



Astrology for Abundant Living™

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Introduction

Astrology for Abundant Living™ is a theoretical framework I developed based on an insight that an individual's horoscope held clues to their natural ability to attract abundance. I've studied astrology and metaphysics for decades, but I only recently got reacquainted with the movie *The Secret*. That movie explores the Law of Attraction and our ability to use our positive thoughts to bring about positive outcomes.

By combining astrology and the Law of Attraction, my theory says that if you understand your chart and certain elements associated with abundance, you can emphasize those elements and attract more abundance of all kinds – health, wealth, partnerships, love relationships, and spiritual well-being – into your life.

The purpose of this booklet is to outline those elements and give you enough tools to look at your own chart and begin to understand how this theory might apply to you.

What is Astrology?

This is an enormous subject that's not easily boiled down into a few paragraphs.

Wikipedia says that astrology claims to understand human affairs by studying the positions of celestial bodies as they move through the ecliptic, which is the circle of the Sun's movement over the course of a year. Wikipedia also says that astrology purports to explain aspect of a person's personality and significant events in their lives.

The use of the words “claims” and “purports” shows how astrology is viewed by the scientific, rational world. But astrology might be better viewed as an art form that rests on technical concepts and measurements.

Astrology has been part of world cultures for centuries, and there are astrological texts going back to the beginning of recorded history. The Western astrology that I practice has roots in Greek and Babylonian traditions as they were interpreted by European scholars.

Interest in astrology has moved through cycles that connect to changes in the history of thought. In the late 1800s, in Great Britain and the United States, transcendentalism and New Thought sought to expand beyond traditional philosophical models. At this time, there was a resurgence of interest in astrology that has not abated to this day.

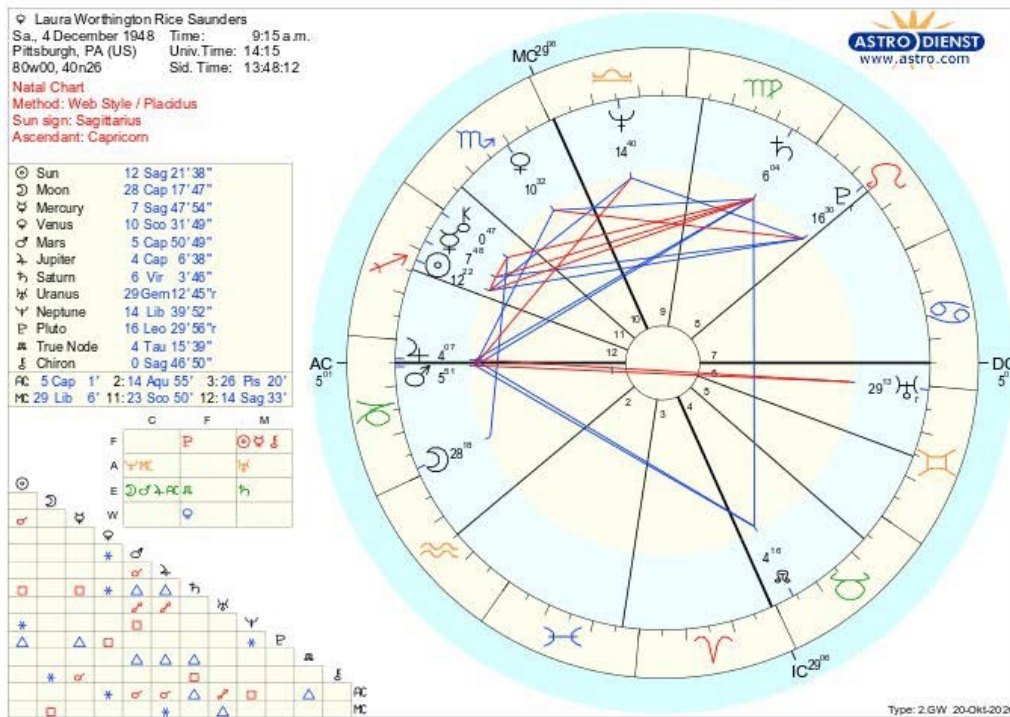
Astrologers are often asked whether astrology is a science or a belief system. It is neither. As I said before, it's best understood as an art form that rests on measurements. The proof of its value rests with the individual who studies it and finds it worthwhile in illuminating individual and collective realities.

