR GUILD	TEAM A: **Shirley Cleveland, Rosemarie Qalliu, Sally Smith				

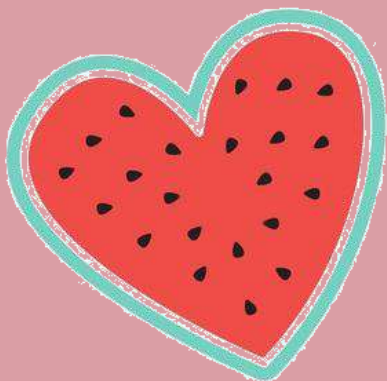
AUGUST BIRTHDAYS

Barbara Olson Aug. 7
Carol Whyte Aug. 8
Rick Hermanson..... Aug. 9
Erika Shepherd Aug. 9
Carol Kent Aug. 9
Sally Smith Aug. 19
Emily Presto Aug. 20
Gary Johnson..... Aug. 20

Winnie Parish Aug. 24
Karen Franz Aug. 28
Naomi Presto..... Aug. 28
Arlys Clinton Aug. 31

AUGUST ANNIVERSARIES

Charles & Rebecca Williams Aug. 4
Adam & Jen Pollock Aug. 6
Troy & Melinda Malaspino Aug. 9
Ken & Kathy Johnson Aug. 18
Bob & Suzane Henderson Aug. 21
Tom & Carol Kent Aug. 23
Tony & Amy Gariano Aug. 31



Quotables:

“Listening is a radical act of love in a culture that prefers speaking.”

~ Mary Lou Rasmussen

WHAT'S HAPPENING AROUND TOWN?

There are a lot of fun opportunities provided by the various Recreation and Parks Districts right around us! Here's a partial list of events coming up in August for Fair Oaks (FORP), Orangevale (OV) and Roseville (R'ville PRL):

Thursdays in August— Orangevale Farmers' Market & Bands & Brews; 4:00-8:00 PM; O'vale Community Center (OV)

August 6—Concert in the Park—Todd Morgan & the Emblems (50's & 60's) at the Village Park Bandshell; 7-9 PM (FORP)

August 13—Amphitheatre Show—Johnny Cash Tribute - FO Amphitheatre; 7:30 PM (FORP)



August 13—Food Truck Mania—Vernon Street Town Square; 5:00-8:00 PM (R'ville PRL)

August 15—Kid @ ❤️ Magic Show - FO Amphitheatre; 7:00 PM (FORP)

August 15—Concerts on the Square—Bee Gees Fever (Bee Gees tribute); Free music, Food Trucks, Beer Garden; Vernon Street Town Square; 8 PM (R'ville PRL)

August 20—Movie Night—"Back to the Future"; FO Amphitheatre; 8:30 PM (FORP)

August 21—Comedy Under the Stars—Jon Stringer - FO Amphitheatre; 8:30 PM (FORP)



August 22—United by Art: Community Canvas; A collaborative mural at the downtown library; 10 AM-1 PM (R'ville PRL)

August 24—Seniors Day Out at the Museum—Maidu Museum & Historic Site; 10:00 AM-12:00 PM; registration required (R'ville PRL)

August 29—CCseger: A Tribute to Bob Seger and CCR—FO Amphitheatre; 7:00 PM (FORP)

Get out and have some fun!



TREASURER'S REPORT

PROFIT & LOSSES JUNE 2026

	TOTAL
Income	
4000 Budgeted Offering	19,802.64
Total 4030 Facility Use	1,090.00
4035 Interest Earned	4.72
4050 SCFM Rent	1,200.00
4057 Other Income - Maintenance	300.00
4059 Other Income - Large Purchases	3,507.52
Total Income	\$25,904.88
GROSS INCOME	\$25,904.88
Expenditures	
Total 6000 Personnel	8,270.39
Total 6220 Payroll Taxes and Benefits	673.47
Total 7030 Finance	140.80
Total 7050 Property	4,359.24
Total 7080 Worship & Music	84.76
Total 8190 Office Expense	346.90
8260 Church & Casualty Insurance	1,007.45
Total 8280 Service Contracts	3,970.00
Total 8330 Utilities	1,221.86
8345 Bank Charges	5.55
Total 8350 Benevolences	1,231.73
Unapplied Cash Bill Payment Expense	72.53
Total Expenditures	\$21,384.68
NET OPERATING REVENUE	\$4,520.20

REPORT PROVIDED BY
POWERS BOOKKEEPING SERVICE, INC.
 MANY THANKS!