Horoscopes will include three primary elements:

- Planets in Signs
- Planets in Houses
- Aspects between Planets

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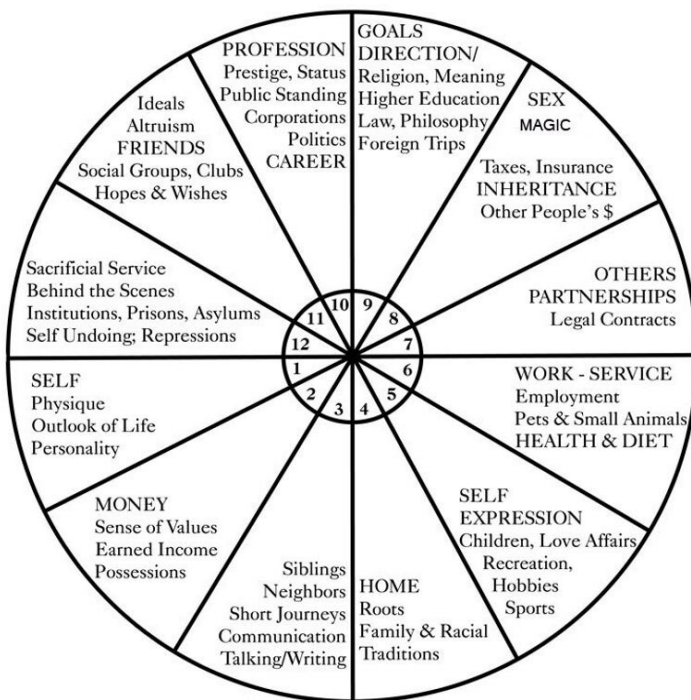
The planets I use in my interpretations are those of our solar system plus the Sun and Moon. In addition, I include calculated points like the North Node, the Ascendant, and the Midheaven. The Signs are the ones you're already familiar with – Aries through Pisces, as in “my Sun is in Libra.” Each planet and calculated point is also located in a Sign. The texts I suggest below will give you the meaning of each planet in the Signs.



The Houses (12 of them) are calculated based on your birth time. Not everyone has an accurate record of birth time. But it's better to have an approximate birth time to work with. For example, if your mother only remembers that it was between 9 and 10 o'clock in the morning, split the difference and use 9:30 AM for your calculations. There are several astrological software packages on the market, or you can take advantage of the free horoscope calculation at Astrodienst (<https://www.astro.com/>).

The Ascendant is part of what's calculated from your birth time. It forms the cusp or beginning edge of the 1st House. When deciding which House system to use, most people use what's called Tropical Placidus. This will give you Houses of different dimensions, depending on your birth location.

There are 12 Houses altogether. The meaning of each House is determined by the natural Zodiac – in other words, the 1st House is associated with the sign Aries, the 2nd House is associated with Taurus, and so forth. Each planet is also situated in a House, and your texts can tell you the meanings of each placement.



Finally, Aspects are the angular relationships between planets. The Aspects I use are Conjunctions (a 0° relationship), Sextiles (a 60° relationship), Squares (a 90° relationship), Trines (a 120° relationship), and Oppositions (a 180° relationship).

In looking at your chart, you'll see shorthand symbols, called glyphs, representing the Signs and Planets. AstroDienst will show you their meaning. It's worth learning them - you'll be able to quickly look at a horoscope and understand the placements, especially those I associate with abundance. The texts will often use them, too.

Sun	☉	Saturn	♄
Moon	☾	Neptune	♆
Mercury	☿	Uranus	♅
Venus	♀	Pluto	♇
Mars	♂	Chiron	♁
Jupiter	♃	Nodes	♁♅

♈ Aries	♎ Libra
♉ Taurus	♏ Scorpio
♊ Gemini	♐ Sagittarius
♋ Cancer	♑ Capricorn
♌ Leo	♒ Aquarius
♍ Virgo	♓ Pisces

What is the Law of Attraction?

Most simply put, the Law of Attraction says that “like attracts like.” In other words, positive thoughts attract positive outcomes and negative thoughts attract negative outcomes. Even though this simple formula is all that’s needed to understand the law, observing its action in everyday life doesn’t easily demonstrate how it operates.

However, the student who wants to understand it better can take the position of a disinterested observer and watch what happens when he or she starts the day with a positive view or a negative view. Invariably, his or her experiences will conform to the valence established in the waking hours.

Two references that you might find helpful are:

- Part II, The Law of Attraction, Esther and Jerry Hicks, Hay House, 2006; and
- Law of Attraction, Michael J. Losier, Grand Central Publishing, 2006.

How do I apply all this to me?

The starting point is to study your own horoscope. The following sections of this booklet are based on your being able to see how your own chart is constructed. Use AstroDienst or your software and, after running your chart, print it or save it as a PDF so you have it easily at hand.

Rather than trying to digest all of the information held in your chart, this booklet will guide you through an analysis of those elements connected to manifesting abundance. You’ll want to have a reference text or two so you can look up the meaning of placements and Aspects.

Here are some texts I particularly like:

- The Astrologer's Handbook, Frances Sakoian and Louis S. Acker, Quill, 2001.
- Astrology: A Cosmic Science, Isabel Hickey, CRCS Publications, 1992.
- Horoscope Symbols, Robert Hand, Whitford Press, 2006.
- You Were Born for This: Astrology for Radical Self-Acceptance, Chani Nicholas, HarperOne, 2020.

All are available as digital editions except for Sakoian and Acker, available as a paperback.

The subsequent chapters of this booklet will focus on the elements I associate with the process of manifesting abundance.

The Role of Jupiter

I refer you to the texts listed above for their poetic, cultural and scientific takes on the largest planet in the solar system. Jupiter is known as 'the greater benefic,' the primary planet associated with the principle of good, the bestowing of benefit. Terms also associated with the planet are expansion, higher mind, philosophy and higher education.

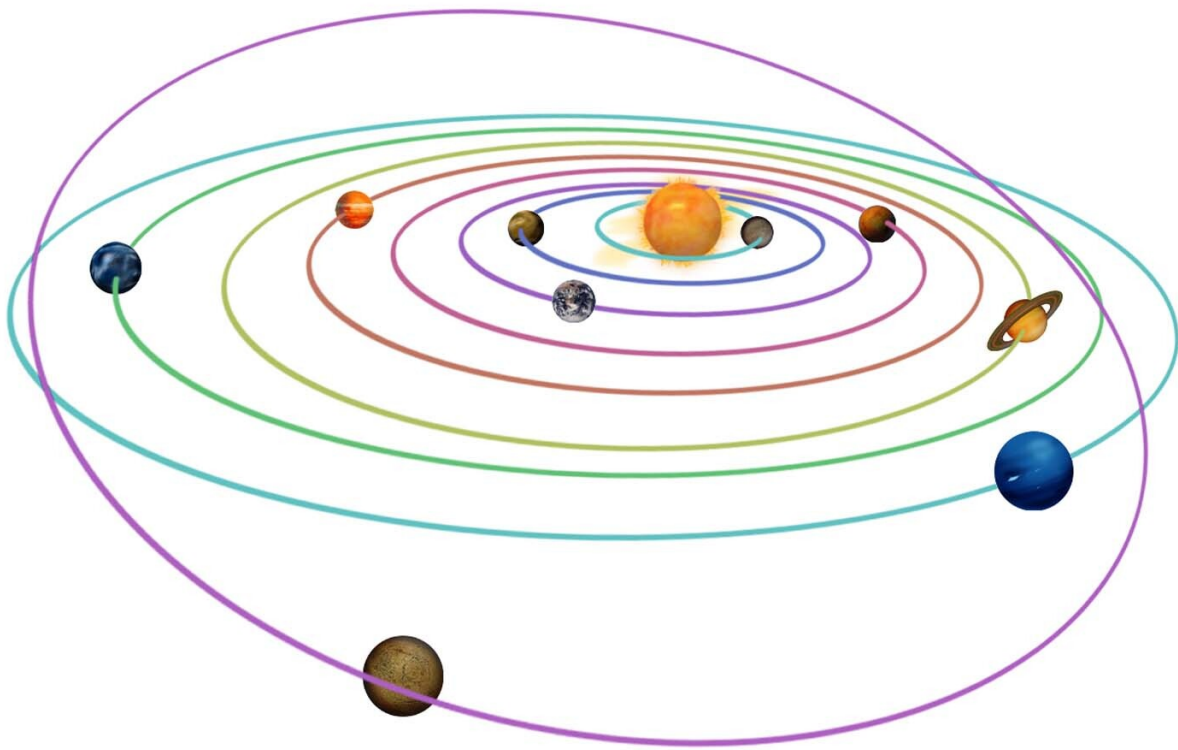
I believe that the position of Jupiter (by House and by Sign) in your chart tells you about how to tap into this expansive, beneficial energy to attract abundance.