PRAYER CHAIN INTERCESSIONS & THANKSGIVING

PLEASE REMEMBER IN PRAYER

All those serving as caregivers for a loved one, that they may experience God's comfort and renewal.

Patty Barnes, sister of Russell Beeck and Carol Whyte, who continues treatment for kidney cancer. Prayers for the success of her cancer treatment.

Marcia Becwar, a close friend of Jenny Stern, who is undergoing treatment for recurring cancer. Please pray for Marcia's comfort and successful treatment.

Russell Beeck, recovering from a fall that resulted in 4 broken ribs. Please pray for comfort and healing for Russell.

The family of Herum Bjork, who passed into life eternal on July 19—especially his wife Anna Lee. Let us pray that they each can find comfort in the knowledge that Herum now rests in God's loving embrace.

The family of Marie Buhler, who passed into life eternal on July 11. May they feel surrounded by God's love and comforted by their memories.

Burrell DeVine, Melinda Malaspino's cousin, who continues to be stable with his multiple myeloma diagnosis. Let us continue to pray for Burrell as his condition is monitored.

Marianne Harper, Margaret Johnson's sister-in-law, who will be starting chemotherapy for stomach cancer. Please pray for the success of the treatment.

Jeff Henry, Kathy and Ken Johnson's son-in-law, who is now facing extended treatment for newly found cancer issues. Please pray for positive results from the treatment.

Keith Johnson, who has returned home. Please pray for patience and strength for both Keith and Pat during this transition.

PRAYERS CONTINUED...

Tom Kent, prayers for increased physical strength and mobility, and the optimal functioning of his main medical devices.

Jann Knutson, as she continues to struggle with Parkinson's and related issues. Let us pray for Jann's comfort and peace.

Patt Kregelo, following several weeks of hospitalization after heart surgery and internal bleeding. Please pray for healing and strength as she begins her long road to recovery.

Beth Mora, who continues chemotherapy for pancreatic cancer. Please pray that Beth's treatment will be effective in fighting the cancer.

Jo Morrison, an extended family member of Kathy Henricks, whose cancer has returned. Please pray for Jo's comfort and the successful treatment of her cancer.

Sherry Reed, following cataract surgery. Please pray that the surgery was successful.

Kim Robison, Melinda Malaspino's cousin, who has completed her chemo and radiation therapy for lung cancer. Please continue to keep her and her family in prayer as she strengthens and heals.

Jenny Stern, following a hospitalization. Let us pray that Jenny recuperates quickly and is able to resume her full activities.

Paul Streeter, Pat Johnson's brother, following surgery, a spinal stroke and a MRSA infection. Please pray that Paul has a smooth, full recovery.

Pastor George Twesige, as he is in Kampala for his studies. Please pray that his time there is productive and safe.

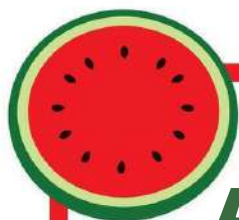
Carolyn Youngquist, as she transitions and adjusts to her new home in the Memory Care Unit. Please pray that Carolyn feels the constancy of God's love during this time.



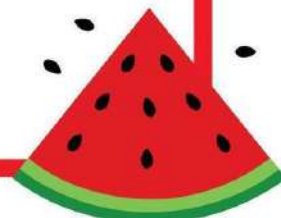
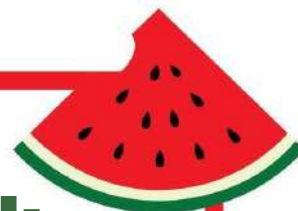
ADVENT LUTHERAN CHURCH

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CITRUS HEIGHTS, CA 95628

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**ADVENT'S MISSION:
THROUGH GOD'S GRACE,
WE GATHER, WORSHIP,
GROW, AND CARE**



GIVEPLUS⁺

Please do not forget to send in your offerings or sign up for GIVE PLUS+, a service of VANCO, Advent's online giving service provider. A new GIVE PLUS MOBILE app for both iPhone and other smart phones allow you to donate from your mobile device. The app is available on the Apple App Store or From Google Play.

NOW, for your convenience,
'Online Giving' link is LIVE on Advent's website, in the upper right corner