Here's how:

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1. Identify the Jupiter placement in your chart, by House and Sign.
2. Read the relevant information in your texts.
3. Find those parts of what you read that make sense to you, that feel right to you.
4. Identify ways in which you can spend more time with this placement, in which you can “lean into” it.
5. Observe how you feel when you’re doing this; observe the sensation of expansion, enthusiasm and goodwill.
6. Commit to reinforcing this exercise by regular work with it every day.



The Role of Venus

Venus is considered the 'lesser benefic,' bestowing good through the principles of love, harmony, beauty and creation. In the astrological world, Venus rules the Signs of Taurus and Libra. Taurus is associated with personal resources and Libra with harmony and balance, especially in partnerships and marriage.

As the counterpoint to the planet Mars, which is the 'yang,' active or masculine principle, Venus is the 'yin,' receptive or feminine principle, exemplifying the subtle magnetism of the Law of Attraction.

As with Jupiter, the position of Venus by House and Sign gives you information about your natural ability to create that vibration of attraction.



1. In your texts, read about the placements of Venus in your chart.
2. Pay particular attention to your emotions as you read. If you're a man, how do you feel about the feminine side of you? If you're a woman, how you feel about the soft and flowing aspects? How do you feel about what your texts say about Venus's happiness in various Signs?
3. Once you've clarified your feelings, find a place where you can rest comfortably in Venus as she is acting through your personality. I'm emphasizing the word 'comfortably,' since even the most difficult placements (true confessions: I have Venus in Scorpio, a very difficult placement) have a kernel of positivity where self-acceptance can be found.
4. Sit with the natural magnetic qualities of Venus. Pay attention to any unconscious strategies you developed for blocking this magnetism so as not to attract unwanted attention.
5. If needed, experiment with lifting those blocks and elevating the vibration of that magnetism to attract only the highest and best for you.
6. Write out your feelings in a journal as they arise.
7. Commit to this process daily.
8. Observe and record the results.

These exercises for “leaning into” your experience of Jupiter and Venus in your own chart are the most important for enhancing your ability to attract abundance.

There are other chart elements to consider, but if you only spend good time with your Jupiter and Venus, really experiencing them inside yourself, I think you'll see some changes in your ability to attract abundance. Remember that abundant flow can happen in dimensions other than wealth – health, love relationships, family, mental/emotional satisfaction and spiritual well-being.

The Role of Planets in Taurus and Libra

Examine your chart and make a list of planets that meet those criteria and study those placements in your texts. My suggestion is to take notes and as you complete each one, make further notes on your personal experience of that placement.

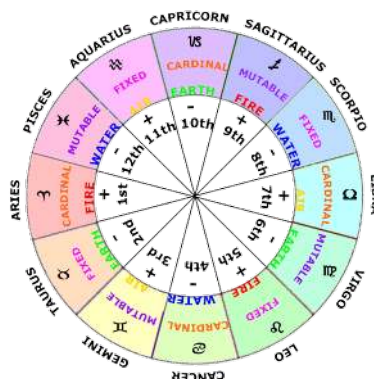
Because Venus rules the signs Taurus and Libra, any planets in those signs will take on Venusian qualities.

As we did with Jupiter and Venus, feel into each experience and identify the magnetism. These won't be as pronounced, but you should be able to feel how they're similar.

The Role of the 2nd and 7th Houses

As I mentioned before, the Houses' qualities are determined by their relationship to the natural Zodiac. So, the 2nd House takes on the qualities of Taurus and the 7th House takes on the qualities of Libra.

Just as you did for analyzing your planets in Taurus and Libra, you should investigate your planets in the 2nd House and the 7th House, using the same format as above. This will give you another arena for examining your relationship to the Law of Attraction.

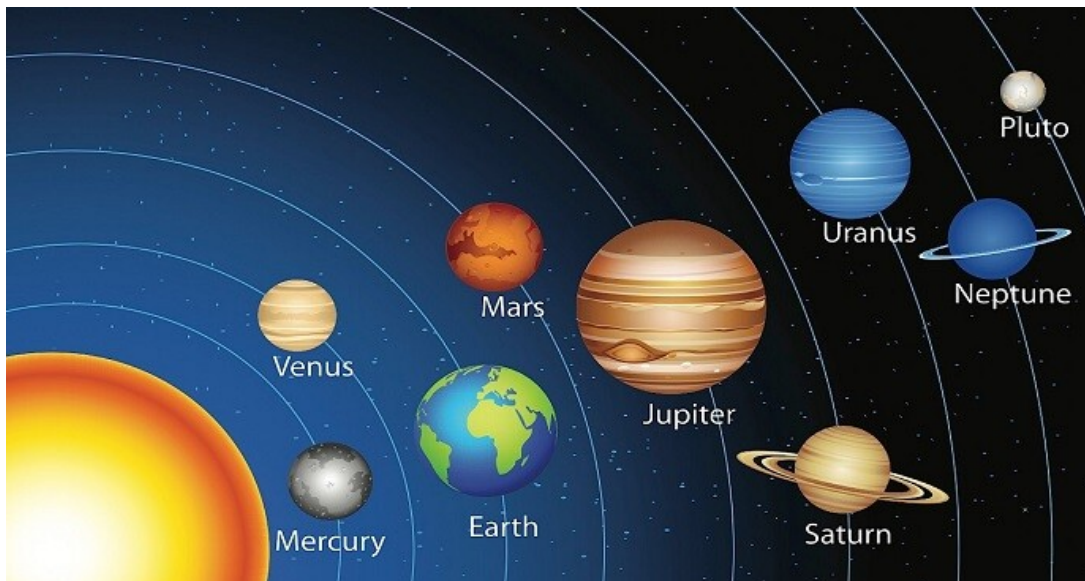


The Role of Sextiles and Trines

As discussed earlier, Sextiles and Trines are Aspects, showing angular relationships between planets of 60° and 120° , respectively. You might have hardly any of these in your chart or quite a few.

Analyzing aspects is more complicated than just working with planets in signs and houses. I recommend setting up a table in your notebook with a column for each aspect and a row for each planet involved. Then, using your texts, make bullet points in each cell of the key features as applied to your chart.

Once you've made these notes, go through each cell and reflect on your experience of that aspect. As Sextiles and Trines represent harmonious relationships, I connect them with the magnetism we're investigating. See if you can feel that, too.



Putting it all Together

At this point, I hope you're beginning to see the relationship that I perceive between astrology and the Law of Attraction. As you have worked your way through these exercises, you will have deepened your relationship with your chart and hopefully with your natural ability to attract abundance into your life.

Life and horoscopes are not all about ease, of course. As you can see from studying your own chart and the texts, there's a huge volume of information to be digested.

One key element to be considered is the planet Saturn and its corollary Aspects, Squares and Oppositions. You may want to study some of these just to get a feel for the forces that counteract your natural ability to attract abundance.

This won't tell you anything you don't already know, but it will highlight the stumbling blocks you might face in bringing about a durable connection with abundant flow.

In conclusion, this work can't be accomplished or mastered quickly. I encourage you to be patient with yourself and to revisit this study anytime you feel motivated. Each time you dive back in, you'll get new insights and your ability to work with the Law of Attraction will strengthen.

I welcome your feedback at:

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